

Twelfth Sunday after Pentecost
August 16, 2026 – 10:00 a.m.



St. Barnabas' Episcopal Church
*Serving our community, the world, and each other
through the love of Jesus Christ.*

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Twelfth Sunday after Pentecost
August 16, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 397 vss. 1-2

Now Thank We All Our God

Nun danket alle Gott

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.

People **Glory to God for ever and ever.**

LEVAS 243

Gloria in excelsis

Haywood

The Collect

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

Genesis 45:1-15

Joseph could no longer control himself before all those who stood by him, and he cried out, “Send everyone away from me.” So no one stayed with him when Joseph made himself known to his brothers. And he wept so loudly that the Egyptians heard it, and the household of Pharaoh heard it. Joseph said to his brothers, “I am Joseph. Is my father still alive?” But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, “Come closer to me.” And they came closer. He said, “I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, ‘Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children’s children, as well as your flocks, your herds, and all that you have. I will provide for you there—since there are five more years of famine to come—so that you and your household, and all that you have, will not come to poverty.’ And now your eyes and the eyes of my brother Benjamin see that it is my own mouth that speaks to you. You must tell my father how greatly I am honored in Egypt, and all that you have seen. Hurry and bring my father down here.” Then he fell upon his brother Benjamin’s neck and wept, while Benjamin wept upon his neck. And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

The Word of the Lord.

People

Thanks be to God.

Psalm 133

Jerome Webster Meachen
(b. 1930)



- 1 Oh, how good and pleasant it | is, *
when kindred live together in | unity!
- 2 It is like fine oil upon the | head *
that runs down upon the | beard,
- 3 Upon the beard of | Aaron, *
and runs down upon the collar of his | robe.
- 4 It is like the dew of | Hermon *
that falls upon the hills of | Zion.
- † 5 For there has God ordained the | blessing: *
life for ever | more.

† Second half of the double chant

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Romans 11:1-2a, 29-32

I ask, then, has God rejected his people? By no means! I myself am an Israelite, a descendant of Abraham, a member of the tribe of Benjamin. God has not rejected his people whom he foreknew.

For the gifts and the calling of God are irrevocable. Just as you were once disobedient to God but have now received mercy because of their disobedience, so they have now been disobedient in order that, by the mercy shown to you, they too may now receive mercy. For God has imprisoned all in disobedience so that he may be merciful to all.

The Word of the Lord.

People

Thanks be to God.

Hymn 635 vs. 1

If Thou But Trust in God

Wer nur den lieben Gott

Matthew 15:10-20, 21-28

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus called the crowd to him and said to them, "Listen and understand: it is not what goes into the mouth that defiles a person, but it is what comes out of the mouth that defiles." Then the disciples approached and said to him, "Do you know that the Pharisees took offense when they heard what you said?" He answered, "Every plant that my heavenly Father has not planted will be uprooted. Let them alone; they are blind guides of the blind. And if one blind person guides another, both will fall into a pit." But Peter said to him, "Explain this parable to us." Then he said, "Are you also still without understanding? Do you not see that whatever goes into the mouth enters the stomach, and goes out into the sewer? But what comes out of the mouth proceeds from the heart, and this is what defiles. For out of the heart come evil intentions, murder, adultery, fornication, theft, false witness, slander. These are what defile a person, but to eat with unwashed hands does not defile."

Jesus left that place and went away to the district of Tyre and Sidon. Just then a Canaanite woman from that region came out and started shouting, "Have mercy on me, Lord, Son of David; my daughter is tormented by a demon." But he did not answer her at all. And his disciples came and urged him, saying, "Send her away, for she keeps shouting after us." He answered, "I was sent only to the lost sheep of the house of Israel." But she came and knelt before him, saying, "Lord, help me." He answered, "It is not fair to take the children's food and throw it to the dogs." She said, "Yes, Lord, yet even the dogs eat the crumbs that fall from their masters' table." Then Jesus answered her, "Woman, great is your faith! Let it be done for you as you wish." And her daughter was healed instantly.

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 635 vs. 2

If Thou But Trust in God

Wer nur den lieben Gott

Sermon

Ms. Beth Harper

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Summer 2026 Prayers of the People

Adapted from Education for Ministry collects composed for the Lincoln Emancipation Statue, for Prophecy, for the poem "Desiderata", for Service to Others, and for a "Viola Moment" of confession and forgiveness

God, we affirm that you created and love us and that we are created to be free and equal.
We know that we must put our trust in you and care for one another to break the bonds of oppression.

We wonder if our efforts can be fruitful. And we doubt that we can accomplish these things without your guidance.

So we pray for the possibility of freedom and equality for all humans.

Because our longing is to be all together with you.

Silence

God, we affirm we live in an ever-changing world.

We know that we must listen to your eternal word.

We wonder at the prophets who discern the truth. And we doubt that we will always recognize their message.

So we pray for the possibility of right understanding.

Because our longing is to recognize the truth and bring about your peace on earth.

Silence

God, we wonder whether we can fully understand others' perspectives,
and we doubt that we're patient enough to hear your still, small voice.

So we pray for the possibility of listening to everyone with our hearts.

Because our longing is for universal understanding.

Silence

God, we affirm that when we serve others we serve you. We know that we must serve one another as we would ourselves.

We wonder at the fulfillment we receive from service.

And we doubt that we can be aware of everyone who needs us. So we pray for the possibility of having our eyes opened to needs.

Because our longing is to serve as Jesus served.

