July/August 2017

The St. Barnabas' Reporter

The Clergy Page

The Rev. Canon Carol Cole Flanagan Interim Rector

The Seventh Day

"... on the seventh day God finished the work that he had done, and he rested

... so God blessed the seventh day and hallowed it ... "

Students and teachers are soon out of school, clubs and organizations are moving to summer schedules, the children are now enrolled in every conceivable activity imaginable, and travel calendars are filling fast. Let me put in a bid for the Sabbath. And I don't mean Sundays.

Sundays are the first day of the week: the Lord's Day. These are important too.

The Sabbath is the seventh day: a holy day. Saturdays are the days dedicated • Frederick Farewell to rest, recreation and renewal. They are a gift from the Creator.

Dorothy Bass, in her book Practicing Our Faith, writes, "Americans need rest, and they need to be reminded that they do not cause the grain to grow and that their greatest fulfillment does not come through the acquisition of material things. Moreover, the planet needs a rest from human plucking and burning and buying and selling." (And you were going to spend Saturday plucking weeds, burning brush, and running errands?!)

One of the characteristics that distinguishes the God of Israel from the gods of the nations is that ours is a God who rests, and urges us to do the same. Walter Brueggemann says ours is a God who says, "I'm not going in to the office tomorrow. I've put in long hours every day all week and tomorrow I'm putting my feet up and enjoying what I've accomplished." In other words, our work is not finished until we take time off to appreciate the fruits of our labors in leisure. Not only does it provide satisfaction and a sense of accomplishment, but it also reminds us that the world does not depend on us. We are not indispensable.

It wasn't all that long ago when the upper classes were known as the "leisured class." It was the poor and working classes who worked from sun-up to sundown, with one day off a month - if they were lucky enough to be in domestic service. Today, it is the middle class as well. The forty-hour workweek seems to have disappeared when we weren't looking, and mobile phones, and pagers keep people tied to the office long after the day is done. Many children now work as many hours at "activities" as children did before the establishment of Child Labor laws.

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SPECIAL POINTS OF **INTEREST**

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Vestry Highlights - June 2017

expand our presence and mission in the community.

<u>Vacation Bible School</u>: Vacation Bible School is being planned for the week of July 16, in the evening. Look elsewhere in the Reporter for details. <u>Building Use</u>: We are opening the use of the church to two groups to

1. An agreement has been reached with Oneness Mission Church (Mongolian Christian congregation) for them to use the church building on Sunday afternoons, beginning June 18. They will meet in the church for worship at 1:00 pm, with lunch following in the Richardson Room. They will be finished no later than 3:30 pm so that FACETS will be able to work on the first Sundays of the month. Other possible scheduling conflicts with church groups will be worked out on a case-by-case basis.

2. We are in the process of working out an agreement with Lives Under Construction which is proposing a program for High School students on weekdays during the last two weeks of August.

<u>Financial</u>: On the Finance Committee's recommendation, the Audit Reports for 2014, 2015, and 2016 were approved by the Vestry and will be sent to the Diocese.

St. Barnabas' has obtained a credit card from BB&T for use by the Administrative Assistant and the two Junior Wardens for church-related purchases.

We are searching for a Treasurer to fill the position vacated by the resignation of Sudhir Frederick because of his move out of state. The duties of the position have changed significantly since the hiring of a bookkeeper in recent years and the creation of the position of Assistant Treasurer. Anyone interested in serving the church in this role should contact Mark Patterson, Senior Warden.

<u>Annandale Safe Youth Project (ASYP)</u>: An end-of-school party was held on June 14, and Ann Woodle was honored with a plaque, flowers, a cake, and the thanks of all for her many years of dedication and service to this ministry. The Interim Rector, several members of the Vestry, and several parishioners attended. ASYP will continue through the summer on Monday through Wednesday from 2-6 pm in June, July, and the first 2 weeks of August, with Rotha Frye taking Ann's place as lead for St. Barnabas' volunteers. Both academic support and fun activities are being planned; a location for swimming is still needed.

<u>Calendar Planning</u>: At the Parent's meeting on June 11 it was decided to have a Parish -wide Calendar session for representatives of all St. Barnabas' groups to post their events and meeting times on a central calendar. The Calendar Planning event will be July 9 after the 10:15 service. - Molly Newling

To the Women of St. Barnabas'

Thank you so much for your generous gift. Although unexpected, it was truly appreciated. I do whatever I can for St. Barnabas' because I feel I am part of the Congregation. Thank you again! It's always gratifying to get a pat on the back, but a kiss on the cheek would have been enough. Your sexton, JohnO

St. Barnabas' Episcopal Church

4801 Ravensworth Road Annandale, VA 22003 703-941-2922

Parish Staff

The Rev. Canon Carol Cole Flanagan, Interim Rector Mr. Young Kwon Interim Minister of Music Ms. Catherine Dubas Parish Administrator Ms. Maria Bottlick Bookkeeper Mr. John Otwell Sexton

> Vestry and Parish Officers

Mark Patterson Senior Warden

Cindy McLaughlin and Camille Mittelholtz Junior Wardens

> Open Treasurer

PJ Kennedy Assistant Treasurer

> Molly Newling Register

Sanjiv Augustine James Carroll Dick Crutchely Rotha Frye Jack Miller Kathleen Stark

Catherine Dubas Newsletter Editor

Schedule of Services Sundays

8:00 a.m. Holy Eucharist 9:15 a.m. Christian Formation for All Ages 10:15 a.m. Holy Eucharist & Children's Chapel (Nursery available at 9:00 a.m.)

