

# The St. Barnabas' Reporter



The Rev. Canon Carol Cole Flanagan  
Interim Rector

## Religion and Politics

If you were to Google “religion and politics,” the first item to come up on the screen is this one. According to their Mission Statement:

*Religion & Politics is an online news journal, dedicated to the two topics thought unfit for polite company. It is a project of the John C. Danforth Center on Religion & Politics at Washington University in St. Louis.*

*We feature articles from scholars and journalists who proceed from a single premise: that for better and for worse, religion and politics converge, clash, and shape public life.*

If his name is not familiar, John Danforth is a retired statesman who began his career as the Attorney General of Missouri and went on to serve three (six year) terms as the Republican Senator from Missouri. In 2004, he was appointed as Ambassador to the United Nations. Danforth is also an Episcopal priest.

In spite of our best efforts, religion and politics would seem to be integrally related. You might think from the daily news reports that the next presidential election is this November when it is still seventeen months away! And then there are anti- immigration and anti-Muslim movements, the environment, abortion, carbon emissions, and on it goes.

As Christians, we are challenged to view the unfolding political situation through the lens of faith, and to at least consider whether the reverse might also be true. No easy task. For instance, I struggle to understand the evangelical devotion to the current president whose values would seem so at odds with evangelical Christians. *Washington Post* columnist Colbert I. King, an Episcopalian, recently explained it this way. “He [Trump] is all that stands between them [evangelicals] and unpatriotic, anti-Christian and anti-white forces that are trying to take over the country.” (WP, June 22, 2019) I confess I find that an astonishing thought. An ah-ha moment.

I sometimes refer to myself as “a recovering English major,” so I was interested to come across two words new to me. The first is “exvangelical,” which I came across in a piece by a former youth minister, Bradley Onishi. He writes:

*History is rife with evangelicals like me who have grown disenchanted with their born-again faith. When the passion of piety flames out, converts are too often left to wander in the wilderness, lacking the ready-made community that their prior churches offered. But things are changing. Recently, those who have left evangelicalism have begun organizing themselves online under the hashtag #exvangelical... the #exvangelical movement is providing the type of group I, and so many other ex-evangelicals, longed for during our deconversion process: a welcoming community that helps the disenchanted work through the process of deconversion.*

(continued next page)

## SPECIAL POINTS OF INTEREST

- Cuba Mission Trip
- FACETS Goes Green
- Rebuilding Together
- Parking Lot Project
- Summer Sessions for Children
- Humane Society Activities
- Trinity Sunday ▪ St. Barnabas Day ▪ Bishop’s Visit
- Mad Hatter’s Tea Party
- St. Barnabas’ Labyrinth
- Ministry in the World
- Yard Sale
- Capital Resources and User Groups

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**St. Barnabas'  
Episcopal Church**

4801 Ravensworth Road  
Annandale, VA 22003  
703-941-2922

**Parish Staff**

The Rev. Canon Carol Cole  
Flanagan, *Interim Rector*

Ms. Mariel York  
*Dir. of Christian Education*  
Vacant

*Interim Minister of Music*

Ms. Catherine Dubas  
*Parish Administrator*

Ms. Maria Bottlick  
*Bookkeeper*

Mr. John Otwell, *Sexton*

**Vestry & Parish Officers**

Maria Macfarlane  
*Senior Warden*

Jack Miller  
*Junior Warden*

Alan Phillips  
*Asst. Junior Warden*

John Westerlund  
*Treasurer*

PJ Kennedy  
*Assistant Treasurer*

Ann Sayles  
*Register*

Jonathan Barber  
James Carroll  
Dick Crutchley  
Sharon Jones  
Sarah Kiely  
Grace Robbins

—  
Catherine Dubas  
*Newsletter Editor*

**Schedule of Services**

**Sunday**

8:00 a.m. Holy Eucharist  
9:15 a.m. Summer Choir  
10:15 a.m. Holy Eucharist  
*Nursery available  
at 9:00 a.m.*

**Wednesday Morning**

10:00 a.m. Worship  
*Holy Eucharist and Healing  
on the first Wednesday  
of each month*

**Religion and Politics** *(continued from p. 1)*

The other new word I came across is “politicology,” one of the youngest disciplines in the political sciences that deals with a study of influence that religion has on politics and vice versa. It was established in the last decades of the twentieth century.

Journalist and commentator Bill Moyers, who is a graduate of Southwestern Baptist Seminary, was ordained in 1954 offers these twelve rules for navigating this territory.

