

# St. Barnabas' Episcopal Church

Shrine Mont Parish Retreat for All Ages

September 26-28, 2025

Join us for a special weekend apart from our hectic world. St. Barnabas' Parish Retreat offers thought-provoking sessions, uplifting music, great food, beautiful scenery, free time for shopping, hiking, etc.—and most of all, time to get closer to God and one another. You will return refreshed and renewed. This year's retreat will focus on **Conflict Resolution**, and will include sessions led by Bob Gribbin, a St. Barnabas' parishioner and former US Ambassador to Rwanda.

Children and Youth will have their own program sessions and special activities.

This year's retreat will be held "down the hill" (near the hotel) in Maryland House and Hall House B to make participation easier for those with mobility issues.

Shrine Mont is in Orkney Springs, VA, about a two-hour drive from the Washington, DC metro area. For more information visit <http://shrinemont.com/>.



Names of attendees, including children:

1.

*Please note each child's age.*

2.

3.

4.

Best email address:

Special needs, allergies, dietary restrictions, need a ride, etc.—please specify (continue on reverse if needed).

Costs are based on double occupancy—solo guests are encouraged to find a roommate if you can!

Attendees	Number	Cost/attendee	Total
Adults (age 14-59)		\$215	
Senior (age 60+)		\$195	
Youth (age 4 to 13)		\$155	
Children (age 0-3)		Free	
<b>Total Payable</b>			

Financial support is available. Please contact Rev. John Bolin Shellito to inquire (703-941-2922). We welcome parishioner donations to make it possible for more to attend. Please indicate *SM Scholarship* in check's memo line.

Please email the completed form to [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com) or mail it to the parish office, 4801 Ravensworth Road, Annandale, VA 22003. Pay online through our *Realm* portal or by check made payable to *St. Barnabas'* with *Shrine Mont Registration* in the memo line. You can drop your check in the offering plate on Sunday or mail it with your registration form. Payment is due upon registration. Questions? Contact Ann Sayles or the Parish Office (703-941-2922; [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com)).