Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

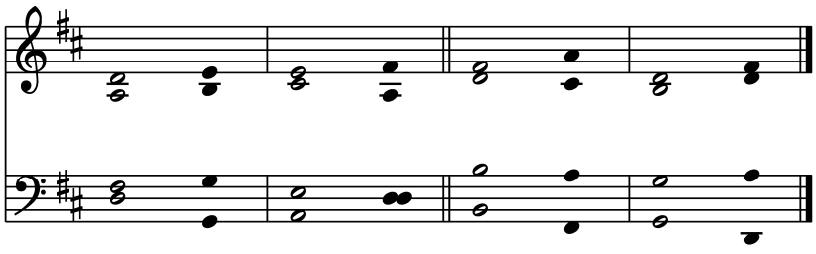
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

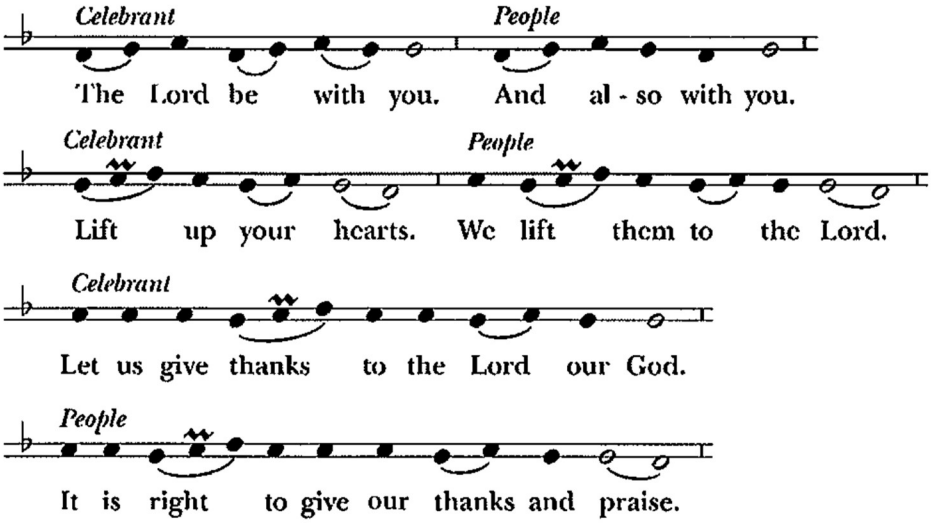
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

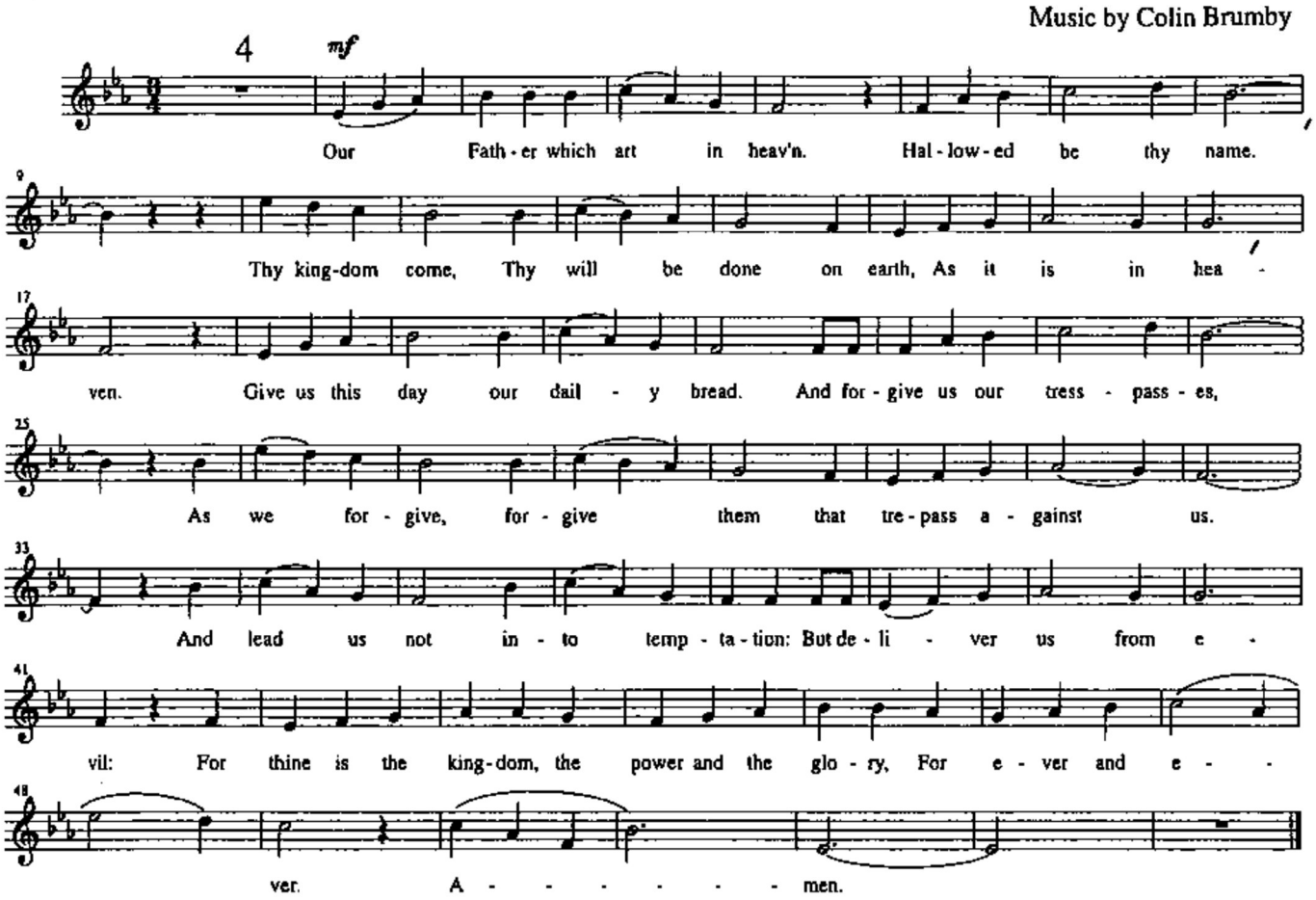
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

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Gloria S-280 *Gloria in excelsis* Powell

The Collect

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Celebrant Let us pray.

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For you shall go out in joy,
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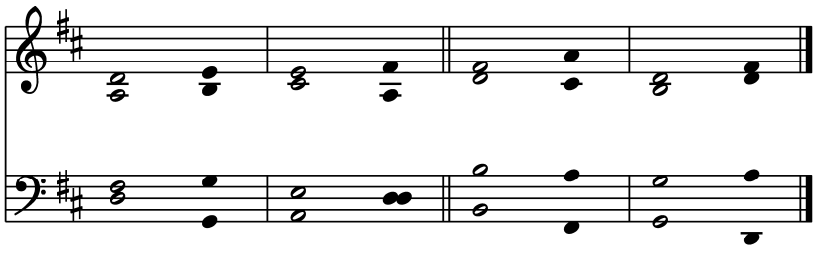
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But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

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Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

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"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

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The Nicene Creed

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the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
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Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

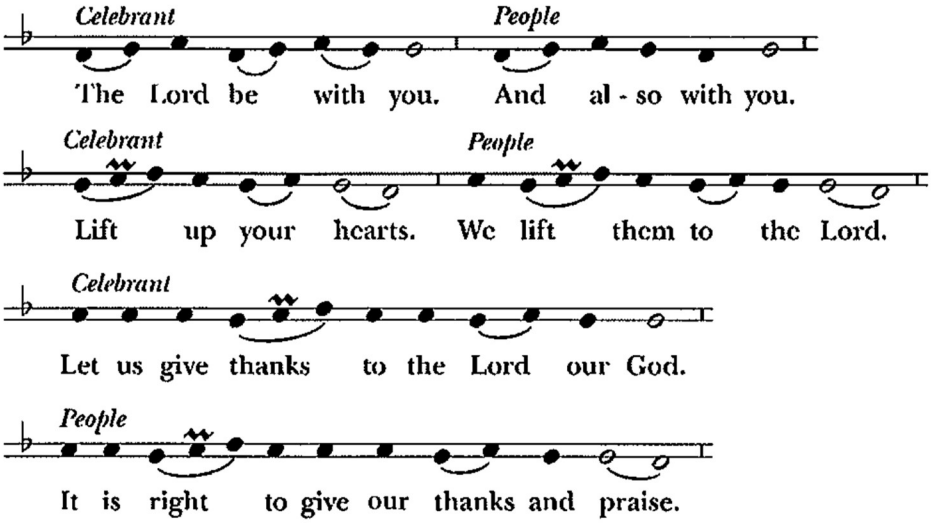
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

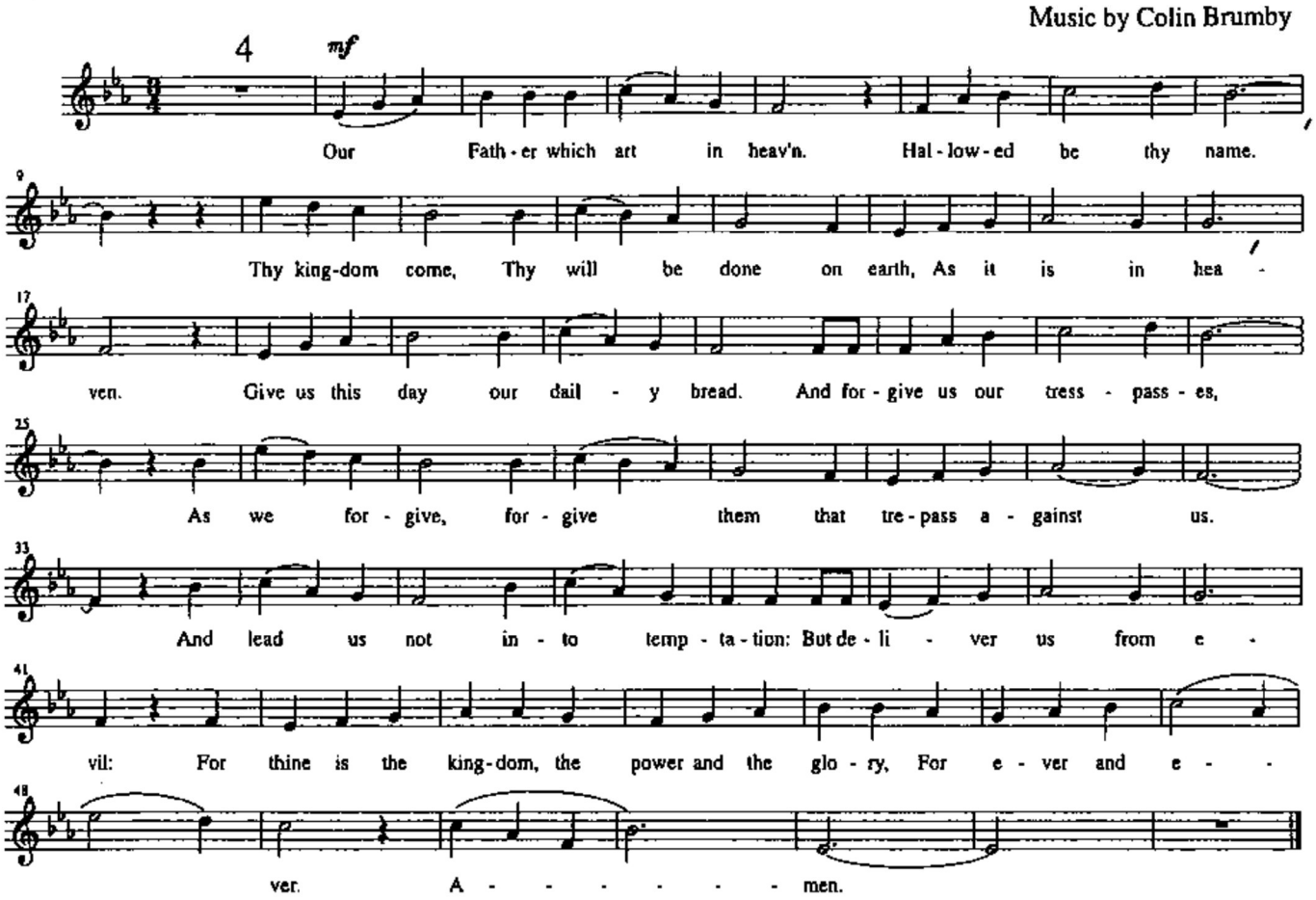
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

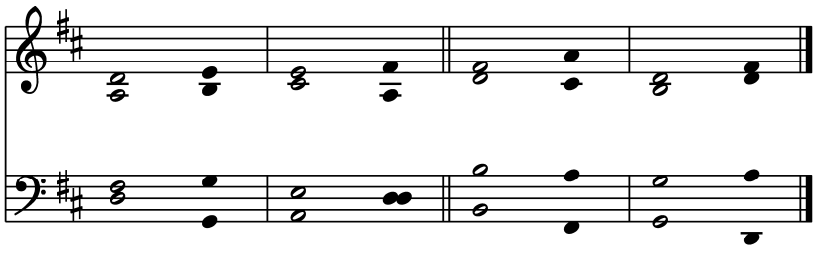
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
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Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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We wonder what questions to ask.
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Amen.

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Silence may be kept.

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Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

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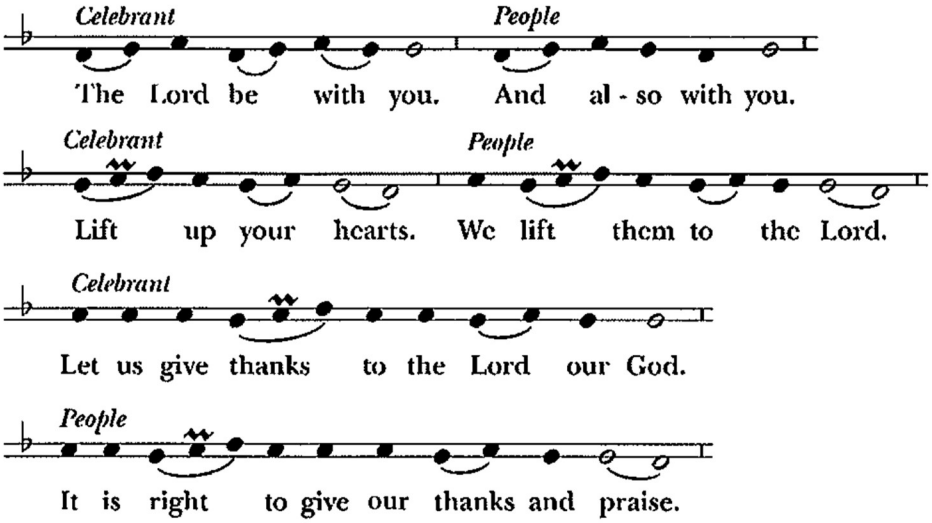
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

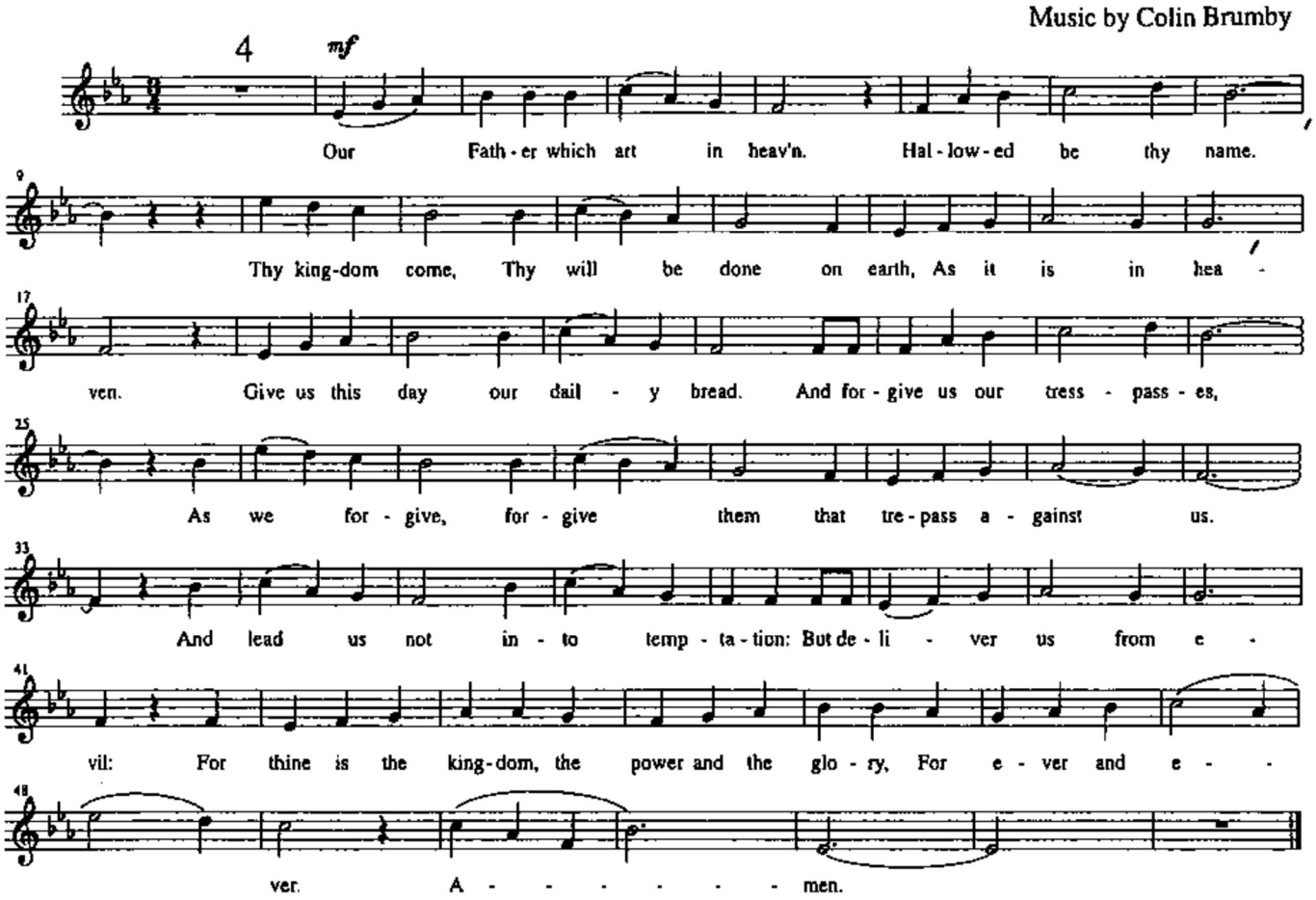
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

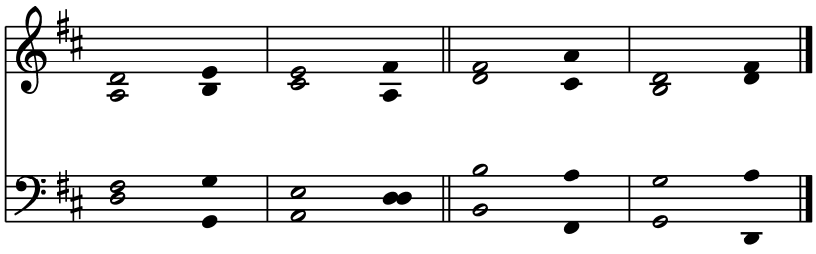
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

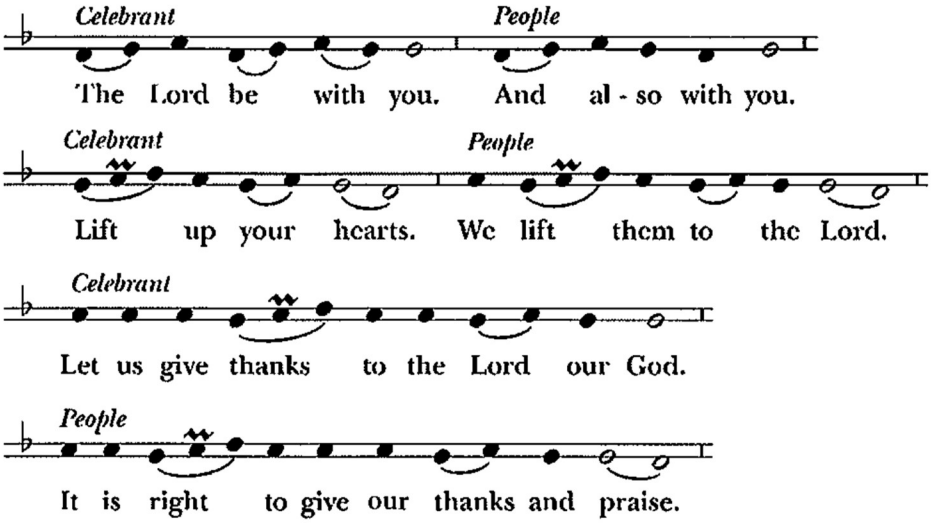
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

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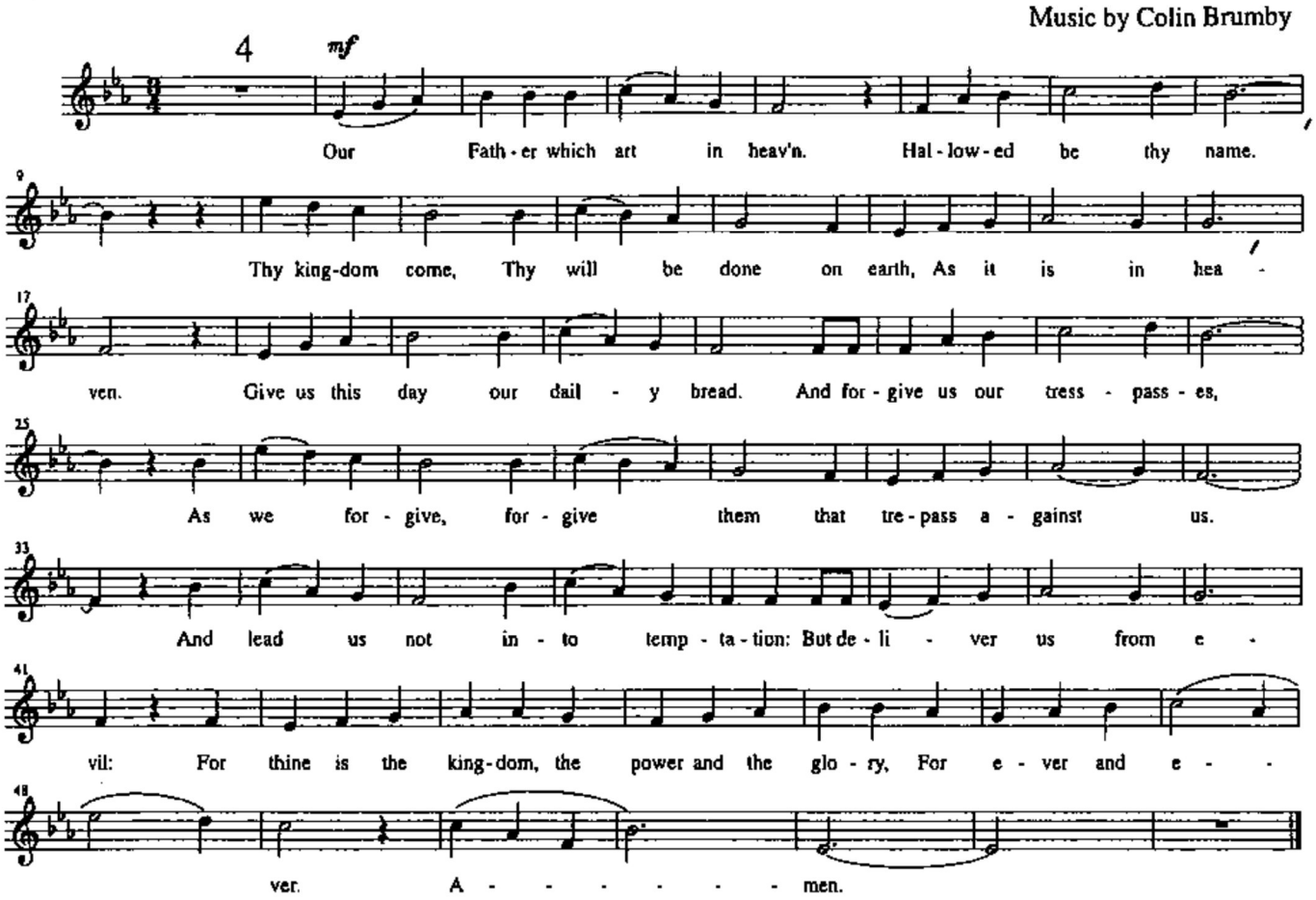
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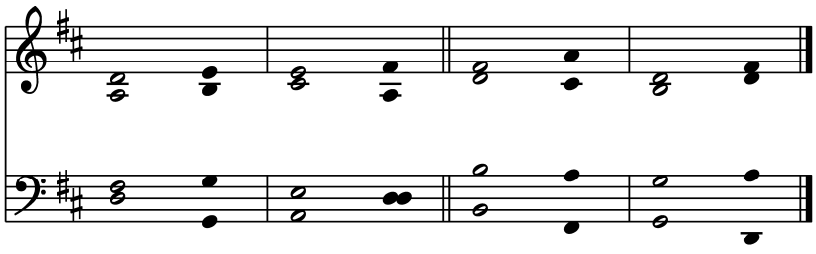
Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

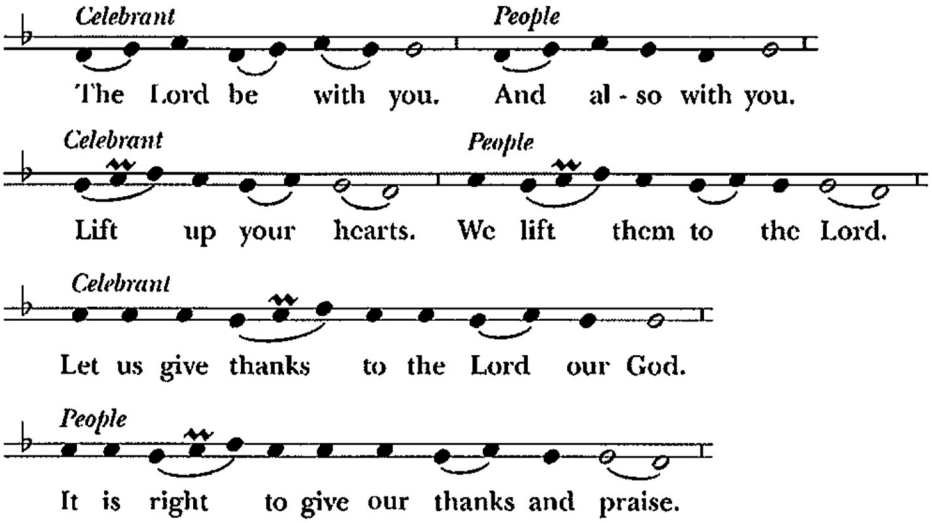
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

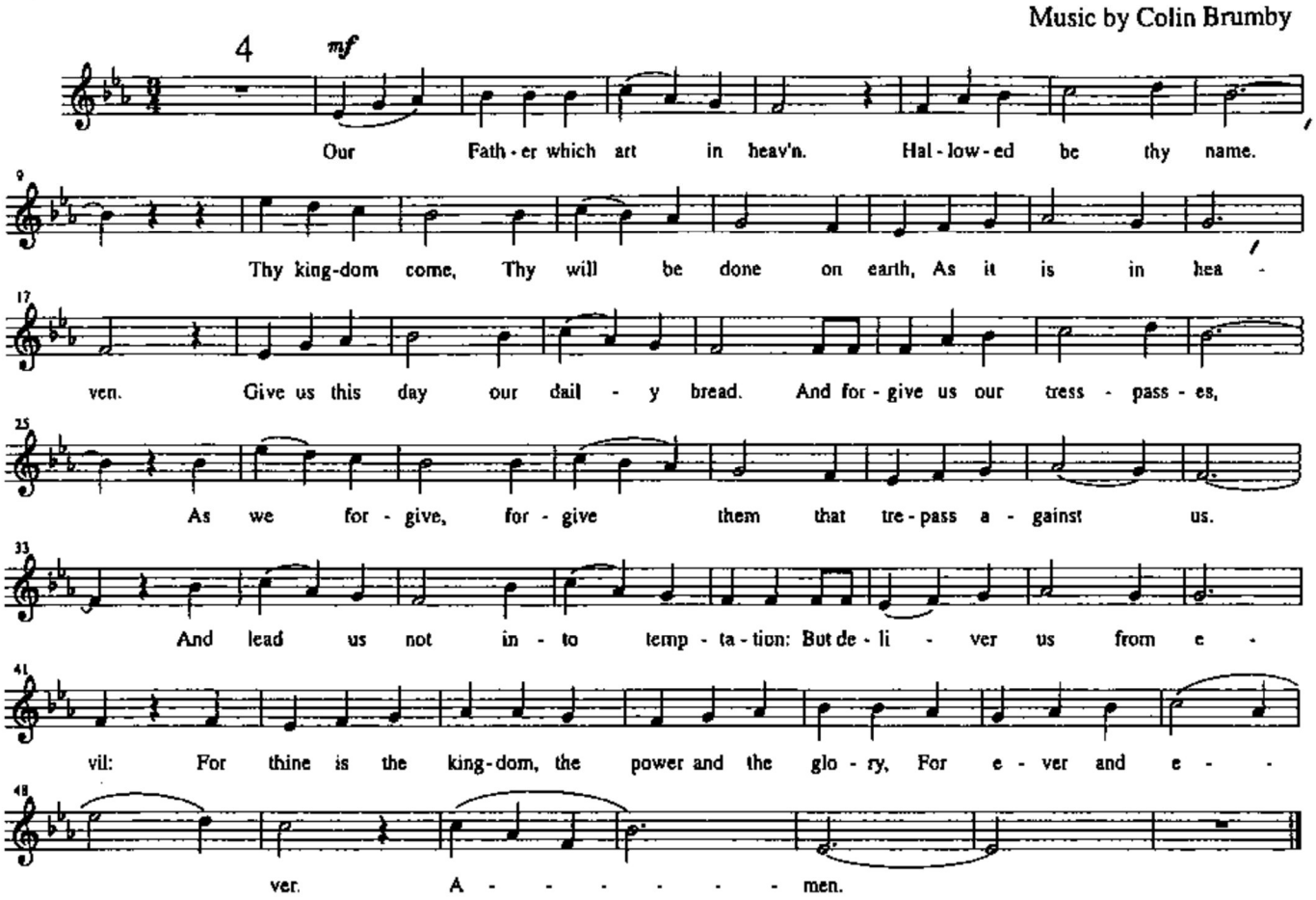
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

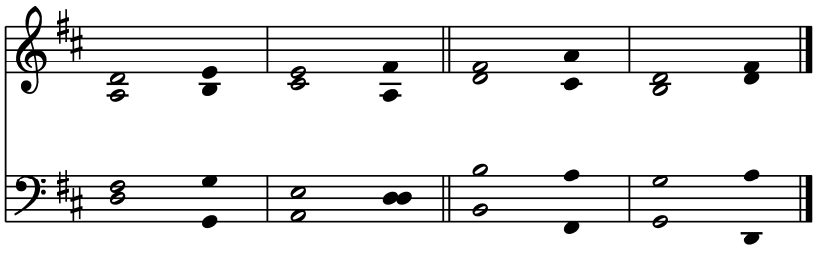
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

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God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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With the Father and the Son he is worshiped and glorified.
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Minister and People

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we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

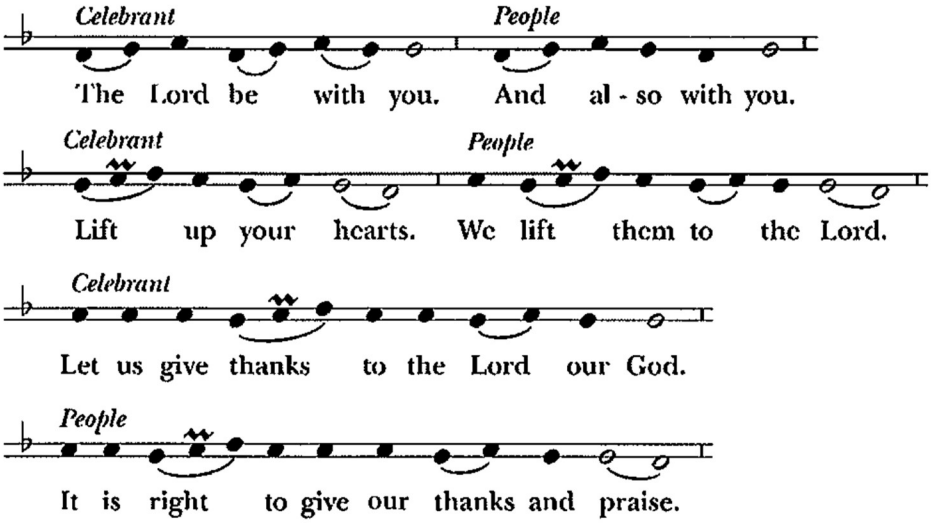
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

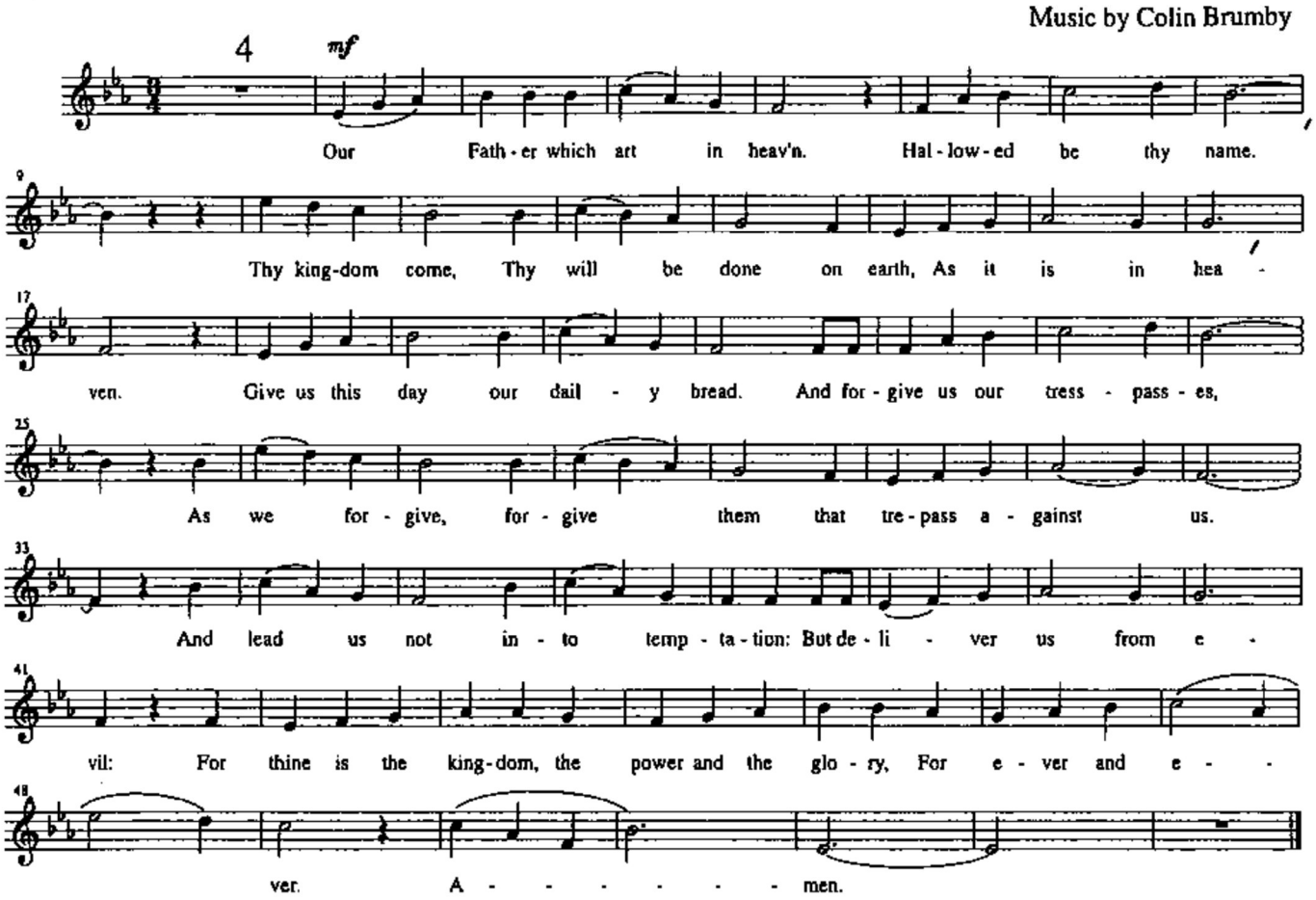
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
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On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

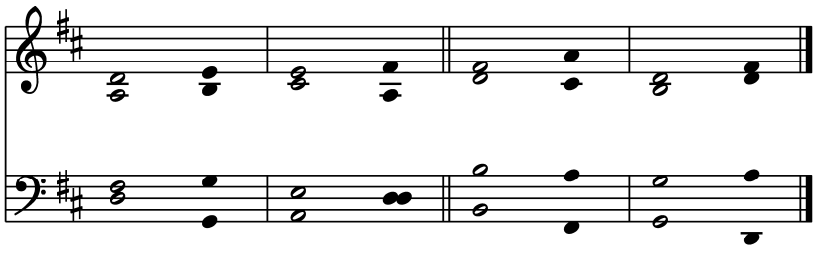
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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Praise him, all creatures here below;
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Praise Father, Son, and Holy Ghost.

