



Rite 13

A Celebration of Young Adulthood

A Liturgy of the Journey to Adulthood Program

**Blue Kennedy, Francine Adama Conteh, Jackson Kenjiro Miller,
Joaquin Suetoshi Tamanaha, Jordan Francesca Kennedy,
Joshua Michael Dugger, and Laura Kelley Westerlund**

The Fourth Sunday after the Epiphany

January 29, 2023 - 10:15 a.m.

St. Barnabas' Episcopal Church



*Serving our community, the world, and each other
through the love of Jesus Christ.*

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

The Fourth Sunday after the Epiphany January 29, 2023

10:15 a.m. Holy Eucharist

Prelude *Blessed Jesus* J. S. Bach

Hymn 225 *Hail thee, festival day!* *Salve festa dies*

The Word of God

Opening Acclamation

Presider Blessed be God who has brought us to this day.
People **Blessed be the God of all our days.**
Presider Thanks be to Jesus who restores us to wholeness.
People **Thanks be to Jesus in whose death is our life.**
Presider Praise to the Spirit who calls us to service.
People **Praise to the Spirit who leads us in love.**

Hymn of Praise *Glory to God*, LEVAS 243

The Collect: For young persons (BCP p. 829)

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

God our Creator, you see your children growing up in an unsteady and confusing world: Show them that your ways give more life than the ways of the world, and that following you is better than chasing after selfish goals. Help them to take failure, not as a measure of their worth, but as a chance for a new start. Give them strength to hold their faith in you, and to keep alive their joy in your creation; through Jesus Christ our Lord. **Amen.**

The Lessons

Micah 6:1-8

Hear what the Lord says:

Rise, plead your case before the mountains,
and let the hills hear your voice.

Hear, you mountains, the controversy of the Lord,
and you enduring foundations of the earth;

for the Lord has a controversy with his people,
and he will contend with Israel.

“O my people, what have I done to you?
In what have I wearied you? Answer me!

For I brought you up from the land of Egypt,
and redeemed you from the house of slavery;

and I sent before you Moses,
Aaron, and Miriam.

O my people, remember now what King Balak of Moab devised,
what Balaam son of Beor answered him,

and what happened from Shittim to Gilgal,
that you may know the saving acts of the Lord.”

“With what shall I come before the Lord,
and bow myself before God on high?

Shall I come before him with burnt-offerings,
with calves a year old?

Will the Lord be pleased with thousands of rams,
with tens of thousands of rivers of oil?

Shall I give my firstborn for my transgression,
the fruit of my body for the sin of my soul?”

He has told you, O mortal, what is good;
and what does the Lord require of you

but to do justice, and to love kindness,
and to walk humbly with your God?

The Word of the Lord.

People

Thanks be to God.

Psalm 15 (S-415)

Jerome Webster Meachen
(b. 1930)



- 1 O God, who may dwell in your | tabernacle; *
 who may abide upon your holy | hill?
- 2 Those who lead blameless lives and do what is | right, *
 who speak truthfully from the | heart.
- 3 There is no guile upon their tongues;
 they do no evil to their | friends; *
 they do not heap contempt upon their | neighbors;
- 4 In their sight the wicked are re | jected, *
 but they honor those who fear | God.
- 5 They have sworn to do no | wrong *
 and do not take back their | word.
- 6 They do not give their money in hope of | gain, *
 nor do they take a bribe against the | innocent.
- † 7 Whoever does these | things *
 shall never be over | thrown.

† *Second half of the double chant*

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1 Corinthians 1:18-31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

continued next page

Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

The Sequence Hymn is found on the inside back cover of the (blue) Hymnal 1982

Verses 1-3 *The church of Christ, in every age* *St. Barnabas*

Matthew 5:1-12

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying:

"Blessed are the poor in spirit, for theirs is the kingdom of heaven.

"Blessed are those who mourn, for they will be comforted.

"Blessed are the meek, for they will inherit the earth.

