

Sixth Sunday after Pentecost  
July 5, 2026 - 10:00 a.m.



**St. Barnabas' Episcopal Church**  
*Serving our community, the world, and each other  
through the love of Jesus Christ.*

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

**Sixth Sunday after Pentecost**  
**July 5, 2026 - 10:00 a.m.**

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10:00 a.m. Holy Eucharist

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Prelude

Opening Acclamation

*Celebrant* Blessed be the One, Holy, and Living God.

*People* **Glory to God for ever and ever.**

Gloria WLP 899

*Gloria in excelsis*

Haywell

The Collect

*Celebrant* The Lord be with you.

*People* **And also with you.**

*Celebrant* Let us pray.

O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

## The Lessons

Zechariah 9:9-12

Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!

Lo, your king comes to you;  
triumphant and victorious is he,

humble and riding on a donkey,  
on a colt, the foal of a donkey.

He will cut off the chariot from Ephraim  
and the war horse from Jerusalem;

and the battle bow shall be cut off,  
and he shall command peace to the nations;

his dominion shall be from sea to sea,  
and from the River to the ends of the earth.

As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.

Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

The Word of the Lord.

*People*

**Thanks be to God.**

Psalm 145:8-15

Jerome Webster Meachen  
(b. 1930)



8 You are gracious and full of comp | assion, \*  
slow to anger and of great | kindness.

9 You are loving to | everyone, \*  
and your compassion is over all your | works.

10 All your works praise you, O | God, \*  
and your faithful servants | bless you.

11 They make known the glory of your | realm \*  
and speak of your | power,

12 That the peoples may know of your | power \*  
and the glorious splendor of your do | minion.

13 Yours, O God, is an everlasting | reign; \*  
your dominion endures throughout all | ages.

14 You are faithful in all your | words \*  
and merciful in all your | deeds.

15 You uphold all those who | fall; \*  
you lift up those who are bowed | down.

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Hymn 635 vs. 1

*If Thou But Trust in God to Guide Thee*

Neumark

Matthew 11:18-19, 25-30

The Holy Gospel of our Lord Jesus Christ according to Matthew.

*People*

**Glory to you, Lord Christ.**

John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds."

At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

The Gospel of the Lord.

*People*

**Praise to you, Lord Christ.**

Hymn 635 vs. 2

*If Thou But Trust in God to Guide Thee*

Neumark

Sermon

The Rev. John Bolin Shellito

## The Nicene Creed

*(Note that in Greek the word for "believe" is the same as the word for "trust")*

**We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.  
For us and for our salvation  
he came down from heaven:  
by the power of the Holy Spirit  
he became incarnate from the Virgin Mary,  
and was made man.  
For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.  
On the third day he rose again  
in accordance with the Scriptures;  
he ascended into heaven  
and is seated at the right hand of the Father.  
He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father and the Son.  
With the Father and the Son he is worshiped and glorified.  
He has spoken through the Prophets.  
We believe in one holy catholic and apostolic Church.  
We acknowledge one baptism for the forgiveness of sins.  
We look for the resurrection of the dead,  
and the life of the world to come. Amen.**

## Prayers for Sound Government

O Lord our Governor, bless the leaders of our land, that we may be a people at peace among ourselves and a blessing to other nations of the earth.

**Lord, keep this nation under your care.**

To the President and members of the Cabinet, to Governors of States, Mayors of Cities, and to all in administrative authority, grant wisdom and grace in the exercise of their duties.

**Give grace to your servants, O Lord.**

To Senators and Representatives, and those who make our laws in States, Cities, and Towns, give courage, wisdom, and foresight to provide for the needs of all our people, and to fulfill our obligations in the community of nations.

**Give grace to your servants, O Lord.**

To the Judges and officers of our Courts give understanding and integrity, that human rights may be safeguarded and justice served.

**Give grace to your servants, O Lord.**

And finally, teach our people to rely on your strength and to accept their responsibilities to their fellow citizens, that they may elect trustworthy leaders and make wise decisions for the well-being of our society; that we may serve you faithfully in our generation and honor your holy Name.

**For yours is the kingdom, O Lord, and you are exalted as head above all. Amen.**

*The Celebrant adds a concluding Collect for Giving Thanks, written by the Education for Ministry class.*

God, we affirm thankfulness for all the things you give us.

We know that we must express thankfulness often.

We wonder at the depth and breadth of all we have to be thankful for.

And we doubt if we can ever be thankful enough for your gifts and grace.

So we pray for the possibility of doing for others as you do for us.

Because our longing is to be more like you. **Amen.**

## The Peace

*All stand. The Celebrant says to the people*

The peace of the Lord be always with you.