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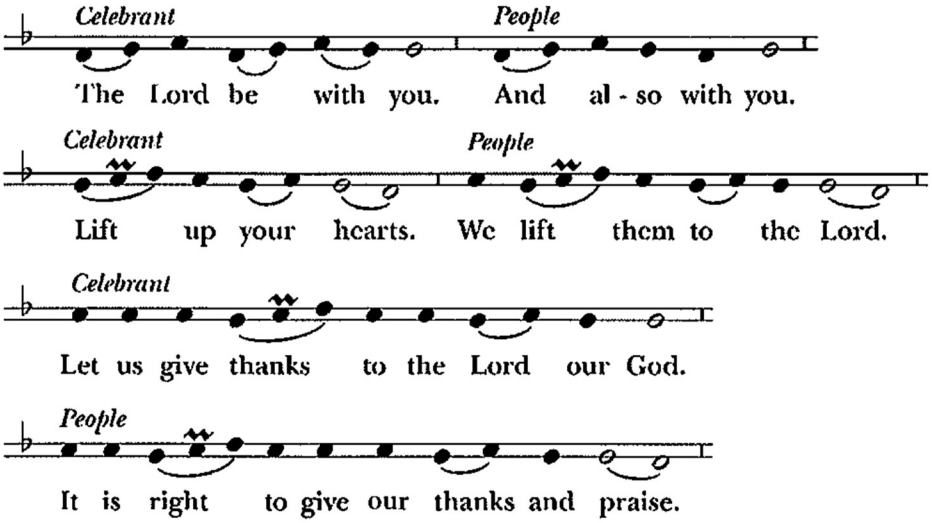
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From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

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We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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And now, as our Savior Christ has taught us, we are bold to sing,

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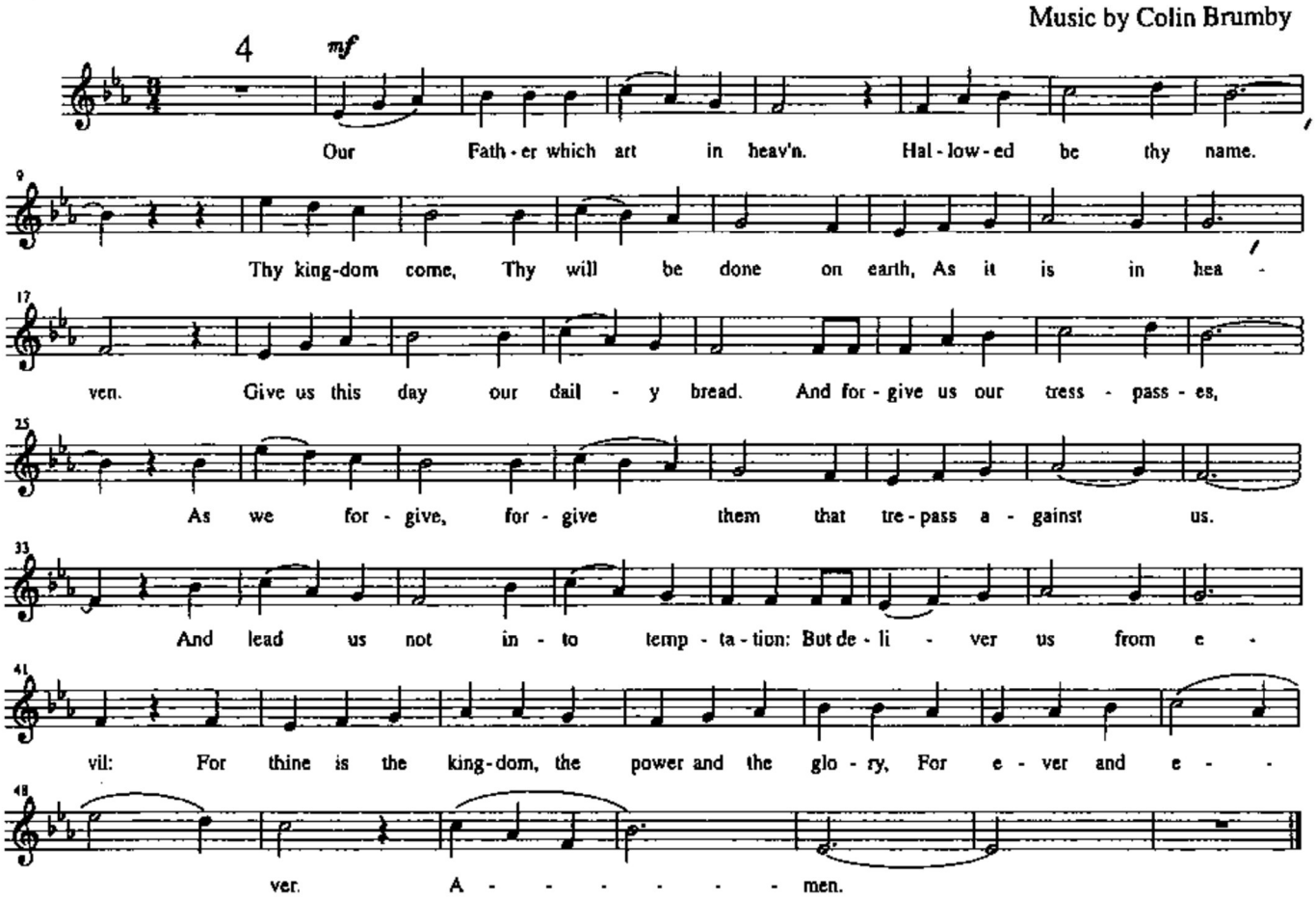
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Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

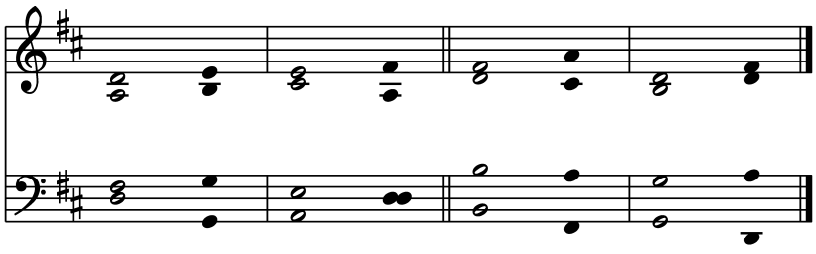
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
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and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

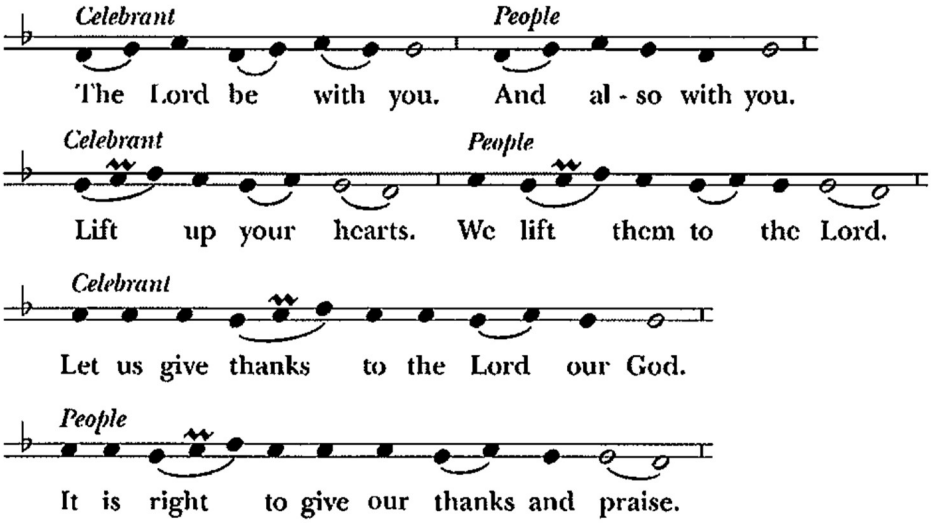
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

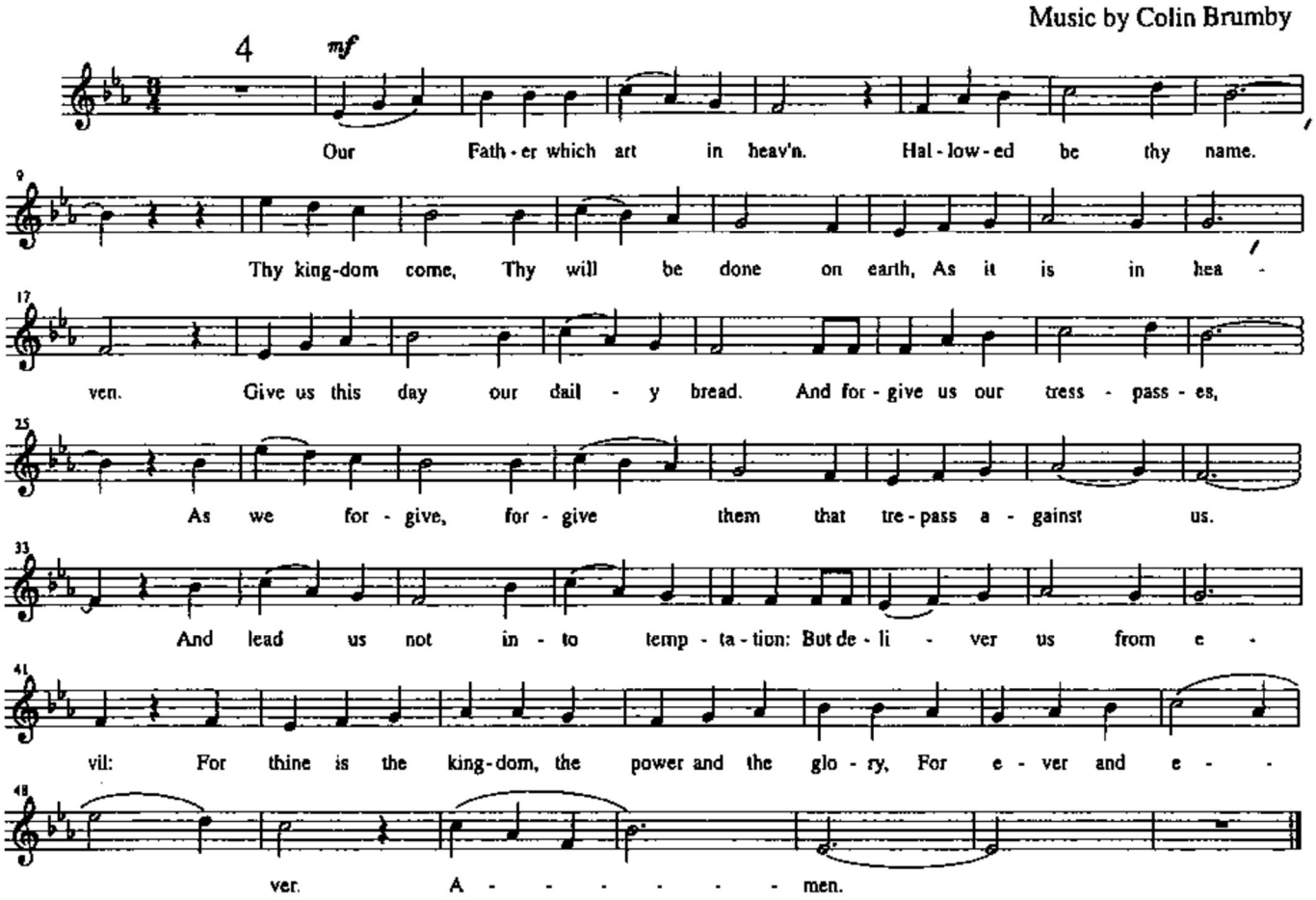
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

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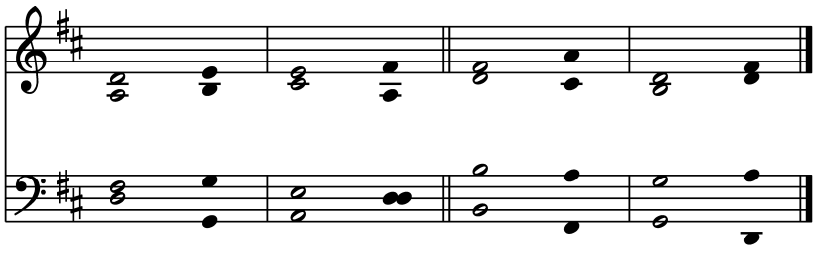
Jerome Webster Meachen
(b. 1930)

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Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

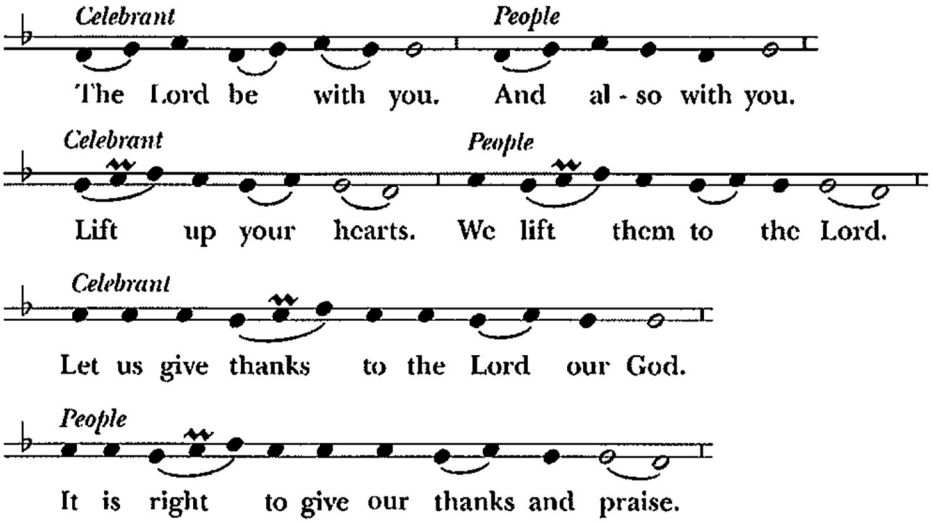
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

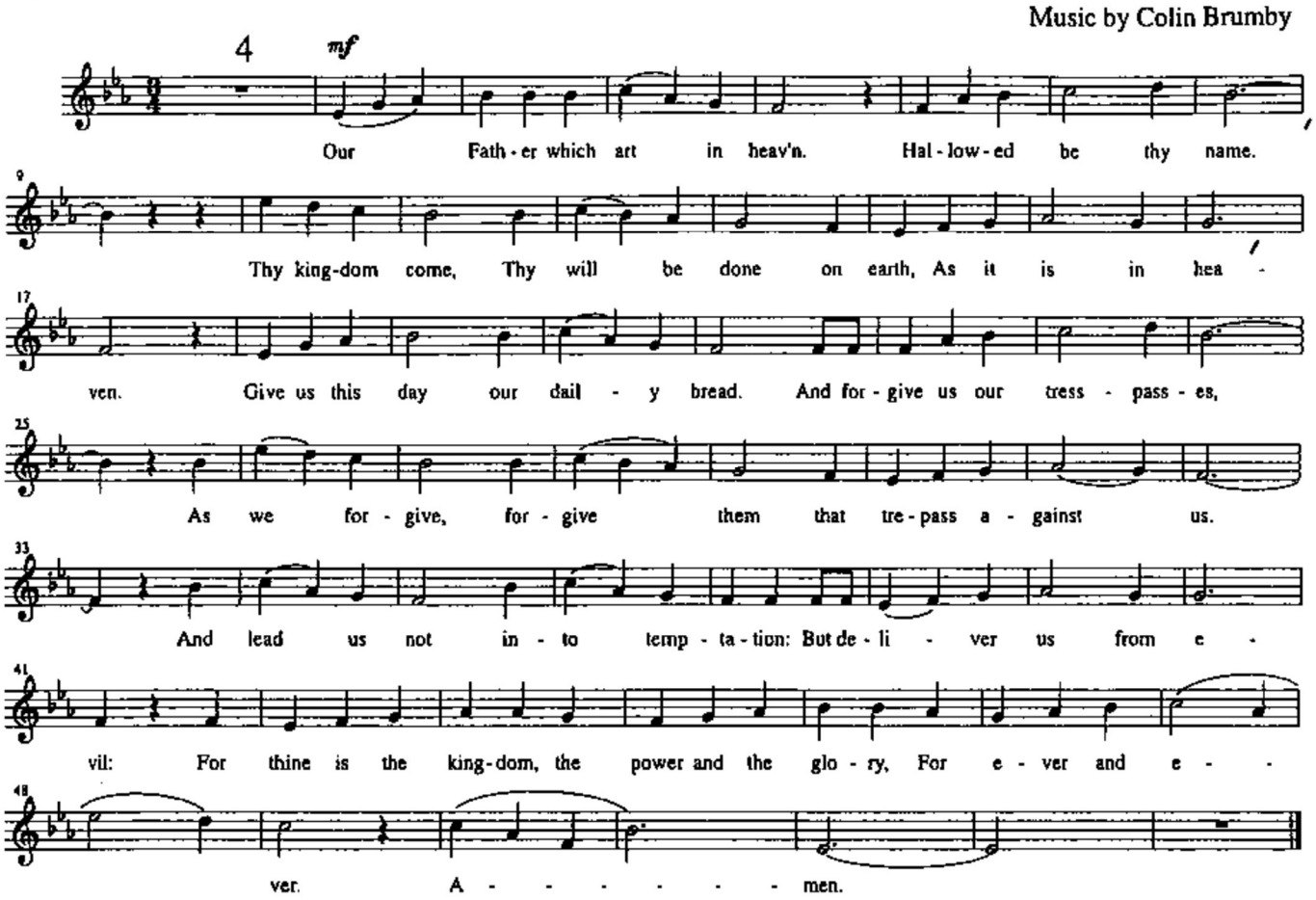
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

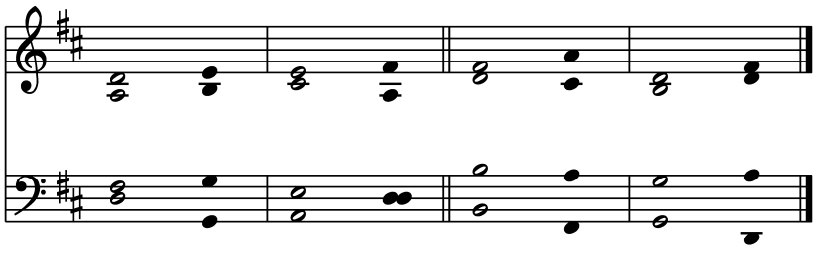
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

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the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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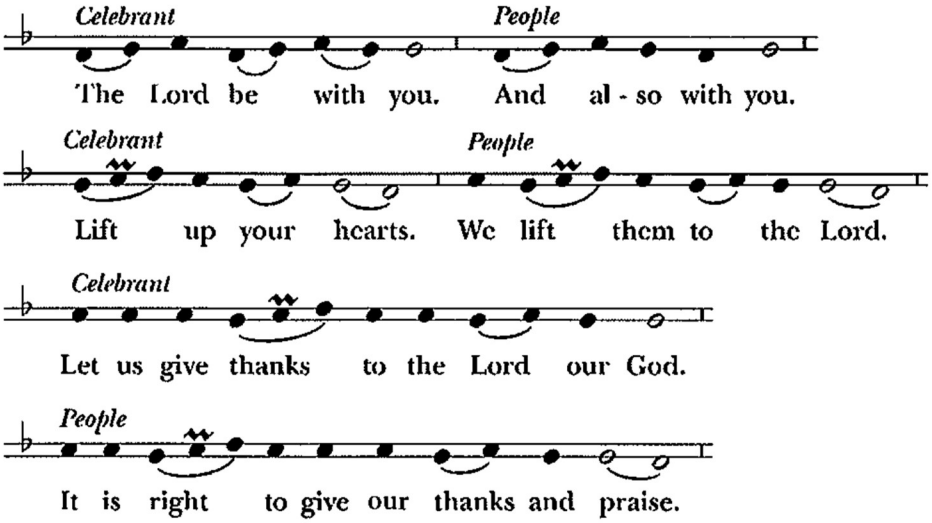
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

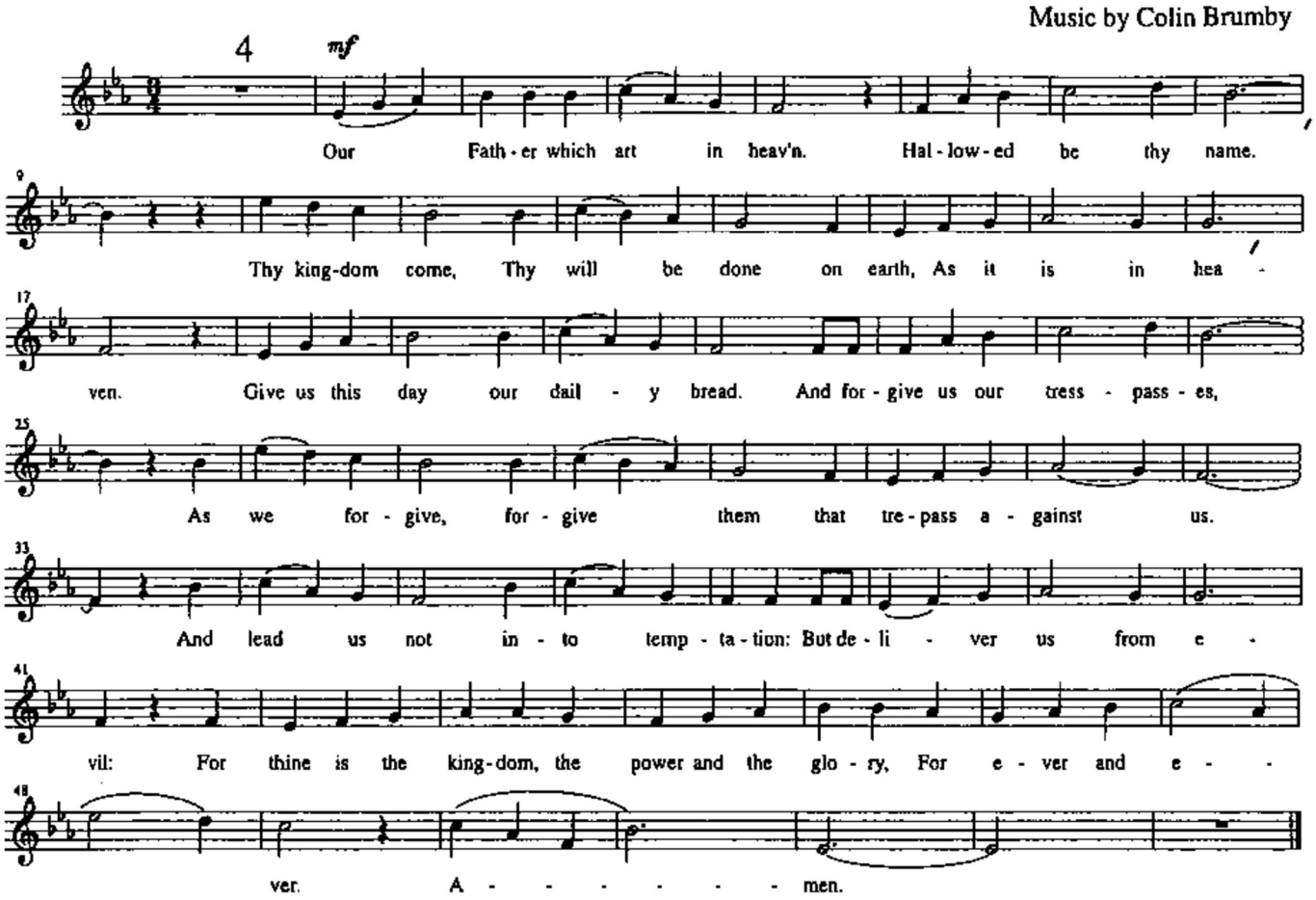
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Land Acknowledgement

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

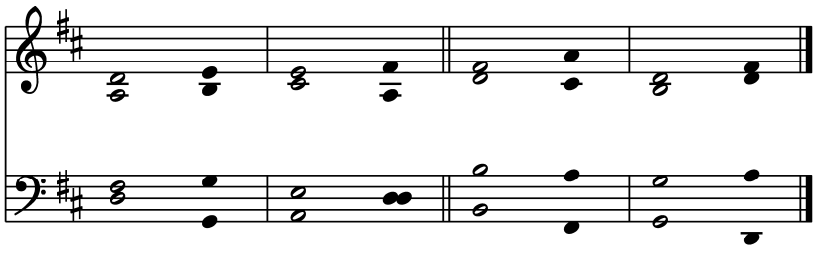
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

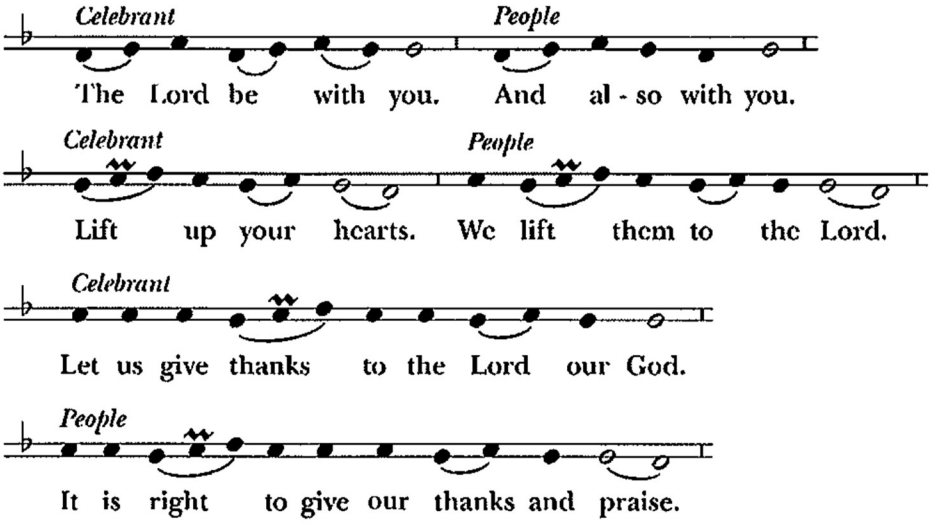
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

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Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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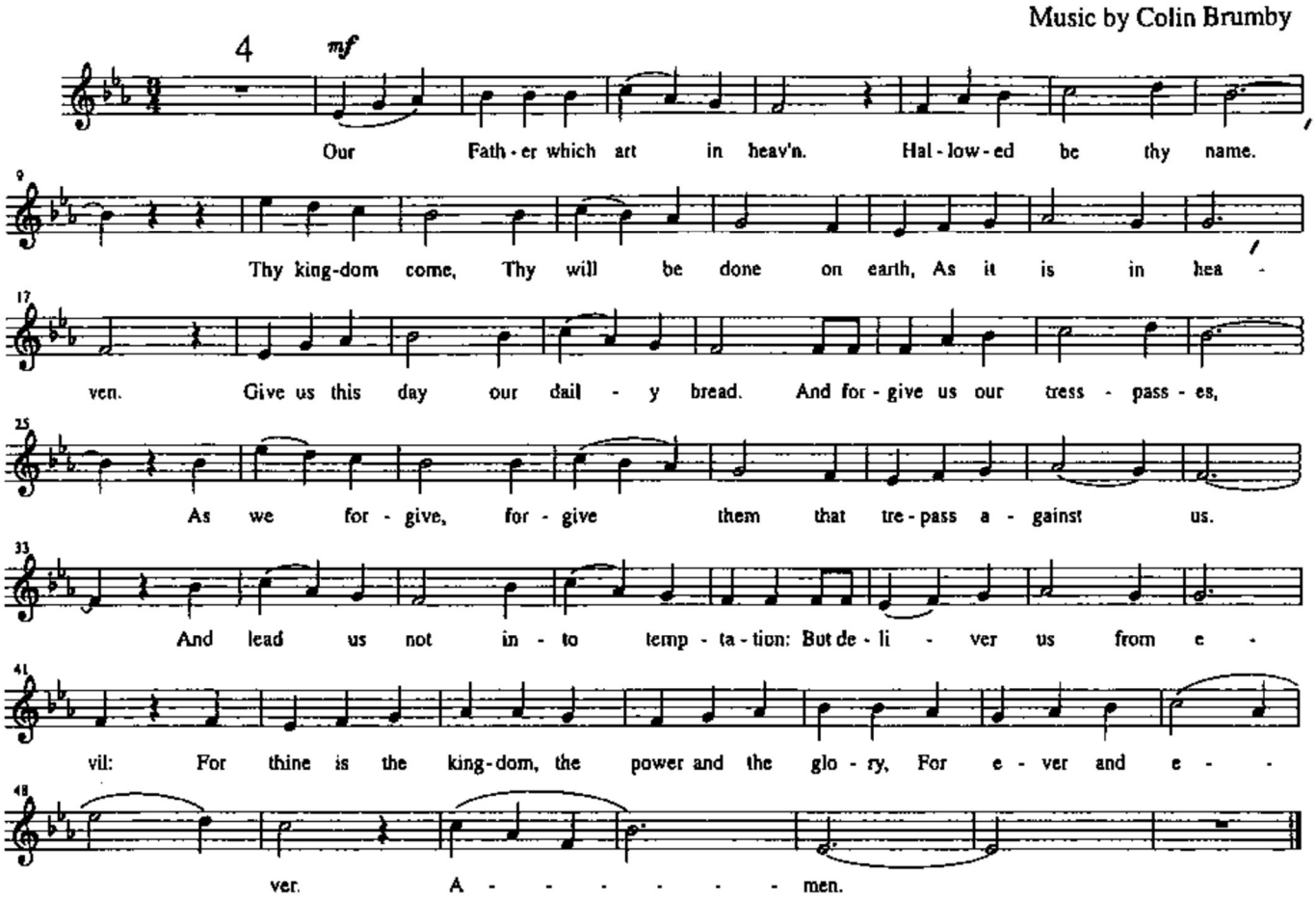
Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

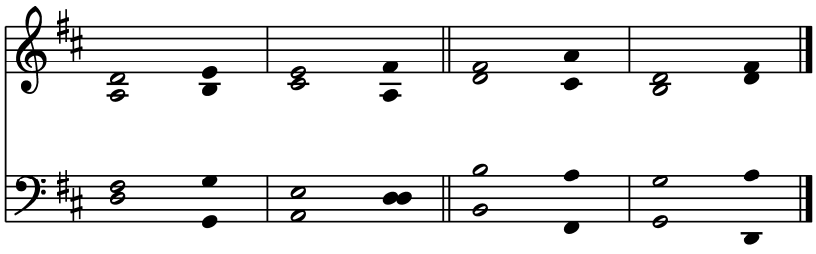
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
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11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

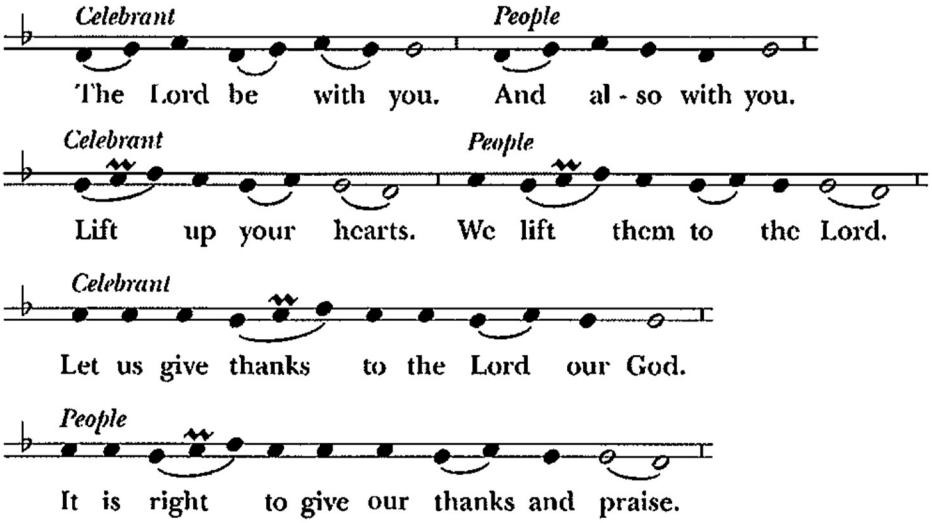
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

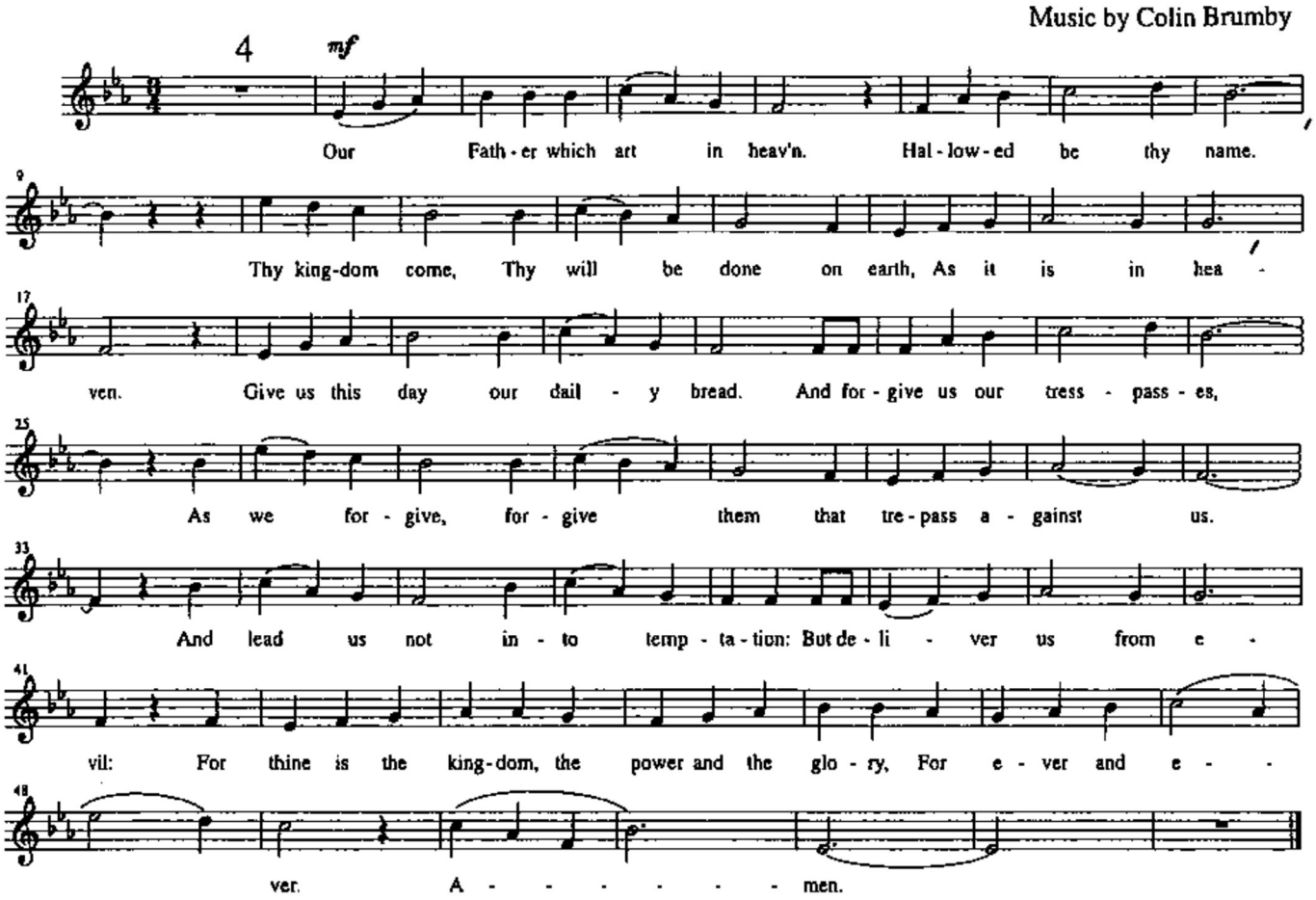
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

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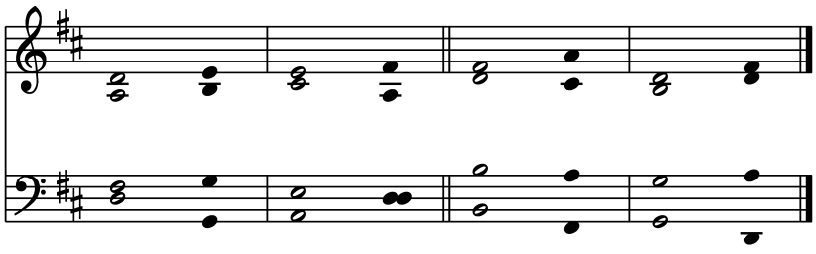
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The Word of the Lord.

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The Gospel of the Lord.

