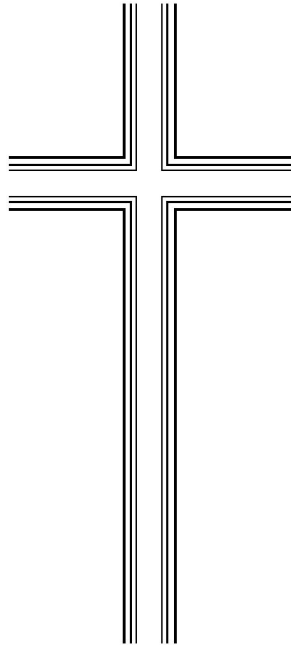
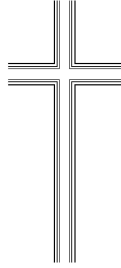


**The Fourth Sunday in Lent
March 19, 2023 - 10:15 a.m.**



**St. Barnabas' Episcopal Church
Serving our community, the world, and each other
through the love of Jesus Christ.**



In the season of Lent, our worship changes its shape to reflect the penitence and fasting of this season. We have put away our Alleluias until Easter.

We are encouraged to kneel when we pray during this season. Then in Eastertide, we are invited to stand before the Lord when we pray.

On the first Sunday of Lent, the service begins with the Great Litany. On the following Sundays, the penitential order will open the service. This will place the confession of sin at the beginning of the service.

Hymns will focus our attention on the self-examination and reflection of the season. All these adjustments are made that ours might be a Holy Lent.

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

The Fourth Sunday in Lent March 19, 2023

10:15 a.m. Holy Eucharist

Prelude *Sheep May Safely Graze* J. S. Bach

Hymn 686 *Come, thou fount of every blessing* Nettleton

Celebrant Bless the Lord who forgives all our sins.
People **His mercy endures for ever.**

Celebrant

Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Bishop when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

Kyrie *Lord, have mercy, WLP 839*

A. R. Clarke

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Lessons

1 Samuel 16:1-13

The Lord said to Samuel, "How long will you grieve over Saul? I have rejected him from being king over Israel. Fill your horn with oil and set out; I will send you to Jesse the Bethlehemite, for I have provided for myself a king among his sons." Samuel said, "How can I go? If Saul hears of it, he will kill me." And the Lord said, "Take a heifer with you, and say, 'I have come to sacrifice to the Lord.' Invite Jesse to the sacrifice, and I will show you what you shall do; and you shall anoint for me the

one whom I name to you." Samuel did what the Lord commanded, and came to Bethlehem. The elders of the city came to meet him trembling, and said, "Do you come peaceably?" He said, "Peaceably; I have come to sacrifice to the Lord; sanctify yourselves and come with me to the sacrifice." And he sanctified Jesse and his sons and invited them to the sacrifice.

When they came, he looked on Eliab and thought, "Surely the Lord's anointed is now before the Lord." But the Lord said to Samuel, "Do not look on his appearance or on the height of his stature, because I have rejected him; for the Lord does not see as mortals see; they look on the outward appearance, but the Lord looks on the heart." Then Jesse called Abinadab, and made him pass before Samuel. He said, "Neither has the Lord chosen this one." Then Jesse made Shammah pass by. And he said, "Neither has the Lord chosen this one." Jesse made seven of his sons pass before Samuel, and Samuel said to Jesse, "The Lord has not chosen any of these." Samuel said to Jesse, "Are all your sons here?" And he said, "There remains yet the youngest, but he is keeping the sheep." And Samuel said to Jesse, "Send and bring him; for we will not sit down until he comes here." He sent and brought him in. Now he was ruddy, and had beautiful eyes, and was handsome. The Lord said, "Rise and anoint him; for this is the one." Then Samuel took the horn of oil, and anointed him in the presence of his brothers; and the spirit of the Lord came mightily upon David from that day forward. Samuel then set out and went to Ramah.

The Word of the Lord.

People

Thanks be to God.