*1. There can be no religious test for public office, nor a religious test for participation in the political process.*

*2. While it is appropriate to discuss the moral dimensions of public policy issues, religious doctrine alone is not an acceptable basis for government policy.*

*3. Public officials have every right to express their personal religious beliefs, and no right to use the power of their office to proselytize or coerce others to adopt any religious beliefs or practices*

*4. Government institutions must show neither official approval nor disapproval of religion, or favor one religion over another*

*5. Religious institutions may cooperate with government in programs supporting the common good, but public funds must not be used to support proselytizing, religious education, worship or discrimination*

*6. Government has a right to demand that religious institutions and individuals comply with reasonable regulation and social policy*

*7. Public officials cannot use their religious beliefs as a rationale for failing to uphold the duties of their office*

*8. Political discourse should respect religious pluralism*

*9. Political figures and the media should not treat religious constituencies as monolithic; political and religious leaders should not claim to speak for an entire religious community on public policy issues*

*10. Politicians and media should not equate orthodoxy with authenticity*

*11. Religious and political leaders should not “cry wolf” about religious persecution*

*12. Religion should not be used as a political club.*

This is a long way of saying, “Say your prayers.” Trying to separate religion and politics is no longer serving us well. Better to acknowledge that each needs the other. The relationship between the church and the world is a mutually prophetic relationship that acknowledges that God is at work in both arenas.

We need to bring our faith to our politics, and the love of Christ to a hurt and angry, weary and frightened world.

Grace and peace,  
Carol+

**St. Barnabas' Mission: Serving our community, the world, and each other  
through the love of Jesus Christ.**



## St. Barnabas' July 2019 Mission to San Juan Bautista Episcopal Church, Palma Soriano, Cuba

In three and a half short weeks from the writing of this article, a team of St. Barnabas' parishioners, led by Len LeRoy, will head to Palma Soriano, Cuba to engage in a week with the people of San Juan Bautista Episcopal Church (the mission Church of St. John the Baptist). Plans include bringing supplies and gifts, including new altar linens, and conducting a week-long sports camp for the children, including sports equipment that will be left for their continued use. Importantly, the team plans to begin the work of creating a flexible-use building for parish activities. In fact, the congregation already has begun the work of clearing the lot for this building.



The fundraising goal, approved by our Vestry, is \$18,000 which is to be used for construction of the first floor of the planned building. Nearly 80% of the goal has been met, with over \$14,000 in hand. But this is still short of the need. If you can contribute \$25, or \$75, \$150 or more, please help. Checks should be made payable to St. Barnabas' Church with "Cuba Mission" in the memo line. Gifts also can be made on-line at <https://onrealm.org/StBarnabasEpisc/Give/YHYFMRAGAI>. Your support is deeply appreciated. We will be publishing our gratitude to all of you for your support.

### Vestry Highlights May 2019

- To ensure that the Education Wing classrooms remain in good order, they will be locked when not in use.
- The Vestry ratified the following resolutions that were approved earlier by the Vestry via e-mail vote.
 

RESOLVED: That the Vestry authorizes a new account be opened for the Rector's Discretionary Fund and that those authorized to sign checks be The Rev. Carol Cole Flanagan and the Senior Warden, Maria Macfarlane.

RESOLVED: That the Vestry approves the payment of \$1,760.00 for the construction of new shelving in the Chancel.
- Moving forward, St. Barnabas' Day will be celebrated on the Sunday after Trinity Sunday.
- So far, St. Barnabas' has received \$10,000 to help replenish the parish Reserves, used to pay for repaving the parking lot. (The cost of repaving was approximately \$84,000.)
- The work of the Church Growth Committee is ongoing.
- Mrs. Sayles will continue to research the costs involved for a formal plaque or poster that will commemorate those parishioners who contributed so generously to the Organ Fund.
- It was suggested that we consider amending our by-laws.



### Confirmed

Jim Aikin  
Matthew Dugger  
Garrett Patterson

### Received

Marcel Lisi

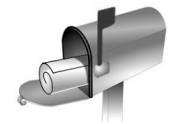
### Reaffirming Baptismal Vows

Cindy McLaughlin

Sunday, June 16, 2019

by  
The Rt. Rev. Susan  
Ellen Goff

### Recent Moves



#### Rusty Moore

2202 Gore Drive  
Haymarket, Virginia  
20169-1526

**Rotha & Bob Frye**  
3801 Powell Lane #605  
Falls Church, Virginia  
22041

## ACCA News – Annandale Christian Community for Action

**Rebuilding Together-** Thanks to our team members who participated in the Rebuilding Together workday on April 27-Jim Aiken, Elsa & Scott Cannon, Sheena Friend, Jack Miller, Camille Mittelholtz and Molly Newling, and to our project leads Frank Spink and Ken Mittelholtz. Rebuilding Together repairs homes and makes them safer for their owners. We assisted a couple in Lincolnia who had come to the U.S. from Vietnam in the late 1970's. The team did inside and outside painting, yard work and installed a new vent, railings, a higher toilet, LED lights and smoke detectors. St Barnabas provided funds to ACCA to cosponsor the project, as well as leadership and volunteers. We were joined by members of other ACCA churches. ACCA also sponsored repairs for a group home operated by Pathways Homes.