Wednesday Morning

10:00 a.m. Worship (Holy Eucharist and Healing on the first Wednesday of each month)

Adult Forum by Maria Macfarlane & Carol Cole Flanagan

Adult Forum - Looking Forward and Looking Back An Episcopalian's Walk With Jesus How the Church Sacraments, Readings, Prayers, and Works Bring Us to Christ

The Adult Forum concluded for the program year with a review of the past year's events and some brainstorming for the coming year. Cricket Camp and Grace Robbins led the discussion with Jocelyn Leatherwood at the easel.

People enjoyed the events led by The Rev. Tony Lewis, and by The Rev. Dr. Judy Fentress-Williams on the psalms and spirituals; the Shrine Mont recap, which was very helpful to those who couldn't be there; sessions on the beatitudes; and events on prison ministry, drugs, gangs, and computer technology, to name a few.

In our next program year, Adult Forum will include a number of talks by Ed Ing and Stephen Ackert that will follow the Church calendar. Our theme in early fall will be "An Episcopalian's Walk With Jesus: How the Church Sacraments, Readings, Prayers, and Works Bring Us to Christ."

A number of additional topics were suggested for future planning, including:

- Millennials: who they are, what distinguishes this demographic, and how we might respond to their interests and concerns;
- Animal welfare and its growing place in our creation theology, the Episcopal Network for Animal Welfare, and an invitation to Lois Godfrey Wye, an environmental lawyer, on her blog, "Dominion in the Image of God";
- How to make good use of the interim period, that included sending people out in twos and threes to visit other churches for ideas on what we do well and what we might want to tweak;
- Black History Month: One suggestion was to invite a speaker from St. Mary's, Foggy Bottom, a multicultural, multigenerational parish of the Episcopal Church, and the first African American Episcopal community in the City of Washington. It was founded in 1867 and is celebrating its 150th anniversary in 2017;
- The Anglican Communion and how parishioners from other branches of the Communion have experienced the commonalities and differences;
- Ministry with Veterans, an interest of seminarian Jeff Stevenson's;
- The Washington Office of the Episcopal Church, which advances public policy initiatives on our behalf: what they do and how they do it;
- Field Trips to include the Acolyte Festival at the Washington National Cathedral in October, a monastery, and a visit to churches on the Northern Neck;
- More on computer technology!

Stay tuned, and please share your thoughts and ideas with the planning team.

In Memoriam



Robert Christopher Palmer son of Paul & Berenice Palmer May 9, 2017

Jane Murphy Jammes wife of the late Sydney Houston Jammes, Jr., and mother of Sydney III "Trey" and Robert Jammes

May 24, 2017 Rest eternal grant to them, O Lord; and let light perpetual shine upon them. May their souls, and the souls of all the departed, through the mercy of God, rest in

Newly Baptized

peace. Amen.



Theodore Rowan "Teddy" Chwirut son of Benjamin & Katherine Chwirut, grandson of Diana & Tim Greer June 4, 2017

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Let's remind ourselves that we are not indispensable. God is in charge of the world. If we take Sabbath time, the sun will still come up in the morning, and the chores will wait. And we'll be much healthier and happier for it. We will see the hand of God at work in our lives. We'll recover some balance, get to know our parents and children better, enjoy our friends, hobbies, and the results of our labors, and regain some perspective.

The next time you get out your calendar, plan your Sabbath time. Your spouse will thank you. You parents and children will thank you. Your friends will thank you. And God will smile.

Grace and peace, Carol+

Prayers for Healing

Prayers for healing are offered every Sunday at the 8:00 am. If you desire prayers for yourself or others, you are invited to return to the altar rail following the dismissal. You will be met by persons who will pray with you and for you. In addition, a service of healing is included with Holy Eucharist on the first Wednesday of each month at 10 a.m. in the Library.



MAD Camp at Shrine Mont

We will have six young people attending Music and Drama (MAD) Camps at Shrine Mont, the Diocesan retreat center in Orkney Springs, this year. Please keep Jay Carroll, Johanna Carroll, Sameer Augustine, Sandhya Augustine, Lulu



Harris, and Bradley Surprise in your prayers as they travel from home, find new friends, and prepare a biblically based musical that features the unique talents of each camper. All parishioners are invited to come out to Shrine Mont for the Closing Celebration event beginning at 11:00 a.m. at the end of each session: Saturday, July 1 (Session I), Wednesday, July 12 (Session II) and Thursday, July 27 (Session III).

Placing Ourselves in the Presence of God

We pray for God's presence, strength, and healing ... for Jonathan Barber, Bernard Blair, Emma Blevins, Jean Anne Braddon, Ellen Crutchley, Margaret Donnelly, Brian Flanagan, Bob Frye, Fred Holmes, Carolyn Kercheval, Tom Lyles, Cindy McLaughlin, Marion Meany, Jean Mesle, Barbara Metz, Jane Moya, Berenice Palmer, Paul Palmer, Aliyah Phillips, Ann Sayles, Bob Sayles, Larry Stark, Marjorie Williams, Dana Wiseman, and Ann Woodle.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. Susan E. Goff, The Rt. Rev. Edwin F. "Ted" Gulick, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan, and her family; for Jeff Stevenson, seminarian; for our vestry, wardens, and staff; and for the work and ministry of Espiritu Santo and its mission of San Martine, Tela, Honduras.