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The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

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the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
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Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

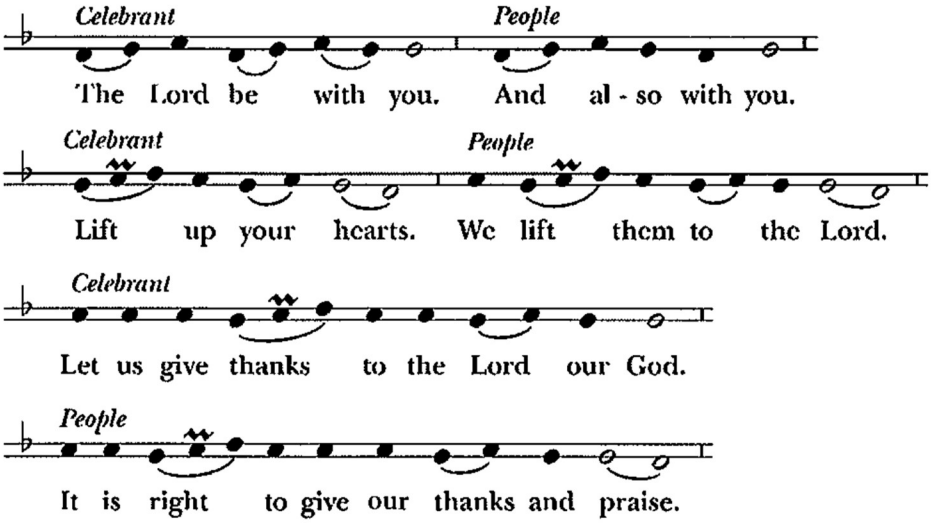
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

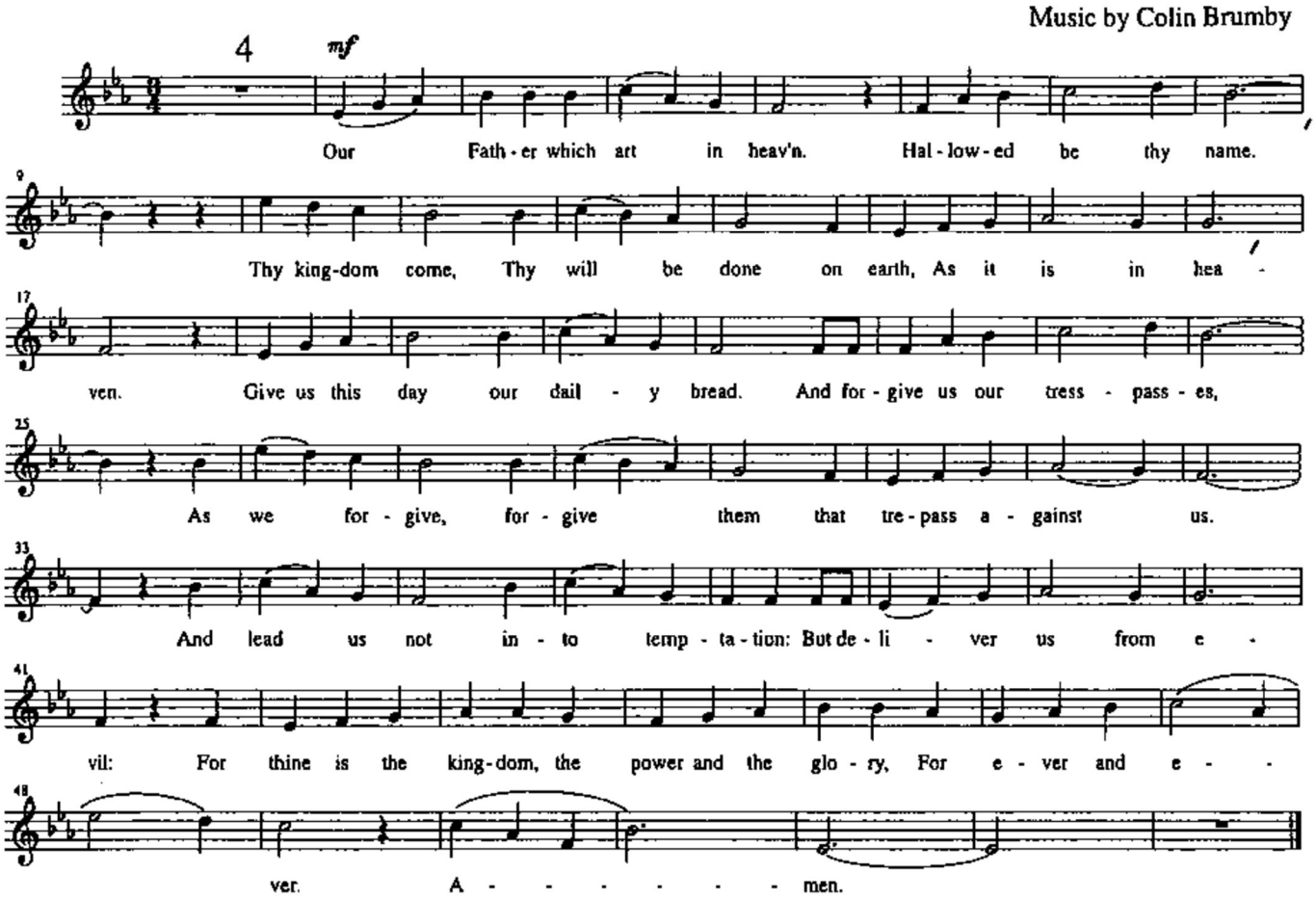
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

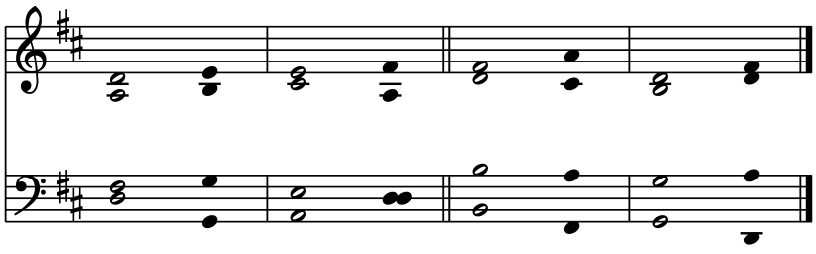
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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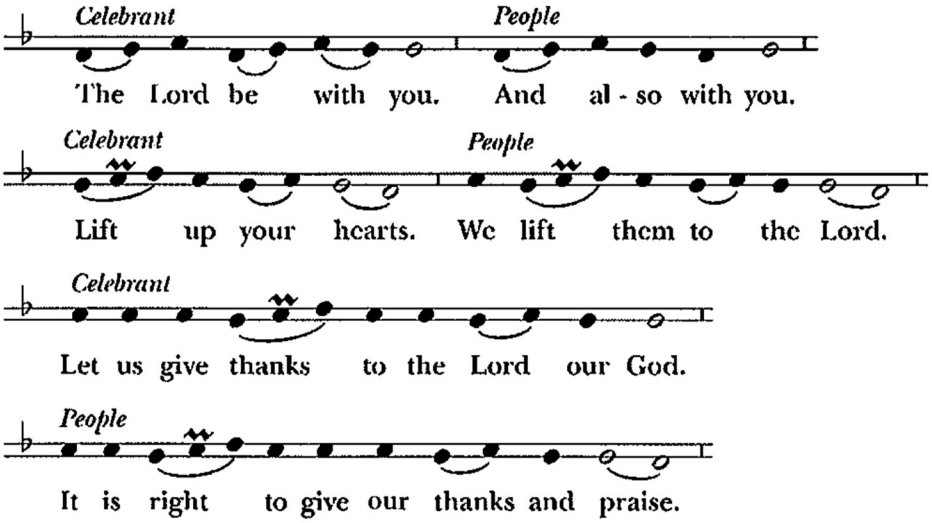
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

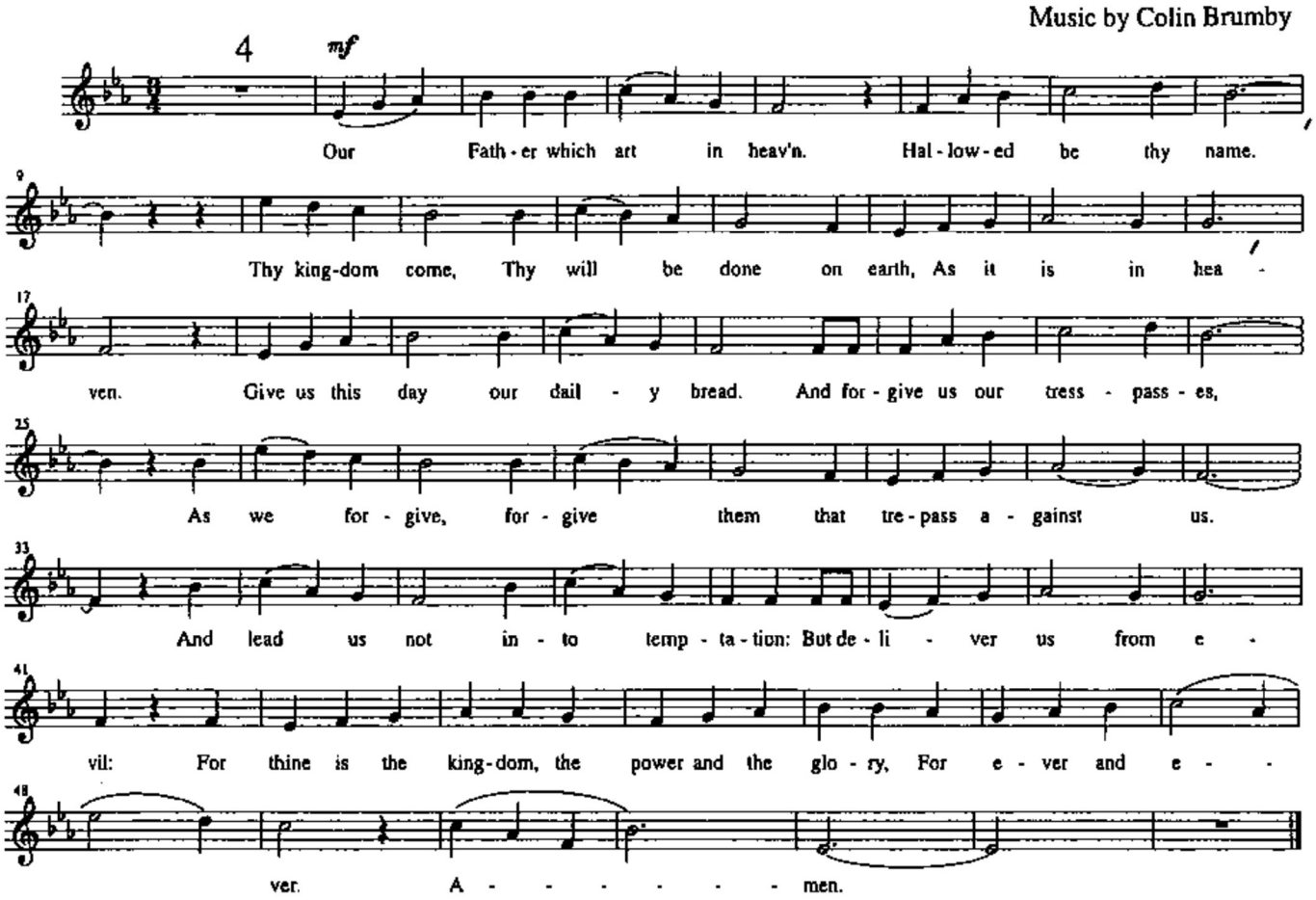
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
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10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

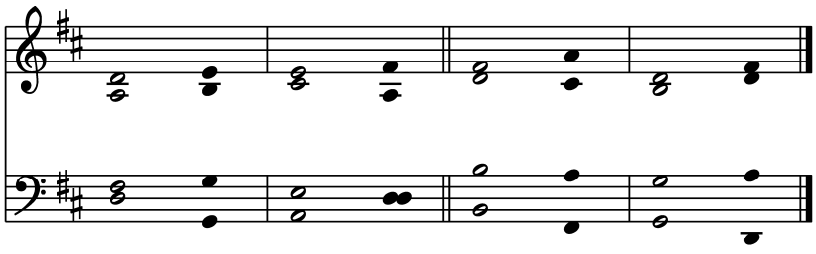
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

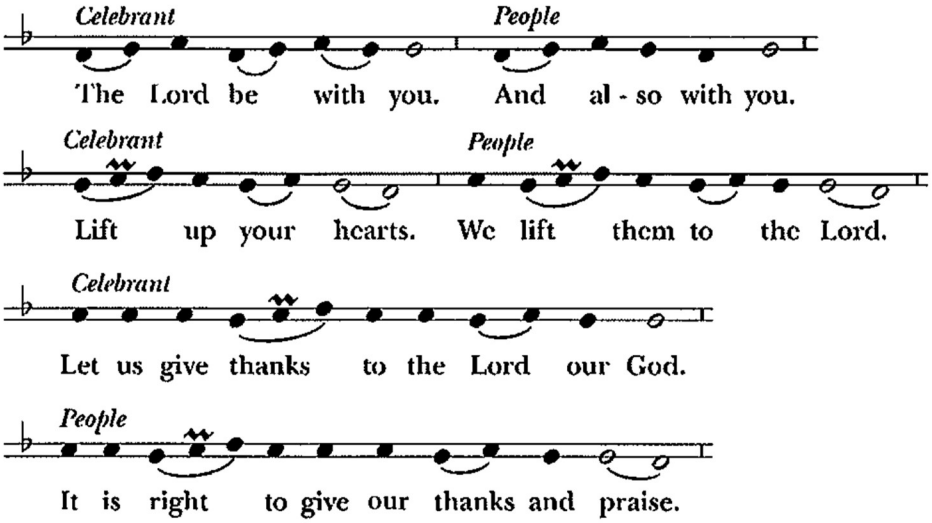
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

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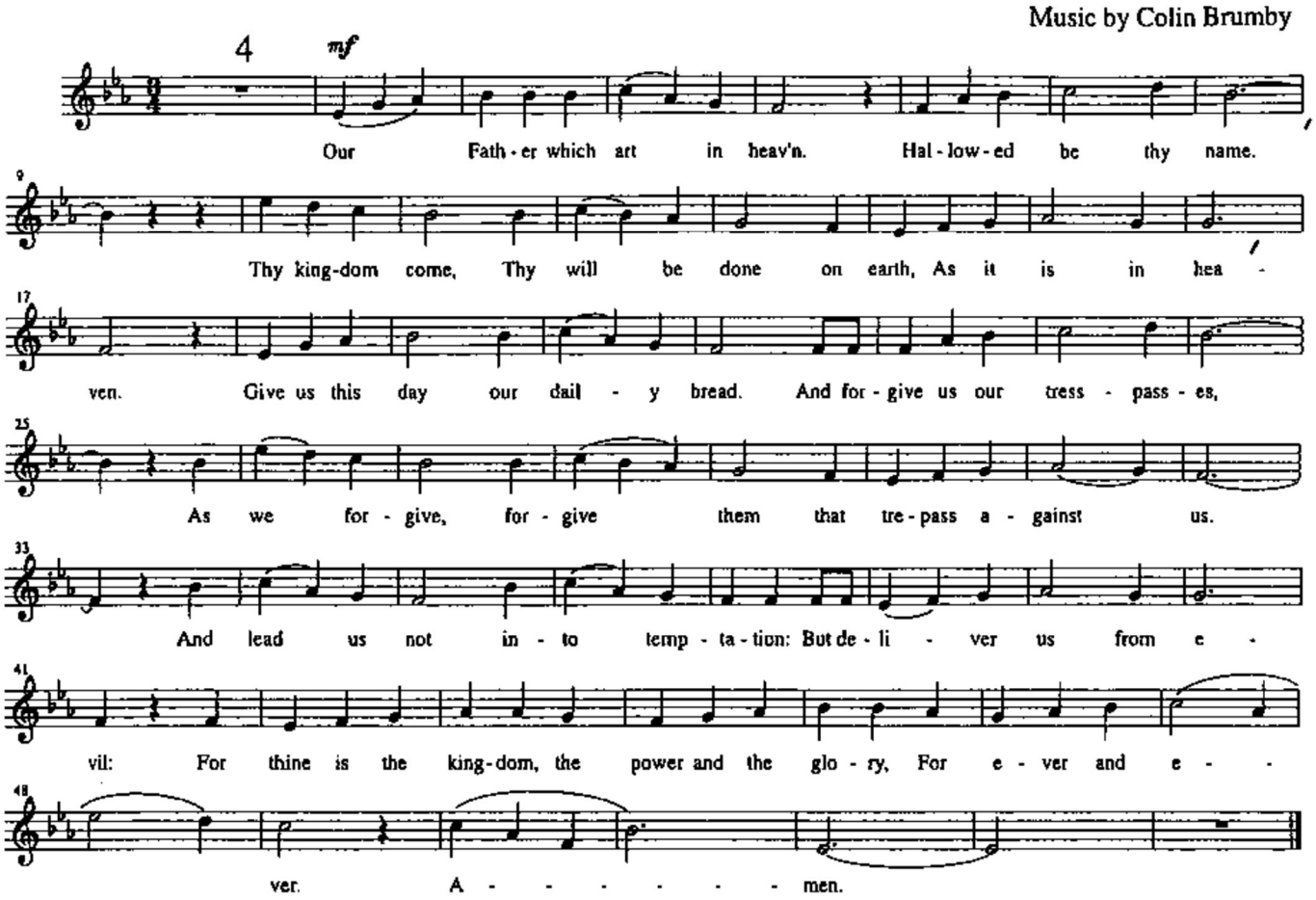
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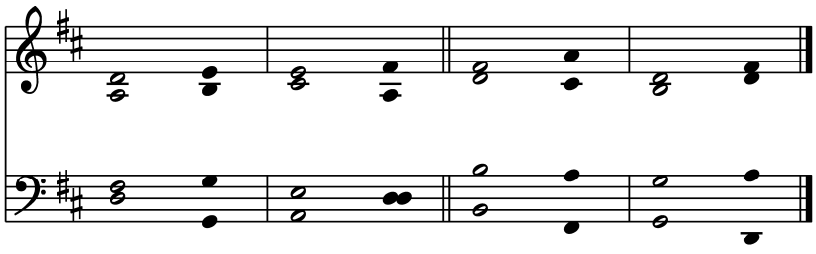
Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
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11 You drench the furrows and smooth out the |ridges; *
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13 May the fields of the wilderness be rich for |grazing, *
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

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Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

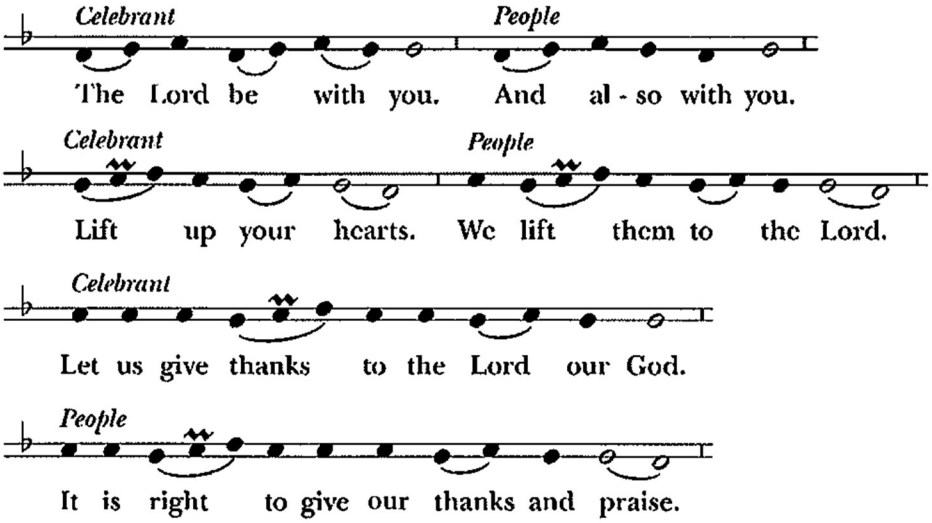
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

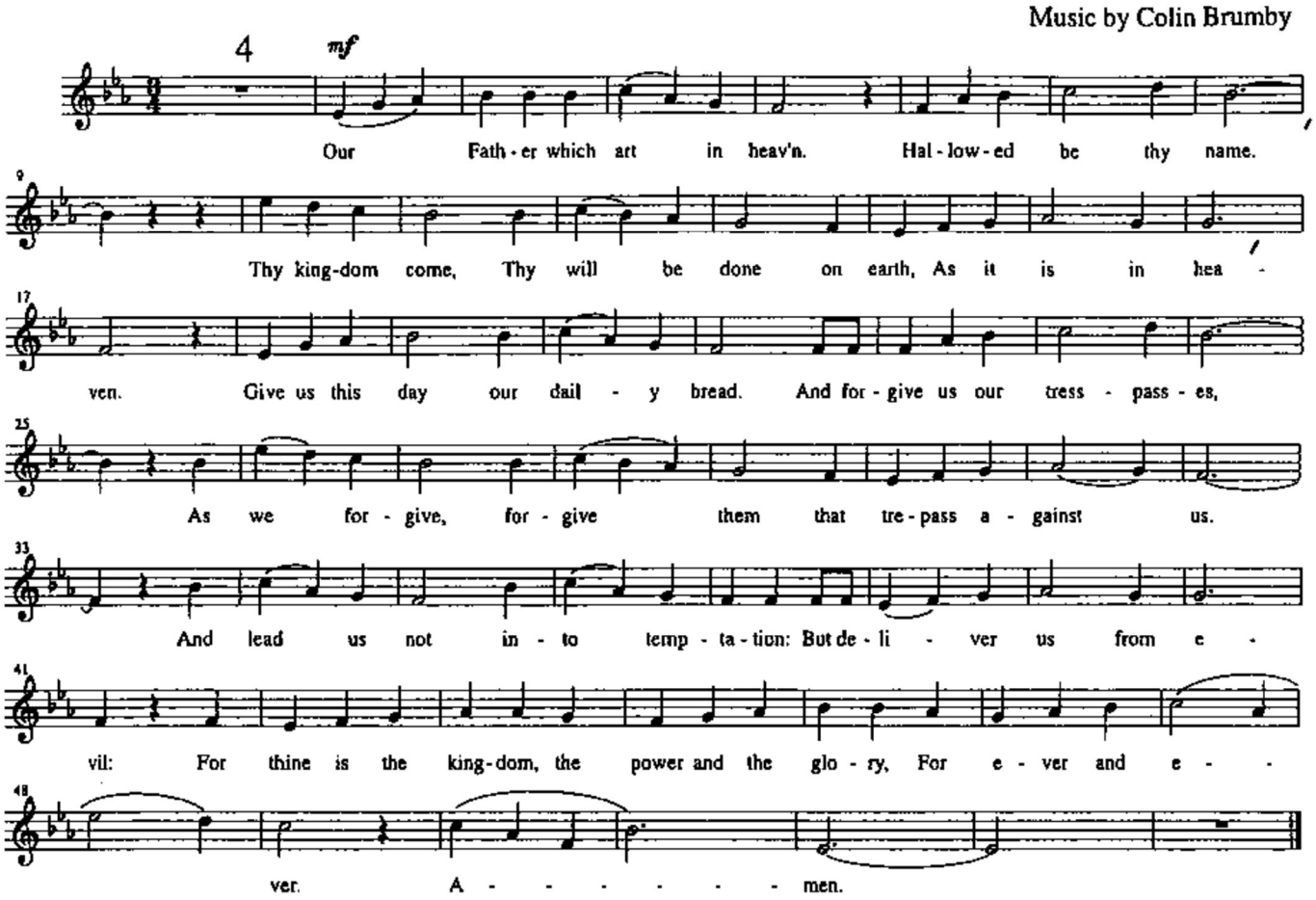
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

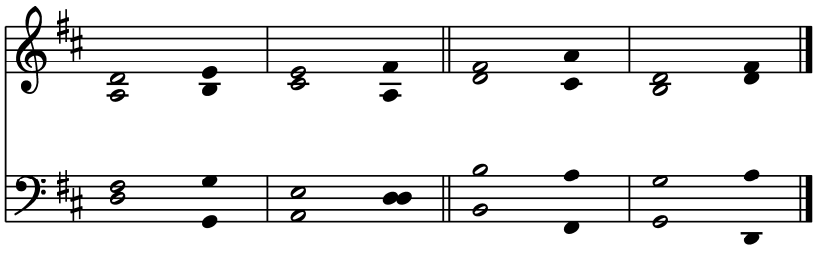
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

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God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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With the Father and the Son he is worshiped and glorified.
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Minister and People

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we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

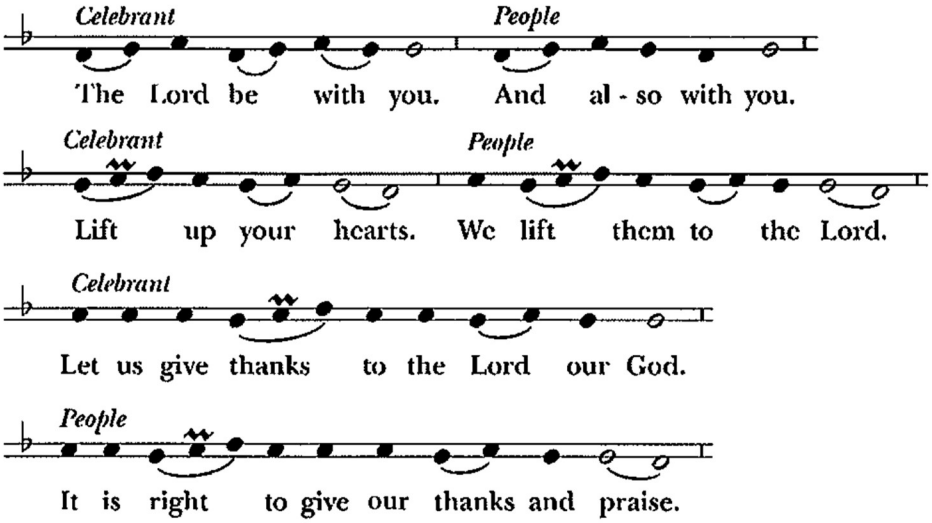
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

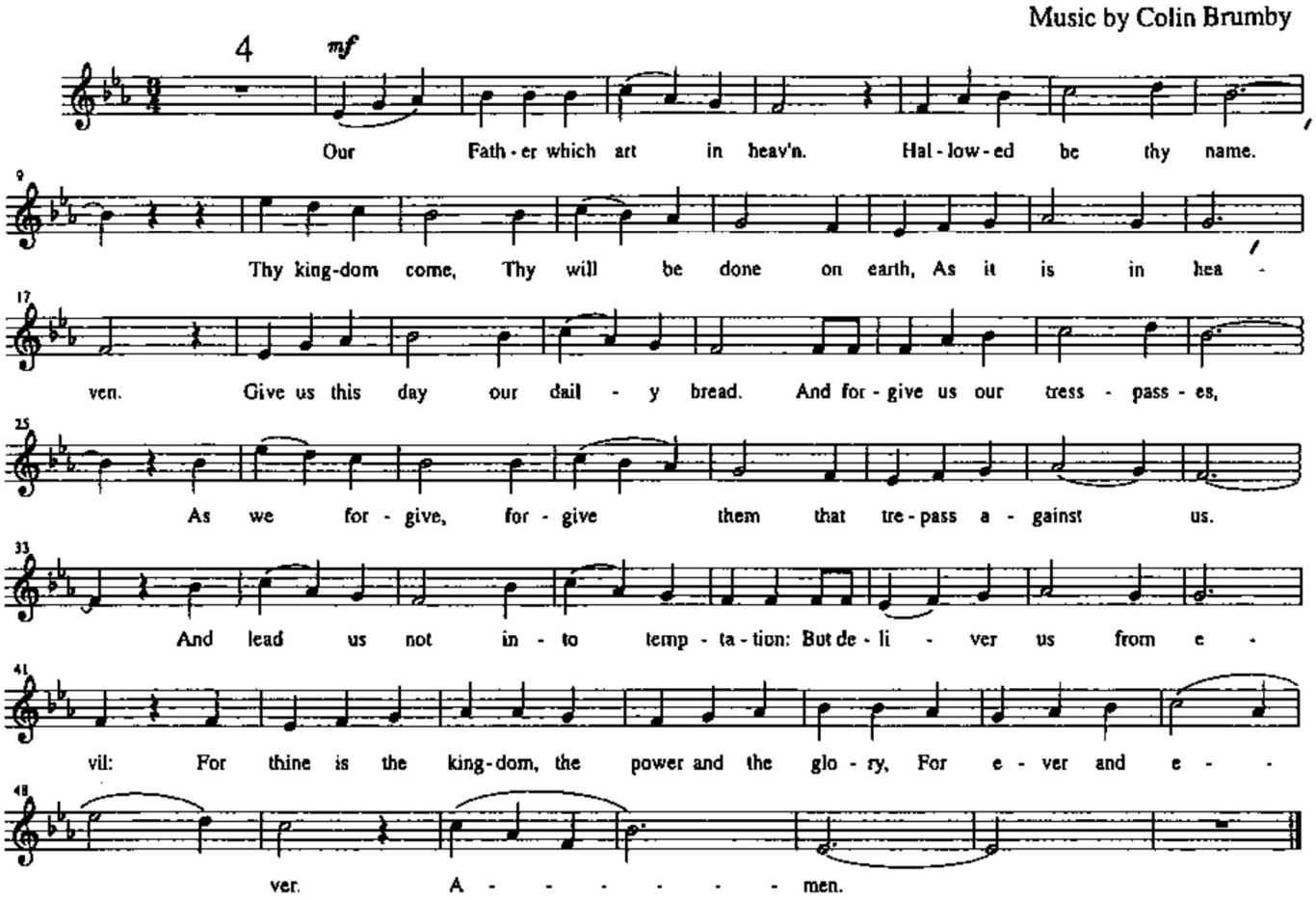
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

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On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

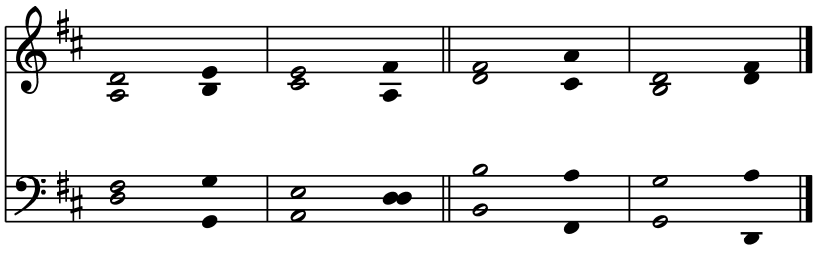
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

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Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

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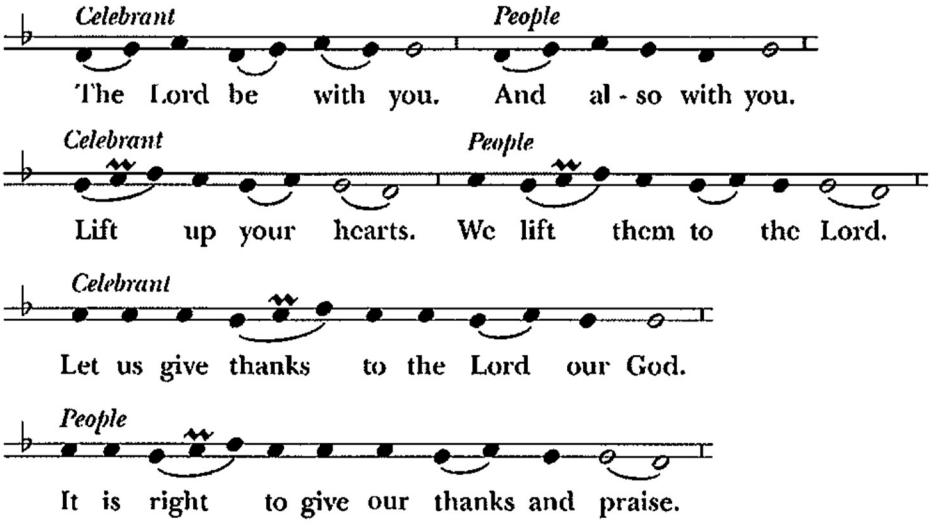
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From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

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We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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And now, as our Savior Christ has taught us, we are bold to sing,

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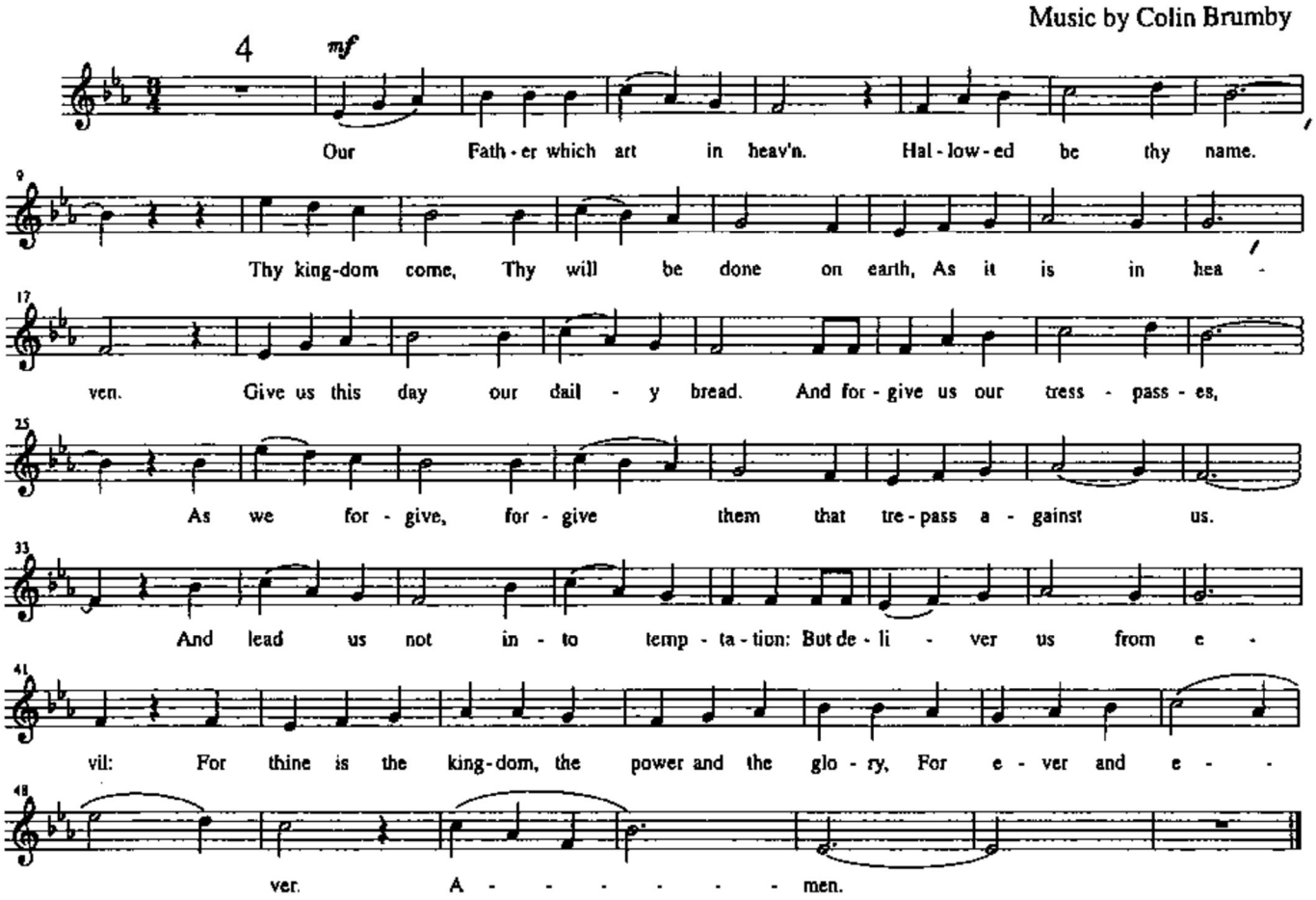
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Land Acknowledgement

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

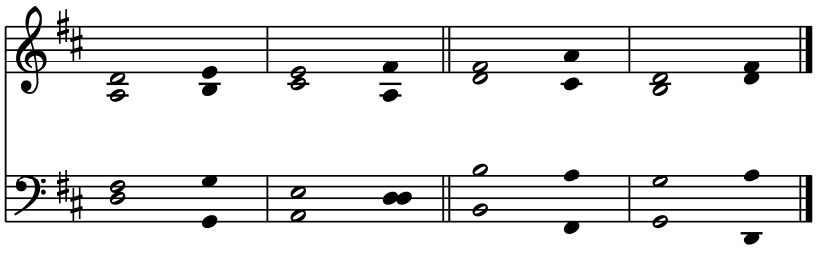
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
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11 You drench the furrows and smooth out the |ridges; *
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13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

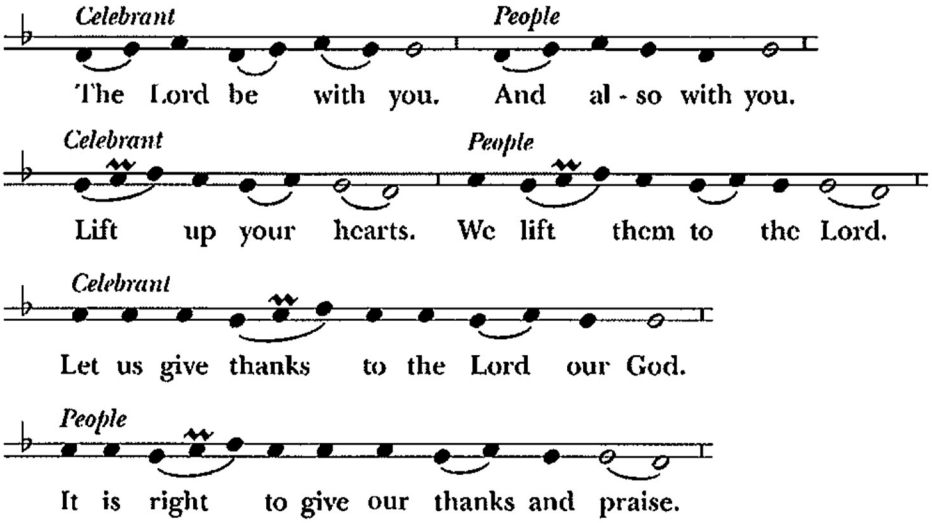
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

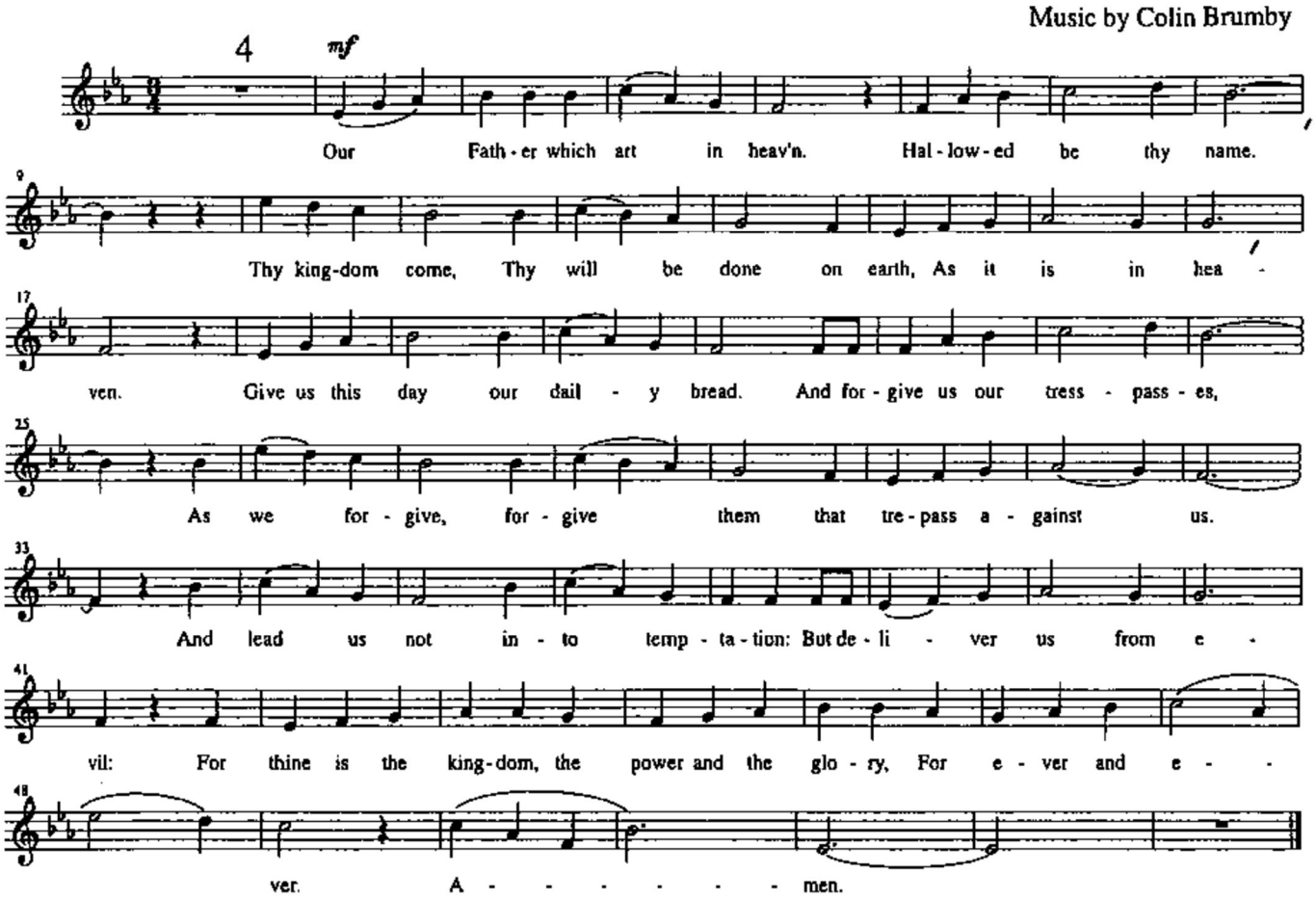
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
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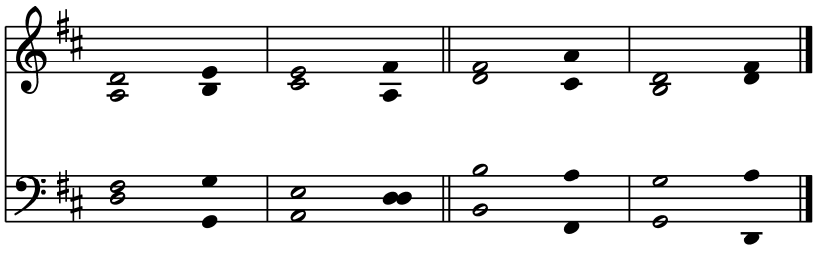
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Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