**CROP Walk-** The 40th Annandale CROP Hunger Walk will be held October 19, 2019 at Lake Accotink Park. Registration begins at 8 a.m. The walk supports Church World Service efforts to fight hunger and poverty around the world and to respond to disasters. CWS returns part of the funds to ACCA for use in our local efforts to help those in need in our community. The walk is on the trail around Lake Accotink. Walkers of all ages are invited to participate. Beginning in September, donations will be invited. Volunteers will also be needed to help with registration.



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**Furniture Program-** Thanks to our St. Barnabas' volunteers at the ACCA furniture ministry on June 8 who delivered furniture to needy households and picked up donations of gently used furniture. Please contact Camille or Ken Mittelholtz if you have furniture to donate (mattresses, dressers, sofas, tables and chairs are needed most). The warehouse will be closed in August. In late August, we will receive the fall schedule for volunteers.

**Good Neighbor Program** – ACCA's Good Neighbor program began mentoring refugee families in our area in late 2018 through a "Homework Club". After a summer break, the program will begin again in September. Volunteer tutors, mentors and drivers will be needed.

**Food Pantry-** Please consider donations of nonperishable food, household paper goods and soap for ACCA's food pantry. Please leave donations in the basket in the narthex. The ACCA food pantry delivers a week's supply of groceries to households that urgently need food. Most needed items include canned vegetables, fruit, and meat/fish; rice, beans and pasta; peanut butter and toilet paper and napkins. Food pantry volunteers recently began working on Saturday mornings to shelve donated items and to deliver food (in addition to weekday actions).

**Volunteer Needs** -The Family Emergency Committee is seeking volunteers to process assistance referrals and the Food Pantry is seeking volunteers to coordinate food deliveries. Volunteers for both positions work from home and need to have computer and internet access. Drivers for food pantry deliveries and shelving are also needed. Volunteers serve about four times a year.

For more information on ACCA activities, please contact Camille or Ken Mittelholtz at 703 573-0074 or [kcmittelholtz@gmail.com](mailto:kcmittelholtz@gmail.com). ACCA's website is [www.accacares.org](http://www.accacares.org).

## Reporter Deadline

The deadline for the September issue of *The St. Barnabas Reporter* is Thursday, August 15th. Please submit announcements and/or photos to Catherine in the Parish Office at [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com). Hard copies of announcements and photos are welcome, as well.



## FACETS Goes Green

by Molly Newling

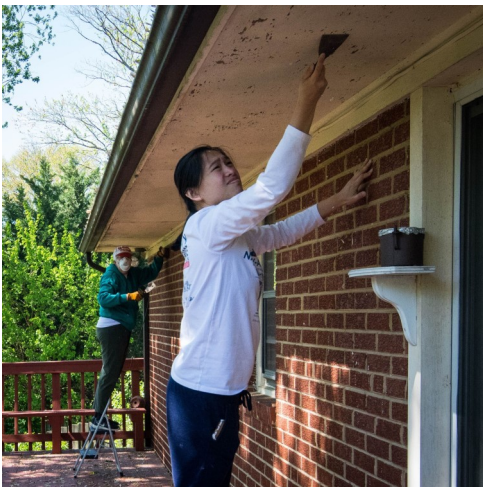
Thanks to the combined efforts of Marilyn White and Jack Miller, FACETS is now using paper-based cups for the distribution of hot food to the homeless, instead of styrofoam. This effort is especially important as it is difficult for the homeless to dispose of styrofoam in an ecological way. Saving the planet while helping the homeless!

We are always looking for more volunteers, especially as one of our stalwarts, Sarah Kiely, is moving out of the area. Thank you, Sarah, for your help!

If you'd like to give FACETS a try, come any first Sunday of the month to the Richardson Room at 4:00 p.m. We will put you to work either cooking or preparing bags of cold snacks for the distribution. Prefer to drive? Drivers are always needed between 5:30 and 7:00 p.m. on the first Sunday of the month. Just call Jack Miller at 703-941-4926. He'll be glad to hear from you!