For those travelling on the Pilgrimage in July ...Katie Westerlund, Cy Tamanaha, Garrett Patterson, Matthew Dugger, Librada Estrada and her children, Andy Riddle, and Jessica Riddle, and for all those who travel this summer.

Interview With Carol Cole Flanagan by Grace Robbins

1. What is your history with the Episcopal Church?

I am a lifelong Episcopalian, baptized in the chapel at Trinity College in Hartford, Connecticut, where my father was a member of the faculty at the time. He later accepted a position with the General Electric Company and we moved to Pittsfield, Massachusetts. St. Stephen's was the church of my childhood, and very formative. In my teens, we moved to Erie, Pennsylvania where I later met and married my husband. We were married at the Cathedral of St. Paul, and our children were baptized there.



2. How did your education prepare you for the priesthood?

I dropped out of Kent State University at the end of my first year to get married, and decided to finish college when my youngest child was in school fulltime. Villa Maria was a local Catholic women's college in Erie that specialized in education for adult women returning to education. The Sisters of St. Joseph were committed feminists and excited that I was considering the ordained ministry. Years later they would drive to Rochester, New York, to be present for my ordination. They demolished all my stereotypes! In 1983, I began my studies at Virginia Theological Seminary for a graduate theological education but undecided on whether I was headed for ordination.

3. What drew you to the priesthood?

I was always very involved in the life of the church. In the early eighties in Erie, I became the first woman appointed to a diocesan committee, the first appointed to chair a diocesan committee, and the first woman elected to the standing committee of the diocese. It was a diocese that did not ordain women so it was some time before I decided I might have a vocation.

My VTS advisor, Dabney Carr, really pushed the issue of ordination and arranged for me to have lunch with the Bishop of Michigan, Coleman McGehee. He was a Virginian, and former deputy attorney general of the Common-wealth. He was enthusiastic about the prospects and said he had a great parish in mind that might sponsor me, with a new rector who was a VTS grad. The rest is history. The parish was Christ Church, Detroit, which is still a thriving place. I had the privilege of returning there as interim rector in 2007-2008, more than 20 years later.

4. What's your favorite thing about being a priest?

The people for sure. I also enjoy good liturgy and have a passion for stewardship. There isn't much about the church that I don't enjoy. I have served on various "interim bodies," (committees, boards, and agencies of the church). The first in 1982 was a Task Force on the Washington Office on Capitol Hill. The current is the Task Force to Update Sexual Misconduct Policies.

5. What qualities do you think are most important for an interim priest?

I think it's important for the priest to understand the anxiety parishioners sometimes have between rectors. I also try to help people see that there is a developmental process that takes place within the congregation between clergy, and if you rush things and don't allow that process to unfold, you can have a miserable mess. If the next person is not a match it can be very difficult, and very costly to resolve. You can't just fire a rector. You would have to request a canonical process called the "Dissolution of the Pastoral Relationship" which happens under the oversight of the bishop, and generally requires a substantial severance arrangement after a long process. It is much better to make good use of the interim period!

6. What's the difference between being a priest and a canon?

Priest is an order of ministry like deacon and bishop. Canon is a title given to a person who serves a bishop or a cathedral. In my case it was granted by the Washington National Cathedral at the request of Bishop John Chane when I came to Washington to serve as Canon for Congregational Development. A canon may also be a lay person. It is a

title that does not have an "expiration date," so I use it when a title is in order. I tend to side-step parental titles because I don't think the relationship between clergy and lay people is a parent-child relationship, although they seem to be increasingly more common.

7. You have an impressive resume, with appointments in a variety of jobs and cities. Can you single out one or two particularly interesting experiences?

Each of my appointments had interesting characteristics. Rochester was unusual because it is the home of the Eastman School of Music, and trains some of the best organists and church musicians in the country. Every Episcopal church seemed to have a doctoral student on the bench, and fabulous voice students in the choir.

Michigan was interesting because of the previous relationship I had with Christ Church, as well as the nature of the parish. It overlooks the Detroit River and stands in the shadow of the Renaissance Center. Right now they are planning for a big July 4th event that brings in people for the fireworks. For the Grand Prix, which passes directly in front of the church, they sell seats and sandwiches. A hundred years ago the Ford Motor Company recruited immigrants from Syria to work in the factory at the rate of \$5.00 a day. The rector of Christ Church spoke their language and they became members. Today their descendants, increasingly fifth generation, are mostly professional people and have migrated to the suburbs, but still are a significant part of Christ Church.

8. Talk a little about your experience at St. Barnabas. What's your impression of the congregation so far? In what areas do you think we can grow?