Silence

Holy Comforter in our sorrows, we remember those who have died, who we love but see no longer – and we seek to honor them in how we live our lives today. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, James Welch, Eric Moe, Elizabeth Lofgren,

Pvt. Isabella Gonzales, 1st Lt. Tyler Feehan, Sgt. Michael Swinton, and Rev. Laura Cochran. Are there others?

God of Resurrection, we lift up our prayers for Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), and Iglesia San Juan Bautista. Are there others?

Silence

God, we affirm that forgiveness is available to everyone, including ourselves. We know that we must support those who are struggling to correct their mistakes and take a deep breath when we make our own.

We wonder at your love and forgiveness.

And we doubt the readiness of our own love and forgiveness. So we pray for the possibility of accepting and offering forgiveness because we all make mistakes.

And our longing is to be more like you.

The officiant reads the concluding Collect written by the Education for Ministry Class: Annunciation.

God, we affirm that, like Jesus, all children are a gift from you.

We know that it takes a village to raise a child.

We wonder how to ensure that we provide the support that parents and children need, and we doubt that we have the strength and resolve to do this.

So we pray for the possibility of your strength and guidance in this endeavor, because our longing is for all children to grow up in a loving environment in order to care for your creation.

Amen.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People

And also with you.

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children* [____], O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants [____ and ____ *etc*], that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory WLP 796

Unidos/Together

Unidos

Doxology 380 v. 3

Praise to God

Old 100

**Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.**

The Great Thanksgiving

Eucharistic Prayer C

BCP pg. 369

The musical notation consists of four staves, each with a treble clef and a key signature of one flat (B-flat). The lyrics are written below the notes. The first staff is for the Celebrant and the People, with the lyrics 'The Lord be with you. And al - so with you.' The second staff is for the Celebrant and the People, with the lyrics 'Lift up your hearts. We lift them to the Lord.' The third staff is for the Celebrant, with the lyrics 'Let us give thanks to the Lord our God.' The fourth staff is for the People, with the lyrics 'It is right to give our thanks and praise.'

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give our thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of
glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of
interstellar space, galaxies, suns, the planets in their courses,
and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race,
and blessed us with memory, reason, and skill. You made us
the rulers of creation. But we turned against you, and betrayed
your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets
and sages you revealed your righteous Law. And in the
fullness of time you sent your only Son, born of a woman, to
fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

LEVAS 255

Holy, Holy, Holy

G. W. Brown

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,
as we await the day of his coming.**

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

Music by Colin Brumby

4 *mf*

Our Fath-er which art in heav'n. Hal-low-ed be thy name.

9 Thy king-dom come, Thy will be done on earth, As it is in hea-

17 ven. Give us this day our dail-y bread. And for-give us our tress-pass-es,

25 As we for-give, for-give them that tre-pass a-gainst us.

33 And lead us not in-to temp-ta-tion: But de-li-ver us from e-

41 vil: For thine is the king-dom, the power and the glo-ry, For e-ver and e-

48 ver. A - - - - - men.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

Hymn 304
LEVAS 160

*I Come with Joy
This Little Light of Mine*

*Land of Rest
Negro Spiritual*

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 680

O God, Our Help in Ages Past

St. Anne

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.

People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Save the Date--Shrine Mont Retreat: October 2nd-4th, 2026

Registration Deadline: September 1st.

The Rev. Bruce Stewart is leading our Parish Retreat to Shrine Mont this year,
focused on the theme of *The Lion, The Witch, and The Wardrobe*.

Join for our weekend exploration of Narnia as we revisit the imaginative world C.S. Lewis.

Registration forms are available in the Narthex and have also been distributed via email.



Caritas Team

The Caritas Team continues its work of care for all within the parish. If you or another parishioner you know is in need of a phone call or card, please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, August 16

- 10:00 AM Holy Eucharist *followed by Coffee Hour*
- 4:30 PM Ryder's Rounders – Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Monday, August 17

- 10:00 AM Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
- 7:00 PM Buildings & Grounds Meeting – Zoom

Tuesday, August 18

- 10:00 AM Barnabees Craft Group – Richardson Room

Wednesday, August 19

- 10:00 AM Wednesday Worship – Library
- 8:30 PM AA Barnabas Group – Richardson Room

Thursday, August 20

- 10:00 AM Tai Chi – Richardson Room (until 11AM)
- 6:30 PM Ryder's Rounders – Richardson Room (until 9PM)

Friday, August 14

- 7:00 PM Reiki Friends – Richardson Room (until 9PM)

Sunday, August 16

- 10:00 AM Holy Eucharist *followed by Coffee Hour*
- 4:30 PM Ryder's Rounders – Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes

Lectors

Chalicerist

Usher

Coffee Hour Hosts

Flower Guild

Flower Delivery

Counters

Caritas

Altar Guild

Noah, Leah, Adam, Cindy

Kathleen Stark, Molly Newling

Theresa Merchant, Cindy McLaughlin

Tim Greer

Coffee Hour Team

Margot Donnelly

Hugh Agnew

Robin Erskine

Grace Robbins

Jocelyn Leatherwood, Theresa Merchant

Participants in the services on August 23 are:

10:00 a.m.

Acolytes

Lectors

Chalicerist

Usher

Coffee Hour Hosts

Flower Guild

Flower Delivery

Counters

Caritas

Altar Guild

Joey, Theresa, Cindy, Blue

Cindy McLaughlin, Ellen Riddle

Ellen Riddle, Michael Dugger

John Westerlund

Kate & Kevin Lauderdale

Molly Newling

Nancy MacLachlan

Art Hamerschlag, Ken Mittelholtz

Beth Harper

Mary Yeaman, Sharon Jones

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.