"Blessed are those who hunger and thirst for righteousness, for they will be filled.

"Blessed are the merciful, for they will receive mercy.

"Blessed are the pure in heart, for they will see God.

"Blessed are the peacemakers, for they will be called children of God.

"Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

"Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Verses 4-5 *The church of Christ, in every age* *St. Barnabas*

The Sermon

The Rev. John Bolin Shellito

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

*Following the Nicene Creed, the Celebrities, together with their parents, sponsors, and the Celebrant, move to the chancel steps.
The congregation is seated.*

**Refrain:* To everything turn, turn, turn
 There is a season turn, turn, turn
 And a time to every purpose under Heaven

A time to be born, a time to die
 A time to plant, a time to reap
 A time to kill, a time to heal
 A time to laugh, a time to weep

Refrain

A time to build up, a time to break down
 A time to dance, a time to mourn
 A time to cast away stones
 A time to gather stones together

Refrain

A time of love, a time of hate
 A time of war, a time of peace
 A time you may embrace
 A time to refrain from embracing

Refrain

A time to gain, a time to lose
 A time to rain, a time of sow
 A time for love, a time for hate
 A time for peace, I swear it's not too late

The Presentation

Sponsors

John+, we present to you Blue Kennedy, Francine Adama Conteh, Jackson Kenjiro Miller, Joaquin Suetoshi Tamanaha, Jordan Francesca Kennedy, Joshua Michael Dugger, and Laura Kelley Westerlund who this day leave behind childhood on their journey to adulthood.

Celebrant

Dear People of God: the transformation from childhood to adulthood marks one of God's great gifts. Today, we celebrate this gift with Blue, Francine, Jackson, Joaquin, Jordan, Joshua, and Laura, as they begin their journey to adulthood.

By the grace of God, you have lived through the pains and joys of childhood and have grown strong. Now, as young people journeying to adulthood, it is given to you to share God's power of creation. Human beings, because they are made in God's image, are the only creatures on earth who can choose how to use their creative power – not only to create new life, but also to shape the world according to God's purpose. God calls us to use this gift to build and not to destroy. Are you aware of God's gift to you and the responsibility to use it wisely?

Celebrities I am.

Celebrant

The congregation will follow your lead in reading from Psalm 139. The congregation is asked to join in on the portions of the psalm which are in bold type.

Psalm 139: 1-14, 17-18, 23-24 New International Version

Celebrities

You have searched me, Lord, and you know me. You know when I sit and when I rise; you perceive my thoughts from afar. You discern my going out and my lying down; you are familiar with all my ways. Before a word is on my tongue you, Lord, know it completely.

Congregation

You hem me in behind and before, and you lay your hand upon me. Such knowledge is too wonderful for me, too lofty for me to attain.

Celebrities

Where can I go from your Spirit? Where can I flee from your presence? If I go up to the heavens, you are there; if I make my bed in the depths, you are there. If I rise on the wings of the dawn, if I settle on the far side of the sea, even there your hand will guide me, your right hand will hold me fast.

Congregation

If I say, "Surely the darkness will hide me and the light become night around me," even the darkness will not be dark to you; the night will shine like the day, for darkness is as light to you.

Celebrities

For you created my inmost being; you knit me together in my mother's womb. I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well.

Congregation

How precious to me are your thoughts, God! How vast is the sum of them! Were I to count them they would outnumber the grains of sand – when I awake, I am still with you.

Celebrities

Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting.

The Prayer for the Parents

Celebrant

When Mary and Joseph searched for Jesus and found him in the temple, talking with the elders, they realized that he was a child no longer. So, too, these parents stand watching their offspring grow beyond childhood. Let us pray for them.

