

The St. Barnabas' Reporter



The Clergy Page

The Rev. Canon Carol Cole Flanagan,
Interim Rector

At the recent Vestry Retreat we asked people to share a fun fact about themselves, and I mentioned my two dachshunds. I think they are a lot of fun. They were rescue animals, and fostered in the same home. We thought we were getting one, Rocco, a gorgeous black and tan “tweeny” – smaller than a standard but larger than a miniature. Very laid back and sweet. However, the rescue folks thought he needed a buddy, so after three months we went back and got Ginger. She is a dappled brown color, not quite so attractive but overloaded with personality. She is fierce. Loud. The alpha dog. The Warrior Queen.



My husband Bill, the Pack Leader, sometimes feels like the stay-at-home parent exhausted by the antics and care of small children! We have had companion animals of various kinds; goldfish, turtles, cats and dogs. We’ve gone for periods of time without them. But these two creatures interest me in two respects. First, they are far more “high maintenance” than any other creatures who have shared our home. And yet, they have taught me more than almost any other.

They remind me again and again of the creation narratives in Genesis. They remind me of the enormous pleasure God expresses at the close of each day of creation. “Tov!” he says with great glee, meaning “Good!” And at the conclusion of the sixth day, when he has created humankind in his image, and entrusted us with the care of every single living thing, God is so delighted he says, “Tov mahov!!!” or *very good!*

I tell you that because among my duties is this one from Title III.9.6(b)2:

It shall be the duty of Rectors or Priests-in-Charge to ensure that all persons in their charge are instructed concerning Christian stewardship, including:

- (i) Reverence for the creation and the right use of God’s gifts...

Eucharistic Prayer D, which is overly long for most Sundays, has a wonderful line leading into the *Sanctus*:

Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. *Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing (say),*

(continued on p. 2)

SPECIAL POINTS OF INTEREST

- *Healing Prayer*
- *J2A Pilgrimage*
- *Centering Prayer*
- *Reporter Deadline*
- *Mardi Gras*

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**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. Canon Carol Cole
Flanagan, *Interim Rector*

Mr. Young Kwon
Interim Minister of Music

Ms. Catherine Dubas
Parish Administrator

Ms. Maria Bottlick
Bookkeeper

Mr. John Otwell
Sexton

**Vestry and
Parish Officers**

Mark Patterson
Senior Warden

Cindy McLaughlin and
Camille Mittelholtz
Junior Wardens

Sudhir Frederick
Treasurer

Molly Newling
Register

Sanjiv Augustine
James Carroll
Dick Crutchely
Rotha Frye
Jack Miller
Kathleen Stark

—
Catherine Dubas
Newsletter Editor

Schedule of Services

Sundays

8:00 a.m. Holy Eucharist
9:15 a.m. Christian
Formation for All Ages
10:15 a.m. Holy Eucharist &
Children's Chapel
(Nursery available
at 9:15 a.m.)

Wednesday Morning

10:00 a.m. Worship
(Holy Eucharist and Healing
on the first Wednesday
of each month)

The Clergy Page *(continued from p. 1)*

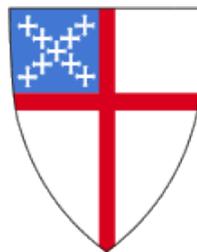
It has taken me some years to begin to realize that when we pray, we are giving voice to every creature under heaven. Just imagine! Did you know you were doing that? God's love embraces all of creation, and God cares for it and protects it *through* us, and through our prayer and worship. When we come to church we are bringing with us every creature in our lives, and the life of the world. When I hear of animals being abused I can hardly bear it. Betrayed by the very people entrusted with caring for them as God would do.

Theologians used to argue about whether creatures have souls. Those who argue against say they have no free will. However, they have not met Rocco and Ginger! Those who argue in favor say they are capable of giving and receiving love, and so of course, have souls. I saw recently that Pope Francis comes down on the side of the angels!

St. Paul tells the Corinthians that the good news "was proclaimed to every creature under heaven."

So when we come to church and offer our prayer and praise we are doing so as the Stewards of Creation, those appointed in creation to care for this incredible home we share, and as we do it we are giving voice to every creature under heaven.

Grace and Peace,
Carol+



Get to Know Your Vestry

The Vestry invites you to the annual Shrove Tuesday Pancake Supper on February 28th at 6:00 p.m. Come get to know us better and enjoy supper on us!

