

Eight Sunday after Pentecost
July 19, 2026 - 10:00 a.m.



St. Barnabas' Episcopal Church
*Serving our community, the world, and each other
through the love of Jesus Christ.*

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Welcome! We are a diverse community committed to carrying out Christ's mission in the world around us, strengthened, nurtured, and guided by the presence of the Holy Spirit. Some of us were born into the Episcopal Church, some of us were received into it as adults, and some of us are discovering it for the first time. We come from various occupations, family configurations, educational backgrounds, interests, and talents. We have found hospitality here, and invite you to join us.

Our religious tradition is best known for the beauty of its Anglican music and liturgy. Contemporary issues are tested by the standards of scripture, tradition, reason, and experience. The conscience of the individual is highly respected, and corporate worship is the means by which Christ shapes our moral values, nurtures and guides our spiritual formation, shapes the character and community of the faithful, and equips us for mission and ministry. If you are not currently active in another congregation, please accept this invitation to worship with us, and to make our church your own.

The Eight Sunday After Pentecost July 19, 2026

10:00 a.m. Morning Prayer

Prelude

Hymn 482

Lord of All Hopefulness

Slane

Thus says the high and lofty One who inhabits eternity,
whose name is Holy, "I dwell in the high and holy place and
also with the one who has a contrite and humble spirit, to
revive the spirit of the humble and to revive the heart of the
contrite." *Isaiah 57:15*

Confession of Sin

The Officiant says to the people

Dearly beloved, we have come together in the presence of
Almighty God our heavenly Father, to set forth his praise, to
hear his holy Word, and to ask, for ourselves and on behalf
of others, those things that are necessary for our life and our
salvation. And so that we may prepare ourselves in heart and
mind to worship him, let us kneel in silence, and with
penitent and obedient hearts confess our sins, that we may
obtain forgiveness by his infinite goodness and mercy.

Silence may be kept.

Officiant and People together, all kneeling in body and/or spirit

**Most merciful God,
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.**

The Priest alone stands and says

Almighty God have mercy on us, forgive us all our sins
through our Lord Jesus Christ, strengthen us in all
goodness, and by the power of the Holy Spirit keep us in
eternal life. **Amen.**

The Invitatory and Psalter

Officiant O God, let our mouth proclaim your praise.

People **And your glory all the day long.**

Officiant and People

**Praise to the Holy and undivided Trinity, one God:
as it was in the beginning is now, and will be forever, Amen. Alleluia.**

God is the Rock of our salvation: O come let us worship.

Venite *Psalm 95:1-7*

- 1 Come, let us sing to the Holy One; ***
let us shout for joy to the Rock of our salvation.
- 2 Let us come before God's presence with thanksgiving, ***
and raise a loud shout with psalms.
- 3 For you, O God, are a great God; ***
you are great above all gods.
- 4 In your hand are the caverns of the earth, ***
and the heights of the hills are yours also.
- 5 The sea is yours, for you made it, ***
and your hands have molded the dry land.
- 6 Come, let us bow down and bend the knee, ***
and kneel before God, our Maker,
- 7 For you are our God,**
and we are the people of your pasture and the sheep of your hand. *
Oh, that today we would hearken to your voice!

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Psalm 86:11-17

- 11 Teach me your way, O God, and I will walk in your truth; ***
knit my heart to you that I may fear your Name.
- 12 I will thank you, my God, with all my heart, ***
and glorify your Name for evermore.
- 13 For great is your love toward me; ***
you have delivered me from the nethermost Pit.
- 14 The arrogant rise up against me, O God,**
and a band of the violent seeks my life; *
they have not set you before their eyes.
- 15 But you, O God, are gracious and full of compassion, ***
slow to anger, and full of kindness and truth.
- 16 Turn to me and have mercy upon me; ***
give your strength to your servant
and save the child of your handmaid.
- 17 Show me a sign of your favor,**
so that those who hate me may see it and be ashamed, *
because you, O God, have helped me and comforted me.