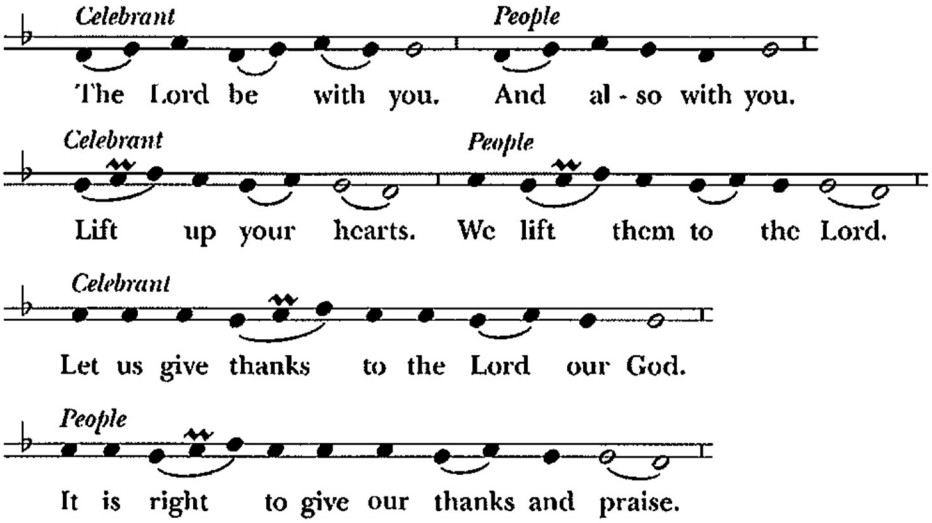
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

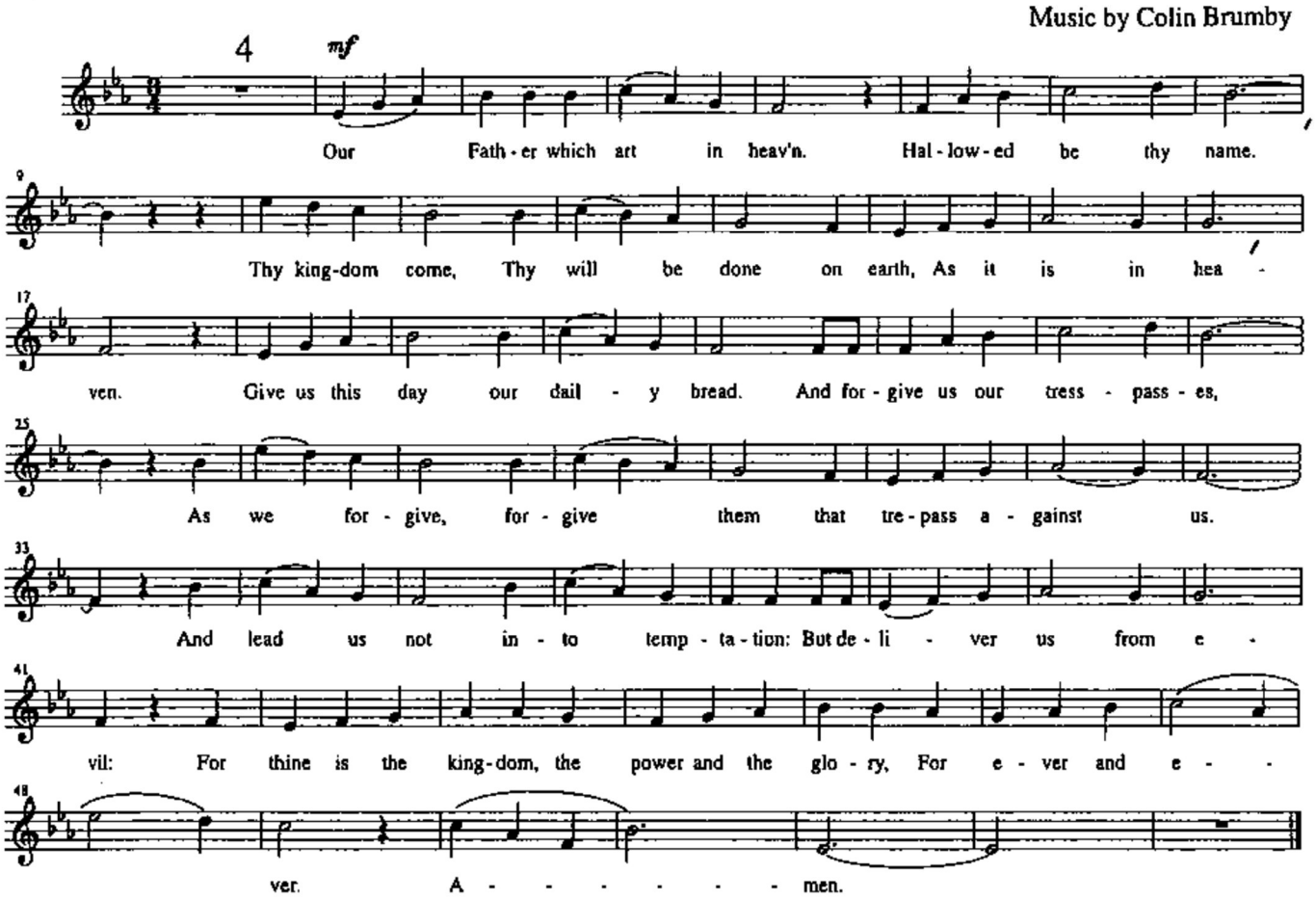
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

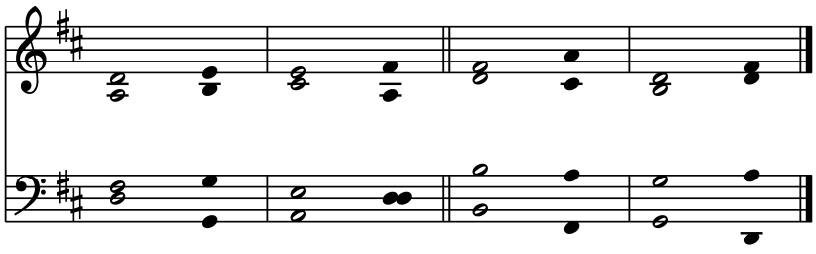
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

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eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
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and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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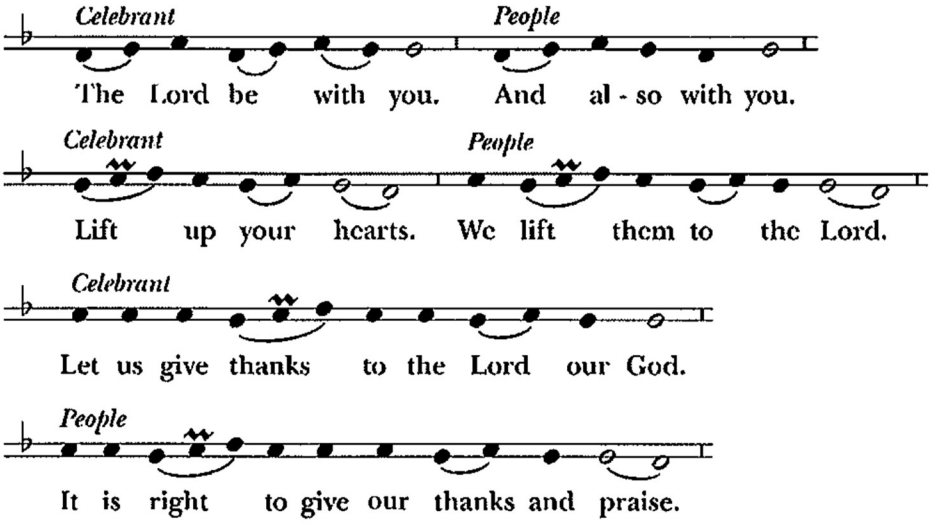
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

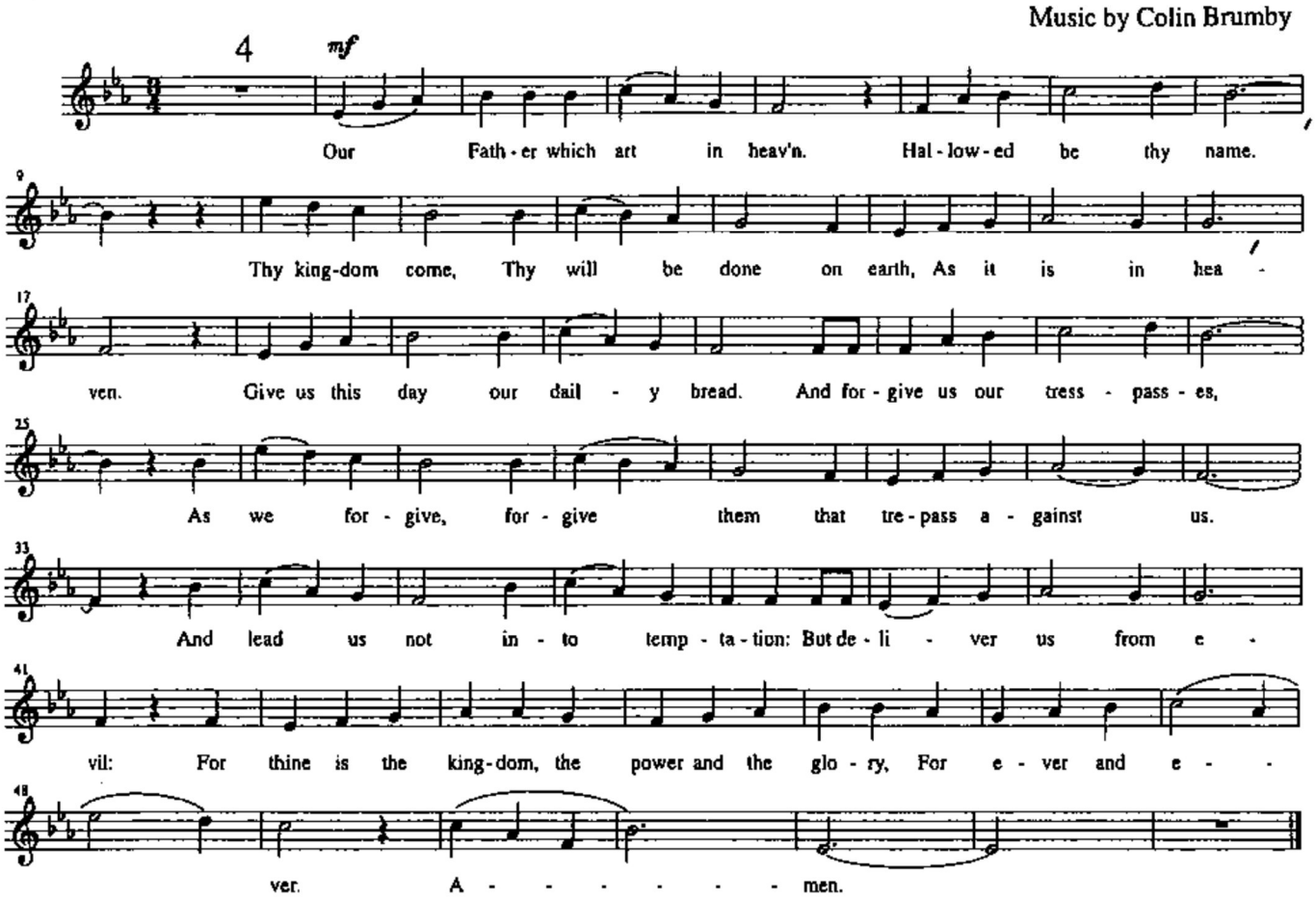
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Land Acknowledgement

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

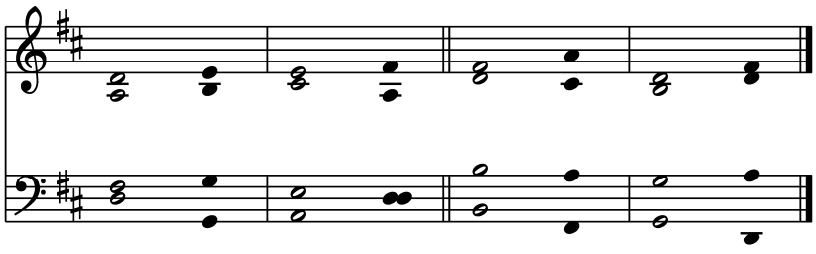
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

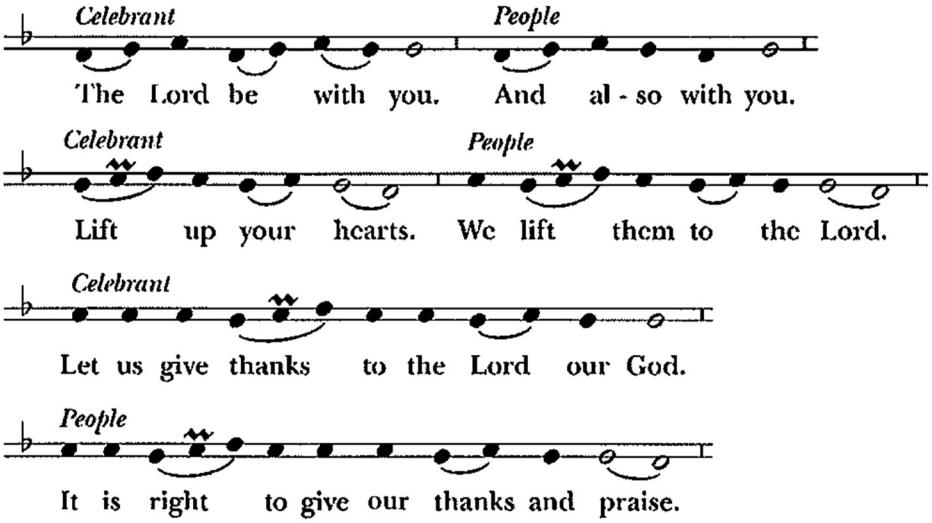
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

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Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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And now, as our Savior Christ has taught us, we are bold to sing,

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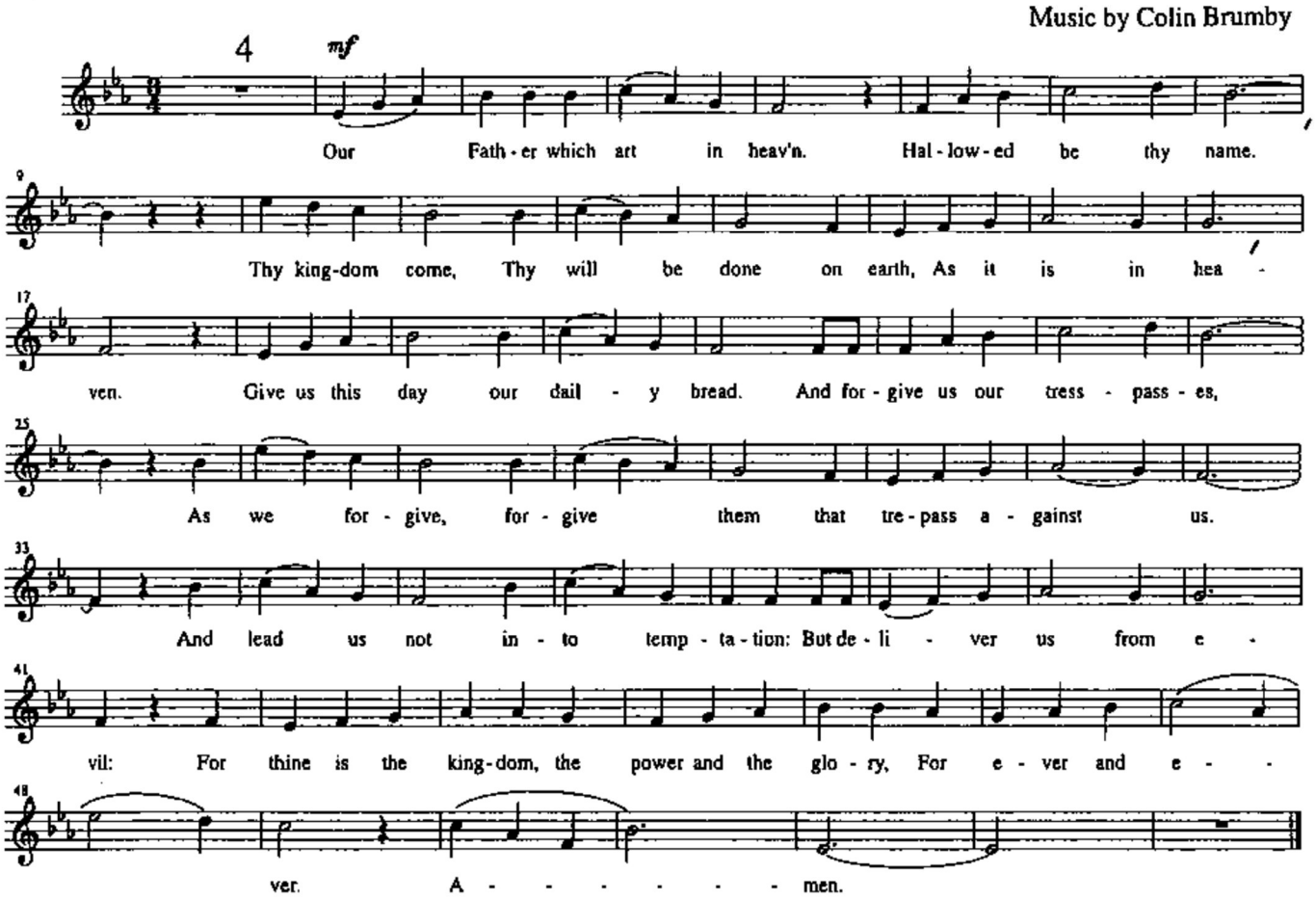
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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

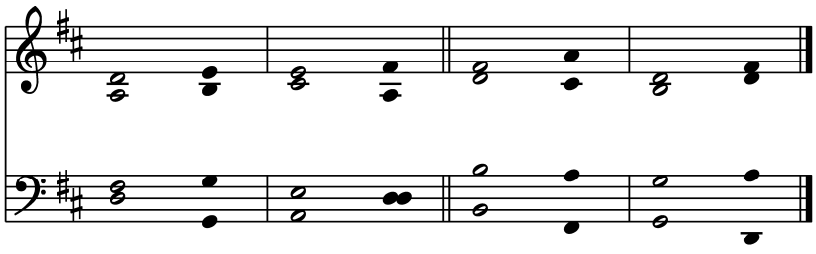
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
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11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

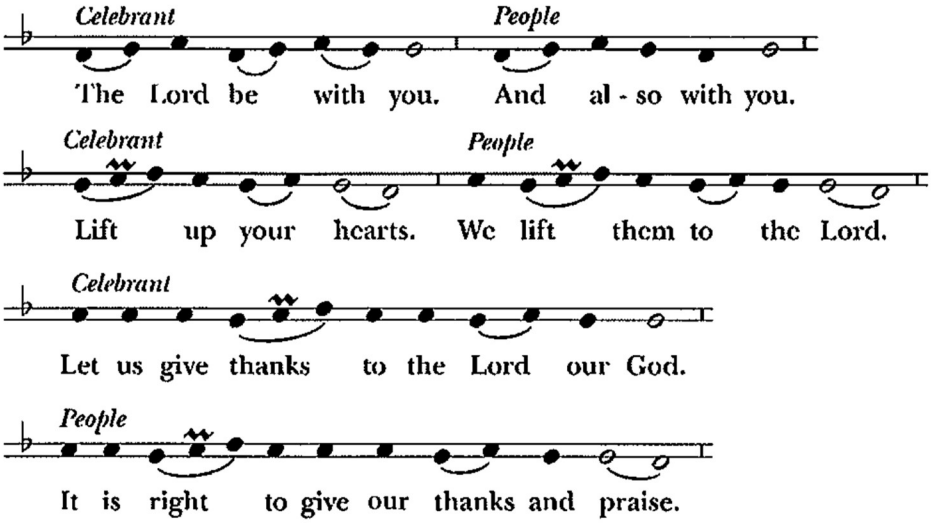
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

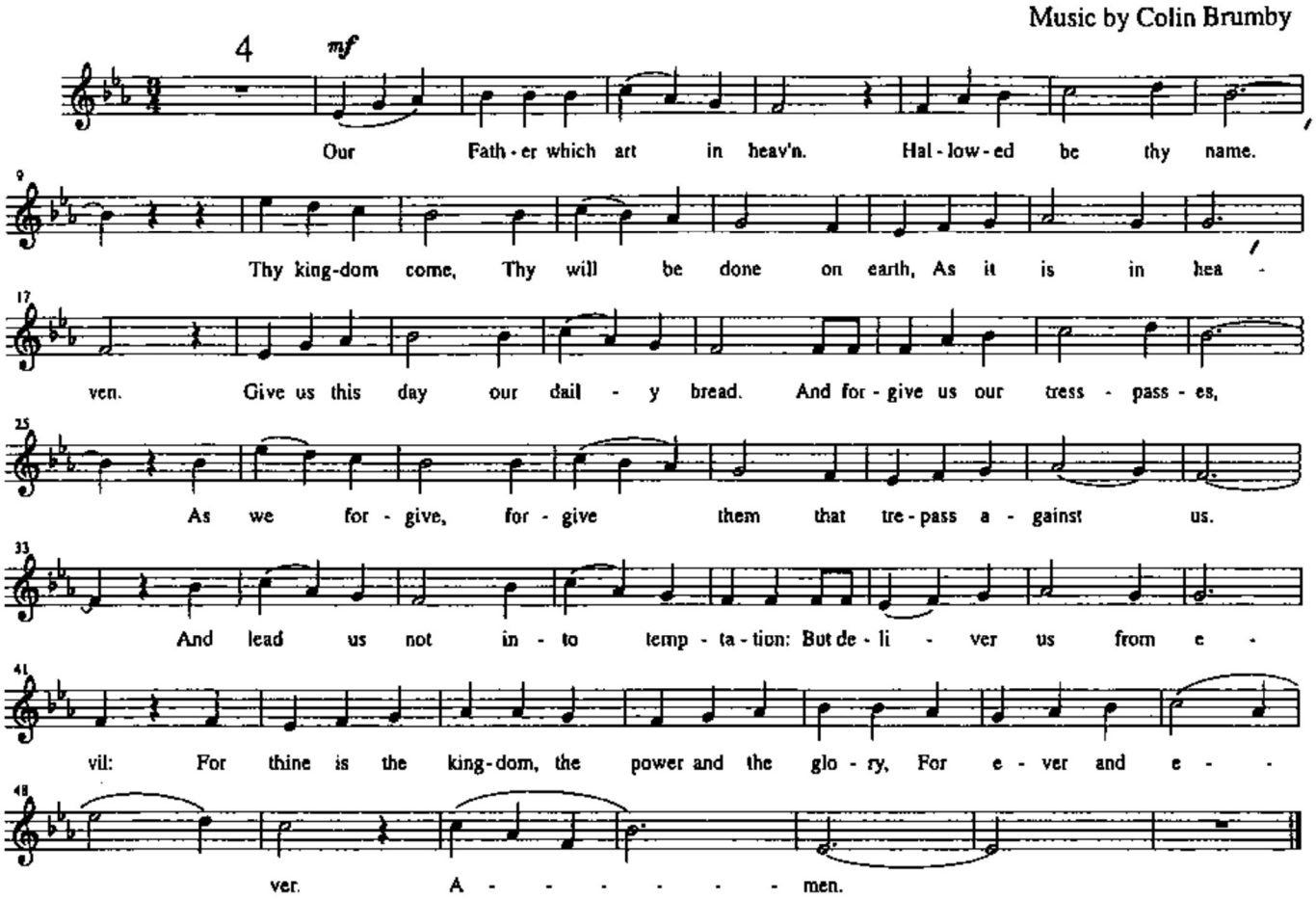
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

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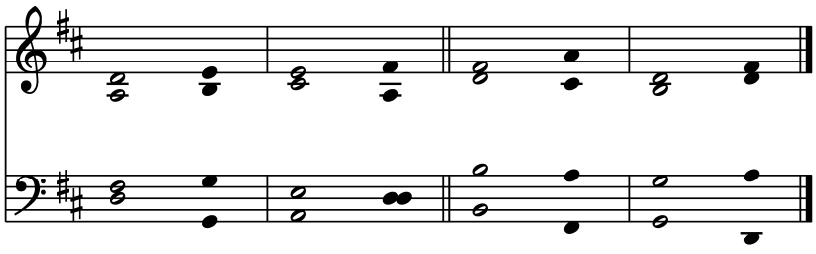
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The Word of the Lord.

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The Gospel of the Lord.

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The Nicene Creed

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maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
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Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

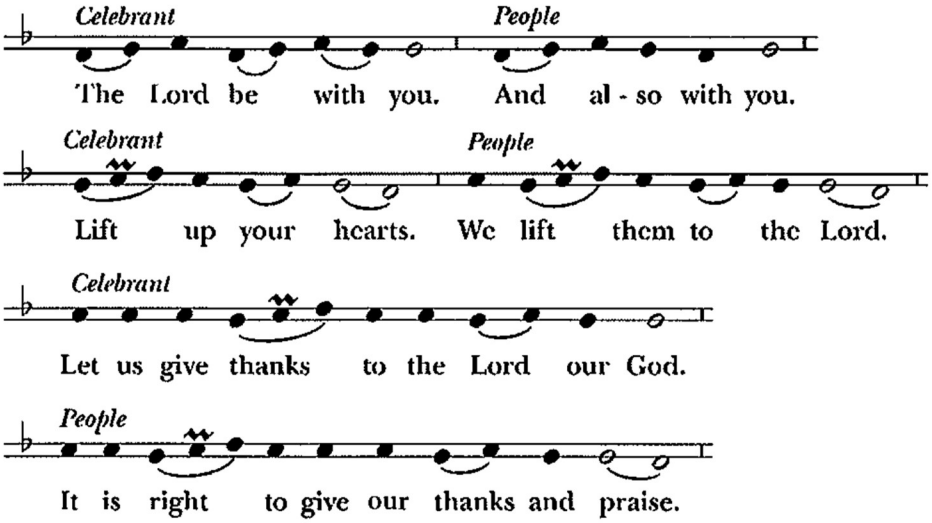
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

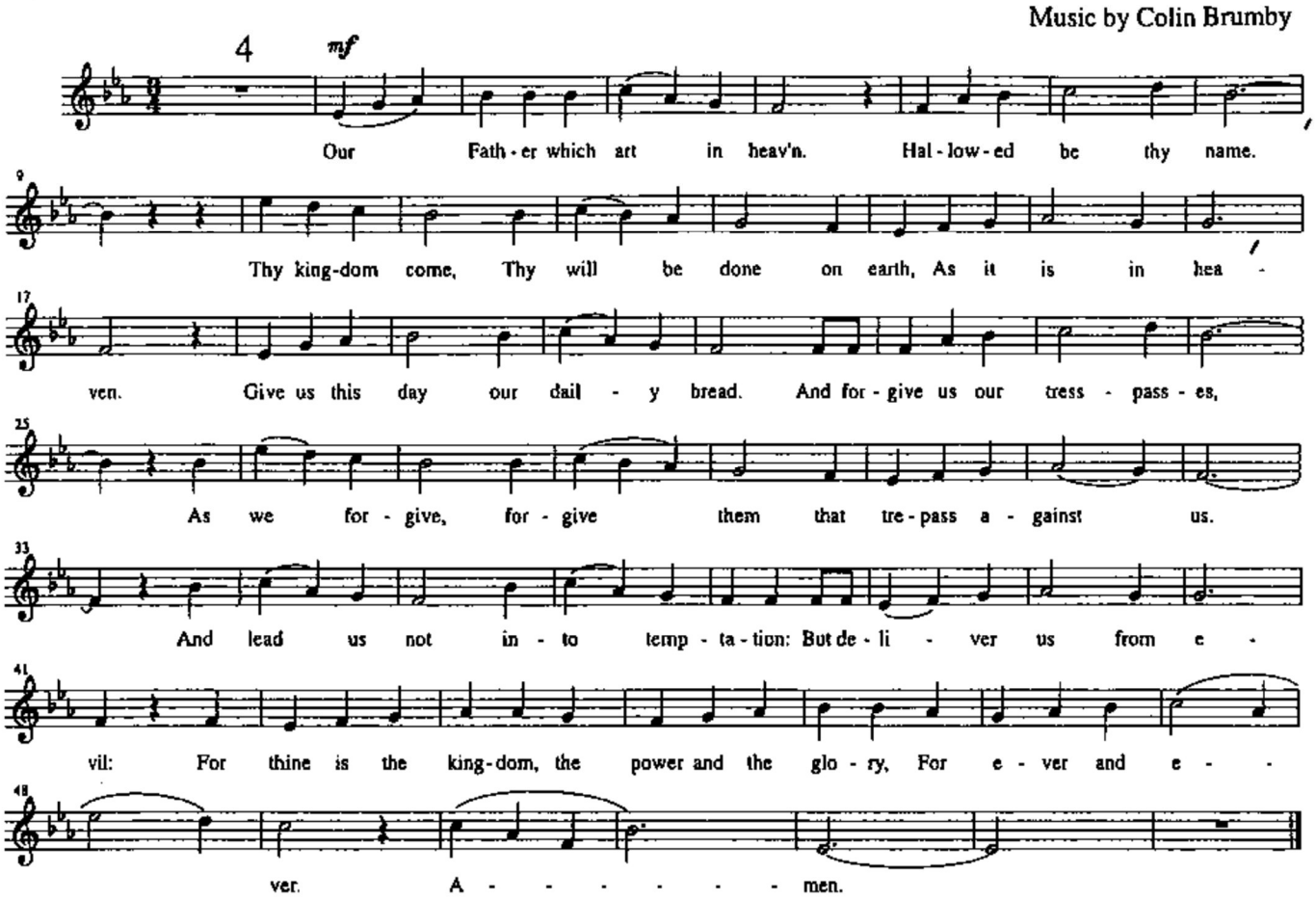
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

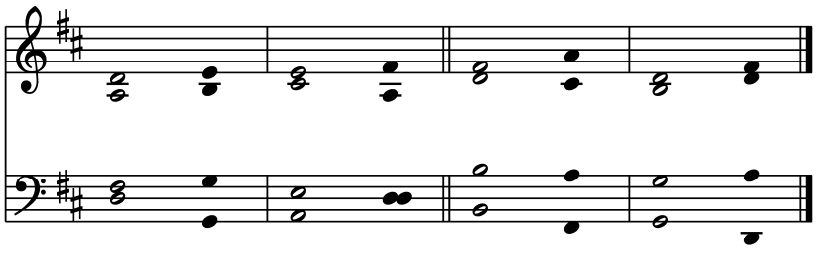
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

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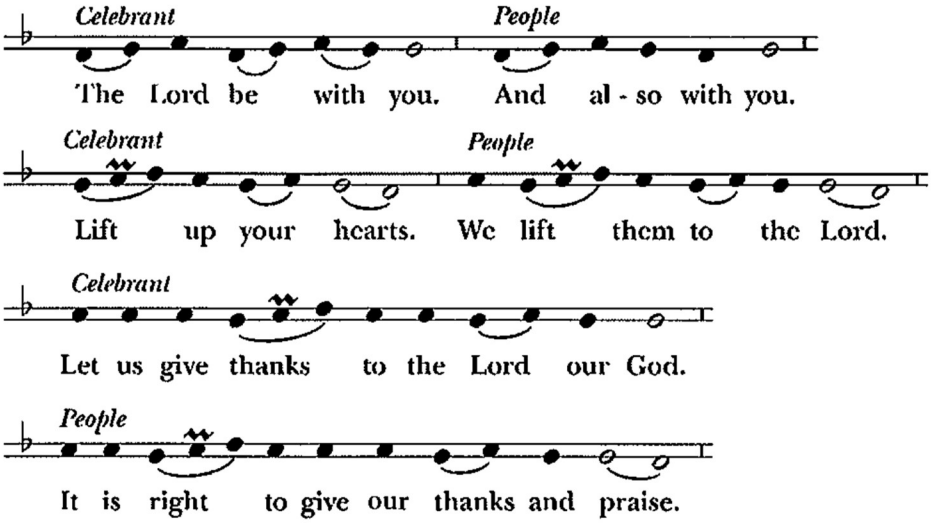
Eucharistic Prayer C *BCP pg. 369*

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By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

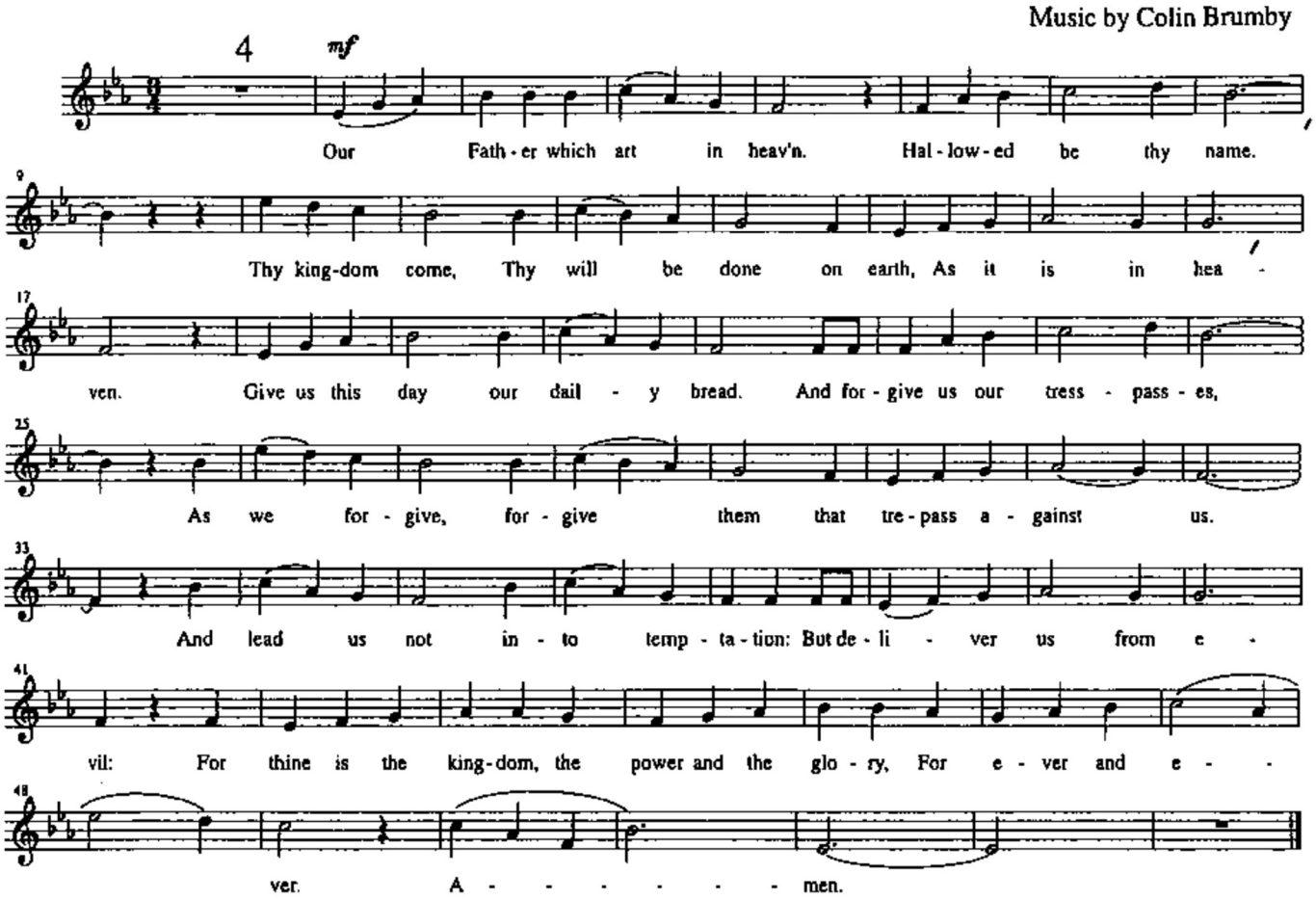
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
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10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