Psalm 23 *(said)*

**1 O God, you are my shepherd; *
I shall not be in want.**

**2 You make me lie down in green pastures *
and lead me beside still waters.**

**3 You revive my soul *
and guide me along right pathways for the sake of your Name.**

**4 Though I walk through the valley of the shadow of death, I shall fear no evil; *
for you are with me; your rod and your staff, they comfort me.**

**5 You spread a table before me in the presence of those who trouble me; *
you have anointed my head with oil, and my cup is running over.**

**6 Surely your goodness and mercy shall follow me all the days of my life, *
and I will dwell in the house of God for ever.**

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Ephesians 5:8-14

Once you were darkness, but now in the Lord you are light. Live as children of light— for the fruit of the light is found in all that is good and right and true. Try to find out what is pleasing to the Lord. Take no part in the unfruitful works of darkness, but instead expose them. For it is shameful even to mention what such people do secretly; but everything exposed by the light becomes visible, for everything that becomes visible is light. Therefore it says,

“Sleeper, awake!
Rise from the dead,
and Christ will shine on you.”

The Word of the Lord.

People

Thanks be to God.

All stand in body or spirit

Hymn 490, vss. 1-2

I want to walk as a child of the light

Houston

Luke 2:41-52

The Holy Gospel of our Lord Jesus Christ according to Luke.

People

Glory to you, Lord Christ.

Every year Jesus' parents went to Jerusalem for the festival of the Passover. And when he was twelve years old, they went up as usual for the festival. When the festival was ended and they started to return, the boy Jesus stayed behind in Jerusalem, but his parents did not know it. Assuming that he was in the group of travelers, they went a day's journey. Then they started to look for him among their relatives and friends. When they did not find him, they returned to Jerusalem to search for him. After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. And all who heard him were amazed at his understanding and his answers. When his parents saw him they were astonished; and his mother said to him, "Child, why have you treated us like this? Look, your father and I have been searching for you in great anxiety." He said to them, "Why were you searching for me? Did you not know that I must be in my Father's house?" But they did not understand what he said to them. Then he went down with them and came to Nazareth, and was obedient to them. His mother treasured all these things in her heart.

And Jesus increased in wisdom and in years, and in divine and human favor.

After the Gospel, the Reader says

The Gospel of the Lord.

People

Praise to you, Lord Christ.

The Sermon

The Rev. John Bolin Shellito

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Prayers of the People

By The Rev. Terri C. Pilarski, from "Prayers and Meditations from the Women of: Anglican Women's Empowerment, Episcopal Church Women, and Episcopal Women's Caucus" for 16 Days of Activism Against Gender Violence. Concluding Collect adapted from BCP p.395
<https://episcopal16days.files.wordpress.com/2010/11/episcopal16days2010.pdf>

Let us pray for the Spirit of Wisdom to rest upon us
A spirit of understanding and knowledge
Grant us to live in harmony
God's mercy prevail

Let us pray for God's steadfastness to gird our spirit
May peace prevail like lamb and wolf
Grant us to live in harmony
God's mercy prevail

Let us pray, for voices crying out in the wilderness
Women living in fear, children hiding
Grant all a place of harmony
God's mercy prevail

Let us pray, repent of harm done to the innocent
Clear the chaff of abuse and hurt
Bear the Spirit of harmony
God's mercy prevail

Let us pray for the God of hope, joy and peace to fill
All hearts, one voice glorify
God, prepare the way
God's mercy prevail

O Lord our God, accept the fervent prayers of your people; in the multitude of your mercies, look with compassion upon us and all who turn to you for help; for you are gracious, O lover of souls, and to you we give glory, Creator, Redeemer, and Inspirer, now and for ever. *Amen.*

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to come forward for prayer.

Watch over your *children*, O Lord, as *their* days increase; bless and guide *them* wherever they may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days in *their* lives; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

Liturgy of the Table

Offertory Anthem

My Shepherd Will Supply My Need

V. Thomson

Doxology

Erhalt uns, Herr

**O Father, Son, and Spirit blest, to thee be every prayer addressed,
who are in threefold Name adored, from age to age, the only Lord.**

The Great Thanksgiving

Enriching Our Worship Prayer 3

The people remain standing, in body or spirit. The Celebrant, whether bishop or priest, faces them and sings or says

Celebrant *People*
The Lord be with you. And al - so with you.