One of the unusual marks of St. Barnabas' is that the congregation has not had much experience of interim ministry. Linda Hawkins served for more than 15 years, which is increasingly unusual these days, and Bob Lyles served more than 30! Common wisdom is that no one could have successfully followed a rector of such long tenure. Between them were two clergy who were not trained for interim ministry, so I may be the first. St. Barnabas' has people of all ages and various walks of life. People always seem more than willing to lend a hand if someone is in need. I am thinking of James Carroll's recent hospitalization when Carolyn Lilienthal did not hesitate to go and pick up his children while their mother, Janice, was at the hospital.

The big challenges I see so far at St. Barnabas' are in the areas of stewardship, leadership development, and membership.

The stewardship challenge rests with people whose giving represents a broad middle range. Those who give the most and the least are already doing what they should in most cases. It is the folks in the middle who need a friendly nudge to take on the discipline of increasing their pledge each year. The standard for individuals in the Episcopal Church is 10 percent, adopted in 1982. We need to be working toward that goal if St. Barnabas' is going to be viable. When I got out of seminary I discovered (which means I did the math!) that my husband and I were giving 4 percent a year. We made a plan to increase by 2 percent each year for 4 years. We have had good years and tough years. We dropped back for a few years to meet some medical expenses, but then returned to tithing. Some years we were able to do more.

Leadership development is important for several reasons. No one wants to do what they're doing now **forever**! It is so helpful to have one or two people who have your back, are learning the ropes, can fill in, and may someday succeed you. We need several people in line for the treasurer's role. We have some good people who might well be willing to coach, but we aren't going to be able to begin a search process until we have a treasurer and at least one person in the wings. We also have people who will burn out if we aren't better stewards of our people.

Growth is always a challenge. At some point we may want to consider whether there are barriers for newcomers we aren't aware of.

Most people join a church because someone invited them. If a new family moves into your neighborhood or your apartment building, please invite them to church. It doesn't matter how old or young they are. Our average Sunday attendance is less than one hundred, so we have work to do. Any time you encounter a person or family in transition, tell them what a great church you have and why!

Sir, Do You Know Where You Are? by James Carroll

"Sir, do you know where you are?"

I was asked this question shortly after being wheeled into the ER on a stretcher. I had regained consciousness when I was lifted from the ambulance and recognized the entrance from the few times we had to take one of the kids to the hospital. "INOVA Fairfax", I repliedI was there because I had had a bike accident. The physical injuries – road rash on one side of my body, facial abrasions, and various other cuts and scrapes – were probably scary to my wife and kids. What was scarier to me was that I could not remember anything but the basic details of my life – name, birthdate, etc. That's probably why I wasn't surprised when a CT scan revealed I had suffered a severe concussion, along with several small brain bleeds. When the blood tests led to a diagnosis of Type 2 diabetes, I was in a state of silent, internal panic.

As the hours I spent in the ER passed, I fell in and out of sleep. The nurses, doctors and medical technicians were monitoring me, taking tests, and treating my wounds. My wife, without whom I could not have gotten through this (or recovered as quickly as I did) was dealing with everything I couldn't, which was pretty much everything but sleeping and trying to regain my memory. I was in caring hands.

When I was asleep, Janice called Canon Flanagan and Carolyn Lilienthal, as a member of the Caritas Team. Both responded quickly and readily volunteered to help. When I was awake, I tried to focus on regaining my memory. Most everything came back after that first round of sleep – the only void left was that day. I could only remember sitting at the dining room table and deciding to go for a family bike ride – it was an unusually warm Sunday in February – and a brief moment when the EMTs were attending to me. It was like I had two pieces to a jigsaw puzzle and needed to find the others, then build the puzzle. The next thing that I could remember was that morning's Rite 13 class, with the rest of my time at St. Barnabas quickly following. More and more moments from the day were remembered and put in place, until I could reconstruct the day, with the exception of the accident. I was on my journey to recovery.

Much later in the night (or very early the next morning), I was transferred from the ER to a bed in the hospital. The next day, Carolyn watched Jay and Johanna, while in between consultations with the neurological staff and the hospital dietician, Canon Flanagan visited with Janice and me. I was in too much of a haze from the concussion to really remember the visit; however, what I do remember – and am eternally grateful for – is the sense that it helped Janice immensely. I could tell she was emotionally and spiritually recharged, right at the moment that the ordeal and aftermath had almost completely drained her. We were in the arms of our shepherd.

In the days that followed, many members of our St. Barnabas family helped us get through my recovery, especially Carolyn Lilienthal, Molly Newling, and Maria Macfarlane. We give thanks to God, who helped us in our time of need by working through all who delivered meals, watched our kids, and drove me to doctor appointments. We are thankful for all who emailed and called with words of encouragement, support, and concern. We also want to thank all who kept us in their prayers. As much as the meals, babysitting, rides, and prayers were helpful and deeply appreciated, much more important to us is that these acts made us feel known, needed, and loved. We feel part of an extended family in a way we have not for a long time. This feeling of connection to, and inclusion in, a welcoming and caring church parish is something for which we searched for several years. It is truly one the greatest assets that St. Barnabas has, and one I encourage all to enjoy. We like to say that when we left our previous church, we were wandering in the wilderness. We are out of the wilderness.

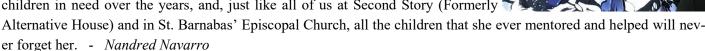
"Sir, do you know where you are?"

If you ask me this on Sunday, when I am at St. Barnabas', it is likely that I will tell you, "I'm with God and my family...my church family." And that is a wonderful place to be.