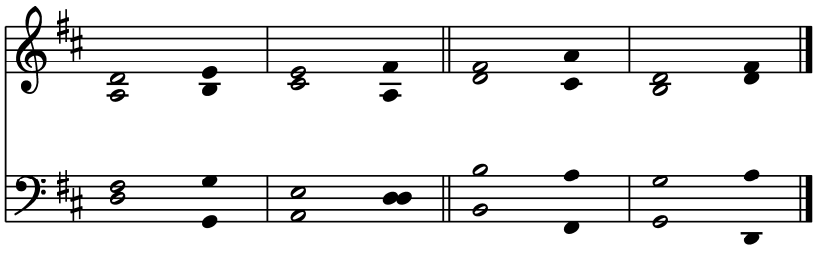
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

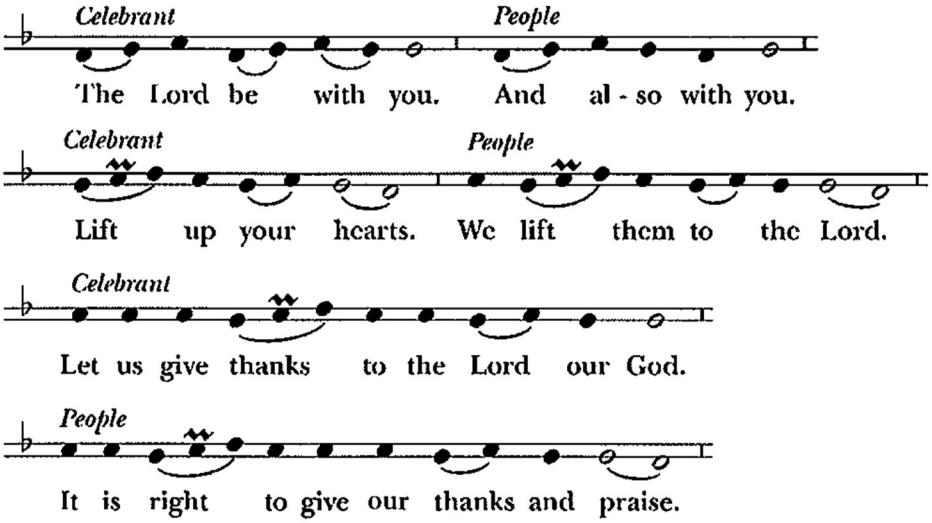
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

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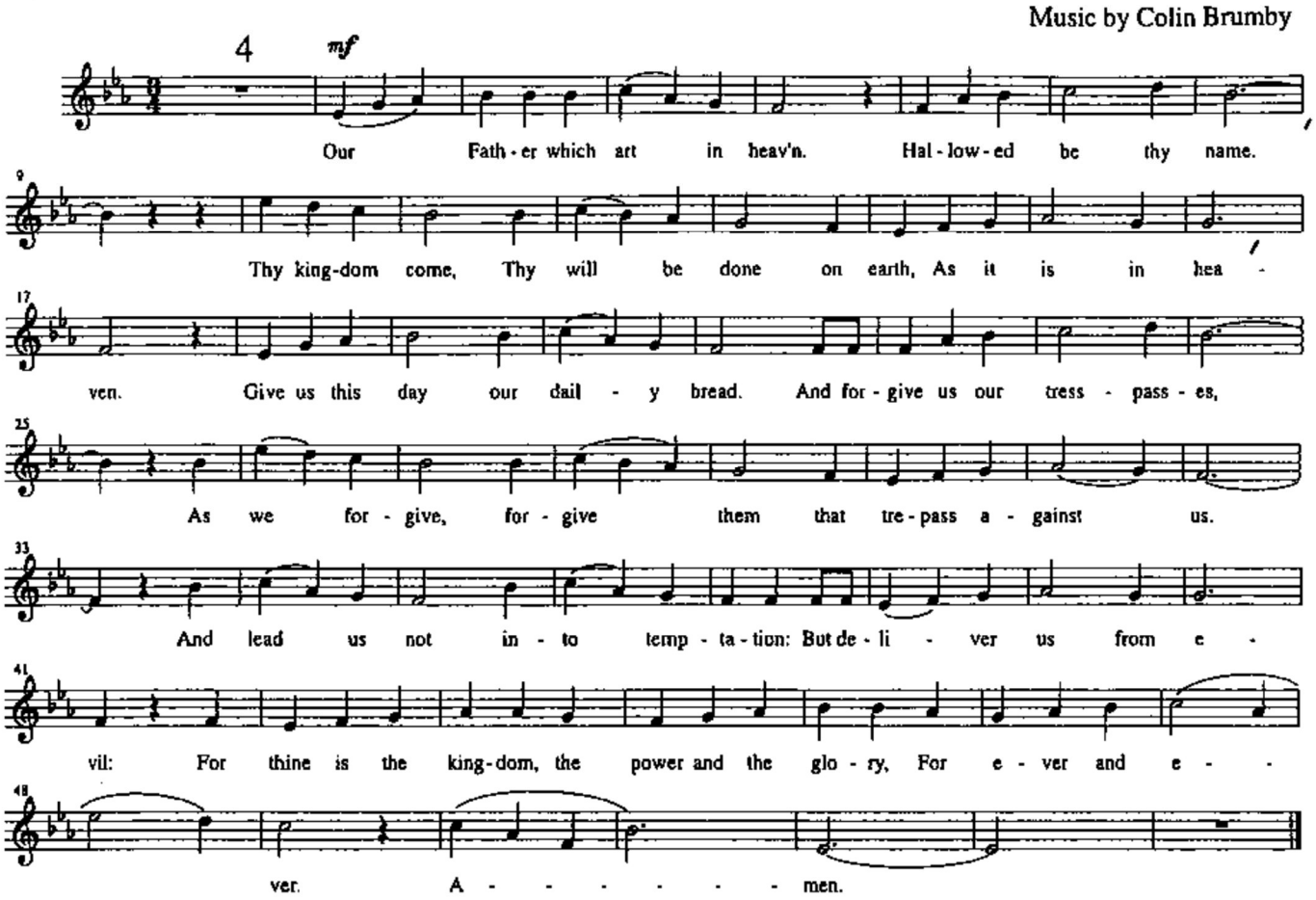
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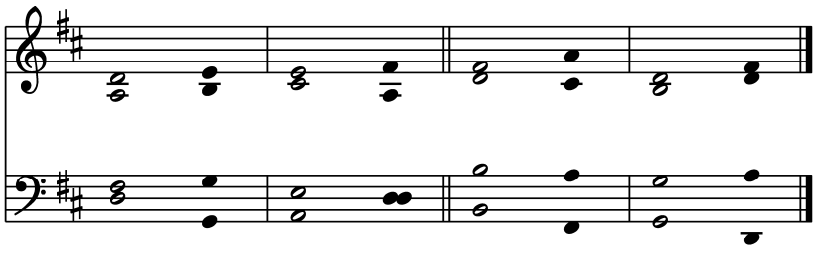
Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
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and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

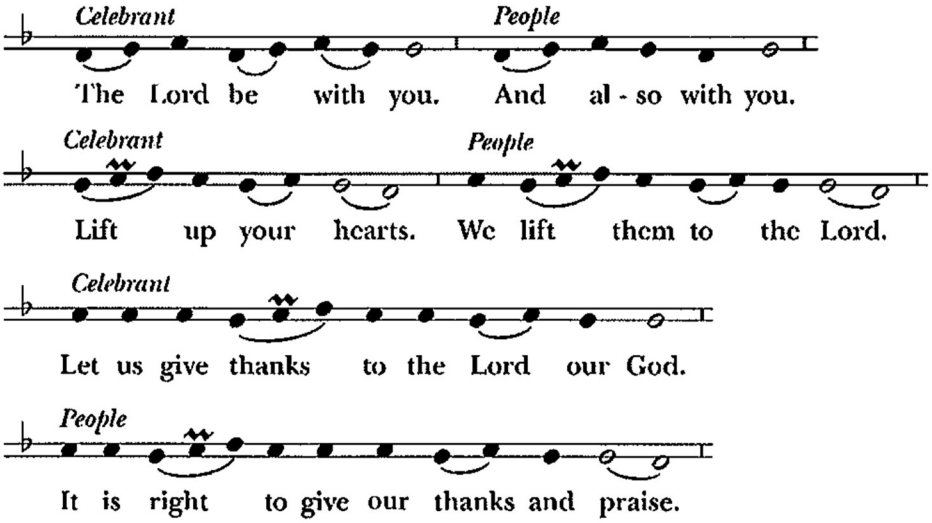
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

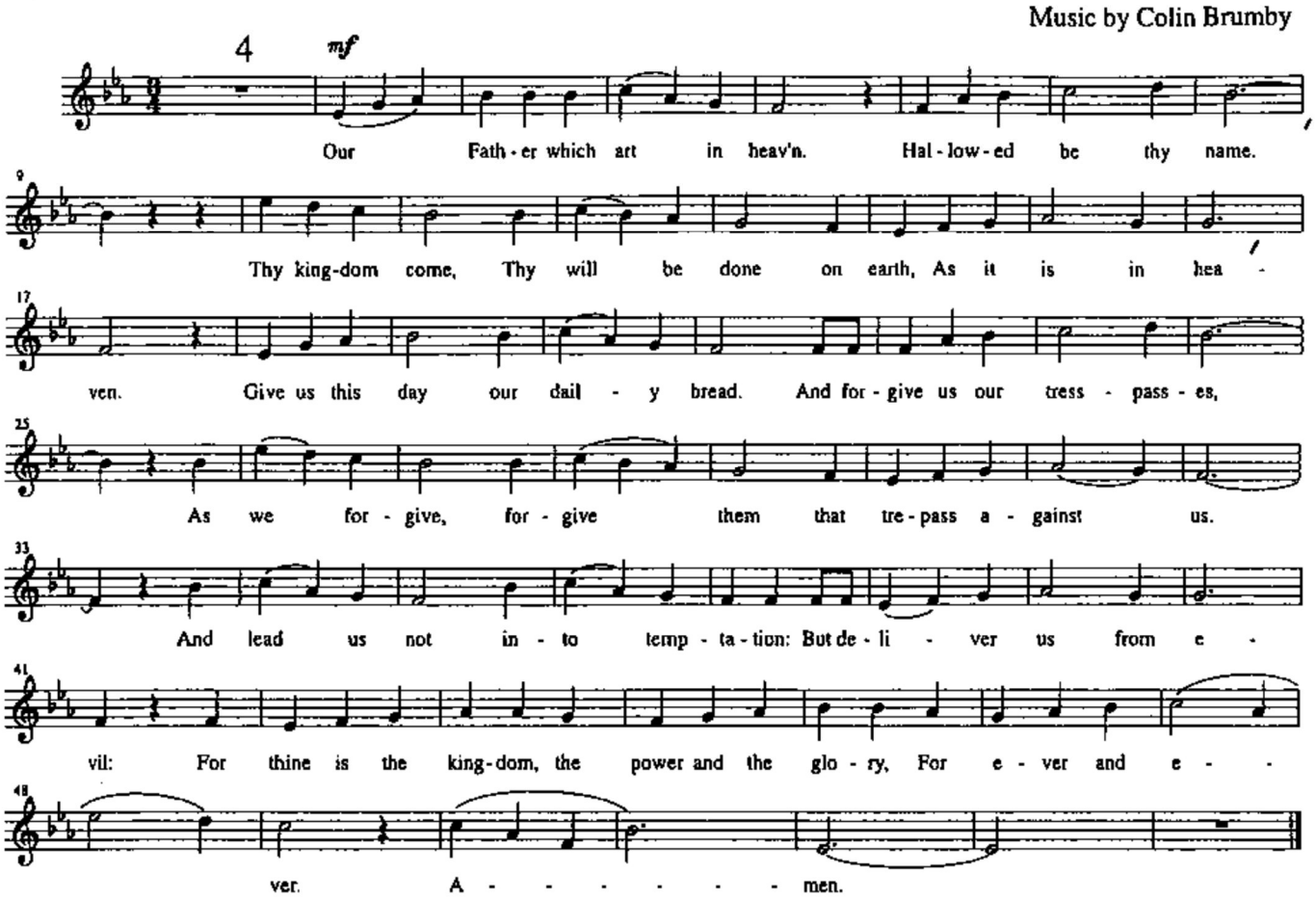
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

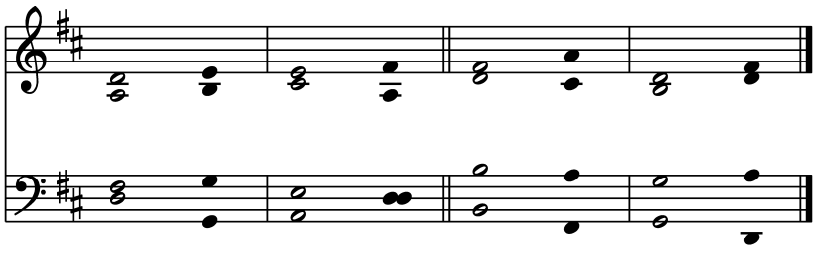
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

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God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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With the Father and the Son he is worshiped and glorified.
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Minister and People

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in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

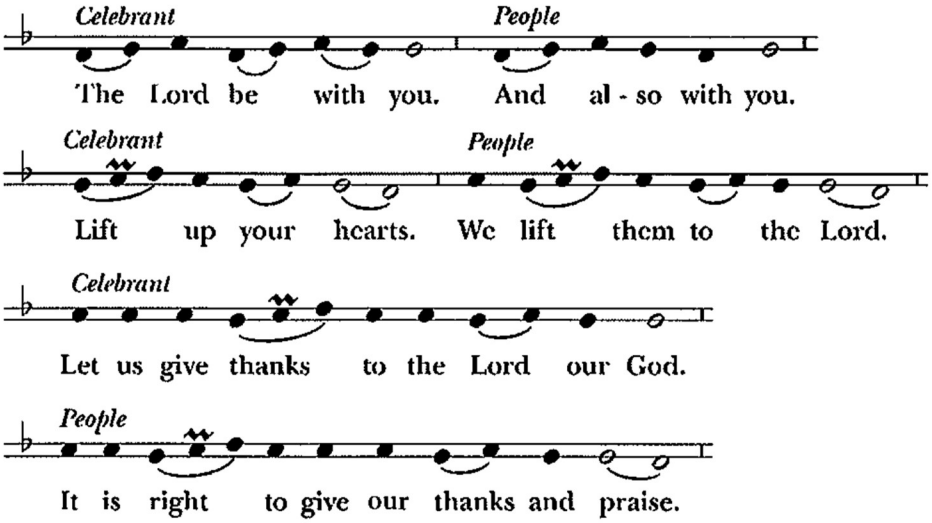
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

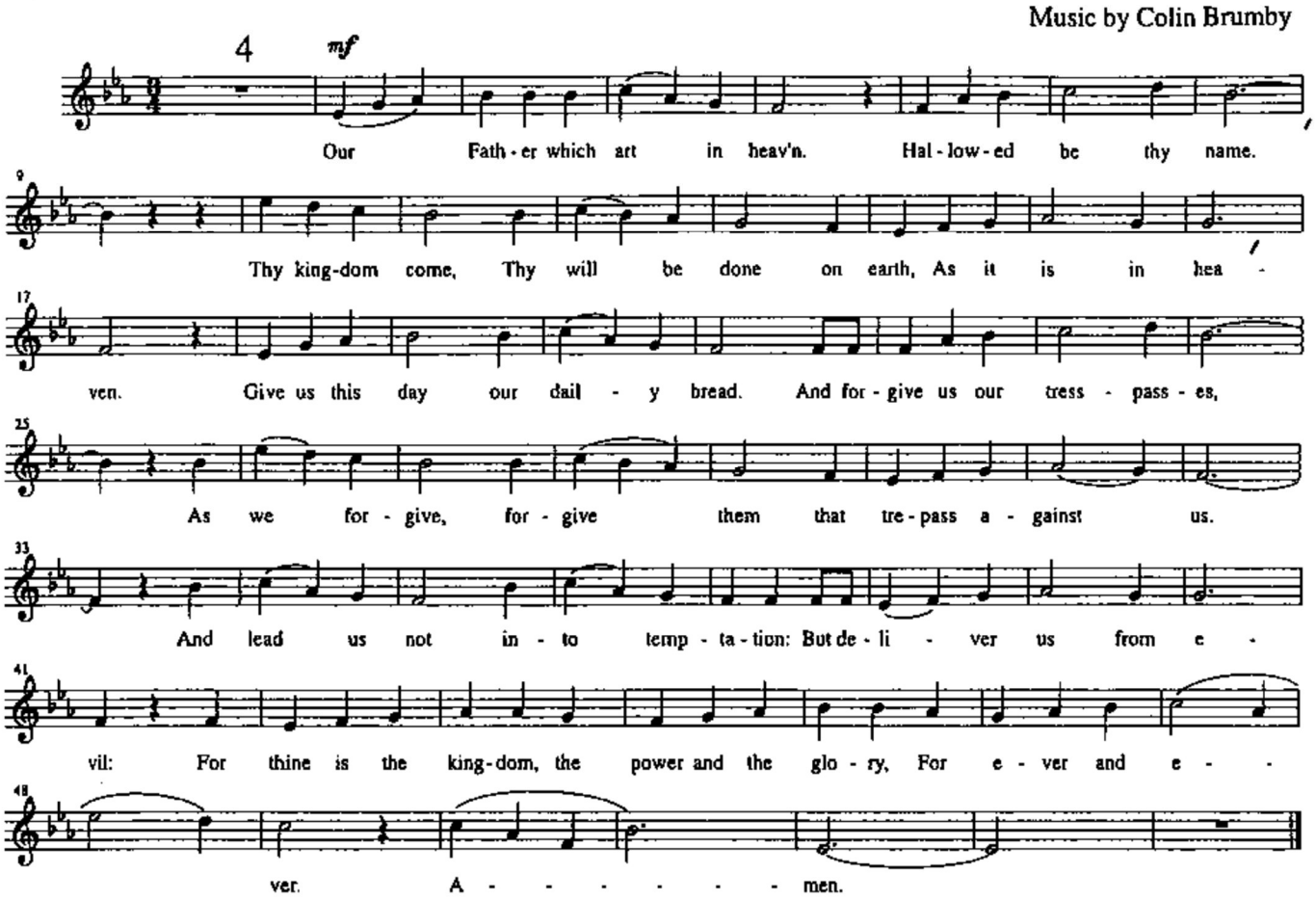
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

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On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

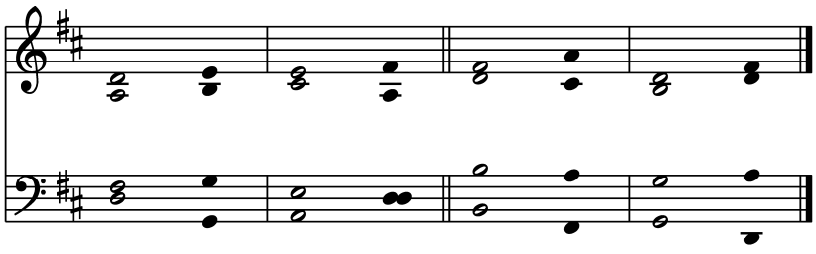
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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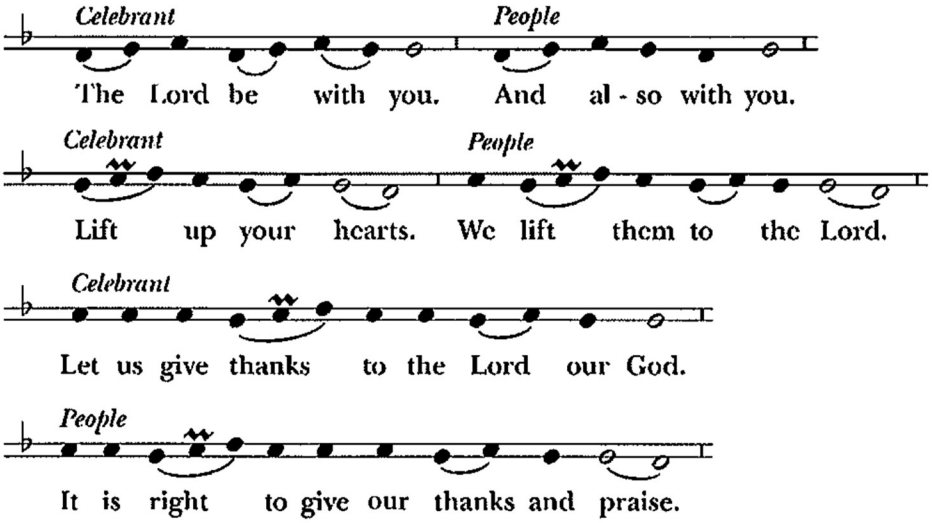
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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

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And now, as our Savior Christ has taught us, we are bold to sing,

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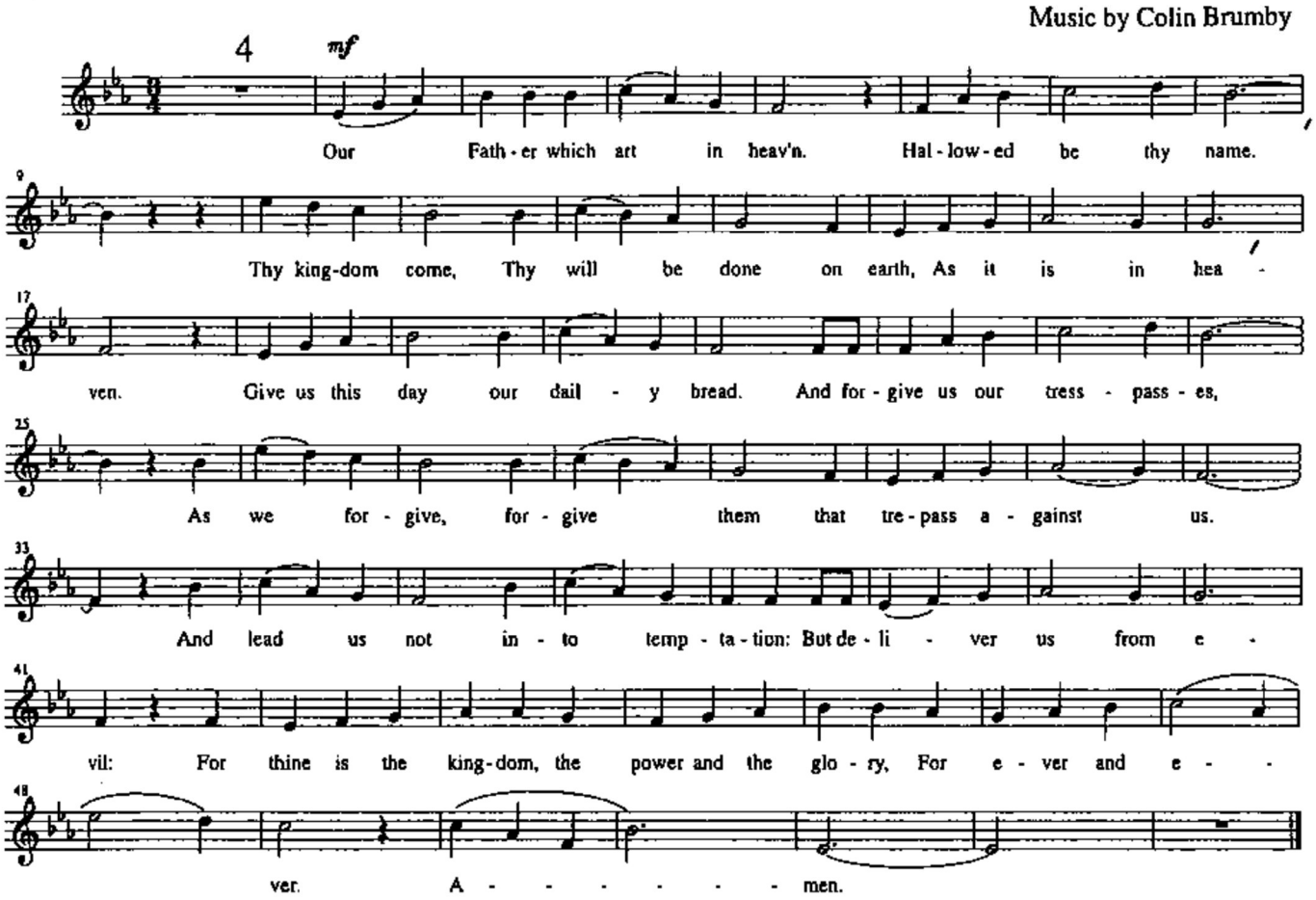
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Land Acknowledgement

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

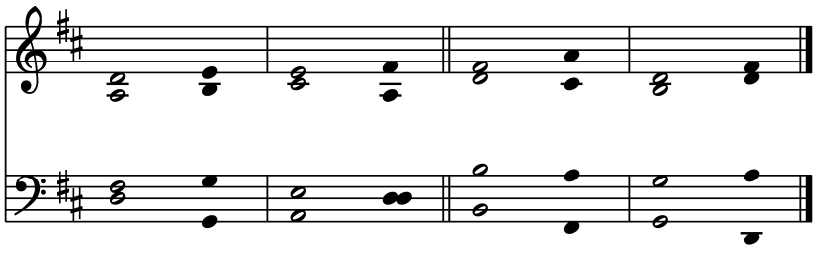
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
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10 You prepare the |grain, *
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13 May the fields of the wilderness be rich for |grazing, *
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14 May the meadows cover themselves with flocks,
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

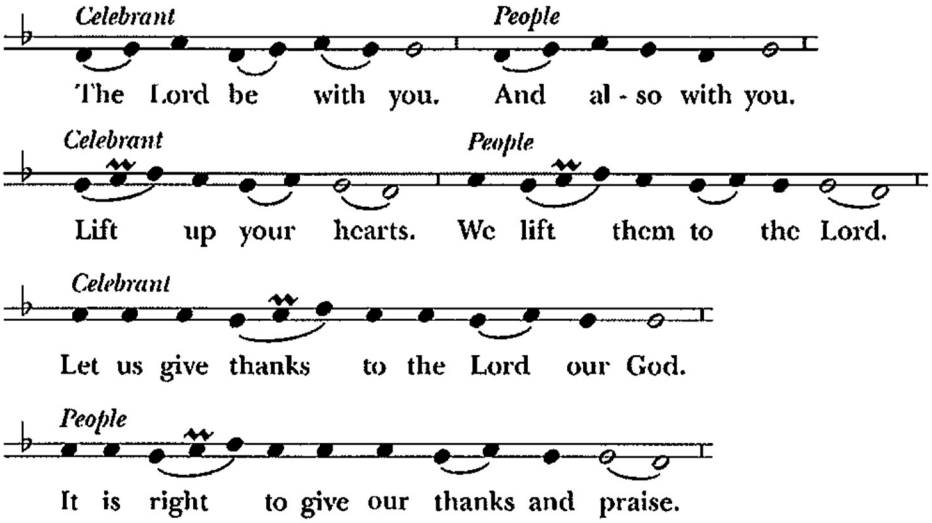
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

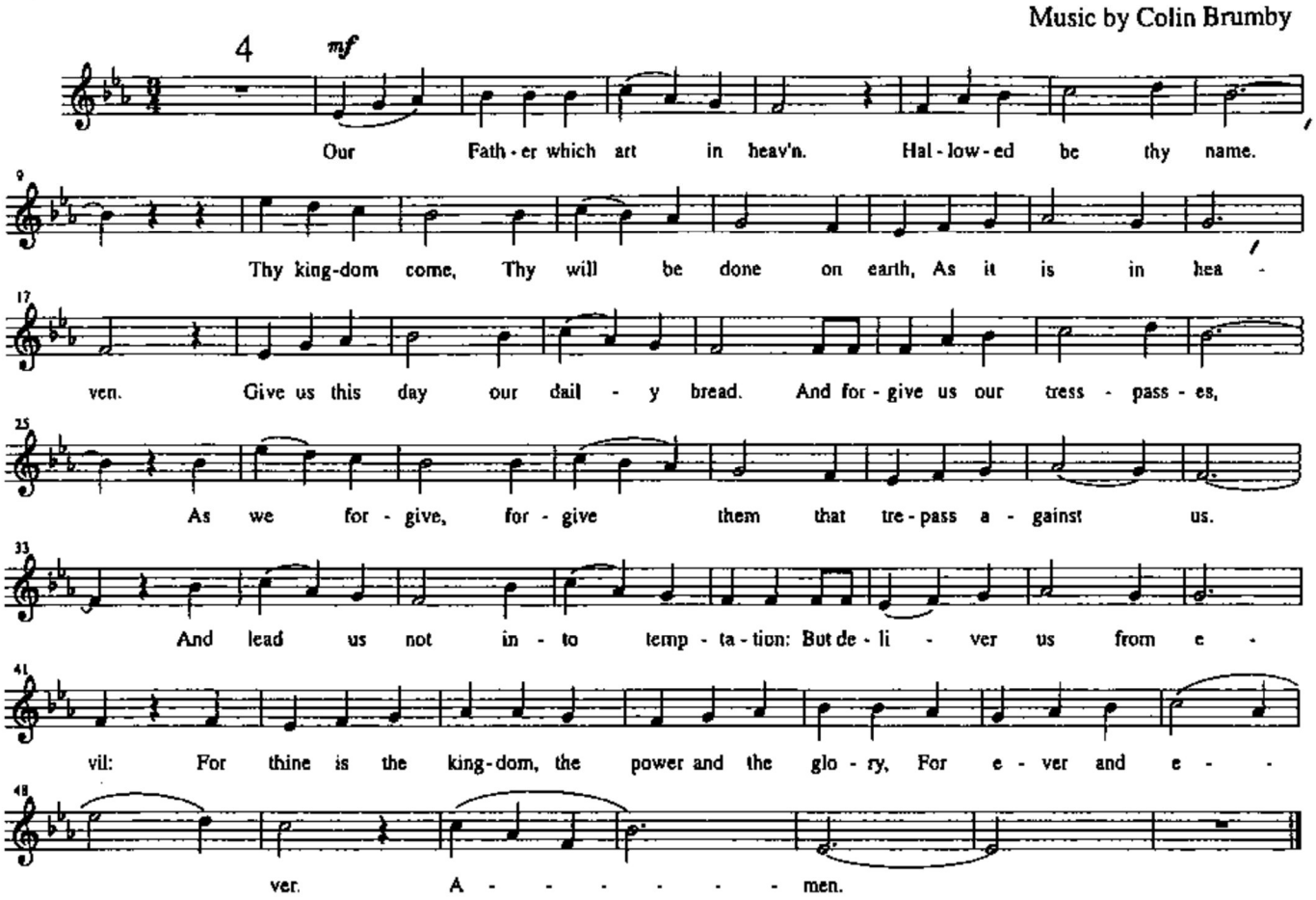
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

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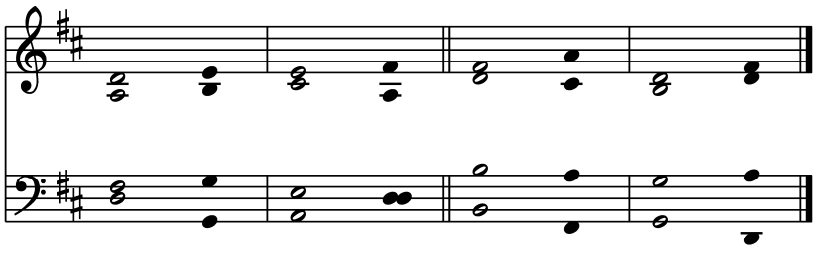
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Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

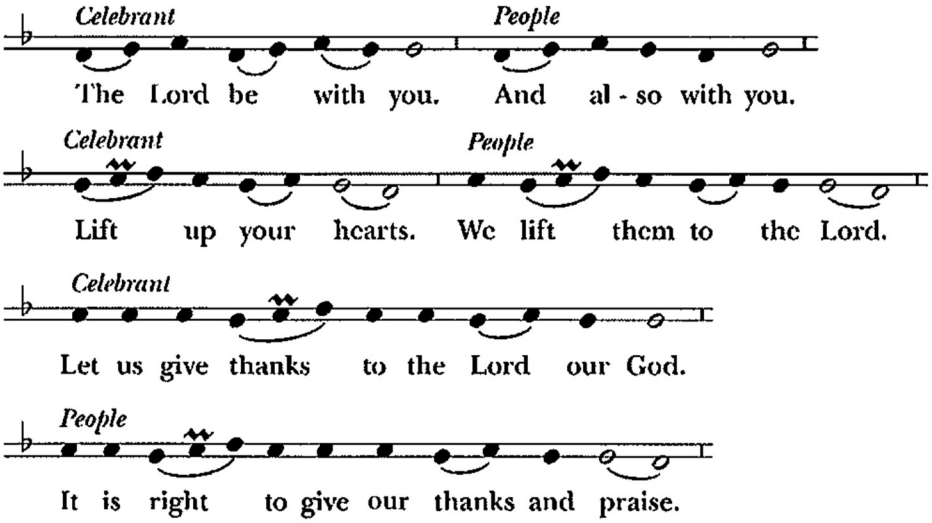
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

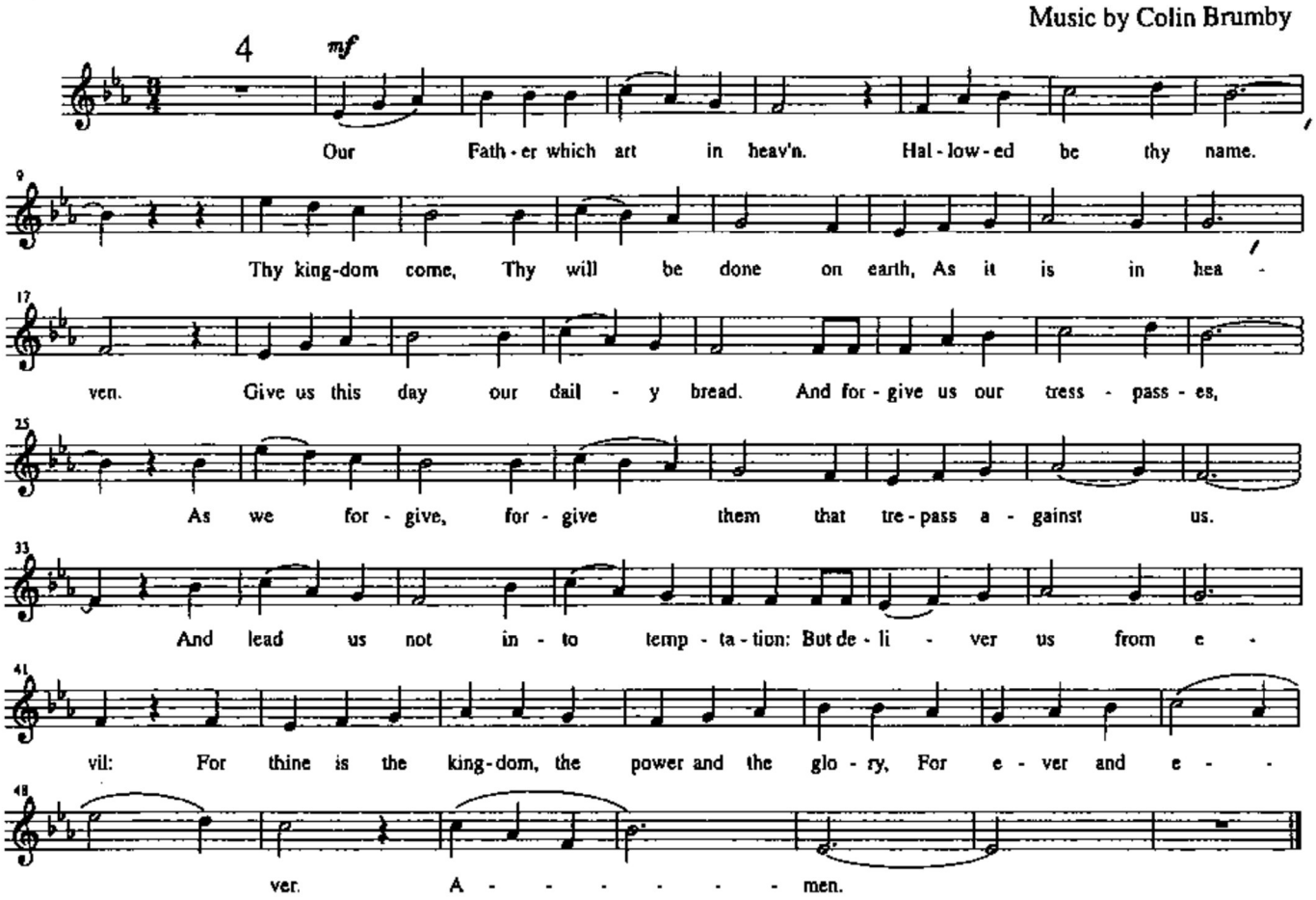
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

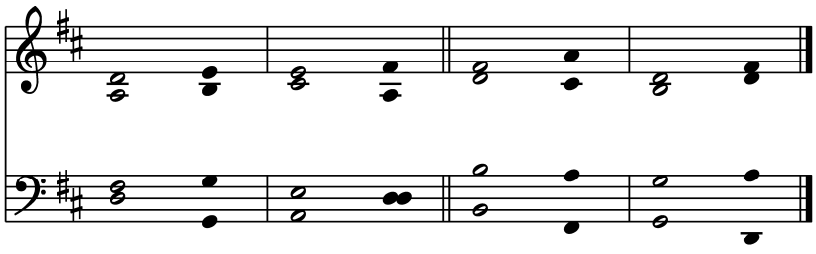
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

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eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
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On the third day he rose again
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and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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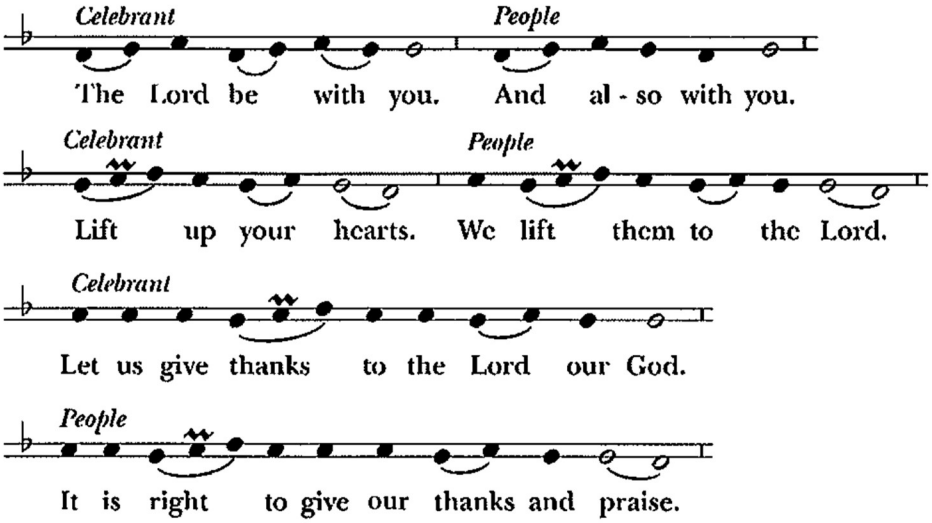
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