*People*

**And also with you.**

## Welcome and Announcements

## The Prayers for Birthdays & Anniversaries

*All those with Birthdays and Anniversaries this week are invited to be recognized.*

**Watch over your *child/children* [\_\_\_\_], O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their* lives; through Jesus Christ our Lord. Amen.**

**O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants [\_\_\_\_ and \_\_\_\_ etc], that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.**

## The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory Hymn 655

*O Jesus, I Have Promised*

*Nyland*

Doxology 380 v. 3

*Praise to God*

Old 100

**Praise God, from whom all blessings flow;  
Praise him, all creatures here below;  
Praise him above, ye heavenly host:  
Praise Father, Son, and Holy Ghost.**



And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130

*Holy, Holy, Holy*

Schubert

*The Celebrant continues*

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

**We celebrate his death and resurrection,  
as we await the day of his coming.**

Lord God of our Ancestors: God of Abraham and Sarah, Isaac, and Rebeckah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

**Risen Lord, be known to us in the breaking of the Bread.**

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen.**

And now, as our Savior Christ has taught us, we are bold to sing,

*People and Celebrant*

Music by Colin Brumby

4 *mf*

Our Fath-er which art in heav'n. Hal-low-ed be thy name.

9 Thy king-dom come, Thy will be done on earth, As it is in hea-

17 ven. Give us this day our dail-y bread. And for-give us our tress-pass-es,

25 As we for-give, for-give them that tre-pass a-gainst us.

33 And lead us not in-to temp-ta-tion: But de-li-ver us from e-

41 vil: For thine is the king-dom, the power and the glo-ry, For e-ver and e-

48 ver. A - - - - - men.

## The Breaking of the Bread

*The Celebrant breaks the consecrated Bread. A period of silence is kept.*

*Celebrant* Alleluia. Christ our Passover is sacrificed for us;

*People* **Therefore let us keep the feast. Alleluia.**

*Celebrant*

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

Hymn 654  
Hymn 711

*Day by Day*  
*Seek Ye First*

*Sumner*  
*Seek Ye First*

*After Communion, the Celebrant says,*

Let us pray.

**Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.**

The Blessing

Hymn 719

*America the Beautiful*

*Materna*

Dismissal

*Celebrant* Go in peace to love and serve the Lord. Alleluia, Alleluia.

*People* **Thanks be to God. Alleluia, Alleluia.**

Postlude

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The altar flowers are given to the Glory of God.

July 2nd, 2026

Dear St. Barnabasians,

*"America bless God."*

This logical conversion of the familiar phrase was prominently displayed on a church sign along the way toward Shrine Mont. I received it as a playful reminder: as much as we might be tempted to focus exclusively on what we want God to do for us, the truth is that we have a lot more agency in regard to what we might want to do for God. Both areas are legitimate subjects for prayer.

This world is going to disappoint us, but a parallel truth is that God created us and invited us (and empowered us) to be a part of sanctifying God's name. The opening prayer in the Our Father is a petition: *"Hallowed be thy Name"* – in other words, we are asking that God's Name would be sanctified – perhaps even glorified. That is what the saints who have gone ahead of us have already done, and are still doing. And that is also part of our mission statement, as people of God who are still here on earth.

Our Communion hymn this Sunday invites us to pray twice by singing a round with the words of Christ: *"Seek ye first the kingdom of God."* And, by grace, we are asking that the round would continue in our own place and time.

May America bless God,  
John+

## CALENDAR

Sunday, July 5

- 10:00 AM Holy Eucharist *followed by Coffee Hour*
- 4:30 PM FACETS - Kitchen, Richardson Room
- 5:30 PM Ryder's Rounders - Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)

Monday, July 6

- 10:00 AM Serenity Seekers Al-Anon - Richardson Room  
(until 11 AM)

Tuesday, July 7

- 10:00 AM Barnabees Craft Group - Richardson Room

Wednesday, July 8

- 10:00 AM Wednesday Worship - Library
- 8:30 PM AA Barnabas Group - Richardson Room

Thursday, July 9

- 10:00 AM Tai Chi - Richardson Room (until 11AM)
- 6:30 PM Ryder's Rounders - Richardson Room (until 9PM)

Friday, July 10

- 7:00 PM Reiki Friends - Richardson Room (until 9PM)

Sunday, July 12

- 10:00 AM Holy Eucharist *followed by Coffee Hour*
- 4:30 PM Ryder's Rounders - Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)

**Participants in the services today are:**

**10:00 a.m.**

Acolytes

Lectors

Chalicer

Usher

Coffee Hour Hosts

Flower Guild

Flower Delivery

Counters

Altar Guild

Joaquin, Adam, Ciaran, Theresa

Luke Strange, Theresa Merchant

Theresa Merchant, Cindy McLaughlin

Robin Erskine

Margot Donnelly and Camille Mittelholtz

Nancy MacLachlan

Ellen Riddle

Katie Westerlund, Ed Ing

Jocelyn Leatherwood, Betty Jo Fortune

**Participants in the services on July 12 are:**

**10:00 a.m.**

Acolytes

Lectors

Chalicer

Usher

Coffee Hour Hosts

Flower Guild

Flower Delivery

Counters

Altar Guild

Noah, Ronan, Amos, Cindy

Kate Lauderdale, Ellen Riddle

Michael Dugger, Cindy McLaughlin

Tim Greer

Ken & Camille Mittelholtz

Margot Donnelly

Hugh Agnew

Joy Borkholder, Robin Erskine

Molly Newling, Sharon Jones

**Land Acknowledgement**

*We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.*