Celebrant *People*
Lift up your hearts. We lift them to the Lord.

Celebrant
Let us give thanks to the Lord our God.

People
It is right to give him thanks and praise.

Setting: Copyright © Church Publishing Inc.

Presider

All thanks and praise
are yours at all times and in all places,
our true and loving God;
through Jesus Christ, your eternal Word,
the Wisdom from on high by whom you created all things.
You laid the foundations of the world
and enclosed the sea when it burst out from the womb;
You brought forth all creatures of the earth
and gave breath to humankind.

Wondrous are you, Holy One of Blessing,
all you create is a sign of hope for our journey.
And so as the morning stars sing your praises
we join the heavenly beings and all creation
as we shout with joy:

Sanctus LEVAS 255, *Holy, holy, holy*

B. W. Brown

The Presider continues

Glory and honor are yours, Creator of all,
your Word has never been silent;
you called a people to yourself, as a light to the nations,
you delivered them from bondage
and led them to a land of promise.

Of your grace, you gave Jesus
to be human, to share our life,
to proclaim the coming of your holy reign
and to give himself for us, a fragrant offering.

Through Jesus Christ our Redeemer,
you have freed us from sin,
brought us into your life,
reconciled us to you,
and restored us to the glory you intend for us.

We thank you that on the night before he died for us
Jesus took bread,
and when he had given thanks to you, he broke it,
gave it to his friends and said:
"Take, eat, this is my Body, broken for you.
Do this for the remembrance of me."

After supper Jesus took the cup of wine,
said the blessing, gave it to his friends and said:
"Drink this, all of you:
this cup is the new Covenant in my Blood,
poured out for you and for all
for the forgiveness of sin.
Do this for the remembrance of me."

And so, remembering all that was done for us:
the cross, the tomb, the resurrection and ascension,
longing for Christ's coming in glory,
and presenting to you these gifts
your earth has formed and human hands have made,
we acclaim you, O Christ:

Presider and People

**Dying, you destroyed our death.
Rising, you restored our life.
Christ Jesus, come in glory!**

The Presider continues

Send your Holy Spirit upon us
and upon these gifts of bread and wine
that they may be to us
the Body and Blood of your Christ.
Grant that we, burning with your Spirit's power,
may be a people of hope, justice, and love.

Giver of Life, draw us together in the Body of Christ,
and in the fullness of time gather us
with the Blessed Virgin Mary, Blessed Barnabas, and all your people
into the joy of our true eternal home.

Through Christ and with Christ and in Christ,
by the inspiration of your Holy Spirit,
we worship you our God and Creator
in voices of unending praise.

Presider and People

Blessed are you now and for ever. AMEN.

And now, as our Savior Christ has taught us, we are bold to say,

People and Celebrant

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those**

**who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread

Fraction Anthem S-164, *Jesus, Lamb of God*

F. Schubert

Celebrant

The Gifts of God for the People of God.

and may add Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

Je - sus, re - mem - ber me when you come in - to your king - dom.

Je - sus, re - mem - ber me when you come in - to your king - dom.

The image shows two systems of musical notation for a communion chant. Each system consists of a treble clef staff and a bass clef staff. The music is in a 3/4 time signature with a key signature of two flats (B-flat and E-flat). The lyrics are: 'Je - sus, re - mem - ber me when you come in - to your king - dom.' The first system ends with a repeat sign, and the second system ends with a double bar line.