Celebrating the Ministry of Ann Woodle

Ann Woodle will be moving soon, and so will leave the Annandale Safe Youth Project that she has loved and dedicated so much of her time and talent to. Following are comments from some of those who have worked with ASYP over the last many years.

Mrs. Ann Woodle has dedicated her time volunteering for the Annandale Safe Youth Project for many years. She has tutored, cooked, driven, cleaned after the children, and coordinated every celebration just to make the children happy. From decorating garden rocks to grilling hotdogs and making sure they always had a pool to go to during the summer, she did it all! Mrs. Ann made a difference to so many children in need over the years, and, just like all of us at Second Story (Formerly



For me, it was Ann's welcoming presence. From the moment I walked in to St. Barnabas' Church, Ann was there to welcome me. I've seen the kids' faces in ASYP light up when Ann arrives. She's the fun one with stories and field trips; she can tell when someone needs a listening ear. The kids know, and that matters. Congrats Ann, on being an important presence in these youths' lives, and letting them know they matter. - *Cindy McLaughlin*

Before I even thought about retiring, Ann told me numerous times how much the ASYP program was helping the students and what sweet kids they were. I was excited to start helping after I retired. Ann was so right! The students were sweet and appreciated all the things that we were doing to help. She is so devoted to the program and the students. I wonder if everyone knows how much of her time, effort, and own resources went in to helping to keep the program running smoothly. She truly put her heart into the program and cares deeply for its success. Ann has been a blessing to this program. - *Ellen Crutchley*

Ann and I met over 25 years ago through our volunteer work with Girl Scouts. At one point we shared grand adventures as co-leaders of a Senior Scout troop of high school girls. In those years, and more recently in ASYP, Ann has approached planning and carrying out activities with a dedicated commitment to doing what's best for the children. She's been fierce in pushing to make sure they get the resources and opportunities they need to succeed, while enjoying a safe and fun environment. What people might not know is that Ann, quietly and privately, has shopped on her own with and for some of the neediest children. When a child can't go swimming because s/he has no swim suit, wears shoes that are three sizes too small, or looks uncomfortable in too-tight jeans, Ann notices and does something about it. Her reward comes in being able to make life just a little bit better for those particular children. She's been responding to kids' needs this way since I first met her. *- Mary Alan Beckley*

St. Barnabas' ASYP Students' Summer Excursion Last Year with Ms. Ann

From the start of the After School Youth Project at the church in 2008, excursions have broadened the students' horizons. Ann Woodle has played a key role in planning and carrying out the excursions. These outside trips are a break from the routine; and they educate the children on the opportunities, community roles, and civic duties incumbent



on them. The outings have been as varied as a summer afternoon at a community pool, games and a picnic at Lake Accotink Park, shopping at a big-box store for a winter jacket, an orientation visit at the George Mason Library, a tour of the Northern Virginia Community College Annandale campus, and a group trip with a modest gift card for each child to purchase something at a bookstore.

But an all-time high point had to have been the Cirque du Soleil performance "Kurios - Cabinet of Curiosities" at Tysons Corner last summer. The themes of curiosity and inventiveness dazzled the children in a spectacle of color, sounds, form, and acrobatics. As with all excursions, Ann and the volunteers schooled the children in advance. They were representing ASYP to the public and Ms. Ann would brook no misbehaving. Their exemplary manners and appreciation last summer, we hope, will earn the current ASYP class an invitation to Cirque du Soleil this summer on the theme of "Insects"!

Perhaps Ms. Ann will have a chance to attend the 2017 "Insect" show with her ASYP children before she moves to Hagerstown to be close to her daughter. We will all miss her dearly.

Each year Ann and the volunteers -- Deborah Batten, Mary Ellen Beckley, Rotha Frye, Ellen Crutchley, Jack Bagnole, and Jack Miller -- have lavished care on the ASYP children. The riches that the children open to us at St. Barnabas' are divine. - *Ed Ing*

I could write page after page about Ann, but I'll narrow it down about my Best Friend. She has always been so supportive of me during my last illnesses--worrying every moment about me and not her. She is supportive, kind, considerate, imaginative, and knowledgeable, and many other adjectives.

Thankfully, Ann introduced me to ASYP! One of the greatest volunteer opportunities I have experienced is this awesome program working closely with these youth. She has worked so diligently with the program from the start, with such intense dedication. Many great things have happened all of which have gone through her gates.

All that, and she will be really missed. What a contribution to a friendship and the church. To Ann, I'll really miss you, but I still have your number! - *Deborah Batten*

Ann and I got to know each other about five years ago while wrapping Christmas gifts for the ASYP students. Unfortunately, only the two of us showed up to wrap over one hundred gifts.

However, Ann and I bonded that long, long afternoon. It was obvious that she was dedicated to the children who spent their afternoons at St. Barnabas', and I was hooked on ASYP. - *Rotha Frye* (stepping into Ann's role with ASYP as of June 15, 2017)

Game Night & MAD Camp

Thanks to all who participated and supported our second St. Barnabas Game Night for All Ages on March 4, 2017! As you can see, we had a lot of fellowship and fun. There was yummy food (tacos), a variety of games, and the night closed out with Bingo and popsicles. Money raised supported our MAD Camp Scholarship Fund.