O God, bless Leigh and Patrick, Michelle and Ibrahim, Stephanie and Daniel, Librada and Cy, Simone and Michael, and Katie and John, as parents to Blue, Francine, Jackson, Joaquin, Jordan, Joshua, and Laura. Give them joy, wisdom, and courage to support these young people on their way to adulthood and maturity. Although parents can neither walk their children's road for them nor shield them from pain, give these parents and children alike the strength, comfort, and protection of your Holy Spirit in this new season of their lives, that by your grace they may one day stand together as adults and friends, a source of your joy and comfort for one another. **Amen.**

The Charge to the Young People

Celebrant

As you journey beyond the circle of your family, you will need loyal friends here at St. Barnabas' and beyond. Will you walk together, knowing that there may be times when your support for one another means more than that of any other?

Young People **We will.**

The Charge to the Congregation

Please stand, as you are able.

Celebrant

As the living Body of Christ, we have been empowered by the Holy Spirit to share in God's work of healing and grace in this world. Will you, as a community of faith that spans the generations, share your God-given wisdom with these young people as they journey into adulthood? Will you also listen for God's wisdom speaking through their words?

People **We will.**

Celebrant

Will offer your guidance, protection, and encouragement as these young people grow into the full stature of Christ?

People **We will.**

The Blessing

Celebrant

Blue, Francine, Jackson, Joaquin, Jordan, Joshua, and Laura, you have been equipped by Almighty God with both the imagination of childhood and the strength, energy, and creative power of adolescence; as you seek the prudence and grace of a mature faith in adulthood, you are called to seek out and establish the wisdom, the friendships, and the skills that will support a peaceful and abundant life in adulthood.

The celebrities take turns kneeling. The parents and sponsors come forward and lay hands on their shoulders. The celebrant lays hands on each celebrity's head and says:

May Almighty God fill you with courage, wisdom, and joy. May Jesus Christ, your strong companion and never-failing friend, make you strong in faith and defend you on every side. May the Holy Spirit guide you in wisdom, truth, and peace, and may the blessing of God, Creator, Redeemer, and Sustainer, rest upon you this day and for evermore.

People **AMEN.**

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever they may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days in *their* lives; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Liturgy of the Table

Offertory Anthem

Simple Gifts

J. Coates

Doxology

Lasst uns erfreuen

Praise God, from whom all blessings flow.

Praise God, all creatures high and low. Alleluia, Alleluia!

Praise God, in Jesus fully known:

Creator, Word, and Spirit one. Alleluia, Alleluia!

Alleluia, Alleluia, Alleluia!

Sanctus S-125

R. Proulx

Ho - ly, ho - ly, ho - ly Lord, God of pow-er and might, heav'n and
earth are full of your glo - ry. Ho - san - na in the high - est. Ho -
san - na in the high - est. Bless - ed is the one who comes in the name of the
Lord. Ho - san - na in the high - est, Ho - san - na in the high - est.

The Celebrant continues

Blessed are you, gracious God,
creator of the universe and giver of life.
You formed us in your own image
and called us to dwell in your infinite love.
You gave the world into our care
that we might be your faithful stewards
and show forth your bountiful grace.

But we failed to honor your image
in one another and in ourselves;
we would not see your goodness in the world around us;
and so we violated your creation,
abused one another,
and rejected your love.
Yet you never ceased to care for us,
and prepared the way of salvation for all people.

Through Abraham and Sarah
you called us into covenant with you.
You delivered us from slavery,
sustained us in the wilderness,
and raised up prophets
to renew your promise of salvation.
Then, in the fullness of time,
you sent your eternal Word,
made mortal flesh in Jesus.
Born into the human family,
and dwelling among us,
he revealed your glory.
Giving himself freely to death on the cross,
he triumphed over evil,
opening the way of freedom and life.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us,
Our Savior Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his friends, and said:
"Take, eat:
This is my Body which is given for you.
Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine,
and when he had given thanks,
he gave it to them, and said:
"Drink this, all of you:
This is my Blood of the new Covenant,
which is poured out for you and for all
for the forgiveness of sins.
Whenever you drink it,
do this for the remembrance of me."
Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.
Christ is risen.
Christ will come again.