Hymn *In the bulb there is a flower*

1. In the bulb there is a flow - er; in the seed, an ap - ple
 2. There's a song in ev' - ry si - lence, seek - ing word and mel - o -
 3. In our end is our be - gin - ning; in our time, in - fin - it -

tree; in co - coons, a hid - den pro - mise: but - ter - flies will soon be
 dy. There's a dawn in ev' - ry dark - ness, bring - ing hope to you and
 y; in our doubt there is be - liev - ing; in our life, e - ter - ni -

free! In the cold and snow of win - ter there's a spring that waits to
 me. From the past will come the fu - ture; what it holds, a my - ster -
 ty. In our death, a re - sur - rec - tion; at the last, a vic - tor -

be, un - re - vealed un - til its sea - son, some - thing God a - lone can see.
 y, un - re - vealed un - til its sea - son, some - thing God a - lone can see.
 y, un - re - vealed un - til its sea - son, some - thing God a - lone can see.

The image shows a musical score for a hymn. It consists of a single treble clef staff with a 3/4 time signature and a key signature of two flats. The lyrics are arranged in four systems, with line numbers 1, 4, 8, and 12 marking the beginning of each system. The lyrics are: '1. In the bulb there is a flow - er; in the seed, an ap - ple; 2. There's a song in ev' - ry si - lence, seek - ing word and mel - o -; 3. In our end is our be - gin - ning; in our time, in - fin - it - tree; in co - coons, a hid - den pro - mise: but - ter - flies will soon be dy. There's a dawn in ev' - ry dark - ness, bring - ing hope to you and y; in our doubt there is be - liev - ing; in our life, e - ter - ni - free! In the cold and snow of win - ter there's a spring that waits to me. From the past will come the fu - ture; what it holds, a my - ster - ty. In our death, a re - sur - rec - tion; at the last, a vic - tor - be, un - re - vealed un - til its sea - son, some - thing God a - lone can see. y, un - re - vealed un - til its sea - son, some - thing God a - lone can see. y, un - re - vealed un - til its sea - son, some - thing God a - lone can see.'

After Communion, the Celebrant says

Let us pray.

Celebrant and People

**Loving God,
we give you thanks
for restoring us in your image
and nourishing us with spiritual food
in the Sacrament of Christ's Body and Blood.
Now send us forth
a people, forgiven, healed, renewed;
that we may proclaim your love to the world
and continue in the risen life of Christ our Savior. Amen.**

The Blessing

Hymn 533

How wondrous and great

Lyons

Dismissal

Let us bless the Lord.

People

Thanks be to God.

Postlude

Fugue in G Minor

J. S. Bach

+ + + + +

In Our Prayers

For our Clergy:

Presiding Bishop: The Most Rev. Michael Bruce Curry
Diocesan Bishops: The Rt. Rev. E. Mark Stevenson, Bishop
The Rt. Rev. Gayle Elizabeth Harris, Assistant Bishop
(anticipated April 1, 2023)
Rector: The Rev. John Bolin Shellito
St. Barnabas' Vestry, Wardens, and Staff
Our Sister Parish: The Rev. Noel Josue Rodriguez Santos and the congregation of
Iglesia Episcopal San Juan Bautista, Palma Soriano, Cuba

In the Anglican and Diocesan Cycles of Prayer:

For the Anglican Church of Southern Africa; Grace Church, Casanova and St. Anne's Parish (Christ Church, St. Stephen's, St. John's), Scottsville.

For the special needs and concerns of this congregation (as of Maech 15, 2023):

Behn Ayala	Lee Gibbs	Cindy McLaughlin	Ann Sayles
Bernard Blair	James Harris	Barbara Miller	Frank Spink
Wayne Bottlick	Roger Hefferan	Jack Miller	Kathleen Stark
Jean Anne Braddon	Sharon Jones	Helen Mosher	Larry Stark
Charles Camp	Alusine Kanu	Shirley Newman	Karen Steidel
Cricket Camp	Joy Lyles	Beth Phillips	Mareea Wilson
Margot Donnelly	Tom Lyles	Grace Rampersaud	Dana Wiseman
Rotha Frye	Bob Macfarlane	Norma Ricketts	Dave Wright
Preston George	Maria Macfarlane	Barbara Rigden	Mary Yeaman

And for:

Martina, Raymond, Steve (Marcel Lisi); **Lori** (Margot Donnelly); **Mary** (Maria & Bob Macfarlane); **Leona, Caro, Douglas** (Maria & Wayne Bottlick); **Floyd** (Mary Riggs); **Louis, Al & Family** (Molly Newling); **Sophia, Charles, Simone, Ingrid** (Norma Ricketts); **Kathy, Clai, Sharon & Family, Bill, Jackie & Family** (Sharon Jones); **Josefa, Mary, Susan** (Sheena Friend); **Audrey, Jacquie, Joyce, Valerie, William** (Shirley Newman); **Edward, Brianna & Family** (Theresa Merchant); **Cesar** (Tom Lyles); **Mary, Renata** (Ann Sayles); **Garth, Kathy, Mary, Robert** (Anne Radway & Jonathan Barber); **Amy, Courtney** (Barbara & Jack Miller); **Kerry, John, Don** (Beth Harper); **President Volodymyr Zalensky, Vladimir** (Bible Study); **Family of Fran Jennings, Joan, Molly, Darlene, Megan, Michael, Monica, James** (Cindy McLaughlin); **Mark, Irene, Robert, Barbara** (Connie & Pete Badger); **Nicole, Erin, Josh, Tracy, Ivory** (Cricket & Charles Camp); **Quint, Carol, Luke, Moira, Haley, Dana** (Dawn & Jeff Schaefer); the **Lavelle Family, Michelle, Marlana** (Ellen Riddle); **David, Bruce** (George Sinclair); **Jan, Joey** (Grace Robbins); **Heath** (Helen Mosher); **Brian** (Janet George); **Noel+** (Len LeRoy); **Carl** (Richard Hayhurst); the **People of Syria and Turkey**.

And for those enrolled in institutions of higher learning: **Matthew Dugger; Paulina Kanu; Garrett Patterson; Genevieve Phillips; Joey Robbins** (Grace Robbins); **Kyle Hitchman** (Marcel Lisi).

And for those deployed: **Matthew T. Robinson, USN** (Gertrude Jones and Grace Jones Robbins), **Aaron Elliott** (Sheena A. Friend).

And for the faithful departed: **Carolyn Elizabeth Lilienthal; The Rt. Rev. Frank T. Griswold III; Audrey Irene Jones Prout** (Sharon Jones).

Parish Announcements

The Way of the Cross in Mark's Gospel – Sunday Forum Lenten Series

Due to Fr. James Hughes' commitments, his scheduled presentation on *Jesus before Pilate* -- the fourth part of our Lenten Forum Series -- will be postponed until March 26th.

This week's March 19th Forum will instead be a discussion session on *The Way of the Cross* based on Fr. Hughes' earlier talks. All are welcome to join the Forum as we try to unpack the climactic events in the Gospel.

Sunday Forums meet at 9:15 a.m. in the Richardson Room. All are welcome.

Parish Retreat (Shrine Mont) Planning Meeting ▪ Sunday, March 26th

There will be a Parish Retreat (Shrine Mont) Planning Meeting in the Rite 13 classroom on Sunday, March 26th following the 10:15 a.m. service. If you would be interested in joining the committee or have any questions or thoughts you'd like to share, please join us. Contact: Ann Sayles or the Parish Office.

Easter Flowers ▪ Deadline Palm Sunday (April 2nd)

If you wish to contribute toward flowers for the Easter altar, please complete a Contribution Form (available in the hall or from the Parish Office). Forms and payment may be put in the Sunday collection plate, or provided directly to the Parish Office. Checks are to be made out to St. Barnabas' Episcopal Church with "Easter Flowers" in the memo line. The cost is \$25. You may also give online through Realm: www.st-barnabaschurch.org > Giving & Realm > To make a contribution > *choose from the drop-down menu*. For online flower contributions, please turn in your (paper) Contribution Form on Sunday or provide it directly to the Parish Office. The deadline is Palm Sunday, April 2nd.