Camps are coming up soon. Be sure to head to Shrine Mont to see the closing services - the campers put on a lovely performance, the first being Saturday, July 1 at 11am. - Simone



Tweeners Dinner by Janice Carroll

Saturday, June 3, thirty Tweeners, including parents and children alike, gathered for fun, food, and fellowship. The Duggers graciously served as hosts. The kids enjoyed time together, and particularly enjoyed the trampoline! The adults enjoyed time together, relaxing, and taking a break from the hectic end-of-school-year activities. The food was plentiful and centered around a picnic theme. Burgers, hot dogs, baked beans, mac-n-cheese, salad, popsicles, and brownies were enjoyed by all! As a group, we are working to expand and update the email list for upcoming events. If you would like to be added to the email list, or need to change your email address, please contact Janice Carroll at jruhlva@aol.com.



Tweeners include all families with children. Look for upcoming events late summer.





Rite 13 Jacob Clinton Dugger - May 21, 2017

May Almighty God fill you with courage, wisdom, and joy. May Jesus Christ, your strong companion and never-failing friend, make you strong in faith and defend you on every side. May the Holy Spirit guide you in truth and Peace. And may the blessing of God Almighty, Father, Son, and Holy Spirit, rest upon you this day and for evermore. Amen.



Thank You and Fond Farewell to Sudhir Frederick and Family

We would like to acknowledge and thank Sudhir Frederick for his time as St. Barnabas' Treasurer. Sudhir brought his extensive professional background and skills to help us improve the church's financial processes. We will miss Sudhir, Amrita, and Navya as they relocate for Sudhir's new job. All the best!

The Women of St. Barnabas'

The Women of St. Barnabas' are pleased to look back over the past year and consider the contribution they have made to the life of the church. It has been done with the generosity of church members who have supported us at our various fund raising efforts. They come to our Christmas bazaar, Mardi Gras, and the Mad Hatter's Tea Party. They buy tickets and buy our crafts. We also have been helped by the memorial gifts that families give to us for preparing receptions after funerals, and we have dear church members who continue to make gifts to us. The WOSB as an organization is small. Many women work or have children and can't attend meetings, but when we need help for our events, they and also the men of the church are there lending a hand. We also appreciate the help of our sexton, John Otwell.

Now, what do we do with all the money we raise? We usually have two outreach/inreach distributions – one in the fall and one in the spring. There are organizations we have supported for years, but are always looking for other places where there are needs. In the past we have dedicated fund raising to specific events such as the floods in New Orleans and the earthquake in Haiti. For outreach, we support ACCA, Bethany House, Second Story (formerly Alternative House) and ASYP, and Boys Home, and recently have added a prison ministry at the Fairfax Detention Center. We are also giving to an organization called Warrior/Canine Connection which trains service dogs for veterans.

For inreach, we support Music & Drama (MAD) Camp and the J2A Pilgrimage. We also have contributed several thousand dollars to St .Barnabas' for landscaping both in the Memorial Garden and now for the side parking lot which needs timbers and nulch. We will post our Outreach/Inreach schedules.

The Barnabees, our craft group, continues to meet during the summer. We are working on items to sell at the Christmas Bazaar on Saturday, November 11. We are a small group, but we get welcome support at our many events. Again, thank you, St. Barnabas'.

Bibles Wanted

In answer to a request, the Women of St. Barnabas have recently purchased and donated 10 large print Bibles to the Northern Virginia Mental Health Institute. This is a residential program at Inova Fairfax Hospital for patients with mental illness. We have had a long term relationship with this organization through our late WOSB member Claire Williams who both worked at NVMHI and was a volunteer. We continue to get donations in her memory from her daughter. The

institute has recently asked for 20 more Bibles, and we are asking St. Barnabas' members to contribute. If you have a Bible you would like to donate please contact Bonnie Baldwin. When we have reached our quota we will announce that we do not need more.

Mad Hatter's Tea Party

Our tea party, held on May 6th, was a great success. We had around 50 ladies and a few very welcome gentlemen attending, and raised \$1,130 for charities. A panel of judges awarded prizes for the most elegant hat, won by Jocelyn Leatherwood; the most creative, won by Frank Spink; and the best designed, won by Elise Batten. At the raffles, Grace Robbins won the fairy garden, and the tea baskets were won by Ellen Crutchley and Camille Mittlelholtz.

Soup and Salad Supper

The WOSB would like to thank Connie and Peter Badger for their interesting presentation about George Washington and his life at Mount Vernon, and for telling us about the history and preservation of his home at our Soup & Salad Supper on June 6th. - Gertrude Jones



Initial Grants from the St. Barnabas Endowment!

Thanks to generous contributions from parishioners, the St. Barnabas Endowment is ready to begin making small grants upon application from members of the congregation. Grants will be awarded to support any of three broad areas: 1) outreach ministries and grants, 2) new ministries and special projects to strengthen programs within the Parish, and 3) improvements to parish buildings and grounds.

There is a simple two-step application process.

Step 1: Submit a Letter of Interest by July 31, 2017. In a one-page letter, describe your proposed project, who will benefit, who will be involved in implementing the project, how much it will cost overall, and how much you anticipate requesting from the St. Barnabas grant program. Include your telephone number, e-mail address, and the best time of day for you to be reached. The Endowment Fund Committee will let you know by phone or e-mail if your grant idea falls generally within the grant program's guidelines and whether you should submit a full proposal.