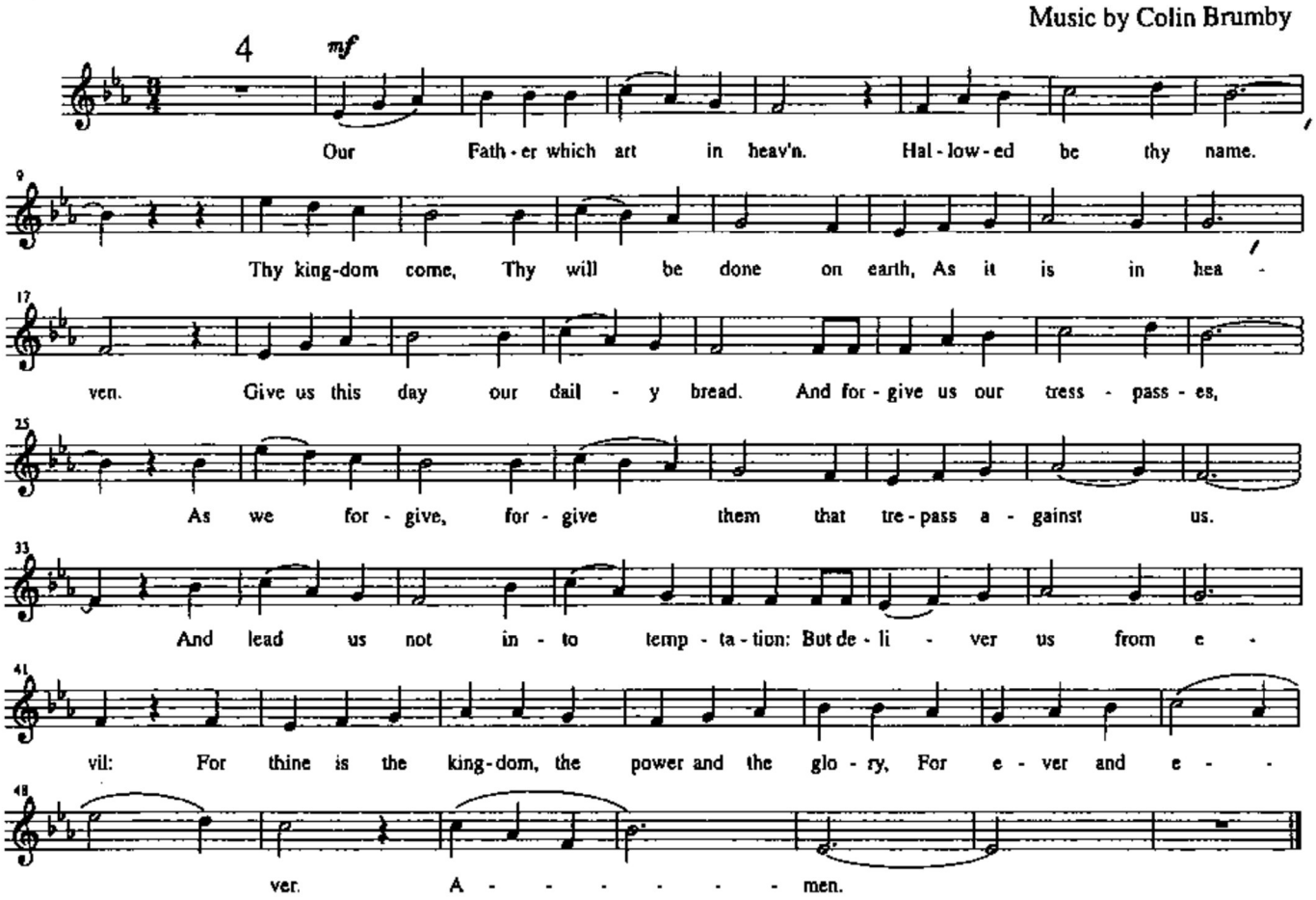
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Land Acknowledgement

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

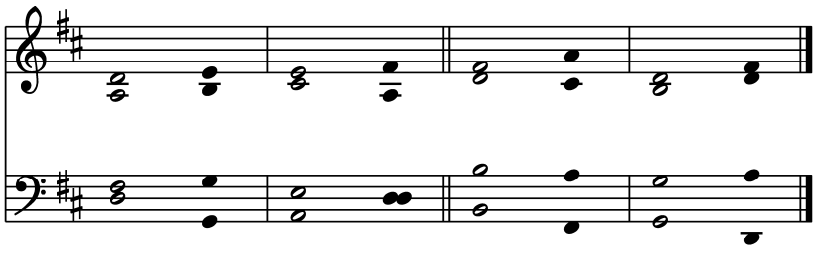
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

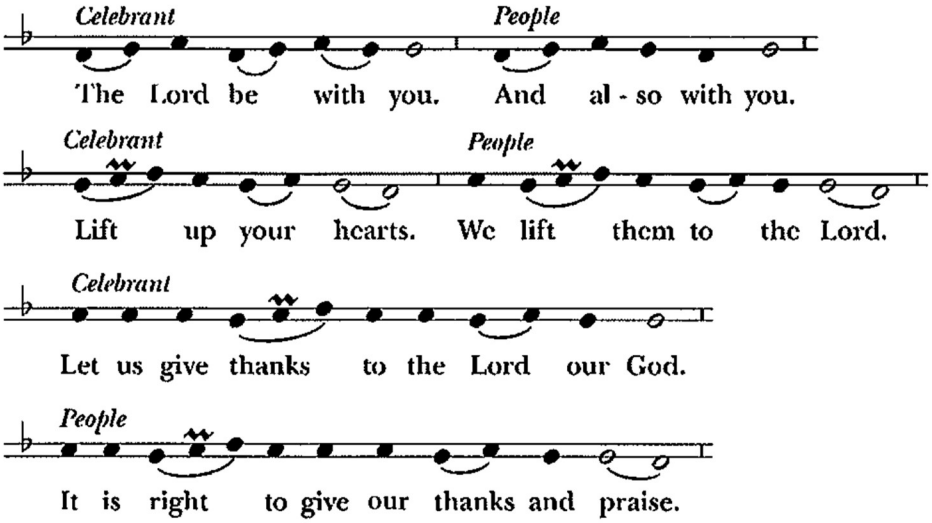
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

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Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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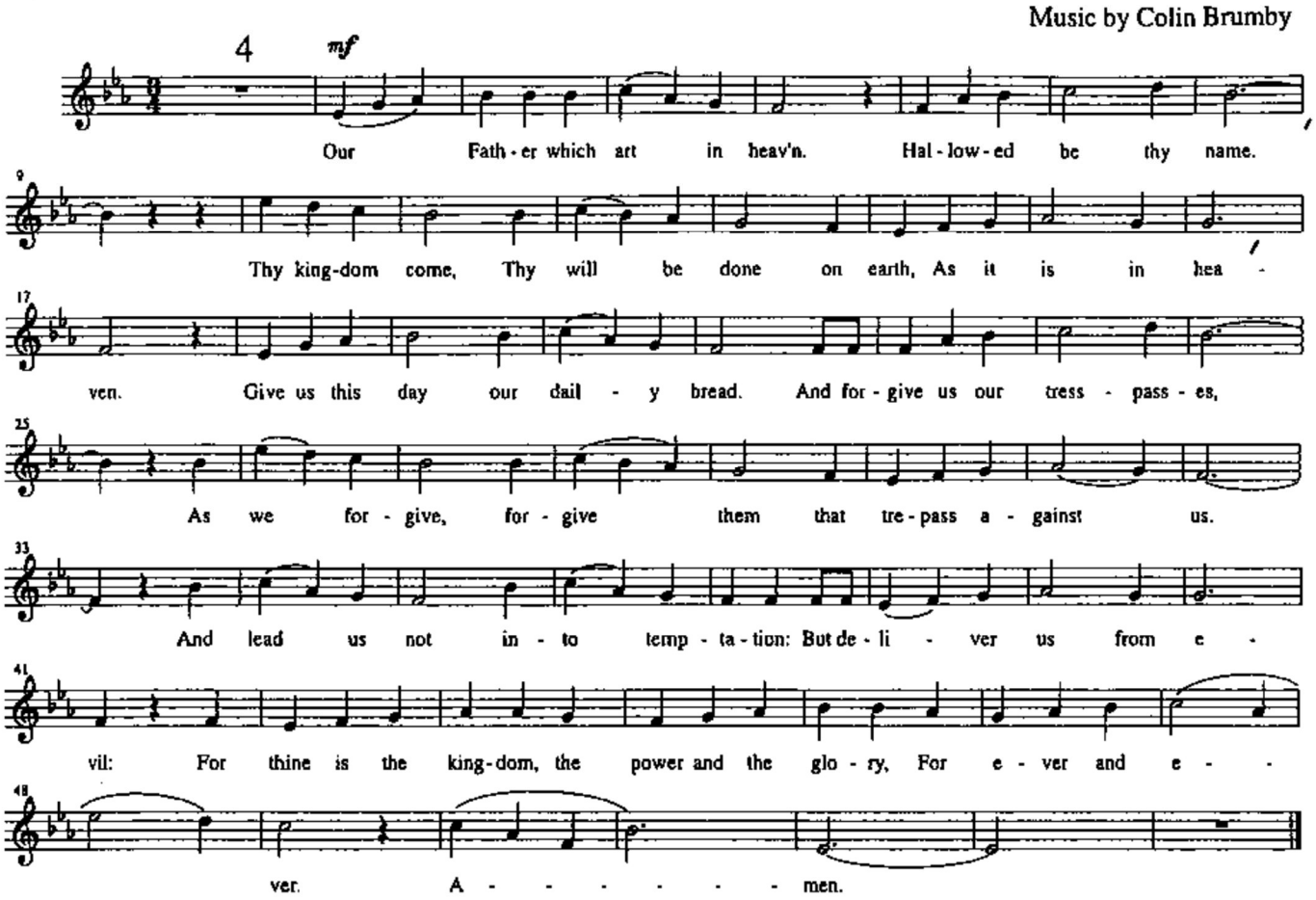
Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

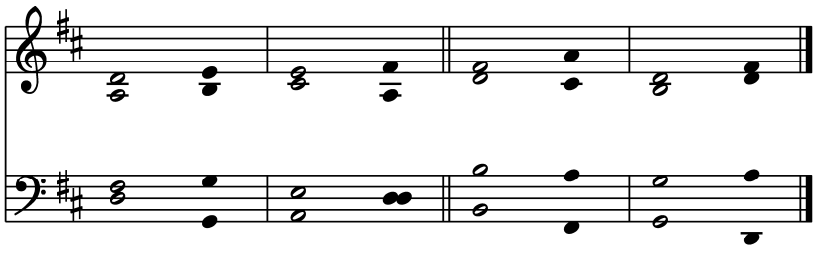
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
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11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

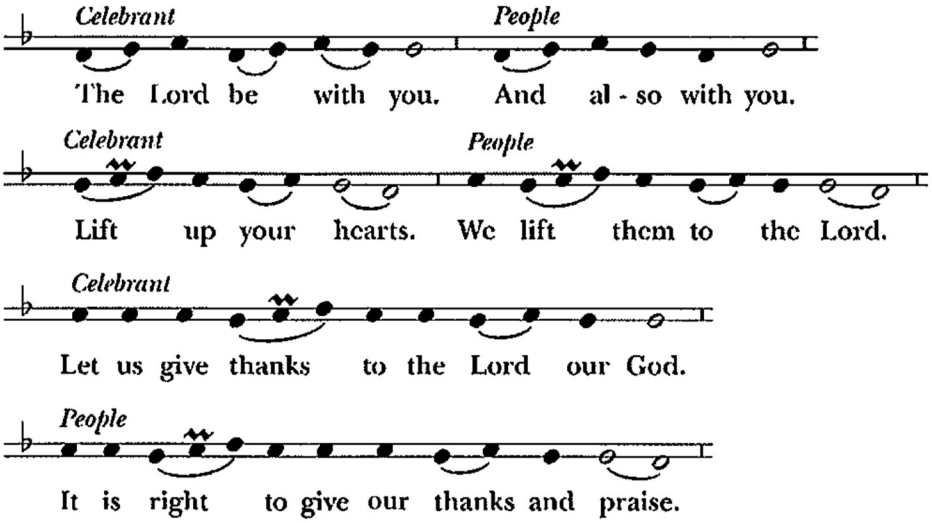
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

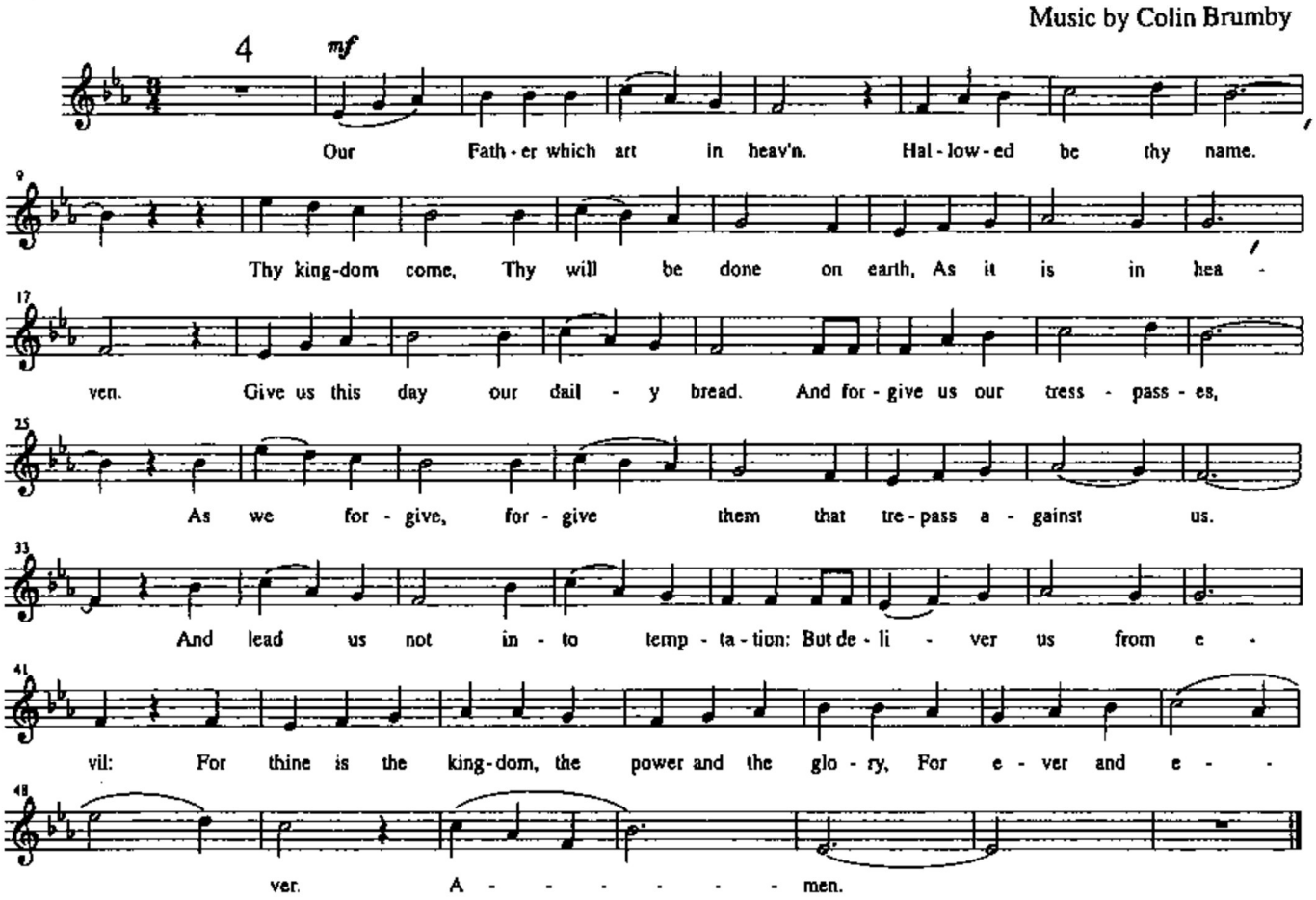
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

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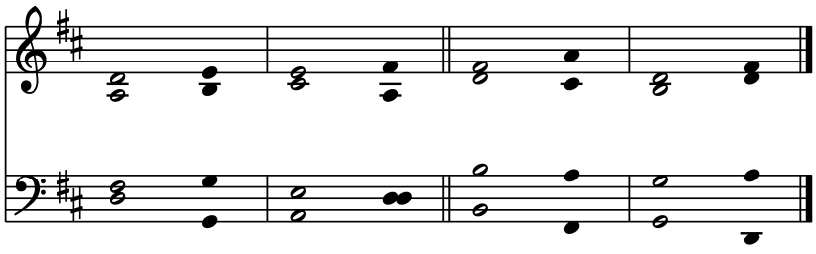
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The Word of the Lord.

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The Gospel of the Lord.

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The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

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the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
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Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

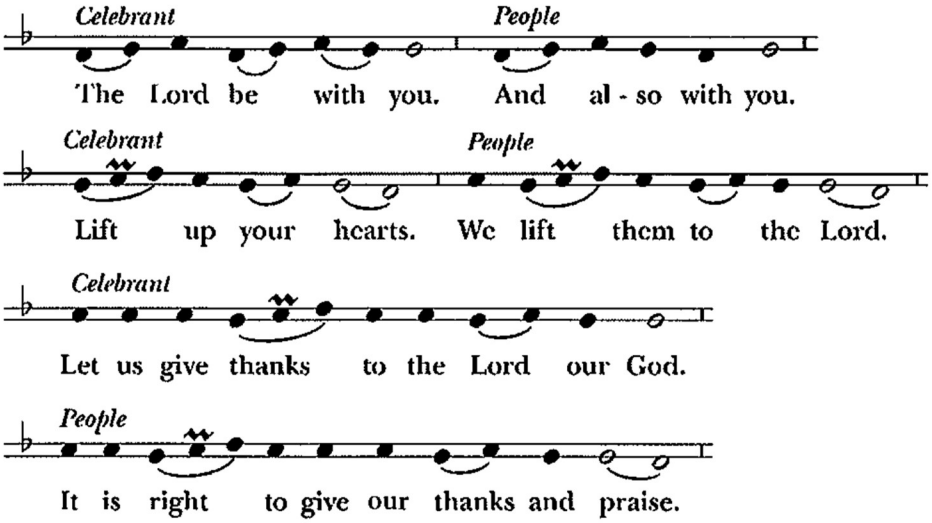
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

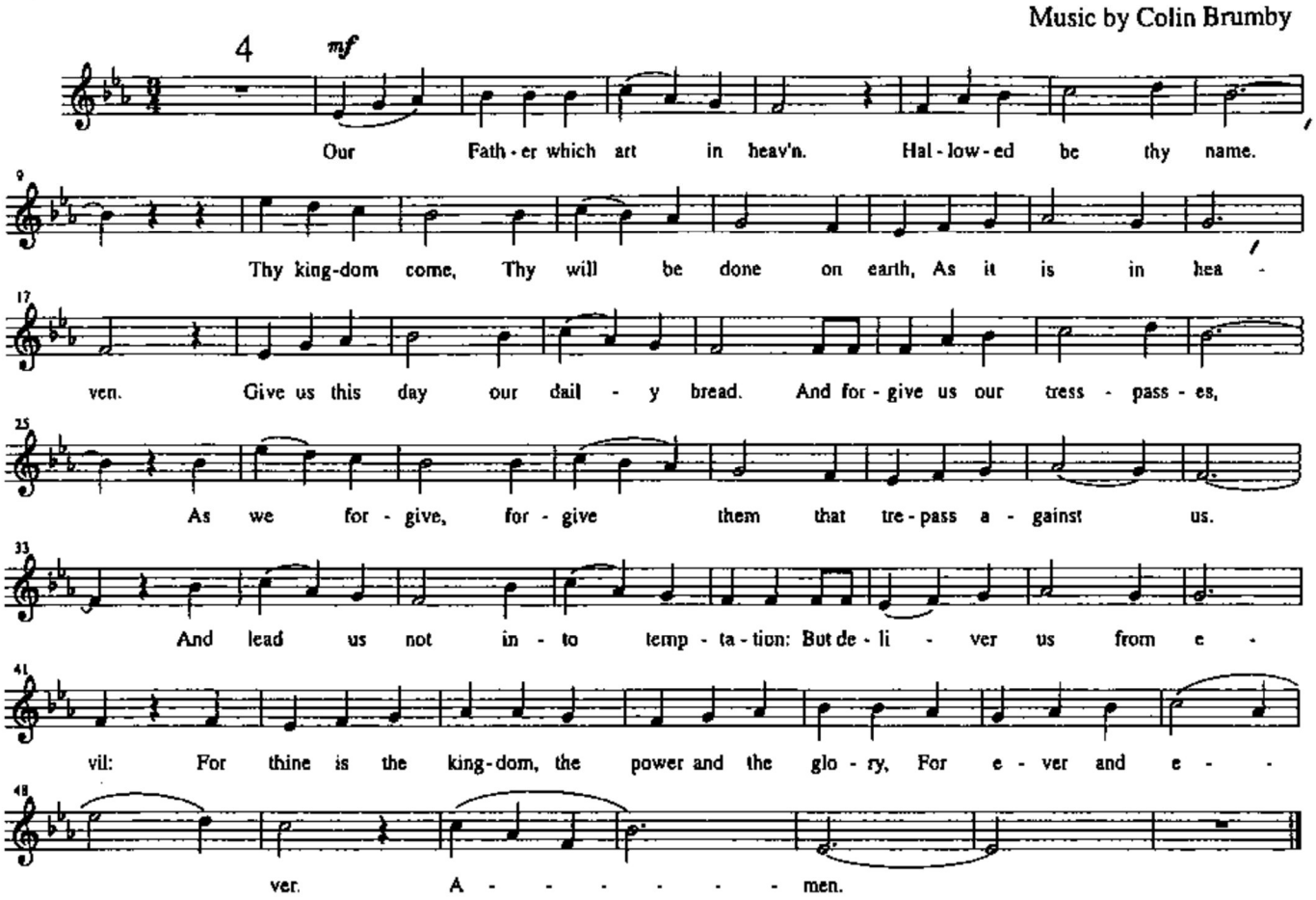
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

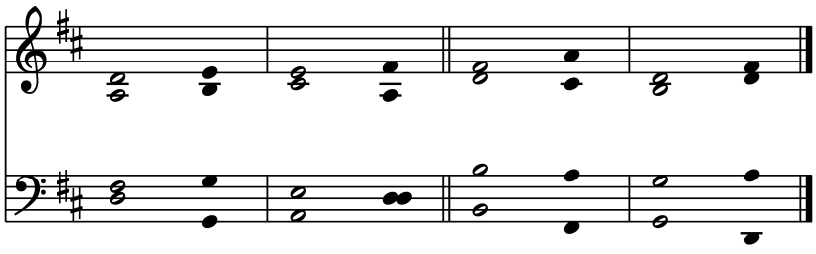
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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Amen.

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Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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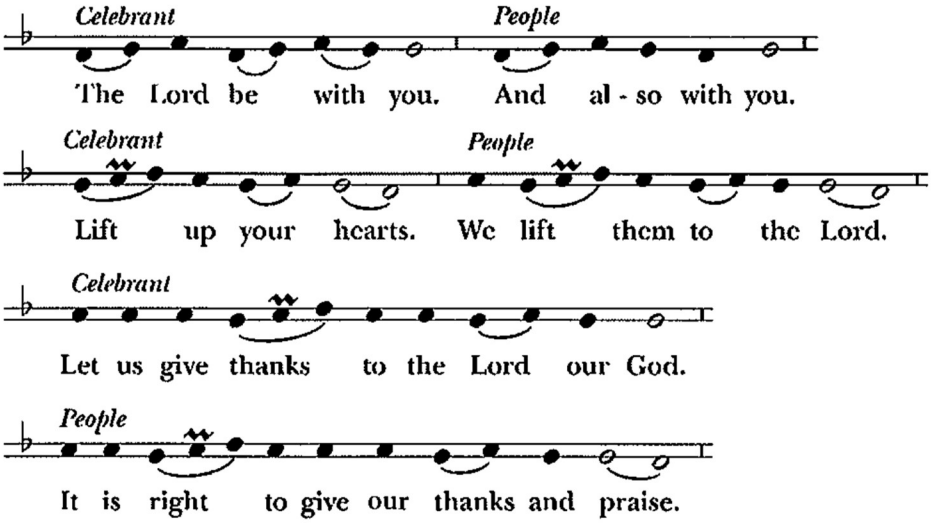
Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

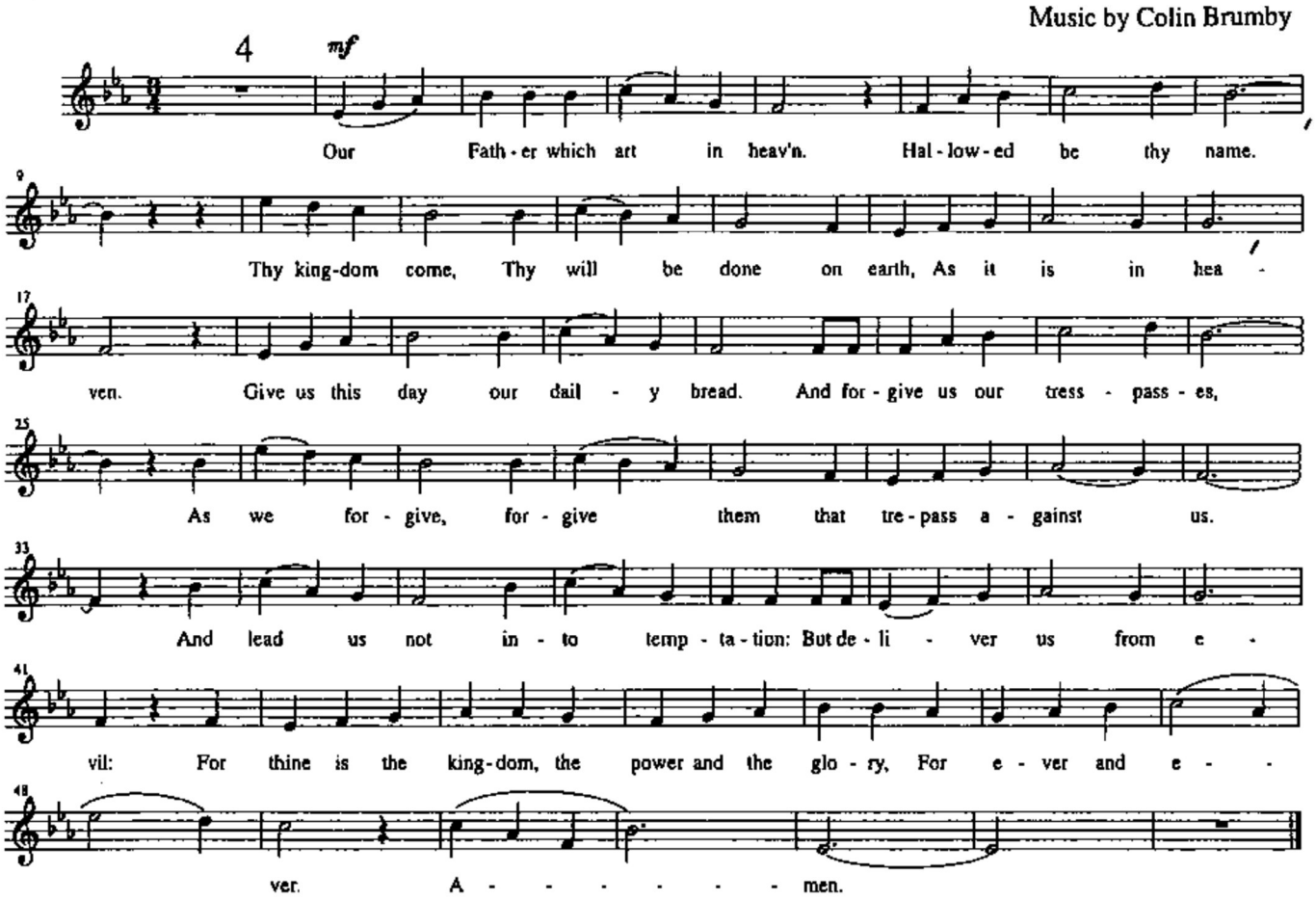
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Seventh Sunday after Pentecost
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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

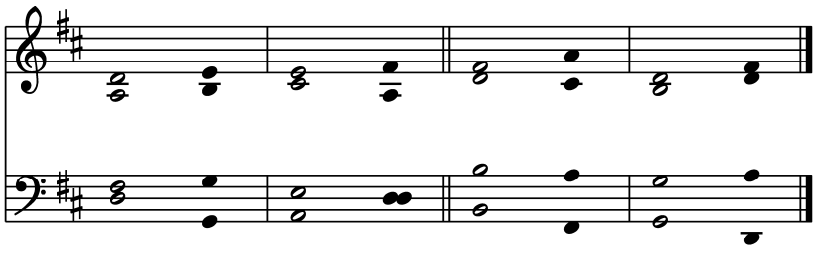
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

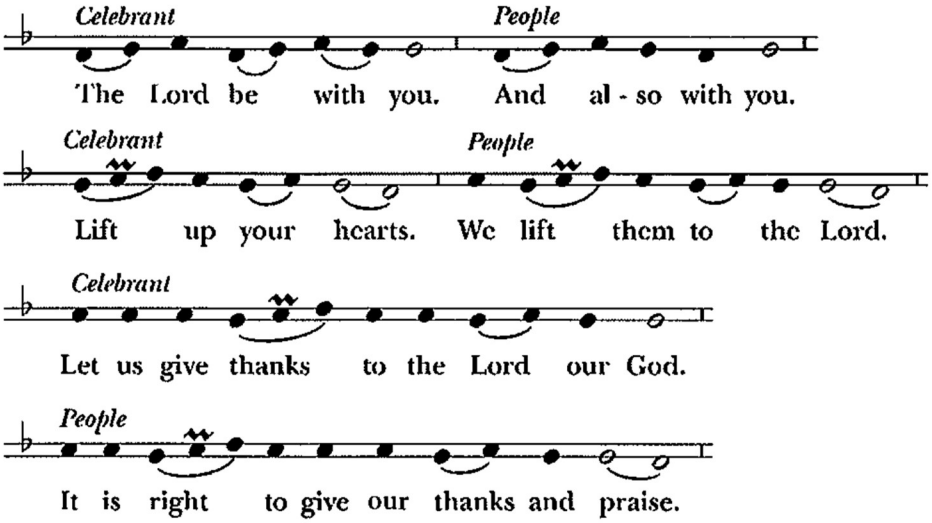
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

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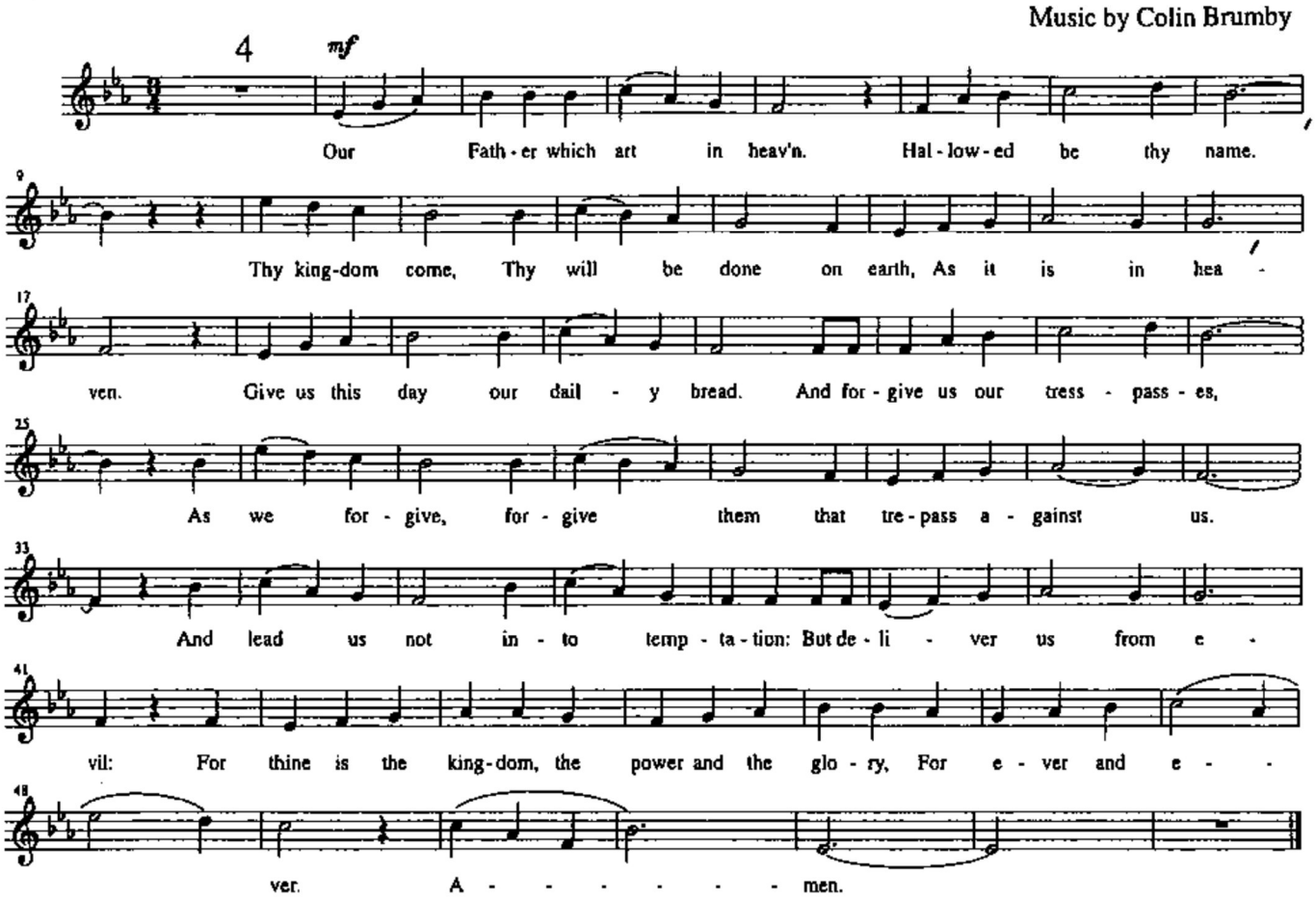
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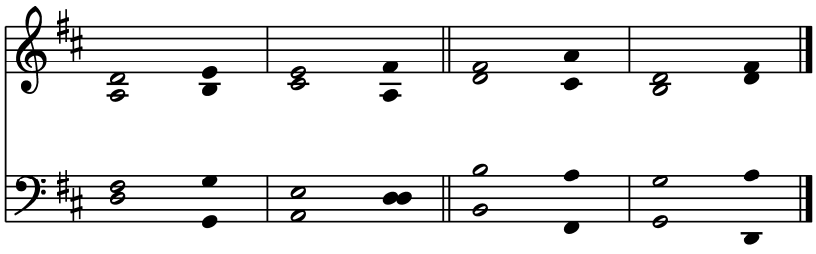
Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
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14 May the meadows cover themselves with flocks,
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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

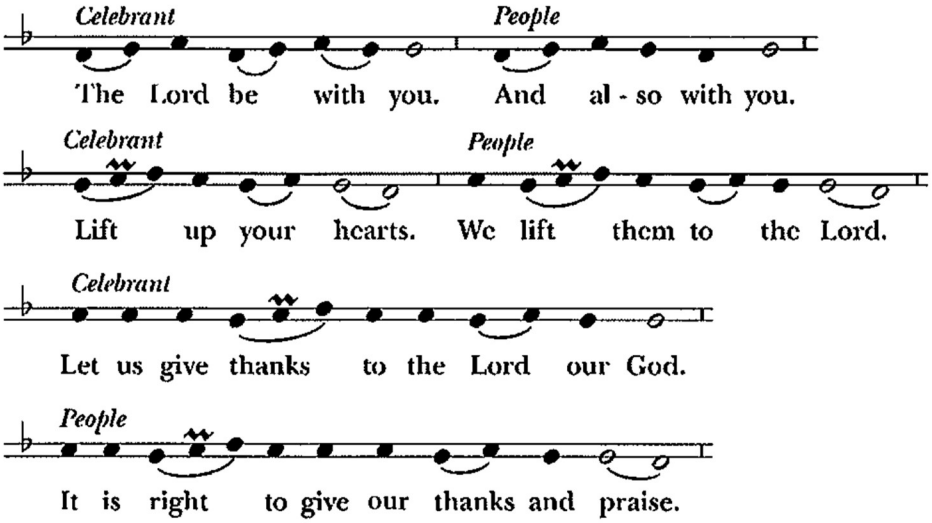
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