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Officiant and People

**Praise to the Holy and undivided Trinity, one God:
as it was in the beginning is now, and will be forever, Amen.**

The Lessons

Isaiah 44:6-8

Thus says the Lord, the King of Israel,
and his Redeemer, the Lord of hosts:

I am the first and I am the last;
besides me there is no god.

Who is like me? Let them proclaim it,
let them declare and set it forth before me.

Who has announced from of old the things to come?
Let them tell us what is yet to be.

Do not fear, or be afraid;
have I not told you from of old and declared it?
You are my witnesses!

Is there any god besides me?
There is no other rock; I know not one.

The Word of the Lord.

People

Thanks be to God.

Canticle I: A Song of Jonah

Jonah 2:2-7,9

**I called to you, O God, out of my distress, and you answered me; *
out of the belly of Sheol I cried, and you heard my voice.
You cast me into the deep, into the heart of the seas, *
and the flood surrounded me;
all your waves and billows passed over me.
Then I said, "I am driven away from your sight; *
how shall I ever look again upon your holy temple?"
The waters closed in over me, the deep was round about me; *
weeds were wrapped around my head at the roots of the mountains.
I went down to the land beneath the earth, *
yet you brought up my life from the depths, O God.
As my life was ebbing away, I remembered you, O God, *
and my prayer came to you, into your holy temple.
With the voice of thanksgiving, I will sacrifice to you; *
what I have vowed I will pay, for deliverance belongs to the
Lord!**

Romans 8:12-25

Siblings, we are debtors, not to the flesh, to live according to the flesh-- for if you live according to the flesh, you will die; but if by the Spirit you put to death the deeds of the body, you will live. For all who are led by the Spirit of God are children of God. For you did not receive a spirit of slavery to fall back into fear, but you have received a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labor pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

The Word of the Lord.

People

Thanks be to God.

Matthew 13:24-30, 36-43

A Reading from the Gospel according to Matthew.

Jesus put before the crowd another parable: "The kingdom of heaven may be compared to someone who sowed good seed in his field; but while everybody was asleep, an enemy came and sowed weeds among the wheat, and then went away. So when the plants came up and bore grain, then the weeds appeared as well. And the slaves of the householder came and said to him, 'Master, did you not sow good seed in your field? Where, then, did these weeds come from?' He answered, 'An enemy has done this.' The slaves said to him, 'Then do you want us to go and gather them?' But he replied, 'No; for in gathering the weeds you would uproot the wheat along with them. Let both of them grow together until the harvest; and at harvest time I will tell the reapers, Collect the weeds first and bind them in bundles to be burned, but gather the wheat into my barn.'"

Then he left the crowds and went into the house. And his disciples approached him, saying, "Explain to us the parable of the weeds of the field." He answered, "The one who sows the good seed is the Son of Man; the field is the world, and the good seed are the children of the kingdom; the weeds are the children of the evil one, and the enemy who sowed them is the devil; the harvest is the end of the age, and the reapers are angels. Just as the weeds are collected and burned up with fire, so will it be at the end of the age. The Son of Man will send his angels, and they will collect out of his kingdom all causes of sin and all evildoers, and they will throw them into the furnace of fire, where there will be weeping and gnashing of teeth. Then the righteous will shine like the sun in the kingdom of their Father. Let anyone with ears listen!"

The Word of the Lord.

*People***Thanks be to God.**

The Apostles' Creed

Officiant and People together, all standing in body or spirit

Note: the Greek word for "believe" is also the word for "trust"

**I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

The Prayers

The People stand or kneel in body or spirit

Officiant The Lord be with you.

People **And also with you.**

Officiant Let us pray.