## Rebuilding Together Photos

by Camille Mittelholtz



Clockwise from above:

Sheena and Molly prep a soffit

Bob Gribbin painting

Frank and Molly with the homeowners

Rebuilding Together Team 2019



## The Parking Lot Project

Thank you to the Building & Grounds committee, Vestry, and Junior Wardens for their oversight of the repaving of the parking lots, completed May 1st.. The total cost was approximately \$84,000, covered through our Capital Reserves. Please consider making a gift to replenish the Reserves. And enjoy our beautiful new parking areas!



by Delilah Stearns



by Delilah Stearns



by Alan Phillips



by Alan Phillips

## Placing Ourselves in the Presence of God

*We pray for God's presence, strength, and healing* ... for Stephen Ackert & family, Bernard Blair, Emma Blevins, Jean Anne Braddon, Margot Donnelly, Frank Donnelly, Rotha Frye, Lee Gibbs, Fred Holmes, Sharon Jones, Carolyn Kercheval, Tom Lyles, Bob Macfarlane, Cindy McLaughlin, Marion Meany, Barbara Metz, Rusty Moore, Jane Moya, Marie Pannier, Aliyah Phillips, Beth Phillips, Ann Sayles, Frank Spink, Kathleen Stark, Dana Wiseman, Ann Woodle, and Mary Yeaman.

*For the Church* ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Susan E. Goff, The Rt. Rev. Robert Wilkes Ihloff, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. David Colin Jones, The Rt. Rev. Ted Gulick, The Rt. Rev. Peter James Lee, The Rt. Rev. F. Clayton Matthews, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan, and her family; for Cindy McLaughlin (in discernment); for our vestry, wardens, and staff; for the work of the Rector Search and Minister of Music Search committees, and for the work and ministry of St. John the Baptist Episcopal Church, Palma Soriano, Cuba and the team from St. Barnabas' who will travel there in July.

## Summer Sessions for Children: *Walking With God*

by Mariel York

This summer, Theresa Merchant will be leading two special Summer Sessions for Children, exploring the theme “Walking With God.” On July 14 and August 11 children will gather outdoors (indoors, if raining) from 10:15-11:15 a.m. for an activity and crafts. (Be sure to wear comfy clothes, and closed-toe shoes!) Tweens and Teens are encouraged to serve as helpers.

Materials will be drawn from Vacation Bible School lessons, and also incorporate materials from *Christ Walk Kids: A 40-Day Spiritual Journey for Tweens and Teens*, recommended by the Episcopal Church. If you have any questions or would like to help with this project please contact me or Theresa.

**July 14, 2019 Labyrinth Walk & Crafts 10:15 am – 11:15 a.m.**

**August 11, 2019 Meditation & Crafts (Peace Patio) 10:15 a.m. – 11:15 a.m.**

*The Sunday Paper* is here!. Children are invited to take a copy of the *Paper* on their way into church. *The Sunday Paper* offers a kid-friendly explanation of the morning’s lessons, and includes artwork and an activity (on paper) to help understand the lessons. The *Paper* includes a note to Parents on the back side—don’t miss this thoughtful editorial. Please return the plastic bag of Crayons to the back of the church following the service so that they are here for use the next Sunday!

### Thanks and More Thanks to...

- Jessica Riddle for the St. Barnabas’ t-shirt fundraiser. (Stay tuned for your next opportunity for a St. Barnabas’ t-shirt, just in time for the Parish Retreat!).
- Gertrude Jones and Grace Robbins for the gift of the garden ornament for the Peace Patio.
- Betty Dunlop for the presentations on the History of Labyrinths and for the labyrinth walk.
- Grace Robbins again for craft supplies and materials for the Christian Education program.
- Simone Dugger, Librada Estrada, Katie Westerlund and their team for the yard sale.
- Caritas for their continuing support of those in need.
- Stephen Ackert for taking on the Minister of Music Search Committee, and filling in over the summer.
- Rotha Frye for her leadership of ASYP at the close of another school year.
- Jack Miller and Alan Phillips for overseeing the repaving of the parking lot and for organizing our work days.
- Mariel and all our Sunday School teachers for another great year.
- To the Cuba Team for their solicitation of items to take to Cuba, the fund-raising, and leading us in the renewal of this important partnership.
- The Rector Search Committee for their continuing work on our behalf, and their current work in finalizing a parish profile.
- Molly Newling and Jack Miller for their leadership of FACETS.
- Jennifer Henry for agreeing to oversee the prayer list.

## THE ASYP TIMES

by Rotha Frye

Three Braddock Elementary ASYP students were promoted to sixth grade during a ceremony on June 12th. In the Fall they will attend Poe Middle School. We are very proud of their achievements and look forward to working with them during our summer program.

New this year ASYP will offer three camps. The first two weeks, starting July 1st, will be a Music Camp led by Stephen Ackert. Following will be two weeks of Math with Randy Jones (nephew of Grace Robbins). Last will be a Language Arts Camp with Rotha Frye, which will end on Thursday, August 15th with a field trip to Mount Vernon. Thanks to all who have provided the support to make these Summer Camps possible!

Well, that's the latest and breaking news.