Meanwhile, the new vestry (listed on the side bar at the left) met for a retreat on Saturday, January 21st. Here are some "fun facts" about members:

Mark Patterson - I love gardening and plants—some of which are older than many of the parishioners at St. B's.

Molly Newling - All the women in my family are librarians; all the men are engineers.

Sanjiv Augustine - I'm often mistaken for Sudhir Frederick! (Parish Treasurer)

James Carroll - Along with my wife Janice, it is a life-long goal to visit all 50 states (and passing this to the kids).

Dick Crutchley - Some say I look like Santa Claus. I enjoy scuba diving.

Jack Miller - The only reason I was accepted by my wife's Virginia family is because my parents were born in Virginia.

Kathleen Stark - Larry and I were married at St. John's Lafayette Square.

Adult Forum

by Maria Macfarlane

January 29 - Prison Ministry - Chaplain Vic Ransom, along with his wife—who is also his administrative assistant—will talk to us about their work at the Fairfax County Adult Detention Center.

February 5 - Reflection on the Diocesan Convention by St. Barnabas' delegate to the Convention, Sanjiv Augustine, the alternate delegate, Sharon Jones, and Cindy McLaughlin, member of the Executive Board.

February 12 - Our speaker will be Thomas Barnett, Program Manager with Fairfax County's Office to Prevent and End Homelessness (OPEH). He will give a presentation on the mission and role of the office towards the County's efforts to end homelessness. .

February 19 - Dave Larrabee, Director of Operations at the Lamb Center in Fairfax, will speak about its unique mission to the homeless in Fairfax County. He will also speak about barriers to housing, and how the Lamb Center addresses those barriers.

February 26 - We will watch excerpts of *The Homestretch*, a documentary which follows three homeless teens as they fight to stay in school, graduate, and create a new life. Each of these smart, ambitious youths will surprise, inspire, and challenge audiences to rethink stereotypes of homelessness. While told through a personal perspective, their stories connect with larger issues of poverty, race, juvenile justice, immigration, foster care, and LGBTQ rights.

Women of St. Barnabas' by Gertrude Jones

The Women of St. Barnabas are pleased to announce we made over \$3500 from our Christmas Bazaar. We met in January to distribute money to our outreach/inreach programs. We voted to give \$2750 to six charities: ACCA, Heritage Food Site, Jackson-Field Home, Boys Home of Virginia, Bethany House, and a new charity, Grace Inside, a prison ministry. We will donate later to the needs of St. Barnabas' as well as to other outreach programs. Janet George mailed \$20 from our Miles of Pennies container and designated the money to be used for the fight against human trafficking.

We were unable to have our New Year's Brunch because of the threat of icy roads. We are now planning for our very popular Mardi Gras celebration on Saturday, February 25. Please note the announcement in this Reporter.

The Barnabees will begin their weekly meeting starting in February. We meet every Thursday at 10 a.m. We will make an announcement if the meeting is cancelled.

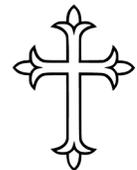
Prayers for Healing

Prayers for healing will be offered by The Rev. Bob Macfarlane every Sunday at the 8:00 am service as people leave the communion rail.

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A service of healing is included with Holy Eucharist on the first Wednesday of each month.

In Memoriam



Joan MacArthur
December 18, 2016
Annandale, Virginia
The funeral will take place at Arlington National Cemetery at a later date.

*Rest eternal grant to her,
O Lord; and let light
perpetual shine upon
her. May her soul, and
the souls of all the
departed, through the
mercy of God, rest in
peace. Amen.*

ANNANDALE FOOD SITE by Ann Woodle

We continue to be extremely busy with some homeless people showing up wanting a place to sleep. The stress on our food stream is pretty severe. Some of you may not know, we are not allowed to have our own food drives because we are a part of Food for Others. Last week we got tons of holiday candy and lots of wilted vegetables. It was a pretty meager load. All food donations to the two food distribution sites are much needed and greatly appreciated. A can from everyone would be terrific! It is going to be an interesting year but the need to feed the less fortunate never goes away, Thank you for all you do to help!