Step 2: Submit a full proposal by September 30, 2017. If your proposal falls generally within the grant program's guidelines, you will be given guidance on how to submit a full proposal—it will be easy and straightforward!

The Endowment Board anticipates making two to four grants, totaling \$1,000. We hope to see several applications, and strongly encourage interested parishioners to contact nay member of the endowment Board: Art Hamerschlag, Carolyn Lilienthal, Sujatha Augustine, James Carroll, Peter Badger, and Mark Patterson. - Art Hamerschlag

Traffic Roundabout on Ravensworth Road

A community meeting was held at St. Barnabas' on June 5 to present a proposal for a mini-roundabout at the intersection of Ravensworth Road, Jayhawk Street, and Fountainhead Drive, and to get feedback from the community. Mason District Supervisor Penny Gross requested the meeting on the project, which would be sponsored by the Virginia Department of Transportation and the Federal Highway Administration.

A roundabout can handle the traffic at this congested intersection with less delay and more efficiently than a 4-way stop sign or a stop light. The roundabout would include bike lines and close pedestrian crosswalks, and a roundabout would also have the effect of calming traffic somewhat on Ravensworth Road.

The proposal is for installation of a modular mini-roundabout which can be installed in a weekend and can be removed if a later decision is made to install a different traffic control device. The costs of the project would be borne by the Federal Highway Administration as a research project. If a decision is made to proceed with the project, it would likely be installed in early September. - Camille Mittelholtz

Jewelry Request

The members of the WOSB are beginning to turn thoughts to our Christmas Bazaar on Saturday, November 11. One of our popular tables is that of costume jewelry. We are again asking for donations of gently used items – rings, bracelets, necklaces, pins, and watches which we will sell. We also ask for the not so gently used pieces, broken pieces or single earrings which we will use in making crafts. We would appreciate it if you would go through your jewelry collection and give us pieces you no longer wear or ones you haven't gotten around to throwing away. We can use them. Please give them to Gertrude Jones, any member of the Barnabees, or leave them in the office. Thank you. - Gertrude Jones

About Our Narthex; What's Next? by Frank Spink

ABOUT OUR NARTHEX

In most churches the Narthex is a hall in the front of the church which provides access to the Nave. At St Barnabas' we have two spaces that comprise our Narthex: A lobby area or Outer Narthex by the glass doors, and the larger Inner Narthex that is a room big enough for a group to gather and that then provides the entrance to the Nave. Also, at St B we have a hallway to the Richardson Room and a ramp to the education wing.

There are two small wall changes underway, one adjacent to the ramp that helps distinguish where the Narthex ends and the ramp begins. The second is a wall extension that will better define where the Narthex ends and the hall-way begins, and provides a wall behind the St. Barnabas banner that has been positioned on the centerline view through the glass doors These modifications allow us to treat these now better-defined "rooms" as separate spaces.

WHATS NEXT?

The carpet that covers all the "rooms" needs replacement. The plan is to install carpet tiles so that as stains or other damage occurs we can just replace the affected tiles. We are exploring the potential to create designs that will give an identity to the various "rooms"

I currently am working on designs for several pieces of furniture that will complete a unified design in the Narthex and match the design of the back altar furniture in the Chancel, as well as the two pieces that are currently in the Narthex. There will be six or seven new pieces. I am still collecting information about how the design will best serve the needs of St B.

I hope to have designs approved and be ready to seek bids by the end of this summer. As for funding, all the pieces designed so far have been funded as memorials. Interested? Call me. As I proceed I will be hanging the design drawings for information and comment..

FACETS Begins Again at St. Barnabas'

FACETS, the meal delivery program for the homeless in our area of Fairfax County, has resumed after a hiatus of about six months. Under the leadership of Jack Miller and Molly Newling, we have organized 27 volunteers into two teams of shoppers, cooks, drivers, and substitutes so that each volunteer is called upon for People in Need only 6 days a year.



On May 7 we prepared 100 meals of our signature chicken tetrazzini which were delivered to three sites: The Home Depot on Old Lee Highway, Breezeway Motel on Lee Highway, and Christ Evangelical Lutheran Church on Meredith Drive, Fairfax. Ninety-five meals were distributed to 83 people; the few remaining meals were provided to our afterschool program, Annandale Safe Youth Project.

Our second delivery was on June 4. The kitchen was "sizzling" as we cooked, stirred, packed extra snacks, and stored everything in the special containers to keep the meals hot. Again, we made 100 meals, and distributed 81 to 61 people.