The Celebrant continues

Remembering his death and resurrection,
we now present to you from your creation
this bread and this wine.

By your Holy Spirit may they be for us
the Body and Blood of our Savior Jesus Christ.

Grant that we who share these gifts
may be filled with the Holy Spirit
and live as Christ's Body in the world.

Bring us into the everlasting heritage
of your daughters and sons,
that with the Blessed Virgin Mary, Blessed Barnabas,
and all your saints, past, present, and yet to come,
we may praise your Name for ever.

Through Christ and with Christ and in Christ,
in the unity of the Holy Spirit,
to you be honor, glory, and praise,
for ever and ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

Music by Colin Brumby

4 *mf*

Our Fath-er which art in heav'n. Hal-low-ed be thy name.

9 Thy king-dom come, Thy will be done on earth, As it is in hea-

17 ven. Give us this day our dail-y bread. And for-give us our tress-pass-es,

25 As we for-give, for-give them that tre-pass a-gainst us.

33 And lead us not in-to temp-ta-tion: But de-li-ver us from e-

41 vil: For thine is the king-dom, the power and the glo-ry. For e-ver and e-

48 ver. A - - - - - men.

The Breaking of the Bread

Fraction Anthem S-154

Hurd

(Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.)

Christ our Pass - o - ver is sac - ri - ficed for us;

there - fore let us keep the feast.

(Al - le - lu - ia, al - le - lu - ia, al - le - lu - ia.)

Celebrant

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

LEVAS 151 *One bread, one body*

J. B. Foley

WLP 812 *Here I am, Lord*

D. Schutte

Celebrant and People, standing

**Eternal God, heavenly Father,
you have graciously accepted us as living members
of your Son our Savior Jesus Christ,
and you have fed us with spiritual food
in the Sacrament of his Body and Blood.
Send us now into the world in peace,
and grant us strength and courage
to love and serve you
with gladness and singleness of heart;
through Christ our Lord. Amen.**

The Blessing

LEVAS 143

Wade in the water

arr. C. Haywood

Dismissal

Postlude

Postlude on Rejoice, ye pure in heart!

G. Martin

The altar flowers are given to the Glory of God.

In Our Prayers

For our Clergy:

Presiding Bishop: The Most Rev. Michael Bruce Curry
Diocesan Bishops: The Rt. Rev. E. Mark Stevenson, Bishop
The Rt. Rev. Gayle Elizabeth Harris, Assistant Bishop
(anticipated April 1, 2023)
Rector: The Rev. John Bolin Shellito
St. Barnabas' Vestry, Wardens, and Staff
Our Sister Parish: The Rev. Noel Josue Rodriguez Santos and the congregation of
Iglesia Episcopal San Juan Bautista, Palma Soriano, Cuba

In the Anglican and Diocesan Cycles of Prayer:

For the Church of Pakistan (United); for Christ Church, Luray and St. Mary's, Arlington.

For the special needs and concerns of this congregation (as of January 25, 2023):

Bernard Blair	Linda Hamerschlag	Maria Macfarlane	Ann Sayles
Jean Anne Braddon	James Harris	Cindy McLaughlin	Frank Spink
Charles Camp	Roger Hefferan	Helen Mosher	Karen Steidel
Cricket Camp	Sharon Jones	Shirley Newman	Mareea Wilson
Margot Donnelly	Alusine Kanu	Beth Phillips	Dana Wiseman
Rotha Frye	Joy Lyles	Grace Rampersaud	Mary Yeaman
Preston George	Tom Lyles	Norma Ricketts	
Lee Gibbs	Bob Macfarlane	Barbara Rigden	

And for:

Quint, Carol, Luke, Moira, Haley, Dana (Dawn & Jeff Schaefer); **Michelle, Marlana, Michael** (Ellen Riddle); **David** (George Sinclair); **Jane** (Grace Robbins); **Heath, Wayne** (Helen Mosher); **Brian** (Janet George); **Noel+** (Len LeRoy); **Martina, Marcia, Peter, Brittany, Angela** (Marcel Lisi); **Lori, Jeannie** (Margot Donnelly); **Mary** (Maria & Bob Macfarlane); **Floyd** (Mary Riggs); **Louis, Al & Family** (Molly Newling); **Sophia, Charles, Simone, Ingrid** (Norma Ricketts); **Audrey, Kathy, Clai, Sharon & Family, Bill, Jackie & Family** (Sharon Jones); **Josefa, Mary, Susan** (Sheena Friend); **Audrey, Jacquie, Joyce, Valerie, William** (Shirley Newman); **Edward, Brianna & Family** (Theresa Merchant); **Cesar** (Tom Lyles); **Mary, Renata** (Ann Sayles); **Garth, Kathy, Mary, Robert** (Anne Radway & Jonathan Barber); **Amy, Courtney** (Barbara & Jack Miller); **John, Don** (Beth Harper); **Vladimir** (Bible Study); **Family of Fran Jennings, Joan, Molly, Darlene, Megan, Michael, Monica, James** (Cindy McLaughlin); **Mark, Irene, Robert, Barbara** (Connie & Pete Badger); **Nicole, Josh, Tracy Ivory** (Cricket & Charles Camp); **Carl** (Richard Hayhurst).

And for those enrolled in institutions of higher learning: **Matthew Dugger; Paulina Kanu; Garrett Patterson; Genevieve Phillips; Joey Robbins** (Grace Robbins); **Kyle Hitchman** (Marcel Lisi).

And for those deployed: **Matthew T. Robinson, USN** (Gertrude Jones and Grace Jones Robbins), **Aaron Elliott** (Sheena A. Friend).

And for the faithful departed: **William "Bill" Hutton Greene** (Anne Radway); **Jeanne Ryan** (Eileen Walsh).

Parish Announcements

Annandale Christian Community for Action Challenge Campaign

ACCA's Challenge Campaign is under way now through January 31, 2023. Donations support ACCA's emergency rent and food assistance to neighbors in need, the Child Development Center, and other ACCA assistance programs. To donate, please make your check payable to ACCA (please note Challenge Campaign in the memo line) and mail it to 7200 Columbia Pike, Annandale VA 22003 - envelopes are available in the narthex - or give your check to Camille. You can also designate ACCA in a check payable to St. Barnabas', with "ACCA-Challenge" in the memo line, or give through Realm. For more information on ACCA or to volunteer for an ACCA program, please contact Ken or Camille Mittelholtz or the Parish Office.

Thirty-Ninth Annual St. Barnabas' Ski Trip: 17 - 20 February 2023 - *Please register and place a deposit by January 31st to confirm your attendance.*

The 2023 St. Barnabas' Ski Trip will be at Canaan Valley Resort State Park near Davis, West Virginia - the same place we have gone for the past thirty-eight years. We will depart town on the morning, afternoon or evening of Friday, 17 February and return to town on Monday evening, 20 February. We will be skiing all day Saturday, Sunday, and Monday (until 4:30 PM - or when your driver says, "Let's go"). Also, we can do night skiing (if available) on Saturday and Sunday until 9:00 PM. There is an indoor swimming pool, whirlpool, sauna (and exercise area) called the Beach Club; so, bring your swimsuit. They have a great tubing park, ice skating rink and, depending on natural snow cover, cross-country skiing area.

We have reserved ten rooms so we can take forty people if there are four people to a room. If we need more rooms, there are another ten rooms in the corridor, which up to a time in January, we can add to our group. Note that there is one cost for the room \$615 - (paid in advance). Most rooms will have two queen-sized beds but there are some king-sized bedrooms that have a sofa-bed. We will have a parlor room which is a larger room with sofas, chairs, a table, large TV, fireplace, small refrigerator, sink and a microwave. The parlor room will serve as our social room for happy hours, discussions and the Complines service. A deposit of \$100.00 per room is needed to reserve a room and the total room cost amount must be paid by 29 January. I will make up the room list and try to accommodate any requests for king-sized beds.