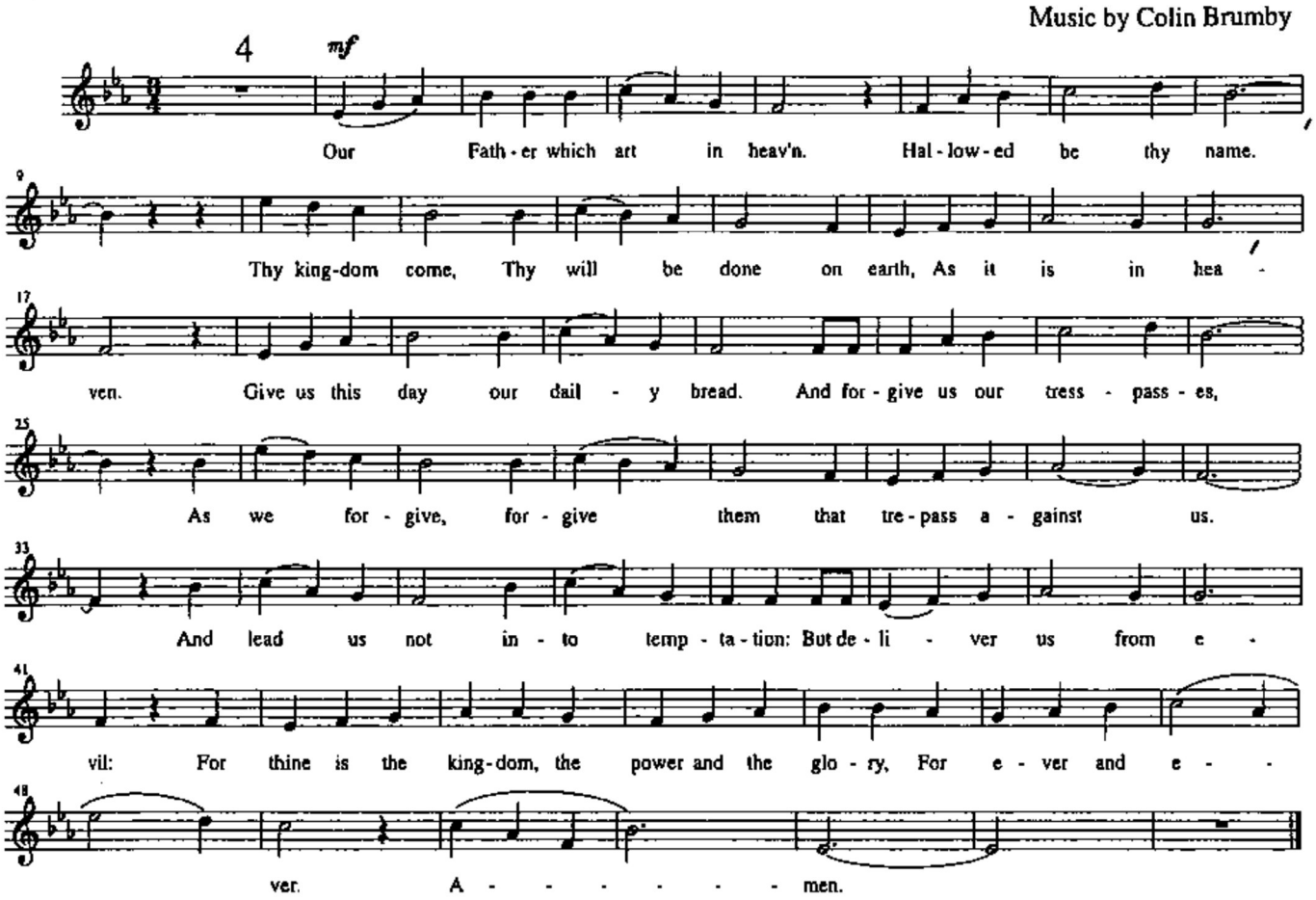
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

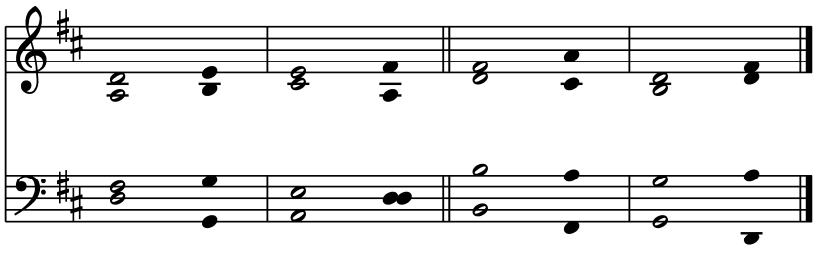
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

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God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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With the Father and the Son he is worshiped and glorified.
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Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

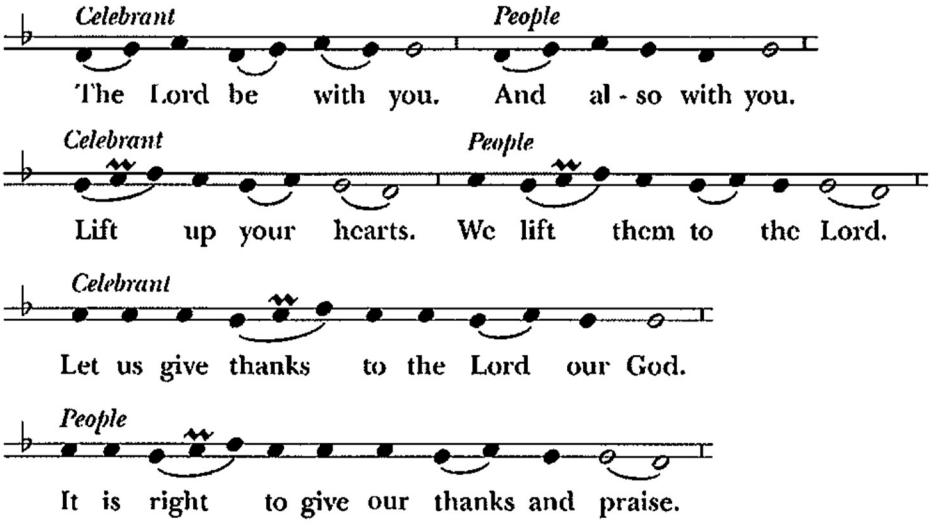
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

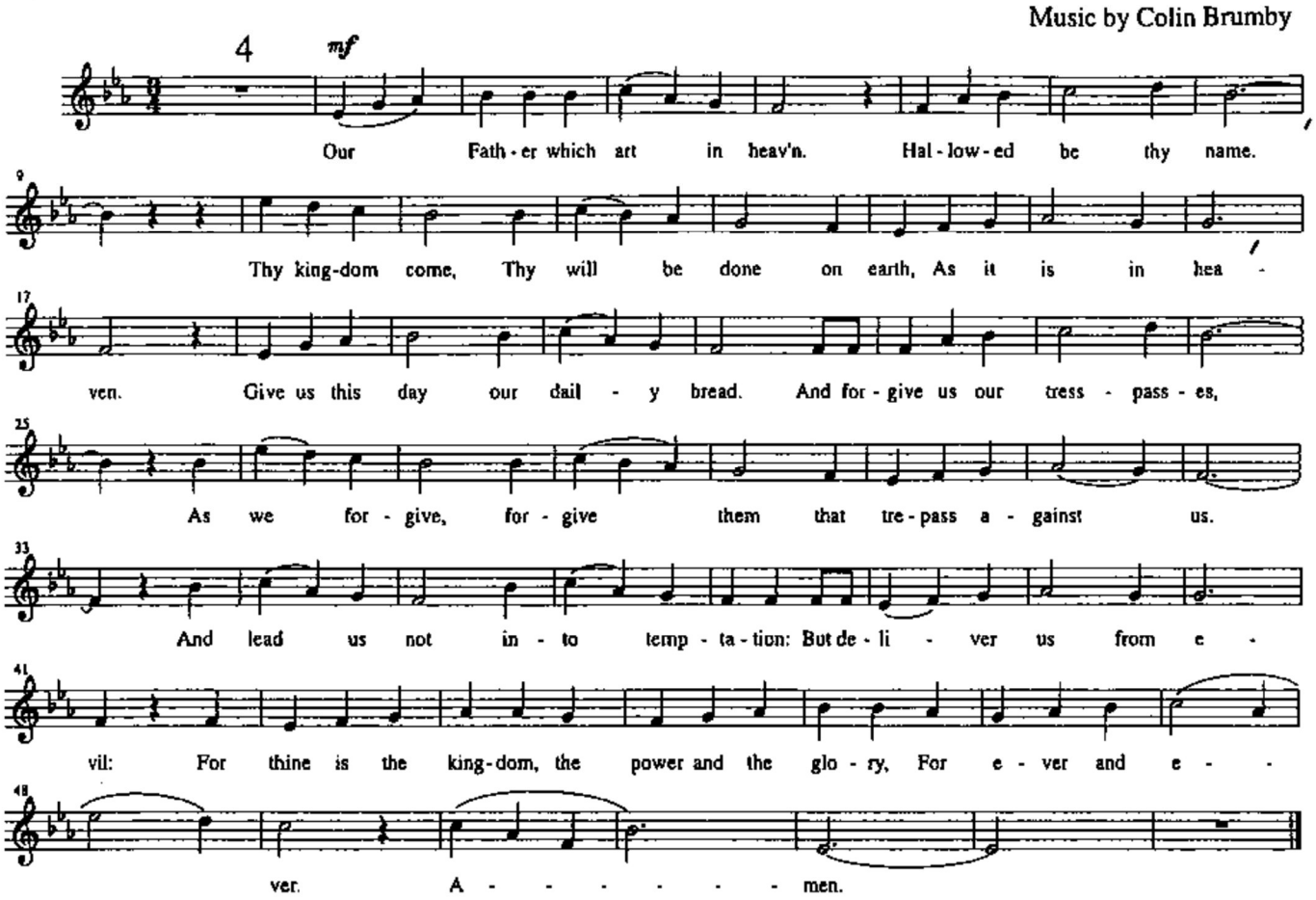
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
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Prayer Chain ▪ Sending Cards ▪ Phone Calls

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On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

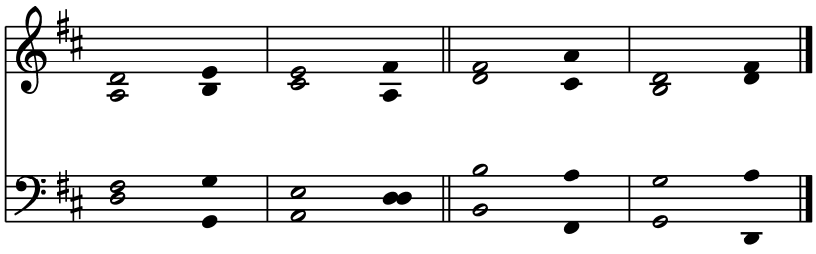
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

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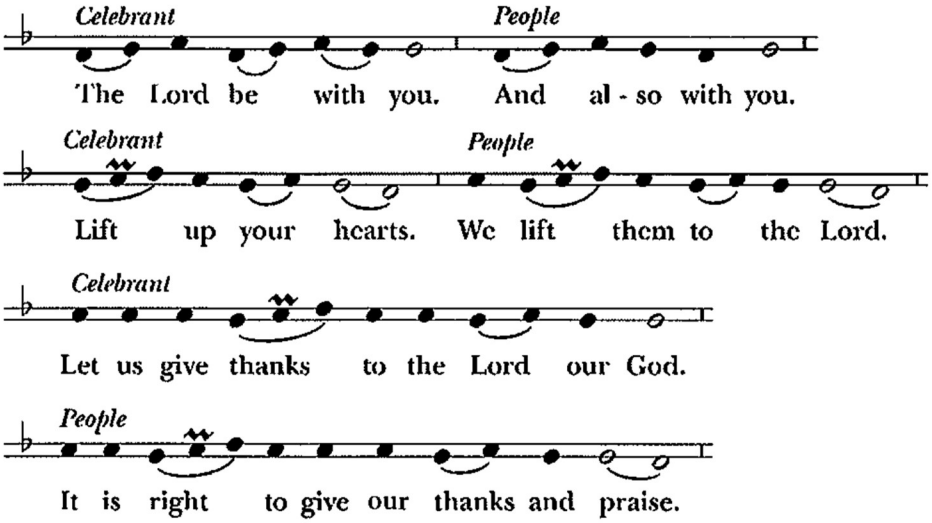
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From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

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We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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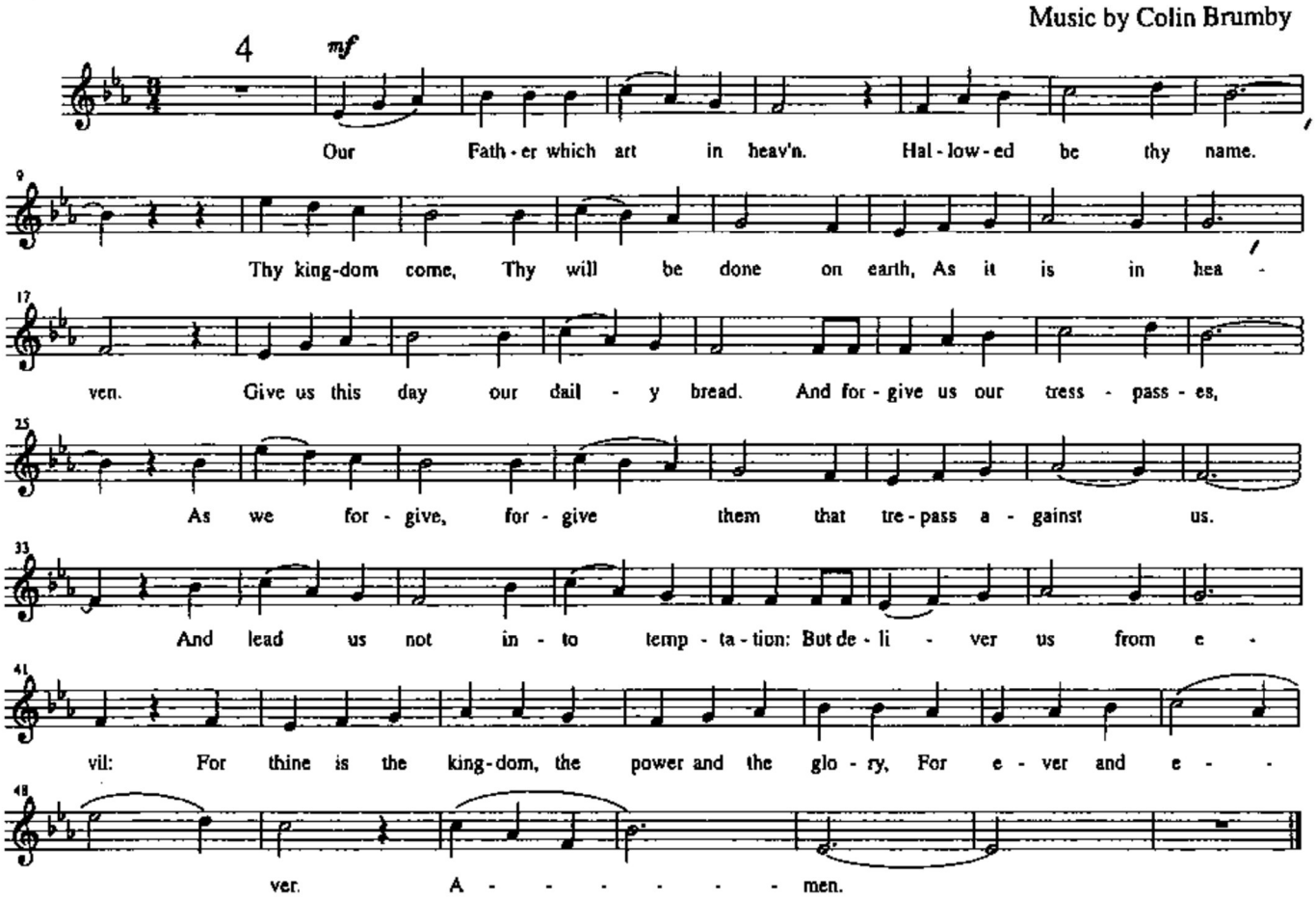
And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

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Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

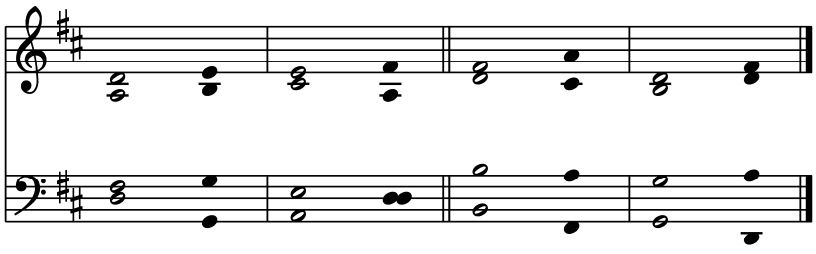
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
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10 You prepare the |grain, *
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11 You drench the furrows and smooth out the |ridges; *
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13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

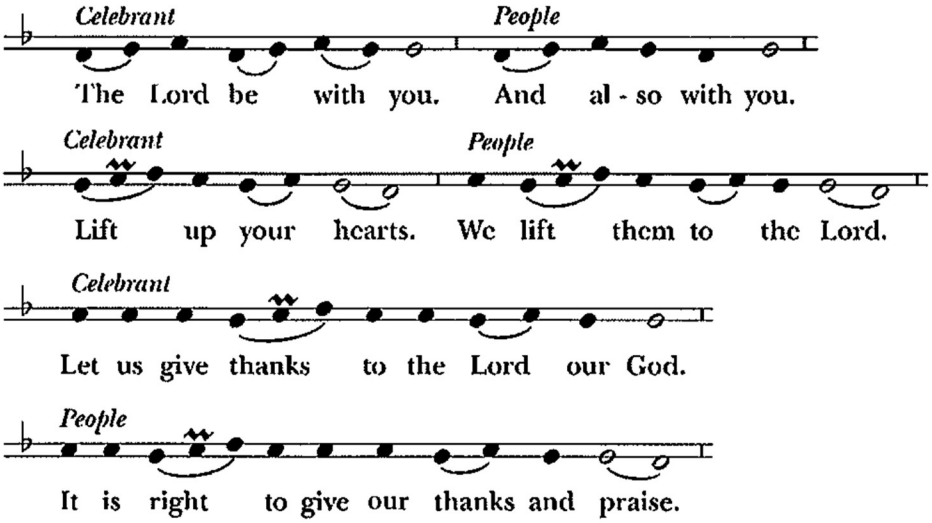
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

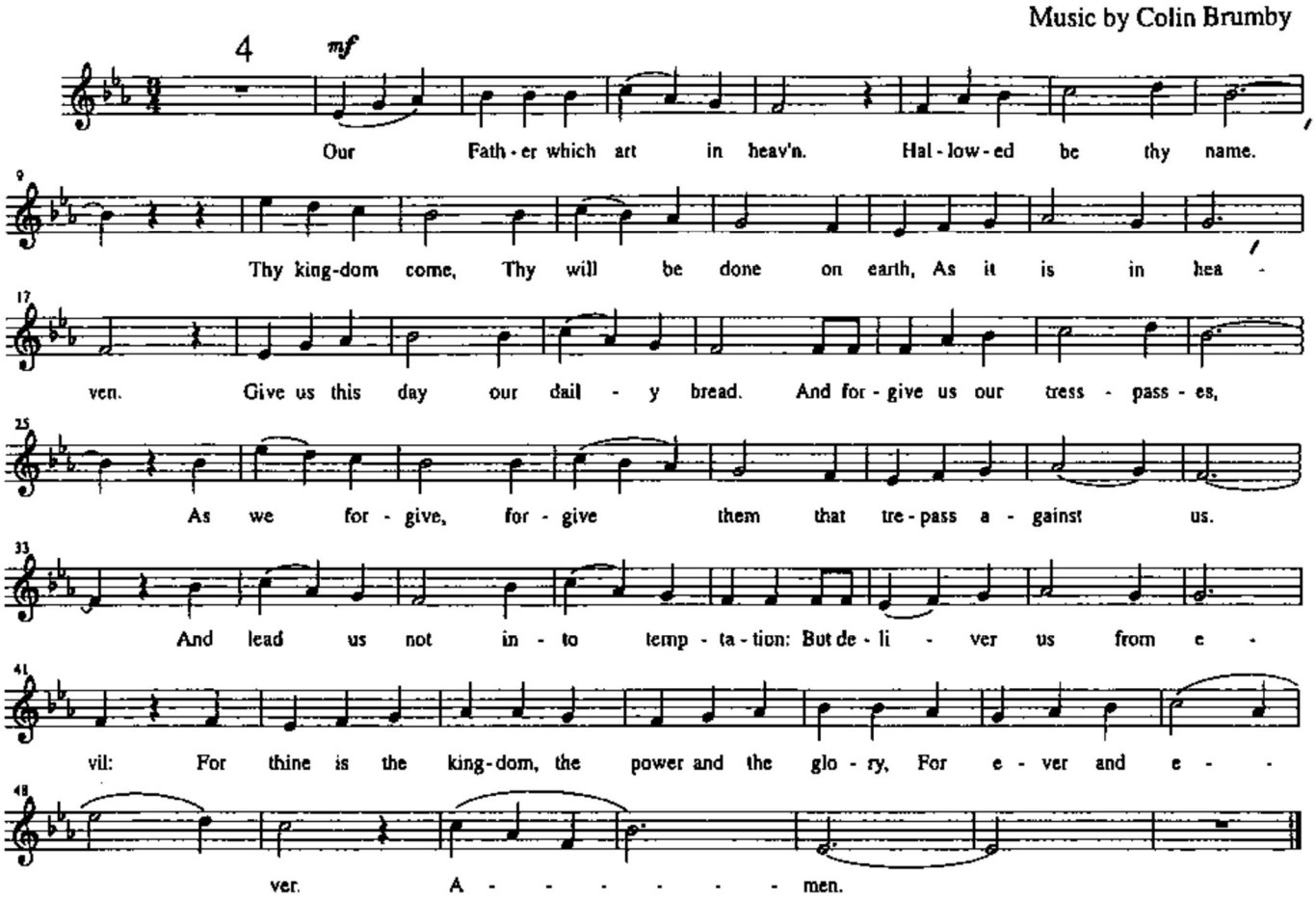
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

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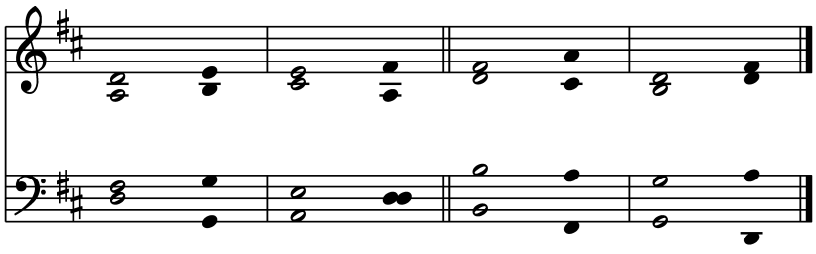
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Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

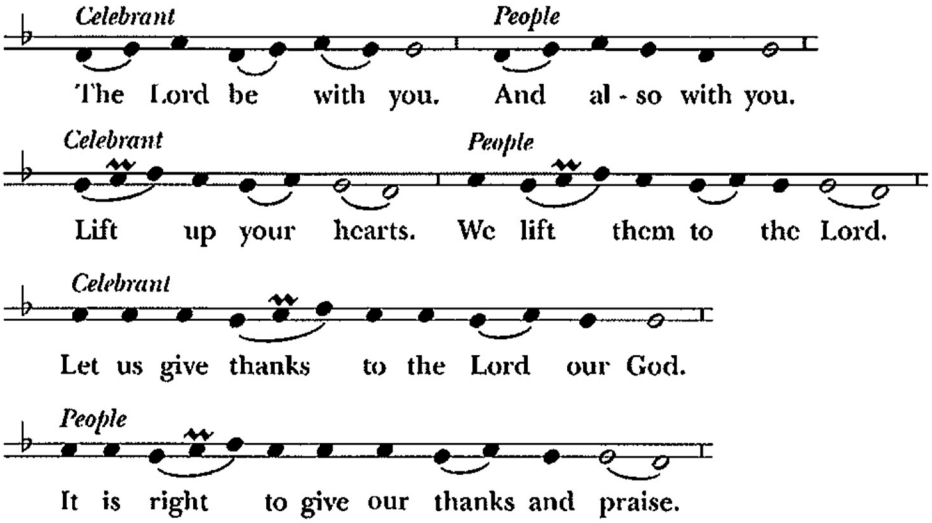
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

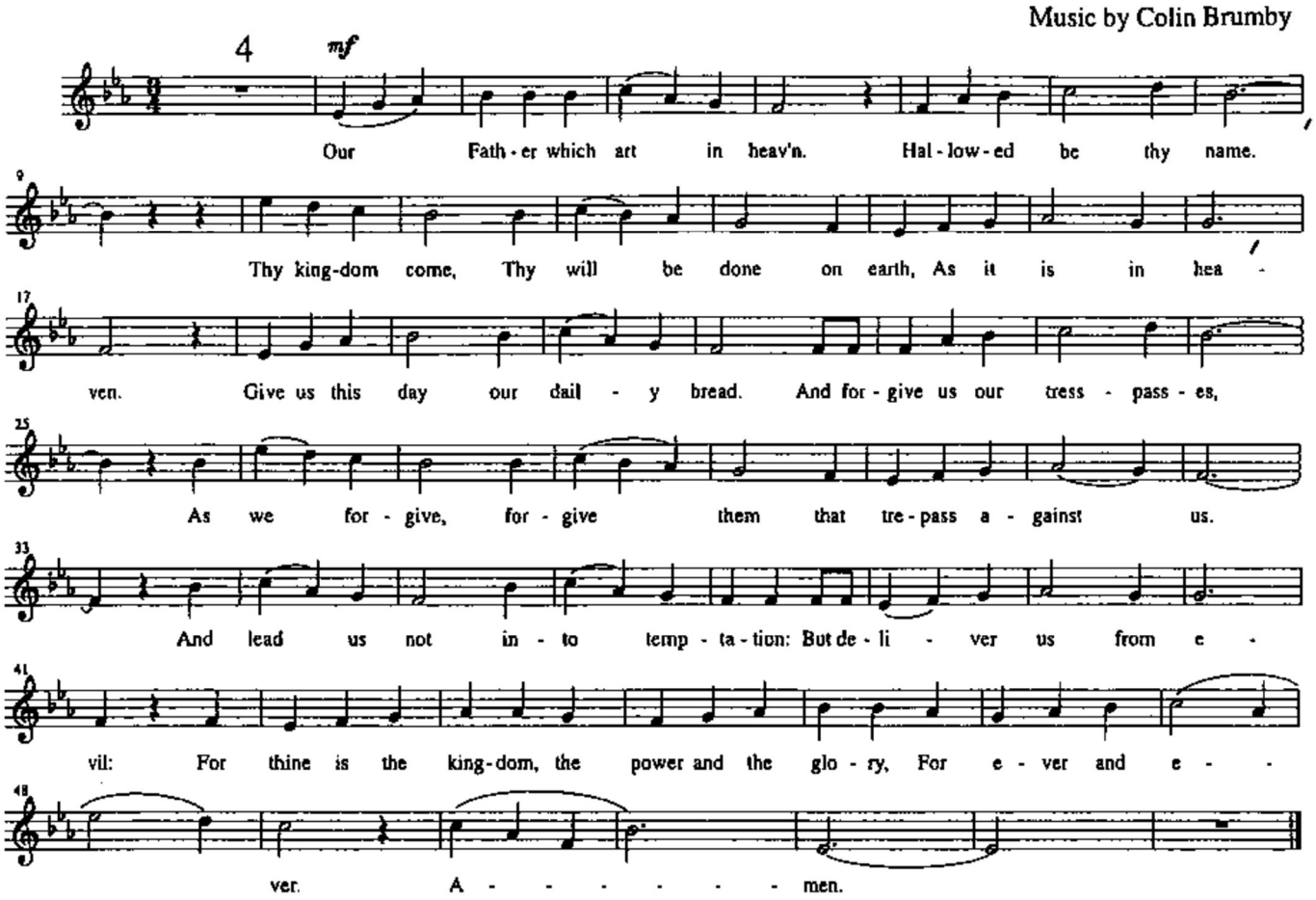
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

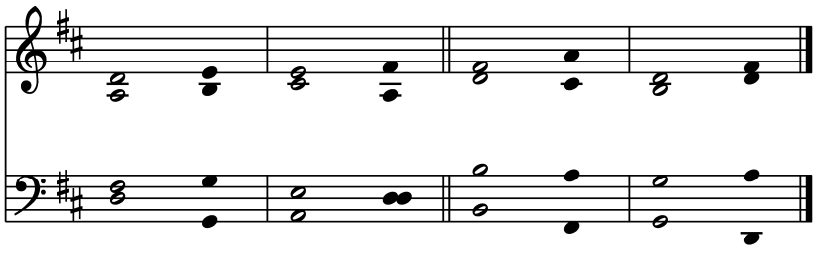
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

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the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
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in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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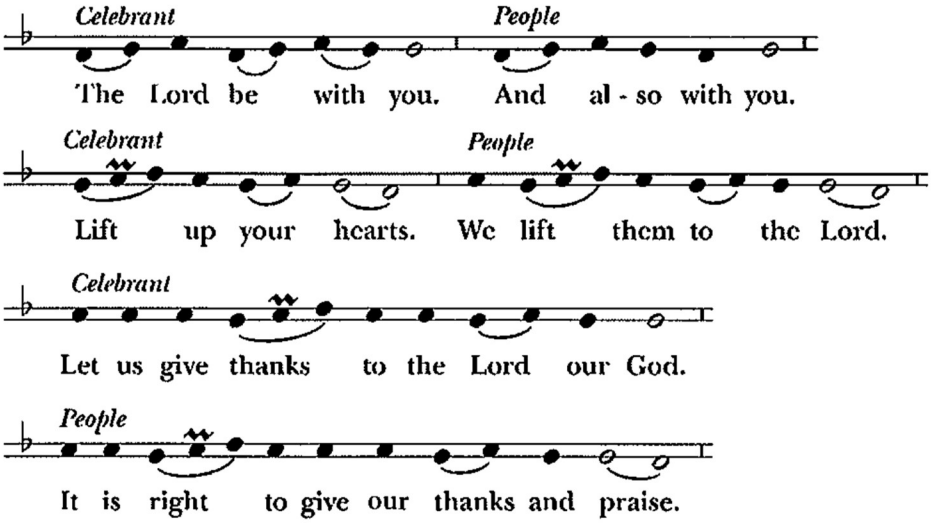
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

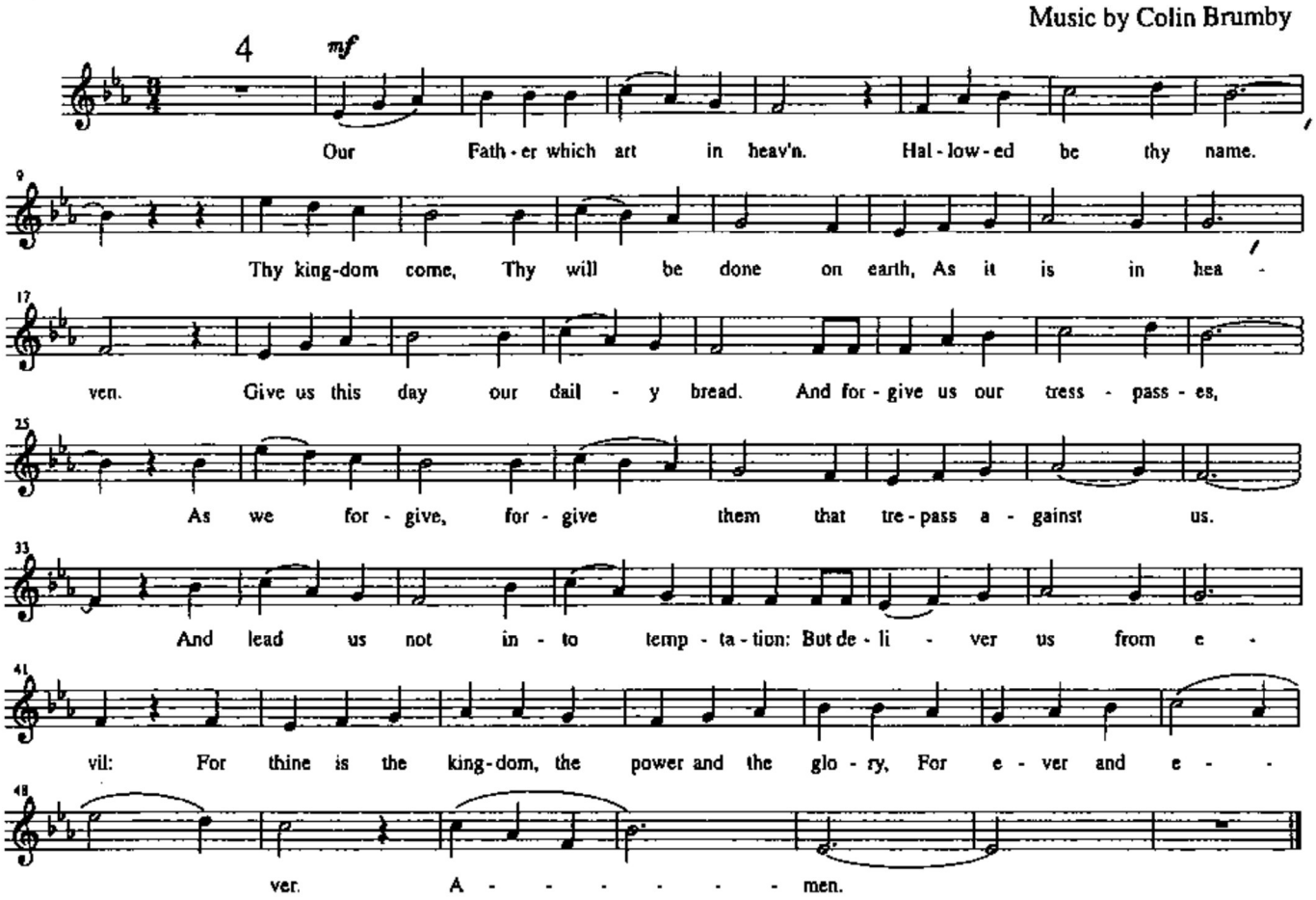
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

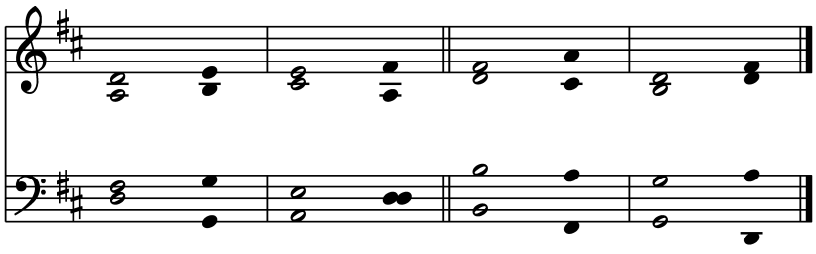
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

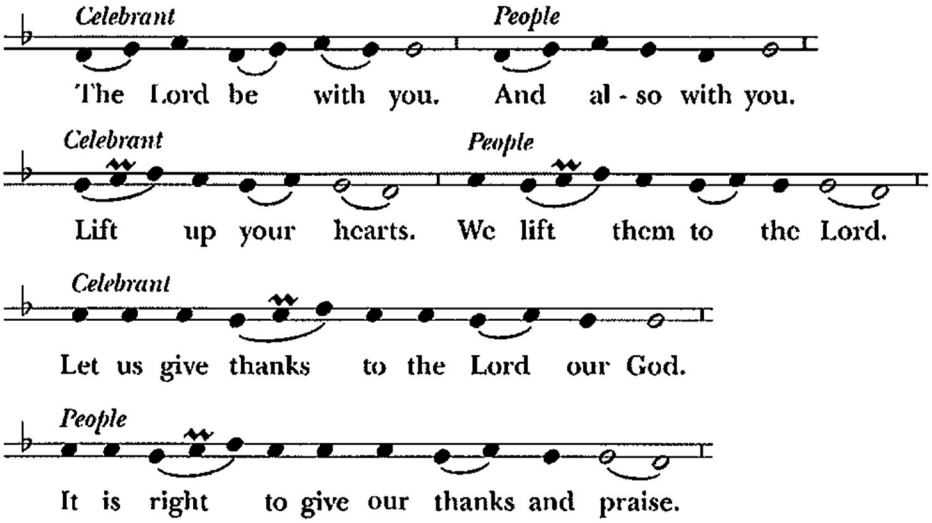
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

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By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

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Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
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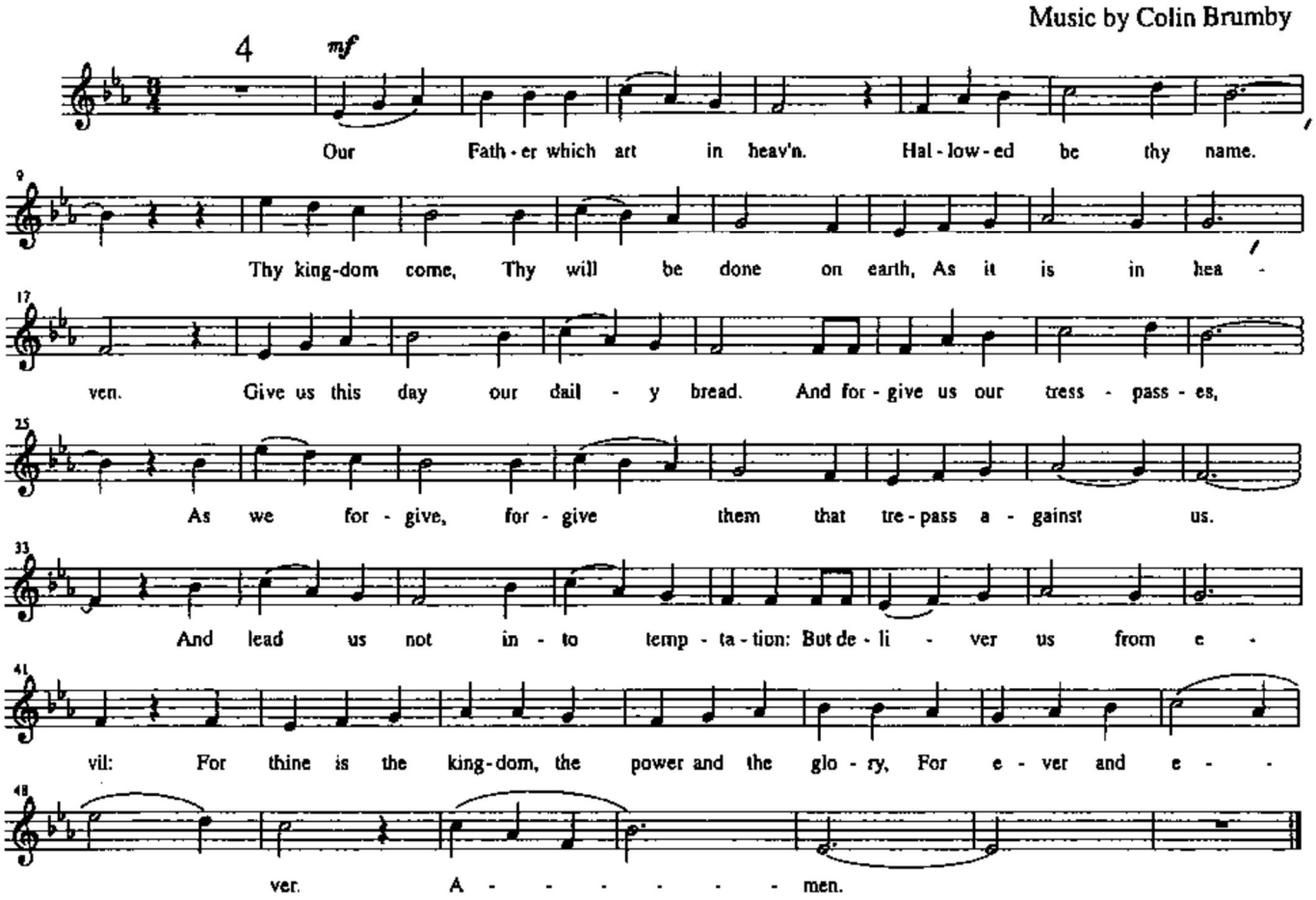
Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