Preparing the Church for Easter Morning

We will be decorating the church for Easter Sunday on Holy Saturday, April 8th. The flowers are scheduled to be delivered around 9:00 that Saturday morning. If you would like to help, please join us after 9 a.m. Thank you, Anne Radway

April 12th ▪ Last Gathering for Our Six-Month Grief Support Circle via Zoom

St. Barnabas' Episcopal Church is partnering with Vitas Healthcare to offer a Circle of Support via Zoom (or phone-in).

Our Group is open to ANYONE grieving, as well as caregivers for those who are terminally ill.

Our Group is facilitated by a professional specializing in support for those who grieve. The group is free from "pushing" any particular agenda or perspective. Respect for each individual's unique grief trek is paramount. Our group is free. You do not have to sign up. You can use Zoom or just call in. Meetings happen on the second Wednesday of the month, 7-8 PM, through April 2023. **Our last meeting will be 7-8 PM on April 12th.**

For details on how to join please contact the Parish Office.

What is expected of you? You only have to say, "Hello."
We hope the space of the circle can provide some solace and comfort.

*Many thanks for Grace Jones Robbins making this partnership possible.
John Bolin Shellito is also planning to be present with the group.*

Outreach to Our Neighbors

Requests for assistance from ACCA's food pantry have increased recently. Most requests come through Fairfax County Social Services staff. Donations of non-perishable food and personal hygiene items are welcome. You can leave donations in the basket in the narthex. St Barnabas' also supports the Heritage Mission Center Food Site, which gives groceries to over 300 families a week. Donations can be left in the blue box in the narthex.

ACCA's next turn to volunteer for the Furniture Ministry is Saturday morning, April 15.

ACCA and St. Barnabas' will be participating in the Rebuilding Together Workday on April 29 to make home repairs and safety improvements for a lower-income homeowner or a nonprofit group home. Please let us know if you would like to volunteer - all skill levels are welcome.

For more information on ACCA or the Heritage Food Site, or to volunteer for an ACCA program, please contact Ken or Camille Mittelholtz or the Parish Office.

Cuba Mission Trip July 10-16, 2023

The next Cuba Mission Trip will be this summer from July 10th to 16th. We welcome more participants to join us on this exciting trip and look forward to talking with you about it.

Meanwhile, we are beginning to collect the following items to bring with us: crib sheets, kids' toothbrushes & toothpaste, multivitamins (kids', men's, and women's), and analgesics (children's and adult). Items can be brought by Sunday morning; please see Wendy Williams at the 8 a.m. service, or Norma Ricketts or Beth Harper at the 10:15 a.m. service. Alternatively, you can drop off items Monday through Thursday in the Parish Office (please call ahead).

For more information and any questions you may have, please contact Len LeRoy, Wendy, Norma, Beth, Leigh Kennedy, or the Parish Office.

UTO Call for Prayers

Every Triennium, UTO releases a beautiful Book of Prayers comprised of prayers written by folks from around the world. The 2025-2028 Prayer Book is now in the works! UTO encourages *everyone* to submit a prayer, no matter your age, profession, or language. The deadline for submissions is July 14, 2023. For more information and to submit a prayer: <https://unitedthankoffering.com/pray/>.

Support for Ukraine through ERD

Support Episcopal Relief & Development in providing humanitarian aid in response to the crisis in Ukraine. By donating to the Ukraine Crisis Response Fund, you will help meet critical needs for people fleeing the violence, including food, cash, blankets, and hygiene supplies. To donate through ERD, please visit episcopalrelief.org/Ukraine-crisis.

Prayers for Family, Friends, and Others

If you would like to add names of family, friends, or others to the parish Prayer List (published Thursdays and in the Sunday bulletin each week), please email or call Marcel Lisi or the Parish Office.

***Forward Day by Day* February/March/April Issue Available - Paper and Online**

Forward Day by Day, a booklet with daily devotions and scripture is available in either regular or large print for you to pick up. Please contact the office if you would like one or more copies mailed to you (703-941-2922 or stbarnabaschurch@outlook.com).