Officiant and People

**Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.**

Suffrages B

V. Save your people, Lord, and bless your inheritance;
R. **Govern and uphold them, now and always.**
V. Day by day we bless you;
R. **We praise your name for ever.**
V. Lord, keep us from all sin today;
R. **Have mercy upon us, Lord, have mercy.**
V. Lord, show us your love and mercy;
R. **For we put our trust in you.**
V. In you, Lord, is our hope;
R. **And we shall never hope in vain.**

The Officiant then says one or more of the following Collects

The Collect of the Day

Celebrant The Lord be with you.

People **And also with you.**

Celebrant Let us pray.

Almighty and everlasting God, you govern all things both in heaven and on earth: Mercifully hear the supplications of your people, and in our time grant us your peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

A Collect for Sundays

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

A Collect for Peace

O God, the author of peace and lover of concord, to know you is eternal life and to serve you is perfect freedom: Defend us, your humble servants, in all assaults of our enemies; that we, surely trusting in your defense, may not fear the power of any adversaries; through the might of Jesus Christ our Lord. **Amen.**

A prayer for mission

Lord Jesus Christ, you stretched out your arms of love on the hard wood of the cross that everyone might come within the reach of your saving embrace: So clothe us in your Spirit that we, reaching forth our hands in love, may bring those who do not know you to the knowledge and love of you; for the honor of your Name. **Amen.**

Here may be sung a hymn or anthem.

Offertory LEVAS 120

Sweet, Sweet Spirit

Akers

**Praise God, from whom all blessings flow;
Praise him, all creatures here below;
Praise him above, ye heavenly host:
Praise Father, Son, and Holy Ghost.**

Welcome and Announcements

Authorized intercessions and thanksgivings may follow.

The Prayers for Birthdays & Anniversaries

All those with Birthdays and Anniversaries this week are invited to come to the front for prayer.

Watch over your *child/children* [____], O Lord, as *their* days increase; bless and guide *them* wherever *they* may be. Strengthen *them* when they stand; comfort *them* when discouraged or sorrowful; raise *them* up if *they* fall; and in *their* hearts may thy peace which passeth understanding abide all the days of *their lives*; through Jesus Christ our Lord. Amen.

O God, you have so consecrated the covenant of marriage that in it is represented the spiritual unity between Christ and his Church: Send therefore your blessing upon these your servants [____ and ____ etc], that they may so love, honor, and cherish each other in faithfulness and patience, in wisdom and true godliness, that their home may be a haven of blessing and peace; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Prayers of the People *by Debora Okoth, Seminarian*

Gracious Father, we pray for the Universal Church; we pray for St. Barnabas', and for all its members and its mission; equip your people for the work you've called them to do, and let the gospel go forth with power, in word and in deed.

Lord, have mercy.

God of justice and peace, we pray for the leaders of the nations and all peoples of the earth. Grant them wisdom to govern with integrity, that peace and justice may prevail, and your people may live in harmony.

Lord, have mercy.

Lord, we pray for the welfare of the world, for places torn by war, poverty, and disaster. Comfort the displaced, feed the hungry, and bring an end to violence and oppression. Pour out your Spirit on a world in need of hope, and use your people as agents of your peace.

Lord, have mercy.

Father, we lift up our community before you. Bless our schools, our neighbors, and those who serve this community. Where there is need, provide; where there is brokenness, restore. Help us be a light and a help for the community.

Lord, have mercy.

Jesus Christ, Savior of the world, we pray for those who are sick, the weak, the despairing, all who suffer and those in any trouble. May they find health, peace and everlasting grace in you.

Lord, have mercy.

Our Father in Heaven we bring before you all those in particular need: Jack, Arlie (family of Theresa), Sarah and Chris (friends of Leigh), Laura (friend of John), and Iglesia San Juan Bautista. Please name others on your heart, either silently or aloud.

Lord, have mercy.

Our Father in Heaven, we give thanks for all our forebears who have gone on to glory, and for the wisdom and goodness that they passed down to us during their earthly pilgrimage. We especially remember Larry Stark, Oliver Fortune, Marybeth Kennedy, and James Welch. Please name any others on your heart, either silently or aloud.