Cost-discounted activities include: Skiing (Lift Tickets/Rentals, Lessons), Meals within Canaan Valley Resort facilities, Resort activities (ice skating, tubing, sledding) and Gift-shopping. Each person will have a coupon card (registered with a credit card at the main desk) to give a 10% discount on these activities. Group-discounted activities which have a lower cost and are for a minimum of 20 people are paid for before arrival and include: Room cost (for everyone) - \$615.00. Three-Day lift-tickets - Adult - \$165.00, Junior/Senior - \$130.00, Child/70+ age - \$0. Three-Day lift-tickets and rentals - Adult/Super Seniors - \$255.00, Children/Junior/Sr - \$195.00. Tube ride - \$33.00. Buffet Breakfasts (3 mornings) for Adults (\$50.40) and Juniors (\$36.00) are in the Hickory Dining Room.

Please contact Keith Peyton, Ken or Camille Mittelholtz, or the Parish Office if you wish to attend or have any questions.

Save the Date! Hypothermia Shelter February 26-March 4, 2023 – Once again this year we will provide a week’s worth of meals to our homeless neighbors in Fairfax County. An online sign-up tool will be available soon. For questions or to help with organizing this event please contact Cindy McLaughlin or the Parish Office.

Support for Ukraine, Hurricane Victims/Communities through ERD Support Episcopal Relief & Development in providing humanitarian aid in response to the crisis in Ukraine, as well as to those affected by recent hurricanes Ian and Fiona. By donating to the Ukraine Crisis Response Fund, you will help meet critical needs for people fleeing the violence, including food, cash, blankets, and hygiene supplies. The Hurricane Relief Fund will support affected communities in the Caribbean and southern United States. To donate through ERD, please visit episcopalrelief.org/Ukraine-crisis and/or <https://support.episcopalrelief.org/hurricane-relief/>.

Prayers for Family, Friends, and Others If you would like to add names of family, friends, or others to the parish Prayer List (published Thursdays and in the Sunday bulletin each week), please email or call Marcel Lisi. You may wish to include the Parish Office in your request stbarnabaschurch@outlook.com. Thank you.

Forward Day by Day February-April Issue Available - Paper and Online *Forward Day by Day*, a booklet with daily devotions and scripture is available in either regular or large print for you to pick up. Please contact the office if you would like one or more copies mailed to you (703-941-2922 or stbarnabaschurch@outlook.com).

Forward Day by Day also is available to read on the web at:
https://prayer.forwardmovement.org/forward_day_by_day.php?d=22&m=3&y=2021

Six-month Grief Support Circle Continuing through April 2023

St. Barnabas’ is partnering with Vitas Healthcare to offer a Circle of Support via Zoom (or phone-in).

Our Group is open to ANYONE grieving, as well as caregivers for those who are terminally ill.

Our Group is facilitated by a professional specializing in support for those who grieve. The group is free from “pushing” any particular agenda or perspective. Respect for each individual’s unique grief trek is paramount. Our group is free. You do not have to sign up. You can use Zoom or just call in. Meetings happen on the second Wednesday of the month, 7-8 PM, through April 2023. The Zoom link can be sent from the Parish Office, or check your Thursday email. Our next meeting is Wednesday, February 8th.

What is expected of you? You only have to say, “Hello.”
We hope the space of the circle can provide some solace and comfort.

*Many thanks for Grace Jones Robbins making this partnership possible.
John Bolin Shellito is also planning to be present with the group.*

Crutches for Cuba Len LeRoy will be traveling on a mission trip to Cuba in February with a group from the Mid-Atlantic. San Lucas Episcopal Church in Santiago has a ministry to the elderly, and has requested canes and crutches. These items are scarce and there is considerable need. Len can take items up to 40 inches long. If you have any unneeded canes or crutches, please drop them off in the Parish Office by February 15.