Rotha Frye, St. Barnabas' ASYP Coordinator

## Humane Society Summer Activities

by Mariel York

Summer's a great time to relax and enjoy a change of pace. The change of pace also presents an opportunity to take time to think of others who might need our help, including local wildlife. Here are 15 ways kids can help animals this summer:

Create a toad abode ▪ Set up a butterfly drinking station ▪ Observe animals in the wild ▪ Be a school advocate ▪ Pick up trash at the beach or anywhere that you are out ▪ Foster a pet ▪ Visit a sanctuary ▪ Host a spa party using natural products ▪ Explore your backyard ▪ Build a bat house ▪ Make bandanas for shelter pets - *Adopt A Pet* ▪ Help neighborhood cats ▪ Create a nature kit: bird book, tracking ID cards, and paper and pencils to record your findings ▪ Visit a State Park or National Park ▪ Protect wild animals

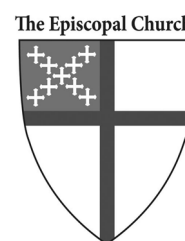
For a poster you can download: <https://www.humanesociety.org/sites/default/files/docs/aa-dog-days-checklist.pdf>

## ***Did you know?* Historically Black Colleges & Universities**

The Episcopal Church was a leader in founding a number of historically black colleges and universities (HBCUs) in the 19<sup>th</sup> century, many of which were created after the Civil War to educate newly freed African Americans. Today, HBCUs play a crucial role as institutions that educate thousands of African American professionals, create a pipeline for greater diversity in leadership positions, and advocate for the advancement of people of color in all fields.

Founded in 1867 by the Episcopal Diocese of North Carolina, Saint Augustine's University is located in Raleigh, North Carolina. The mission of the university is to sustain a learning community in which students can prepare academically, socially, and spiritually for leadership in a complex, diverse, and rapidly changing world.

Voorhees College is an historically black liberal arts institution affiliated with The Episcopal Church and located in Denmark, South Carolina. The college was founded in 1897 as the Denmark Industrial School by Elizabeth Evelyn Wright, a young black woman and former student of Booker T. Washington. As such, Wright fulfilled her seemingly impossible dream of starting a school for African American youth in rural Bamber County, South Carolina.





► July 2019 - St. Barnabas' Episcopal Church Activities ◀

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	Independence Day 4	5	6
	10 am Al Anon - RR 2-6 pm ASYP - RR 7-9 pm Reserved - RR	(No WOSB) 2-6 pm ASYP - RR 7 pm Yoga - RR	10 am Holy Eucharist & Healing - L 2-6 pm ASYP - RR 8:30 pm AA - RR	Parish Office Closed	Parish Office Closed 6-10 pm Reserved - RR	8:00 am - Men's Breakfast - Juke Box Diner Annandale
<b>4 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission 4-6 pm FACETS Team 1	8 10 am Al Anon - RR 2-6 pm ASYP - RR	9 2-6 pm ASYP - RR 7 pm Yoga - RR	10 10 am Morning Prayer - L 2-6 pm ASYP - RR 8:30 pm AA - RR	11 10 am Barnabees - RR 2-6 pm ASYP - RR 7 pm Building & Grounds - L 7 pm Ryders' Rounders - RR	12 Parish Office Closed	13
<b>5 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 10:15-11:15 am Summer Session 1 - Labyrinth 1-3:30 pm Oneness Mission	15 10 am Al Anon - RR 2-6 pm ASYP - RR	16 2-6 pm ASYP - RR 7 pm Yoga - RR	17 10 am Morning Prayer - L 2-6 pm ASYP - RR 8:30 pm AA - RR	18 10 am Barnabees - RR 2-6 pm ASYP - RR	19 Parish Office Closed 6-10 pm Reserved - RR 7-9:30 pm Reserved - RR	20 9 am-2 pm Godly Play Organization - EW
<b>6 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist Following service: Parish Retreat - EW 1-3:30 pm Oneness Mission	22 10 am Al Anon - RR 2-6 pm ASYP - RR	23 2-6 pm ASYP - RR 7 pm Yoga - RR	24 10 am Morning Prayer - L 2-6 pm ASYP - RR 8:30 pm AA - RR	25 10 am Barnabees - RR 2-6 pm ASYP - RR	26 Parish Office Closed 6-10 pm Reserved - RR	27
<b>7 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist After service: B'Tweens Teacher Training - EW 1-3:30 pm Oneness Mission	29 10 am Al Anon - RR 2-6 pm ASYP - RR	30 2-6 pm ASYP - RR 7 pm Yoga - RR	31 10 am Morning Prayer - L 2-6 pm ASYP - RR 8:30 pm AA - RR	Save the Date: Parish Retreat Shrine Mont Camp & Conference Center September 27-29, 2019		

Legend: Library - L; Richardson Room - RR; Education Wing - EW; Annandale Safe Youth Project - ASYP; AUMC - Annandale United Methodist Church; GWAA - George Washington HS Alumni Association; RO - Rector's Office; CL - Choir Loft  
As of 6/15/2019