Thanks and More Thanks

- The faithful group who comes to assemble and prepare *The Reporter* for mailing.
- Grace Robbins for her leadership as she steps down from the Stewardship Committee.
- Barbara Rigden, who leads Morning Prayer on Wednesdays and never hesitates to step up when nudged by the Spirit.
- Cindy McLaughlin, who has agreed to take responsibility for new name tags.
- Young and the choir who provide great musical leadership each Sunday.
- Bob Macfarlane, who has offered to provide prayers for healing and the laying on of hands following communion every Sunday at 8 o'clock.
- Bonnie and Gil Baldwin for updating the bishop photos.
- Anne Radway and Frank Spink for putting together the Greening of the Church.
- The Youth for their modern interpretation of the Christmas Pageant.
- For all those whose generosity and gratitude gave a year-end boost to our budget and our mission.

Placing Ourselves in the Presence of God

We pray for God's presence, strength, and healing ... for Connie Badger, Jonathan Barber, Bernard Blair, Emma Blevins, Wayne Bottlick, Jean Anne Braddon, Ellen Crutchley, Margaret Donnelly, Pam Doty, Brian Flanagan, Bob Frye, Bruce Gras, Fred Holmes, Carolyn Kercheval, Tom Lyles, Cindy McLaughlin, Marion Meany, Jean Mesle, Barbara Metz, Jane Moya, Berenice Palmer, Paul Palmer, Aliyah Phillips, Ann Sayles, Bob Sayles, Clare Stankwitz, Kathleen Stark, Marjorie Williams, Mareea Wilson, and Dana Wiseman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. Susan E. Goff, The Rt. Rev. Edwin F. "Ted" Gulick, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan, and her family; for Jeff Stevenson, seminarian; for our vestry, wardens, and staff; and for the work and ministry of Espiritu Santo and its mission of San Martine, Tela, Honduras.

DO YOU FEEL A CALL TO BE A PILGRIM??? **Join the 2017 PILGRIMAGE with J2A!!!**

by Katie Westerlund

J2A is hoping to experience a pilgrimage at the Borderlands Educational and Spiritual Center in South Dakota this coming summer. Borderlands offers opportunities for a spiritual journey that underpins and guides the experience of place, providing the chance to see different kinds of spiritual expression with the culture of the native American community in the Black Hills. Borderlands is rooted in the Anglican tradition, where “the worship...honors and is inspired by all of creation, reflecting particularly several dimensions of the Lakota and Celtic spiritual traditions....” Borderlands offers a unique outdoor physical experience exploring indigenous cultures and its connections to spirit and to place. Estimated pilgrimage costs are approximately \$2200 each, depending on final transportation costs. Costs cover accommodations at Borderlands Ranch (eight days and seven nights), flights, rental van, and funds for self-catered food.

In order to take advantage of an opportunity offered at Borderlands Ranch, J2A extends an invitation to all of St. Barnabas' to join the pilgrimage. Our optimum size is eight to ten participant pilgrims. If you are serious about joining us this summer (tentatively the week of July 8-16), **please let us know no later than Sunday, February 19**. If you have questions or want to learn more about this unique opportunity for spiritual exploration, please reach out to Katie Westerlund or Cy Tamanaha.

To learn about Borderlands Ranch see <http://www.borderlandsranch.org/pilgrimage.htm>.

Look for our teen pilgrims announcing ways to support this pilgrimage and other youth programs at St. Barnabas'.

ANNANDALE SAFE YOUTH PROJECT by Ann Woodle

We continue on a 3-days-a-week schedule, with reduced time each day. It is difficult to get all the homework done and have snack and clean-up. We definitely could use some help and it is only for about 1 ½ hours. If you could possibly help please let me know! We have a delightful young coordinator now named Vania Velasquez Garcia. She loves the program and the kids adore her. Our van has been laid up for maintenance but hopefully that will be fixed soon. We are working on plans to bring ASYP back up to a thriving program and will be asking others to join us. Our goal is to gradually bring the program up to around 20 kids (where we use to be) and at least 2 volunteers each day. Tall order but that is where the program should be. We are the only program in the Annandale area for young kids and it is desperately needed. I welcome any and all suggestions.