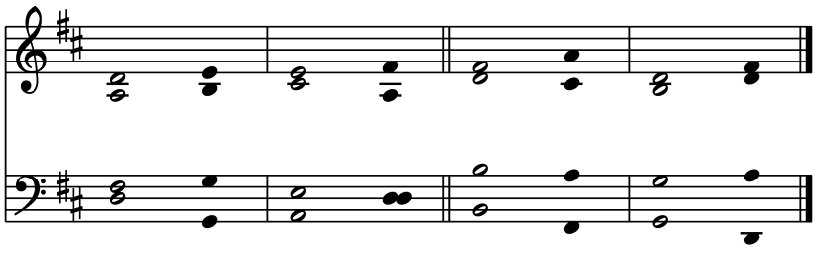
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
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11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

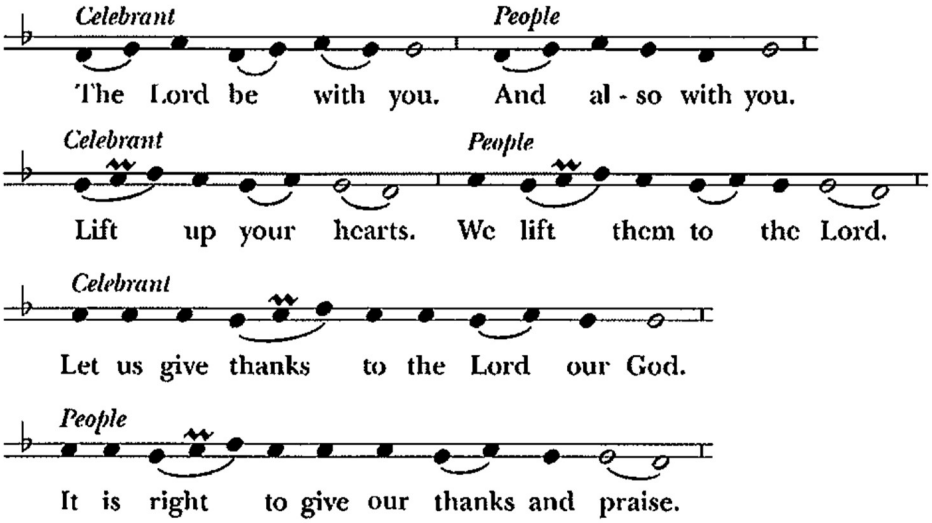
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

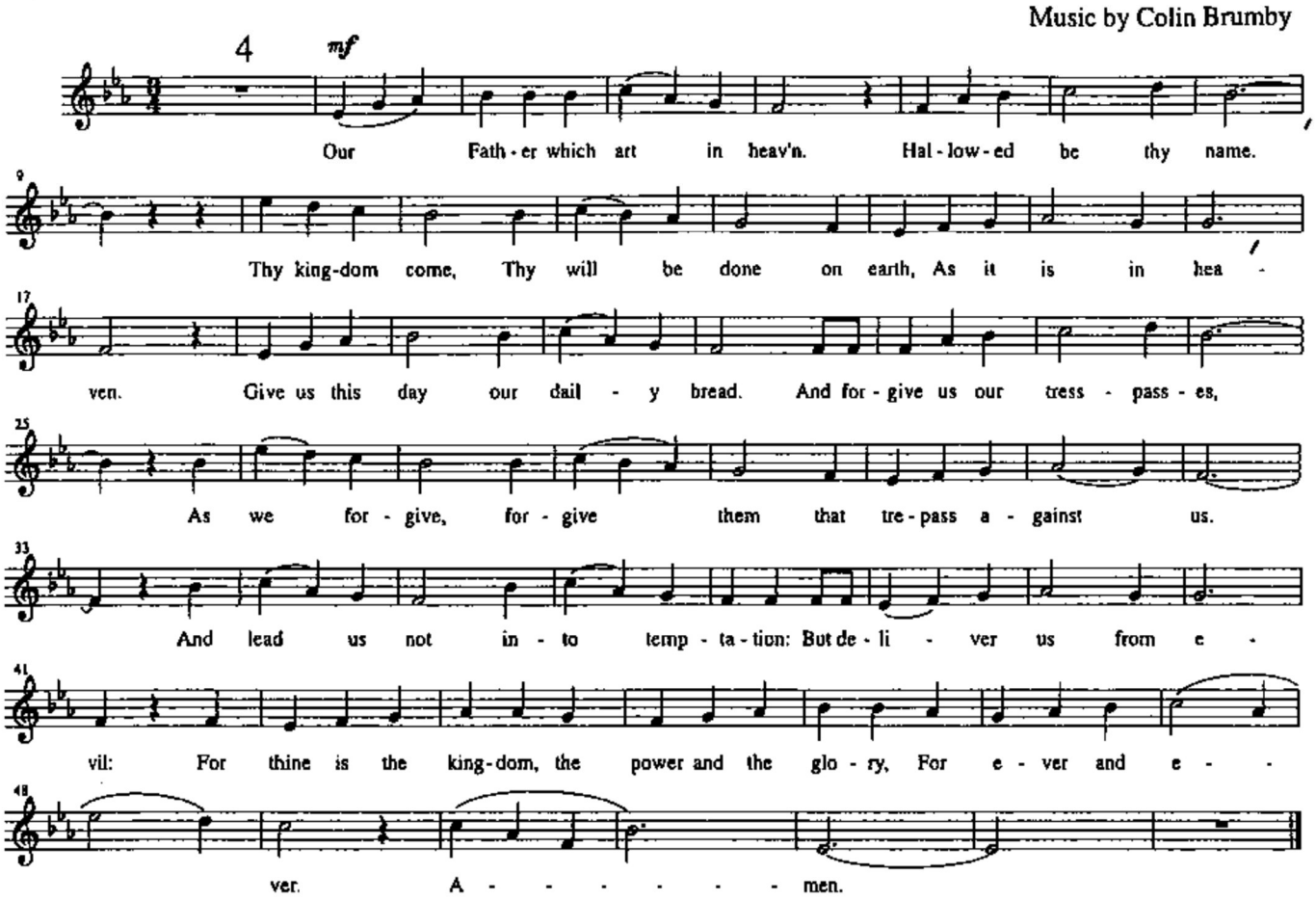
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

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Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

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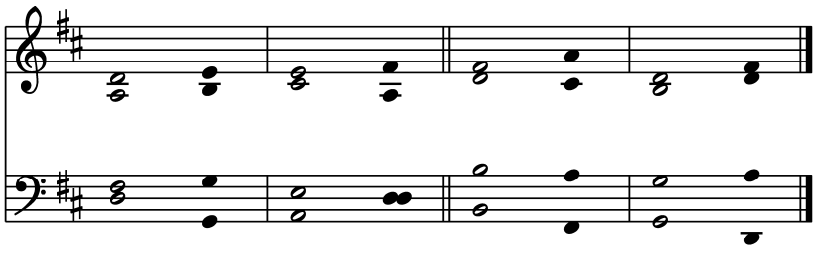
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The Word of the Lord.

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The Gospel of the Lord.

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the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
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Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
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A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

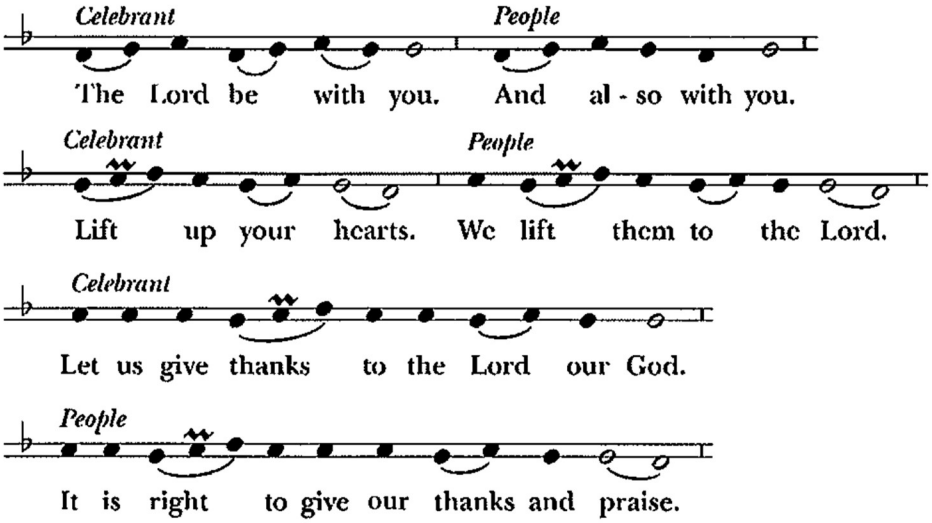
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

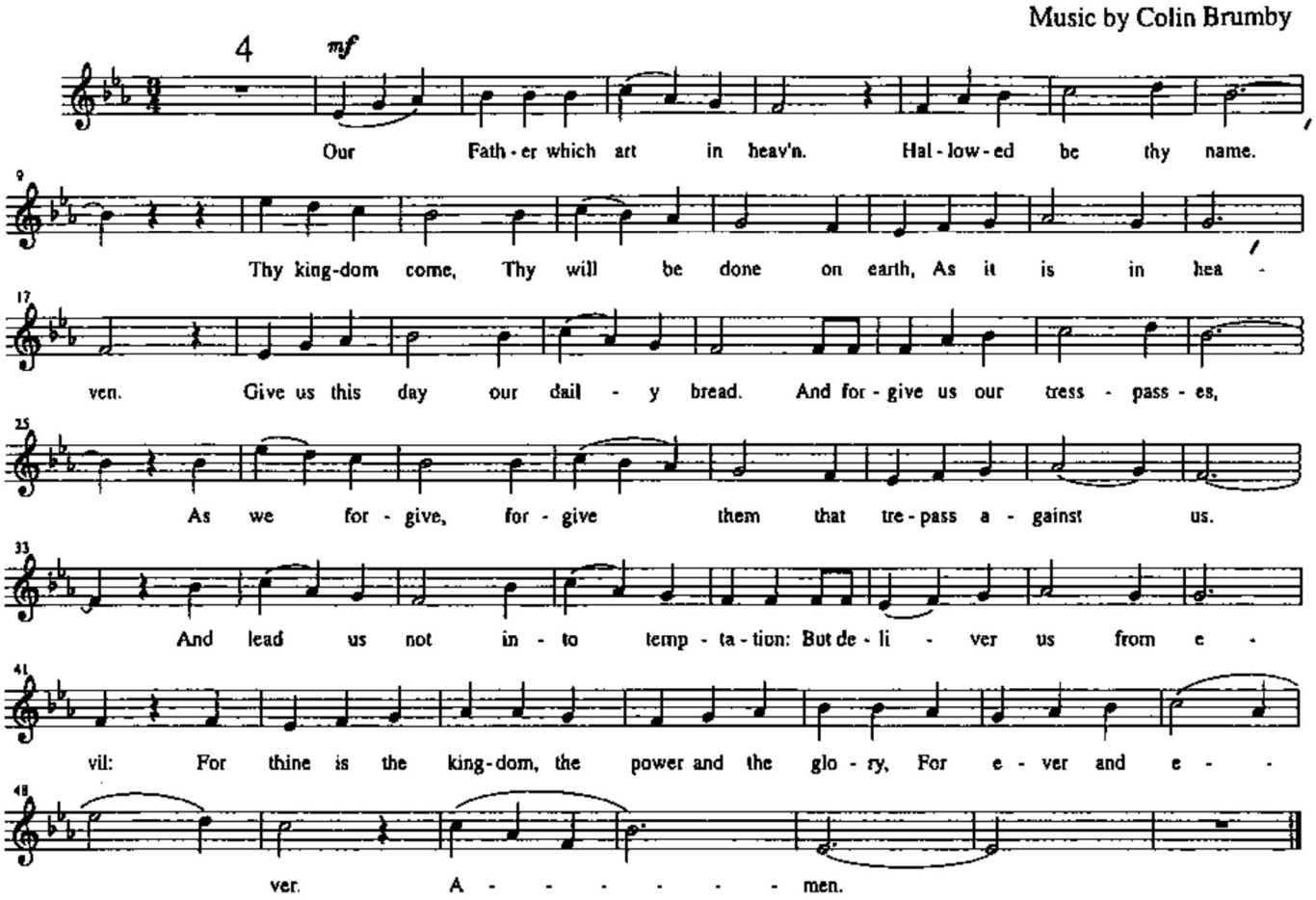
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

St. Barnabas' Episcopal Church
Serving our community, the world, and each other through the love of Jesus Christ.

facebook.com/StBarnabasEpiscopal
Instagram: @stbarnabasannandale
st-barnabaschurch.org ▪ 703-941-2922

Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

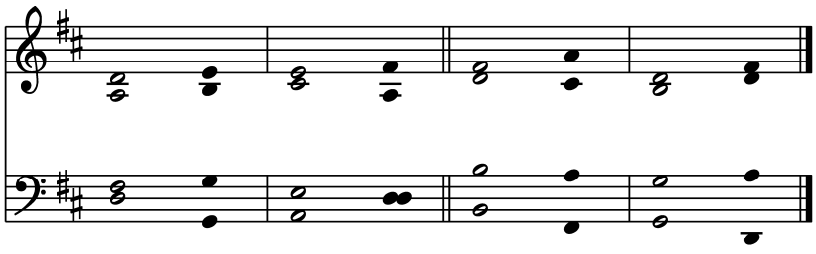
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

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Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
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Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

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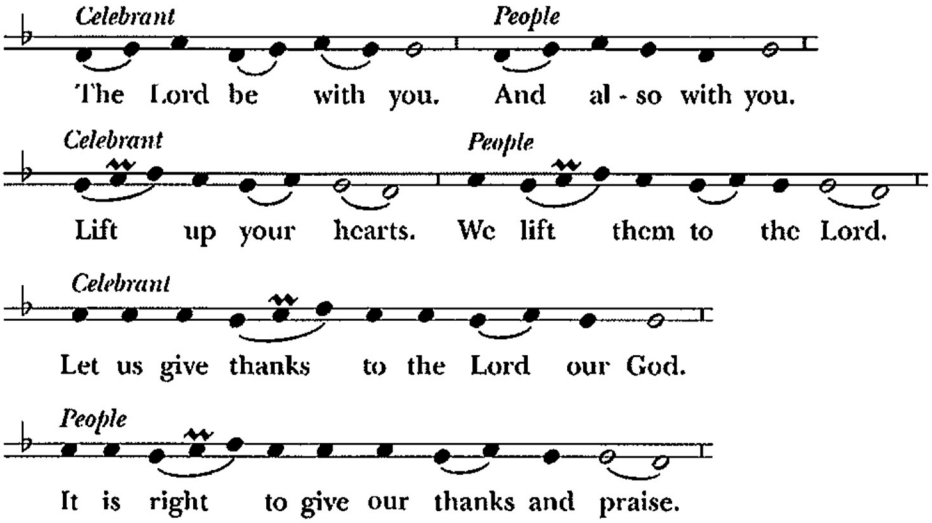
Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

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Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

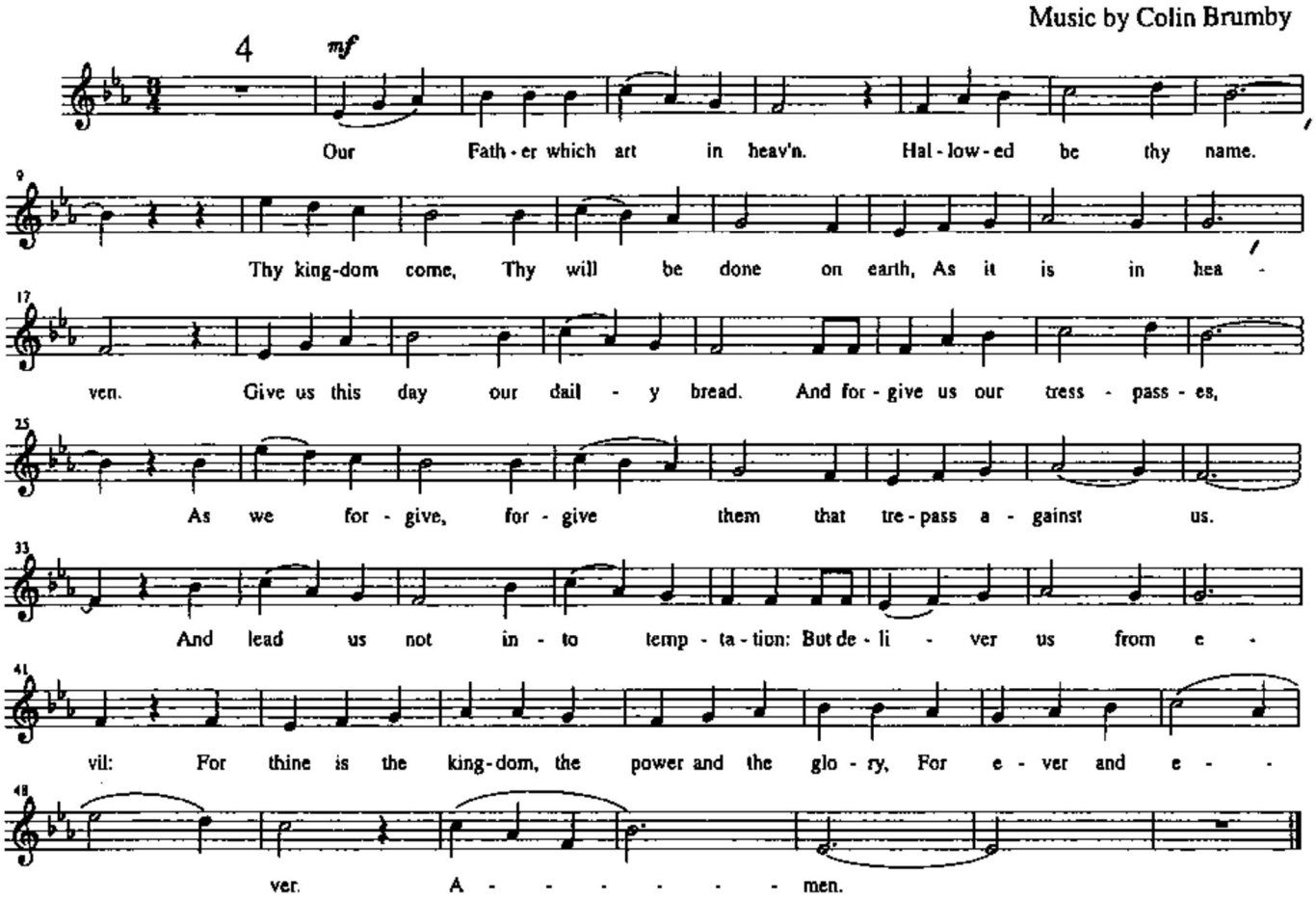
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

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Seventh Sunday after Pentecost
July 12, 2026 – 10:00 a.m.

10:00 a.m. Holy Eucharist

Prelude

Hymn 530 vss. 1-3 *Spread, O Spread, Thou Mighty Word* *Gott sei Dank*

Opening Acclamation

Celebrant Blessed be the One, Holy, and Living God.
People **Glory to God for ever and ever.**

Gloria S-280 *Gloria in excelsis* Powell

The Collect

Celebrant The Lord be with you.
People **And also with you.**
Celebrant Let us pray.

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen**.

The Lessons

Isaiah 55:10-13

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,

making it bring forth and sprout,
giving seed to the sower and bread to the eater,

so shall my word be that goes out from my mouth;
it shall not return to me empty,

but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.

For you shall go out in joy,
and be led back in peace;

the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.

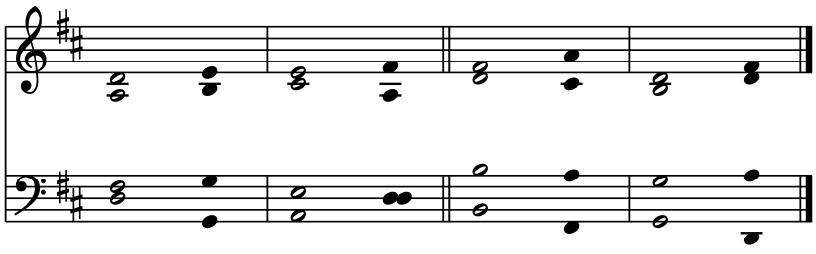
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;

and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

The Word of the Lord.

People **Thanks be to God.**

Psalm 65: 9-14

Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

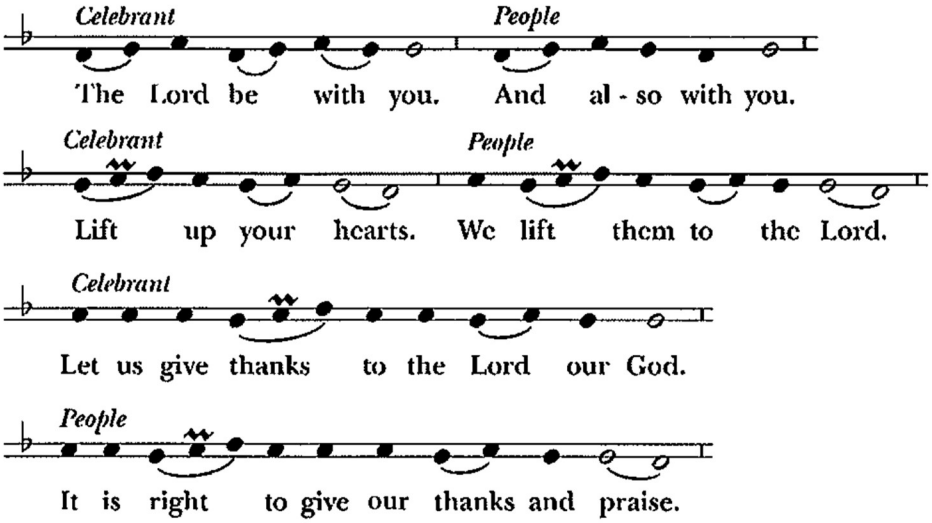
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

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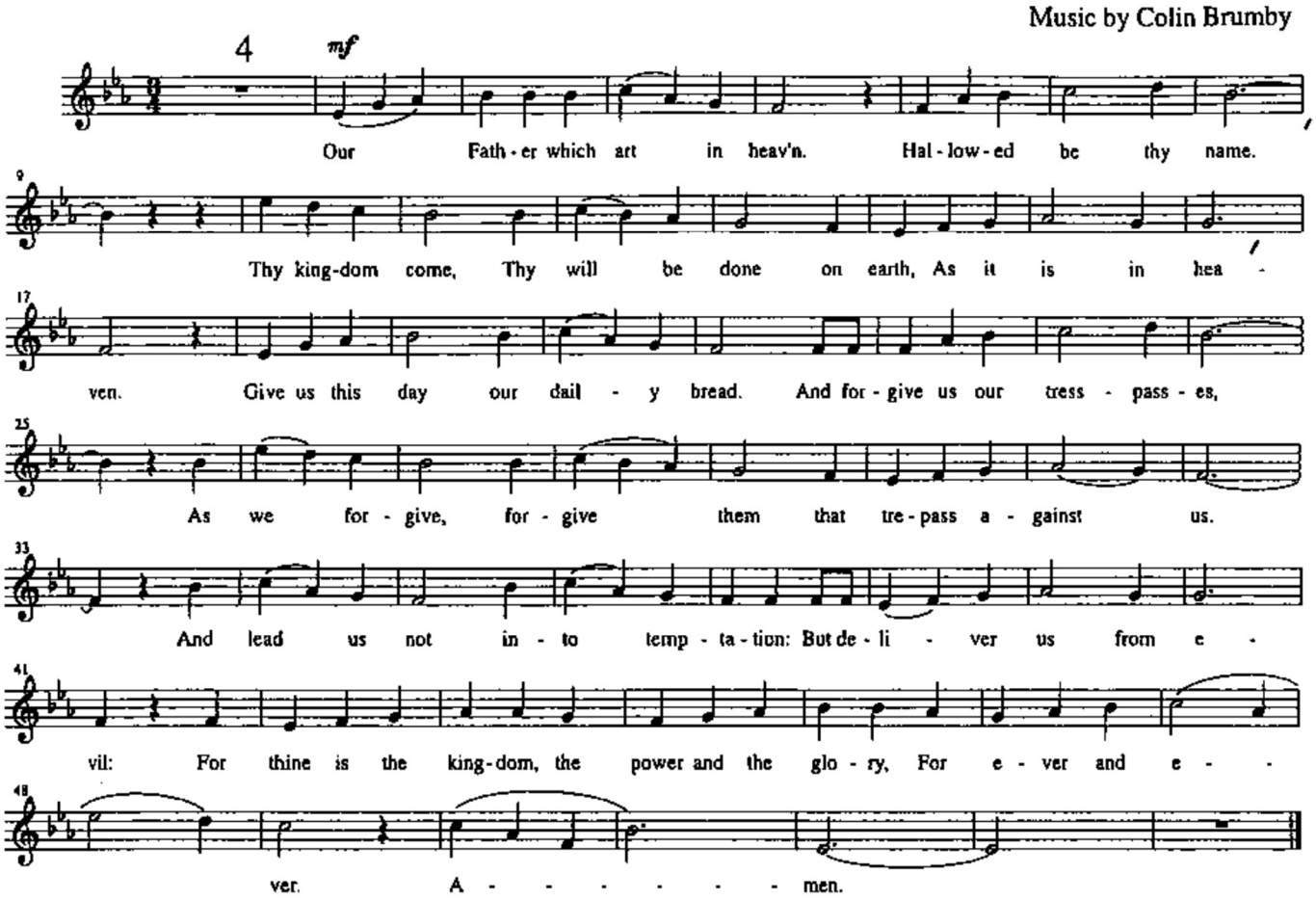
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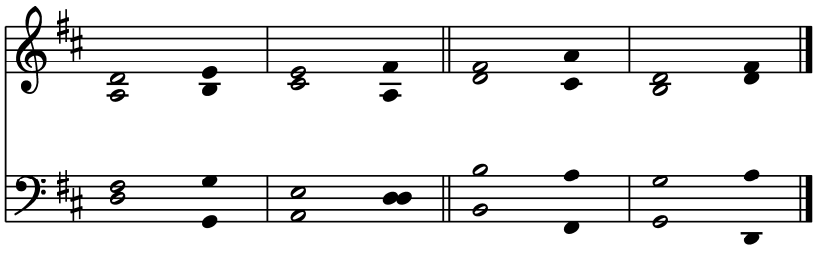
Jerome Webster Meachen
(b. 1930)

9 You visit the earth and water it abundantly;
you make it very |plenteous; *
the river of God is full of |water.
10 You prepare the |grain, *
for so you provide for the |earth.

11 You drench the furrows and smooth out the |ridges; *
with heavy rain you soften the ground and bless its |increase.
12 You crown the year with your |goodness, *
and your paths overflow with |plenty.

13 May the fields of the wilderness be rich for |grazing, *
and the hills be clothed with |joy.
14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with |grain; *
let them shout for joy and |sing.

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Romans 8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit

of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.

People **Thanks be to God.**

All stand in body or spirit

Hymn 588 vs. 1 *Almighty God, your Word is cast* *Call Street*

Matthew 13:1-9, 18-23

The Holy Gospel of our Lord Jesus Christ according to Matthew.

People **Glory to you, Lord Christ.**

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

"Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

The Gospel of the Lord.

People **Praise to you, Lord Christ.**

Hymn 588 vs. 3 *Almighty God, your Word is cast* *Call Street*

Sermon Ms. Deborah Okoth, Seminarian

The Nicene Creed

(Note that in Greek the word for "believe" is the same as the word for "trust")

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.
Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.
Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.
Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.
Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.
Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.
Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.
Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for Confronting Difficult Questions.

God, we affirm that you have all the answers.
We know that we must work to maintain our curiosity and discern your answers.

We wonder what questions to ask.
And we doubt we'll always understand your answers.
So we pray for the possibility of patience as we await your guidance.
Because our longing is to understand and do your will.
Amen.

The Confession of Sin

The Deacon or Celebrant says

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

The Bishop, when present, or the Priest, stands and says

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen**.

The Peace

All stand. The Celebrant says to the people

The peace of the Lord be always with you.

People **And also with you.**

Welcome and Announcements

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to be recognized.

Watch over your *child/children [_____]*, O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants *[_____ and _____ etc]*, that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

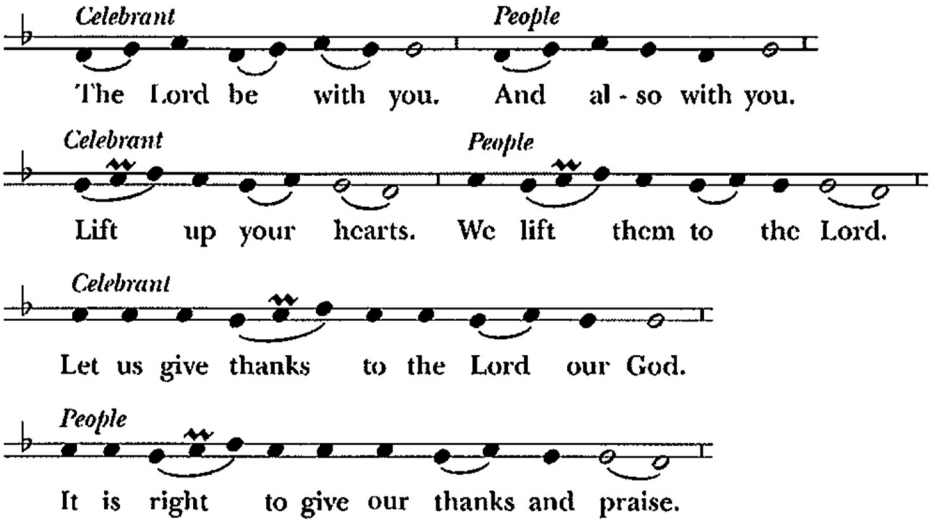
The Liturgy of the Table

Walk in love, as Christ loved us and gave himself for us, an offering and sacrifice to God.

Offertory	*Simple Gifts*	arr. A. Copland
Doxology 380 v. 3	*Praise to God*	Old 100

Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *BCP pg. 369*

Then, facing the Holy Table, the Celebrant proceeds

God of all power, Ruler of the Universe, you are worthy of glory and praise.
Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus S-130 *Holy, Holy, Holy* Schubert

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

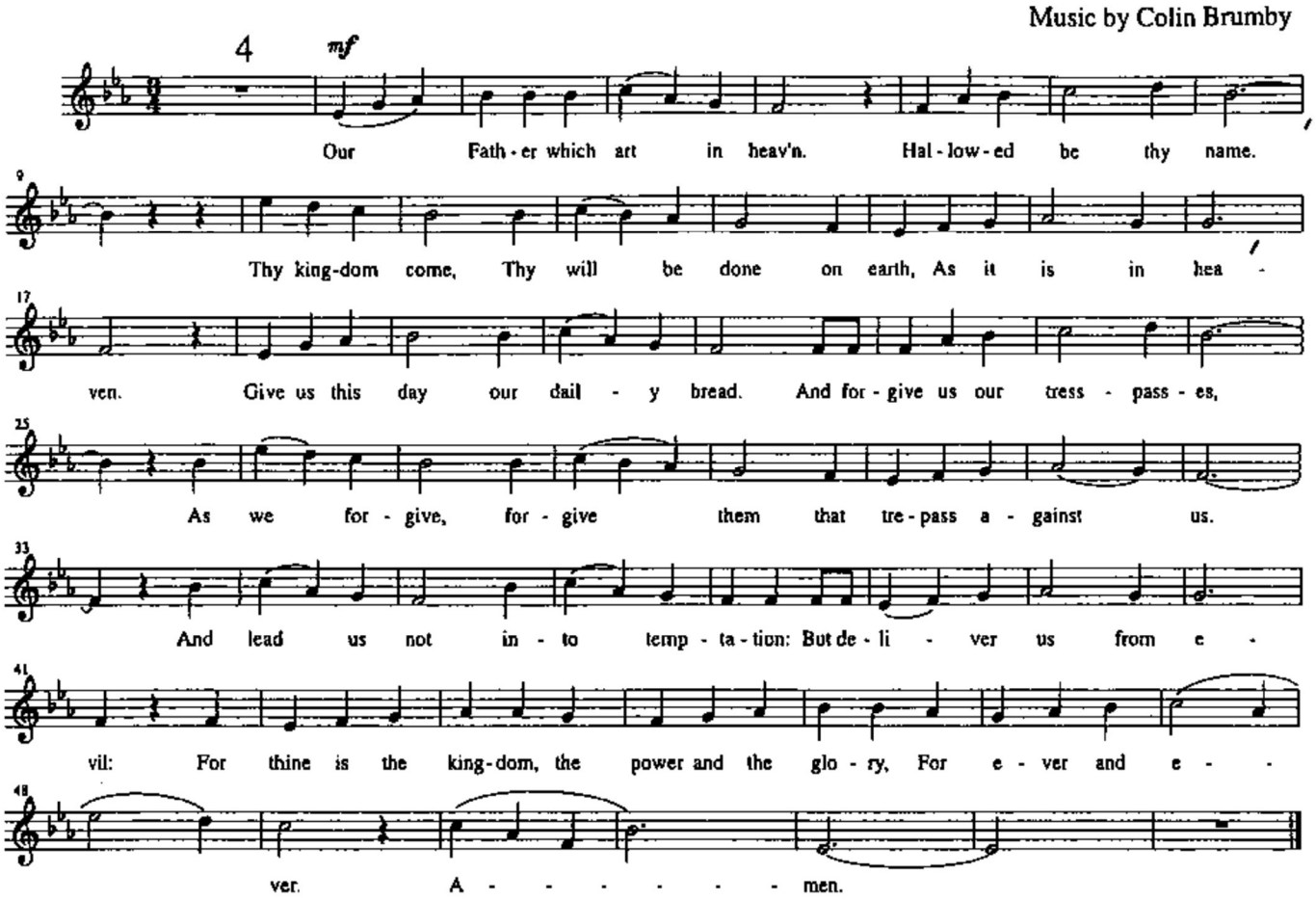
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection,
as we await the day of his coming.

Lord God of our Fathers: God of Abraham and Sarah, Isaac and Rebekah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **Amen**.

And now, as our Savior Christ has taught us, we are bold to sing,

People and Celebrant

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Celebrant Alleluia. Christ our Passover is sacrificed for us;

People **Therefore let us keep the feast. Alleluia.**

Celebrant

The Gifts of God for the People of God. Take them in remembrance that Christ died and rose again for you, and feed on him in your hearts by faith, with thanksgiving.

WLP 763	*As We Gather at Your Table*	*Raquel*
LEVAS 151	*One Bread, One Body*	J. Foley

After Communion, the Celebrant says,

Let us pray.

Almighty and everliving God, we heartily thank you that you do feed us, in these holy mysteries, with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and you do assure us thereby of your favor and goodness towards us; and that we are indeed members incorporate in the mystical body of your Son, the blessed company of all faithful people; and are also heirs, through hope, of your everlasting kingdom. And we humbly ask you, O heavenly Father, so to assist us with your grace, that we may continue in that holy fellowship, and do all such good works as you have prepared for us to walk in; through Jesus Christ our Lord, to whom with you and the Holy Spirit, be all honor and glory, world without end. Amen.

The Blessing

Hymn 627 *Lamp of Our Feet* *Nun danket all und bringet Ehr*

Dismissal

Celebrant Go in peace to love and serve the Lord. Alleluia, Alleluia.
People **Thanks be to God. Alleluia, Alleluia.**

Postlude

The altar flowers are given to the Glory of God.

Caritas Team

The Caritas Team continues its work of care for all within the parish.
If you or another parishioner you know is in need of a phone call or card,
please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need
for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Grace Robbins, 703-283-4481, gracejonesrobbins@gmail.com

CALENDAR

Sunday, July 12	
10:00 AM	Holy Eucharist *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)
Monday, July 13	
10:00 AM	Serenity Seekers Al-Anon – Richardson Room (until 11 AM)
Tuesday, July 14	
10:00 AM	Barnabees Craft Group – Richardson Room
Wednesday, July 15	
10:00 AM	Wednesday Worship – Library
8:30 PM	AA Barnabas Group – Richardson Room
Thursday, July 16	
10:00 AM	Tai Chi – Richardson Room (until 11AM)
6:30 PM	Ryder's Rounders – Richardson Room (until 9PM)
Sunday, July 19	
10:00 AM	Morning Prayer *followed by Coffee Hour*
4:30 PM	Ryder's Rounders – Richardson Room (until 9 PM)
5:30 PM	Ladies' Night Out Al Anon – Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes	Noah, Ronan, Amos, Cindy
Lectors	Kate Lauderdale, Ellen Riddle
Chalicist	Michael Dugger, Cindy McLaughlin
Usher	Tim Greer
Coffee Hour Hosts	Ken & Camille Mittelholtz
Flower Guild	Margot Donnelly
Flower Delivery	Hugh Agnew
Counters	Robin Erskine
Caritas	Grace Robbins
Altar Guild	Molly Newling, Sharon Jones

Participants in the services on July 19 are:

10:00 a.m.

Acolytes	Katie, Leah, Laura, Theresa
Lectors	Kathleen Stark, Theresa Merchant
Chalicist	Theresa Merchant, Michael Dugger
Usher	John Westerlund
Coffee Hour Hosts	Nancy & Keith Peyton, Linda Hartman
Flower Guild	Molly Newling
Flower Delivery	Nancy MacLachlan
Counters	Art Hamerschlag, Ken Mittelholtz
Caritas	Beth Harper
Altar Guild	Jocelyn Leatherwood, Theresa Merchant

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.