► **July 2019 Schedule of Participants – St. Barnabas' Episcopal Church** ◀

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com)

DATE	ACOLYTES	LECTORS	READINGS	CHALICISTS	USHERS	COFFEE HOUR HOSTS	OPENERS / GREETERS / VESTRY-CLOSERS
July 7 8:00 am 4 Pentecost 10:15 am	TBA	L Mellon C McLaughlin K Stark H Agnew	2 Kings 5:1-14 Psalm 30 Galatians 6:7-16 Luke 10:1-11, 16-20	M Macfarlane A Sayles M Dugger	Charles Camp C Tamanaha A Hamerschlag	Mary Yeaman & Deborah Batten Frank Spink & Ken Mittelholz	Vestry: G Robbins Opener: M Patterson Greeter: C Badger Greeter: P Badger Flower Guild: M Newling Flower Del: Badgers
June 14 8:00 am 5 Pentecost 10:15 am	TBA	B Rigden M Macfarlane E Ing M Dugger	Amos 7:7-17 Psalm 82 Colossians 1:1-14 Luke 10:25-37	B Rigden G Sinclair S Newman	Charles Camp R Erskine J Aiken	Charles & Cricket Camp Connie & Bob Gribben	Vestry: J Carroll Opener: M Macfarlane Greeter: C Badger Greeter: P Badger Flower Guild: D Wiseman Flower Del: M Dugger
July 21 8:00 am 6 Pentecost 10:15 am	TBA	Cricket Camp L Mellon S Newman G Sinclair	Amos 8:1-12 Psalm 52 Colossians 1:15-28 Luke 10:38-42	C McLaughlin M Patterson E Riddle	D Rogerson A Kanu K Mittelholz	Lita Mellon & Dottie Rogerson Shirley Newman & George Sinclair	Vestry: D Crutchley Opener: M Newling Greeter: S Erskine Greeter: R Erskine Flower Guild: K Steidel Flower Del: E Riddle
July 28 8:00 am 7 Pentecost 10:15 am	TBA	M Macfarlane C McLaughlin E Riddle A Riddle	Hosea 1:2-10 Psalm 85 Colossians 2:6-15 Luke 11:1-13	M Macfarlane M Dugger A Sayles	D Rogerson L Stark T Greer	Maria Macfarlane & Margo Donnelly Anne Radway & Sheena Friend	Vestry: S Kiely Opener: M Patterson Greeter: P McKoy Greeter: K Steidel Flower Guild: J George Flower Del: B J Fortune

**Counter Schedule**

DATE	TEAM
July 7	3
July 14	4
July 21	5
July 28	6

**Altar Guild Schedule**

DATE	CAPTAIN	TEAM
June 28-July 5	Robbins	Anderson, Leatherwood
July 6-12	Yeaman	G Jones, S Jones
July 13-19	Lilienthal	Anderson, Badger
July 20-26	Newling	S Jones, Leatherwood
July 27-Aug 2	Yeaman	Lilienthal, Sayles

## ► August 2019 - St. Barnabas' Episcopal Church Activities ◀

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
Save the Date: Parish Retreat - September 27-29, 2019 Shrine Mont Camp & Conference Center				2-6 pm ASYP - RR 7 pm Ryders' Rounders - RR	Parish Office Closed 6-10 Reserved - RR	8 am Men's Breakfast Juke Box Diner, Annandale
<b>8 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission 4 pm FACETS Team 2	10 am AI Anon - RR  2-6 pm ASYP - RR	2-6 pm ASYP - RR 7 pm Yoga - RR	10 am Morning Prayer - L 2-6 pm ASYP - RR 8:30 pm AA - RR	2-6 pm ASYP - RR 7 pm B&G - L 7 pm Ryders' Rounders - RR	Parish Office Closed 6-10 pm Reserved - EW 7-9:30 pm Reserved - RR	10
<b>9 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist Session II - Peace Patio Following service - Vestry Officers - RO 1-3:30 pm Oneness Mission	10 am AI Anon - RR  7 pm Finance - L	7 pm Yoga - RR	10 am Holy Eucharist & Healing - L 8:30 pm AA - RR	Reporter Deadline	Parish Office Closed 6-10 Reserved - RR	17
<b>10 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission	10 am AI Anon - RR  (No ASYP until 8/26) 7 pm Finance - L	7 pm Yoga - RR	10 am Morning Prayer - L 8:30 pm AA - RR		Parish Office Closed 6-10 Reserved - RR	24
<b>11 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission	10 am AI Anon - RR  (No ASYP until 8/26) School begins	7 pm Yoga - RR 7 pm Vestry - EW	10 am Morning Prayer - L 8:30 pm AA - RR	7 pm Ryders' Rounders - RR	Parish Office Closed 6-10 Reserved - RR	31
<b>12 Pentecost</b> 8:00 am Holy Eucharist 9:15 am Summer Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission	10 am AI Anon - RR  3:45 pm ASYP - RR	3:45 pm ASYP - RR 7 pm Yoga - RR	10 am Morning Prayer - L 3:45 pm ASYP - RR 8:30 pm AA - RR	3:45 pm ASYP - RR 7 pm Ryders' Rounders - RR	Parish Office Closed 6-10 Reserved - RR	38