Centering Prayer by Maria Macfarlane

During Lent we will have a centering prayer group meeting weekly once again. We had a centering prayer group during Advent. We agreed at the end that we would like to continue, and that Lent might be a good time to take it up again. Betty Dunlop will again be our leader. We plan to meet on Thursday mornings at 9:30 as we did last time. If you would like to join a centering prayer group, but cannot come at that time, please let us know. It might be possible to form another group, or to meet at another time. Questions? Please speak to Betty Dunlop, Maria Macfarlane, or Dottie Rogerson, or call Catherine Dubas, our parish administrator (703-941-2922).



Annandale Christian Community for Action (ACCA)

- St. Barnabas' next turn to volunteer for the ACCA Furniture Ministry is Saturday, March 4. We meet at 8 am at the warehouse, on the grounds of the Annandale United Methodist Church, 6935 Columbia Pike, Annandale. Volunteers deliver donated furniture to needy households, and pick up donations.
- Through ACCA, St. Barnabas' is co-sponsoring a Rebuilding Together home repair. This year's workday will be Saturday, April 29. The project is organized by Rebuilding Together of Arlington-Fairfax-Falls Church to help make houses safer and more livable for low-income homeowners and nonprofit organizations. Skilled and unskilled volunteers will be needed. ACCA churches and volunteers have rehabilitated 119 homes. St. Barnabas has participated in this project since 1994. For more information, contact Ken Mittelholtz or Frank Spink.
- Thanks to everyone who donated, walked and/or volunteered for the fall 2016 Annandale CROP Hunger Walk. Together, we raised \$18,884 to help fight hunger and poverty around the world. St. Barnabas' walkers raised a total of \$3,345 in check, cash, and online donations. Part of the funds will be returned to ACCA to help our local programs.
- Thanks to everyone who made a donation to ACCA's Challenge Campaign. The funds raised will support ACCA programs to help our neighbors in need. Programs include emergency financial assistance for rent, utilities and prescriptions, food assistance, and a child development center. Other programs include a furniture ministry, meals-on-wheels delivery, rides to medical appointments and financial assistance to disabled college students. ACCA is celebrating its 50th Anniversary year.
- The ACCA Child Development Center is proposing to add more preschool classrooms. Fairfax County recently agreed to expand the space available to the center. The Child Development Center provides quality preschool and infant care, and serves mostly low-income families.
- ACCA has joined the Shepherd Center of Annandale in a program that provides rides to medical appointments for seniors and low-income individuals. The program is seeking volunteer drivers.

For more information about these activities or ACCA, please contact Camille at kcmittelholtz@gmail.com or by calling 703-573-0074.

Support St. Barnabas' Youth Programs

Upcoming efforts for supporting St. Barnabas youth programs like MAD Camp scholarships, the J2A Pilgrimage, and scholarships for St. Barnabas' children who attend the parish retreat in the fall include Bake Sales, Spaghetti Supper, Family Game Night, Rummage Sale, t-shirt and tote bag sale, and more in the works! Also watch for another silent auction for "extra hands" for projects. Dates to be determined and more information to come.

Reporter Deadline

The deadline for the March/April (combined) issue of The St. Barnabas' Reporter is February 15th. Please submit announcements and/or photos to Catherine in the parish office at stbarnabaschurch@outlook.com. Hard copies are welcome, as well. Thank you.

The Women of St. Barnabas'
Invite you to



Saturday, February 25 at 6:30 p.m.
The Richardson Room

Dance and enjoy music by a
New Orleans style jazz band

Dine on jambalaya, black beans, and rice
Cash wine bar

Costumes and Masks Optional but Encouraged



**ST. BARNABAS'
EPISCOPAL CHURCH**

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Annandale, VA 22003

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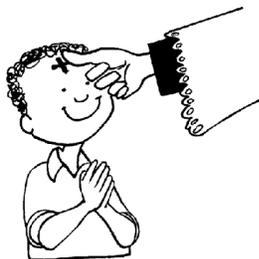
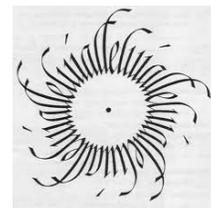
Change Service Requested

We're on the Web!

www.st-barnabaschurch.org



**SHROVE TUESDAY
FEBRUARY 28TH
PANCAKE SUPPER 6:00 PM
FAREWELL TO ALLELUIAS 7:00 PM**



**ASH WEDNESDAY
MARCH 1ST
IMPOSITION OF ASHES &
HOLY EUCHARIST
10:00 AM & 7:30 PM**