Forward Day by Day also is available to read on the web at:

https://prayer.forwardmovement.org/forward_day_by_day.php?d=22&m=3&y=2021

Emergency Pastoral Care: For after-hours emergency pastoral concerns, please contact the Rev. John Bolin Shellito at 571-402-2218.

CALENDAR

- Sunday, March 19 The Fourth Sunday in Lent
8:00 AM Holy Eucharist
9:10 AM Cherub Choir – Lyles Room (until 9:30 AM)
9:15 AM Christian Formation for All Ages
10:15 AM Holy Eucharist with Choir
11:30 AM Youth Choir – Lyles Room
1:00 PM Oneness Mission Church (until 3:30 PM)
3:00 PM Bagpipe Group (until 5:00 PM)
5:30 PM Ladies Night Out Al Anon – Lyles Room (until 7 PM)
- Monday, March 20
10:00 AM Serenity Seekers Al-Anon – Library (until 11:30 AM)
- Tuesday, March 21
3:45 PM Annandale Safe Youth Project – Richardson Room (until 6 PM)
7:00 PM Finance Committee – Zoom
- Wednesday, March 22
10:00 AM Wednesday Worship – Library
11:30 AM Staff Meeting – Library
3:45 PM Annandale Safe Youth Project – Richardson Room (until 6 PM)
7:30 PM Adult Choir – Lyles Room (until 9 PM)
- Thursday, March 23
10:00 AM Tai Chi – Richardson Room
3:45 PM Annandale Safe Youth Project – Richardson Room (until 6 PM)
6:30 PM Ryders’ Rounders – Richardson Room (until 9 PM)
7:00 PM Education for Ministry (EfM) – Zoom
- Friday, March 24
5:30 PM Youth Group 30-Hour Famine – *all areas* (through Saturday, March 25 8 PM)
- Sunday, March 26 The Fifth Sunday in Lent
8:00 AM Holy Eucharist
9:10 AM Cherub Choir – Lyles Room (until 9:30 AM)
9:15 AM Christian Formation for All Ages
10:15 AM Holy Eucharist with Choir
11:30 AM Youth Choir – Lyles Room
11:30 AM Parish Retreat Planning meeting – Rite 13 Classroom
1:00 PM Oneness Mission Church (until 3:30 PM)
3:00 PM Bagpipe Group (until 5:00 PM)
4:30 PM Ryders’ Rounders – Richardson Room (until 8:30 PM)
5:30 PM Ladies Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalichist
Opener

Mark Patterson
Cindy McLaughlin
Lita Mellon
Mark Patterson
Molly Newling

10:15 a.m.

Acolytes
Lectors
Chalichist
Usher
Coffee Hour Hosts
Counters
Altar Guild

Joshua Dugger, Michael Dugger, Francine Conteh, Mark Patterson
Camille Mittelholtz, Beth Harper
George Sinclair
TBD
Nancy & Keith Peyton
Mark Patterson, Norma Ricketts, TBD
Jocelyn Leatherwood, Sheena Friend, Mary Yeaman

Participants in the services on March 26 are:

8:00 a.m.

Vestry Leader/Closer
Acolyte
Lector
Chalichist
Opener

Norma Ricketts
Cindy McLaughlin
Mark Patterson
Michael Dugger
Mark Patterson

10:15 a.m.

Acolytes
Lectors
Chalichist
Usher
Coffee Hour Hosts
Counters
Altar Guild

Jordan Kennedy, Lulu Harris, Blue Kennedy, Xochi Tamanaha
Kathleen Stark, Cindy McLaughlin
Cindy McLaughlin
TBD
Diana & Tim Greer
Dick Crutchley, Molly Newling, Ellen Riddle
Grace Robbins, Maria Bottlick, Molly Newling

St. Barnabas' Episcopal Church

David Palmer, Music Minister ▪ Catherine Dubas, Parish Administrator
Delilah Stearns, Nursery ▪ James Harris, Sexton ▪ Maria Bottlick, Bookkeeper
Randolph Jones, 2022 ASYP Tutor Coordinator ▪ The Rev. John Bolin Shellito, Rector
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