Legend: L - Library; RR - Richardson Room; EW - Education Wing; ASYP - Annandale Safe Youth Project; B&G - Building & Grounds; CL - Choir Loft

As of 6/15/2019

► **August 2019 Schedule of Participants – St. Barnabas' Episcopal Church** ◀

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com)

DATE	ACOLYTES	LECTORS	READINGS	CHALICISTS	USHERS	COFFEE HOUR HOSTS	OPENERS / GREETERS / VESTRY-CLOSERS
<b>August 4</b> 8:00 am <b>8 Pentecost</b> 10:15 am	TBA	L Mellon B Rigden A Sayles M Dugger	Hosea 11:1-11 Psalm 107:1-9, 43 Colossians 3:1-11 Luke 12:13-21	B Rigden S Newman G Sinclair	D Rogerson C Tanamaha K Mittelholtz	B Fortune C Lilienthal & B Harper	Vestry: M Macfarlane Opener: M Newling Greeter: A Kanu Greeter: TBA Flower Guild: A Radway Flower Del: Badgers
<b>August 11</b> 8:00 am <b>9 Pentecost</b> 10:15 am	TBA	C McLaughlin L Mellon M Patterson L Harris	Isaiah 1:1, 10-20 Psalm 50:1-8, 23-24 Hebrews 11:1-3, 8-16 Luke 12:32-40	C McLaughlin E Riddle M Patterson	D Rogerson A Hamerschlag J Aiken	M Yeaman & D Batten Jessica & Andy Riddle	Vestry: J Miller Opener: C McLaughlin Greeter: C Badger Greeter: P Badger Flower Guild: M Newling Flower Del: B J Fortune
<b>August 18</b> 8:00 am <b>10 Pentecost</b> 10:15 am	TBA	C Camp C McLaughlin H Agnew K Stark	Isaiah 5:1-7 Psalm 80:1-2, 8-18 Hebrews 11:29-12:2 Luke 12:49-56	B Rigden A Sayles M Dugger	C Camp L Stark A Kanu	Charles & Cricket Camp M Newling & J George	Vestry: A Phillips Opener: M Patterson Greeter: P McKoy Greeter: K Steidel Flower Guild: D Wiseman Flower Del: M Dugger
<b>August 25</b> 8:00 am <b>11 Pentecost</b> 10:15 am	TBA	B Rigden L Mellon B Harper A Sayles	Jeremiah 1:4-10 Psalm 71:1-6 Hebrews 12:18-29 Luke 13:10-17	C McLaughlin G Sinclair S Newman	C Camp C Tanamaha R Erskine	L Mellon & D Rogerson Ken & Camille Mittelholtz	Vestry: J Barber Opener: M Newling Greeter: S Erskine Greeter: R Erskine Flower Guild: K Steidel Flower Del: E Riddle

**Counter Schedule**

DATE	TEAM
Aug 4	1
Aug 11	2
Aug 18	3
Aug 25	4

**Altar Guild Schedule**

DATE	CAPTAIN	TEAM
July 27-Aug 2	Yeaman	Lilienthal, Sayles
Aug 3-9	Newling	Leatherwood, S.Jones
Aug 10-16	Miller	G Jones, Yeaman
Aug 17-23	Lilienthal	Anderson, Sayles
Aug 24-30	Miller	G Jones, Leatherwood



## Trinity Sunday ▪ St. Barnabas Day Celebration ▪ Farewell to Young The Bishop's Visitation - Sunday, June 16, 2019



Above: Ann Sayles, Ellen Riddle, Young Kwon, Stephen Ackert Molly Newling



Above: Canon Flanagan; Matthew Dugger, Garrett Patterson, and Cindy McLaughlin Simone Dugger

*Not pictured:* Jim Aikin and Marcel Lisi

June 16<sup>th</sup> was a big day for our church, as we came together to celebrate Trinity Sunday and St. Barnabas' Day here, as well as the Confirmation, Reception, and Reaffirming of Baptismal Vows at The Falls Church. Our combined service at 9:00 a.m., celebrated by The Rev. Glen Sea, was followed by a potluck luncheon and a celebration of the ministry of Interim Minister of Music Young Kwon. A cake was presented to Young by the Children's Choir, and gifts were presented on behalf of the congregation.