The Altar Flowers today will go to Cricket & Charles Camp. Please sign the card and feel free to add a personal message. Thank you.

Emergency Pastoral Care: For after-hours emergency pastoral concerns, please contact the Rev. John Bolin Shellito at 571-402-2218.

CALENDAR

- Sunday, January 29 The Fourth Sunday after the Epiphany
8:00 AM Holy Eucharist
9:10 AM Cherub Choir - Lyles Room (until 9:30 AM)
9:15 AM Christian Formation for All Ages
10:15 AM Holy Eucharist and Rite 13 Ceremony
11:30 AM Youth Choir - Lyles Room
1:00 PM Oneness Mission Church (until 3:30 PM)
3:00 PM Bagpipe Group (until 5:00 PM)
4:30 PM Ryders' Rounders - Richardson Room (until 8:30 PM)
5:30 PM Ladies Night Out Al Anon - Lyles Room (until 7 PM)
- Monday, January 30
10:00 AM Serenity Seekers Al-Anon - Richardson Room (until 11 AM)
- Tuesday, January 31 Ski Trip Sign-Up Deadline
3:45 PM Annandale Safe Youth Project - Richardson Room (until 6 PM)
- Wednesday, February 1
11:00 AM Staff Meeting
3:45 PM Annandale Safe Youth Project - Richardson Room (until 6 PM)
7:30 PM Adult Choir - Lyles Room
- Thursday, February 2
10:00 AM Tai Chi - Richardson Room
3:45 PM Annandale Safe Youth Project - Richardson Room (until 6 PM)
6:30 PM Ryders' Rounders - Richardson Room (until 9 PM)
7:00 PM Education for Ministry (EfM) - Zoom
- Sunday, February 5 The Fifth Sunday after the Epiphany
8:00 AM Holy Eucharist
9:10 AM Cherub Choir - Lyles Room (until 9:30 AM)
9:15 AM Christian Formation for All Ages
10:15 AM Holy Eucharist with Choir
11:30 AM Youth Choir - Lyles Room
1:00 PM Oneness Mission Church (until 3:30 PM)
3:00 PM Bagpipe Group (until 5:00 PM)
4:00 PM FACETS Meal Preparation - Kitchen & Richardson Room
(until 6 PM)
5:30 PM Ladies Night Out Al Anon - Lyles Room (until 7 PM)
7:00 PM Ryders' Rounders - Richardson Room (until 9:30 PM)

Participants in the services today are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Opener

Ellen Riddle
Michael Dugger
Mark Patterson
Cindy McLaughlin
TBD

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Host
Counters
Altar Guild
Flower Guild
Flower Delivery

Joshua Dugger, Michael Dugger, Laura Westerlund
Michael Dugger, Ellen Riddle
George Sinclair
Cy Tamanaha
Molly Newling
Jeff Schaefer, Camille Mittelholtz, Sheena Friend
Jocelyn Leatherwood, Sheena Friend, Betty Jo Fortune
Molly Newling
Michael Dugger

Participants in the services on February 5 are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalicer
Usher
Opener

Jeff Schaefer
Cindy McLaughlin
Charles Camp
Mark Patterson
Wendy Williams
Molly Newling

10:15 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Counters
Altar Guild

Joaquin Tamanaha, Noah Schaefer, Jackson Miller, Michael Dugger
Dave Wright, Dawn Schaefer
Ellen Riddle
TBD
Maria Bottlick
Sam Batten, Michael Dugger, Jeff Schaefer
Molly Newling, Sharon Jones, Behn Ayala

St. Barnabas' Episcopal Church

David Palmer, Music Minister ▪ Catherine Dubas, Parish Administrator
Delilah Stearns, Nursery ▪ James Harris, Sexton ▪ Maria Bottlick, Bookkeeper
Randolph Jones, 2022 AYP Tutor Coordinator ▪ The Rev. John Bolin Shellito, Rector
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