The need is great, and the workers are few; all are welcome to join in this direct response to the call to "feed my sheep." You can call or speak to Jack Miller (703-941-4926) or Molly Newling (703-407-5707) or just turn up at the church at 4:00 pm on the first Sunday of the month. You will make a difference! - Molly Newling

Summer Reading Recommendations

The best book I have read in a very long time, and one that I highly recommend for your summer reading list, is called <u>News of the World</u> by Paulette Jiles. It's also short. It is the story of a crusty itinerant news reader—he goes to towns that don't have access to newspaper and reads the news to the townspeople—and takes place in Texas. The news reader has thrust upon him a small girl who had been captured by the Kiowa tribe and who has been recaptured. He is to return her to her relatives. The book is beautifully written and the surprise ending had me literally sobbing. -*Anne Radway*

I recently enjoyed a book of short stories by the English author Penelope Lively called <u>The Purple Swamp Hen and</u> <u>Other Stories</u>. I enjoyed most of the stories, but one in particular, called "Abroad" brought back memories of my childhood, when "abroad" meant the continent (of Europe) - something exotic enough. Europe had peasants in colourful costumes, while England just had agricultural workers who dressed at the local coop. It made me chuckle. She, Penelope Lively, is in her 80s; I'm in my 70s, so her remembrances bring back old memories for me, too. It was a different time from now, when it is not unusual for people to travel all over the world.

Also, for (light) social history buffs, I would recommend the book I currently am reading, <u>Queen Elizabeth's Bed-fellows</u>. This novel is about the Queen's personal more than political life. Her Bedfellows are the many ladies who hovered around in her private rooms, taking care of her every need. One of them slept either in the Queen's bed or in a trundle bed by the side of the Queen's bed. It describes the hours it took to dress the Queen every morning and apply her make-up, which included all kinds of things we wouldn't go near today, such as lead.

It discusses the Queen's romantic life (she was quite a flirt and enjoyed attention), including her somewhat stormy relationship with her favourite, Dudley. She was known as the Virgin Queen, and the reason(s) why she never married and produced an heir has been the subject of much speculation over the years. This book describes how she kind of played games with Sweden, France, Spain, and the Holy Roman Empire about whether she would entertain a proposal of marriage from them. It seems to me she really didn't want to get married, but *Why?* She said at one point that if she were to marry it would be with Dudley. She was the subject of much cruel gossip starting in childhood (which she vehemently denied).

QE was quite particular about personal cleanliness and would take a bath at least once a month even though she may not have needed one. I am sure you've heard that one! Her clothes were so sumptuous they could not be washed, and I am not sure they had anything like the dry cleaning we have now!

Only problem is, the novel's a bit heavy-to hold! - Elizabeth Moya

The Storied Life of A.J. Fikry by Gabrielle Zevin - Cricket Camp

Order your book through the Amazon link on St. Barnabas' home page, and you'll earn money for the church! Call the parish office or ask a vestry member for more details. Note: Your order must be shipped to your own address, not the church address.

September Reporter Deadline

The deadline for the September issue of The St. Barnabas' Reporter is August 15th. Please submit announcements and/or photos to Catherine in the parish office at <u>stbarnabaschurch@outlook.com</u> no later than close of business that Tuesday. Hard copies of your announcements and photos are welcome, as well. Thank you.

Annandale Christian Community for Action (ACCA) News

Thanks to Carolyn Lilienthal, Jack Miller, John Otwell, Elsa & Scott Cannon, Frank Spink and Ken & Camille Mittelholtz for their good work on the Rebuilding Together Workday April 29. This project helps homeowners of modest means make their houses safer and more pleasant. ACCA teams repaired two houses this year, in partnership with Rebuilding Together of Arlington-Fairfax-Falls Church. St. Barnabas' co-sponsored the house with Annandale United Methodist, providing finan-



cial support, project planning and leadership, and volunteers. We were also joined by volunteers from the Annandale Ward, Church of Jesus Christ, LDS, and lunches were provided by Lincolnia United Methodist volunteers. The homeowner was a widow who had fled Vietnam in the seventies with her family. We mowed the lawn, pruned and cleaned the yard, painted, rebuilt back yard steps, installed safety equipment, among other repairs. Photos are on the ACCA Facebook page at https://www.facebook.com/ACCAcares/.

The ACCA Child Development Center is proposing to add several classrooms to its preschool program. The program expansion must be approved by Fairfax County. Fairfax County is making space available in the part of the building formerly used for the adult day care center.

ACCA is celebrating its 50th anniversary in 2017. A special celebration of ACCA's 50 years of service to the Annandale-Baileys Crossroads community will be held the evening of October 3 at Queen of Apostles Catholic Church.

The Catalogue for Philanthropy: Greater Washington has listed ACCA as one of the best community-based nonprofits in the region for 2017-18. ACCA has undergone an extensive review process, and has met the Catalogue's high standards for renewed selection.

The 2017 Annandale CROP Hunger Walk will be held Saturday morning, October 14, at Lake Accotink Park. The CROP Walk raises funds for Church World Service programs to reduce hunger and poverty, provide safe drinking water and other sustainable development, and assist refugees. The 2016 walk raised \$19,114, and in April, Church World Service sent ACCA its local share of \$4775. The 10-k walk uses trails around Lake Accotink.

The Annandale mail carriers collected food in the "Stamp Out Hunger" drive in May. The donations brought in much food for the ACCA pantry, but the food will go out quickly to needy households during the summer. Please remember to bring donations for the panty, and leave then in the narthex basket. Note: St. Barnabas' supports the ACCA Food Pantry *and* the Annandale Food Site.

For more information on ACCA, please contact Camille or Ken Mittelholtz at kcmittelholtz@gmail.com or 703 573-0074, or see ACCA's website at www.accacares.org. - Camille Mittelholtz



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Mad Hatter's Tea Party