Lord, have mercy.

A concluding Collect written by the Education for Ministry Class, for God Making Things Better.

God is aware of our sufferings and compassionate,
The world is a mess,
We ask for wisdom, guidance, and support,
We ask for empathy and grace on behalf of God's creation,
We confess to being overwhelmed at times,
We give thanks for God's grace, love, and mercy,
We come together in awe and wonder at God's love for us
So that we may share it with others
In the name of God, the source of our strength
Amen.

A Prayer of St. Chrysostom

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. Amen.

Recessional Hymn 372

Praise to the Living God!

Leoni

Then may be said

Let us bless the Lord.
Thanks be to God.

The Officiant

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to God from generation to generation in the Church, and in Christ Jesus for ever and ever. **Amen.** *Ephesians 3:20,21*

Postlude

The altar flowers are given to the glory of God.



Caritas Team

The Caritas Team continues its work of care for all within the parish. If you or another parishioner you know is in need of a phone call or card, please contact the on-call person listed below.

Current Caritas Team ministries include:
Prayer Chain ▪ Sending Cards ▪ Phone Calls

The Parish Administrator also can inform the Caritas team when need for one of these ministries comes up (email to stbarnabaschurch@outlook.com).

On-call this week is Beth Harper, 703-615-5673, bharper49@msn.com

CALENDAR

Sunday, July 19

- 10:00 AM Morning Prayer *followed by Coffee Hour*
- 4:30 PM Ryder's Rounders - Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)

Monday, July 20

- 10:00 AM Serenity Seekers Al-Anon - Richardson Room (until 11 AM)

Tuesday, July 21

- 10:00 AM Barnabees Craft Group - Richardson Room

Wednesday, July 22

- 10:00 AM Wednesday Worship - Library
- 8:30 PM AA Barnabas Group - Richardson Room

Thursday, July 23

- 10:00 AM Tai Chi - Richardson Room (until 11AM)
- 6:30 PM Ryder's Rounders - Richardson Room (until 9PM)

Sunday, July 26

- 10:00 AM Morning Prayer *followed by Coffee Hour*
- 4:30 PM Ryder's Rounders - Richardson Room (until 9 PM)
- 5:30 PM Ladies' Night Out Al Anon - Lyles Room (until 7 PM)

Participants in the services today are:

10:00 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Flower Guild
Flower Delivery
Counters
Caritas
Altar Guild

Katie, Leah, Laura, Theresa
Kathleen Stark, Theresa Merchant
Theresa Merchant, Michael Dugger
John Westerlund
Nancy & Keith Peyton, Linda Hartman
Molly Newling
Nancy MacLachlan
Art Hamerschlag, Ken Mittelholtz
Beth Harper
Jocelyn Leatherwood, Theresa Merchant

Participants in the services on July 26 are:

10:00 a.m.

Acolytes
Lectors
Chalicer
Usher
Coffee Hour Hosts
Flower Guild
Flower Delivery
Counters
Caritas
Altar Guild

Michael, Joey, Blue, Cindy
Dave Wright, Camille Mittelholtz
Michael Dugger, Cindy McLaughlin
Ken Mittelholtz
Maria Bottlick
Dana Wiseman
Betty Jo Fortune
John Westerlund, Norma Ricketts
Kathleen Stark
Grace Robbins, Linda Hartman

Land Acknowledgement

We remember and honor the Indigenous people of the world, especially the Piscataway Conoy Nation, whose land we now occupy in this region that was once their home, and that was taken from them. We give thanks for them and their care for this land. May we always remember that the Earth does not belong to us; rather, we are charged with stewardship of the Earth, and are all members of our Creator's family. We ask God to help us learn from our past mistakes and be instruments of justice and peace for all people, particularly the original Indigenous inhabitants.