Young leaves us to pursue a PhD in Health Services Research and Policy at the University of Pittsburgh. Young stated, *I wish I can find a gig so I can keep playing, but if not it will still be nice to be part of the Episcopal community once I move there.* We wish you all the best, Young. We'll miss you!

Meanwhile, The Rt. Rev. Susan E. Goff was at The Falls Church for their Bishop's Visitation. As this was the one Sunday that members from St. Barnabas' recent Inquirers' Class were available, Confirmations, Reception, and Reaffirmation took place there, with Canon Flanagan as sponsor. We offer thanks to God and congratulations to: Jim Aikin, Matthew Dugger, and Garrett Patterson (Confirmation); Marcel Lisi (Reception); and Cindy McLaughlin (Reaffirmation of Baptismal Vows).

Parishioner Stephen Ackert will fill in on the organ this summer, as well as rehearse and direct the Summer Choir. He also will chair the Minister of Music Search Committee, which will reconvene soon.



Right: Matthew and Garrett Simone Dugger



## Mad Hatter's Tea Party

photos by Phyllis McKoy and Maria Bottlick

The Women of St. Barnabas' hosted their annual Mad Hatter's Tea Party on Saturday, May 11th. Following are the winners in each category:

Most Unusual Hat: Karen Steidel

Funniest Hat: Molly Newling's granddaughter

Prettiest Hat: Kathleen Stark

Tea Basket Door Prize Winner: Molly Newling's granddaughter (on left in center photo just below)





## St. Barmabas' Labyrinth

by Mariel York photos by Gertrude Jones

On May 26 and June 2, Betty Dunlop presented programs to the Adult Forum on the history of the labyrinth and ways to engage in a labyrinth walk.

The Rite 13 and J2A students and teachers attended the presentation, along with adult parishioners. Following a guided meditation the attendees walked the labyrinth on their own. The labyrinth is located on the church grounds, beyond the Memorial Garden.



Left: Walking the labyrinth

Center: Betty Dunlop, Forum Speaker, and Mark Patterson, Rite 13 Leader

Right: J2A students and teachers.

## More Tea Party Photos



## Ministry in the World

by Mariel York

Much of what we do in the world is a form of ministry. My daughter, Mary Bruce, is the director of a new initiative called “EmpowHER,” a summer program of the B.A. Rudolph Foundation that helps progressive collegiate women launch or re-launch their careers.

The Foundation champions diverse women, especially from traditionally underrepresented communities, who model and advance progressive values, and for whom a small amount of support will make a significant difference in their opportunities.

Mary earned her BA in Poverty Studies from the University of Virginia and her MPA in Domestic Policy from Princeton University. She is an alumna of AmeriCorps (the Latin American Youth Center, Washington DC) and the Peace Corps (Afourer Youth Center, Morocco).

If you or someone you know has an interesting ministry in the world, let us know! We would love to highlight these from time to time.



### Yoga with Friends - Join Us!



Join us in the Richardson Room on Tuesdays from 7-8 PM for an all-levels slow flow Vinyasa Class featuring sun salutations, warrior poses, standing balances, and centering. The cost is \$10 per person for each class. Please bring your own yoga mat. Yoga props will be provided. For more information or for class cancellations, see the *Yoga with Friends* website at <https://www.findyouryogablog.com/yoga-with-friends>.

**Save the Date!** Parish Retreat at Shrine Mont, Orkney Springs, VA ▪ September 27-29, 2019



## St. Barnabas' Yard Sale

by Librada Estrada & Simone Dugger

On Saturday, May 18, the Journey to Adulthood program held a spring yard sale at St. Barnabas'. The event was a huge success. Through the sale of donated materials and burgers/hot dogs, the group raised \$1800 that will go towards the 2020 J2A Pilgrimage. The J2A Teachers (Ellen, Andy, and Jessica Riddle), Youth (Jacob Duggar and Xochi Tamanaha), and parents would like to thank the congregation for all of the donations and purchases. Many items were sold on Saturday and found new homes. Remaining items were donated to the Cuba Mission Trip or to the Purple Heart Organization.

We could not have done this without the support of so many individuals before, during, and after the event. We'd especially like to thank Bonnie Baldwin, Catherine Dubas, Michael Dugger, Rotha Frye, Janet George, Phyllis McCoy, Theresa Merchant, Mark Patterson, Nancy Peyton, Cy Tamanaha, Katie Westerlund, Mariel York, and the Women of St. Barnabas'. Thank you for cleaning the rooms in the Ed Wing, announcing and marketing the event, organizing and pricing on Friday evening, staffing outside or in the Richardson Room on Saturday, cleaning up after the event, and/or helping organize materials after the sale. Your support is deeply appreciated!

Additionally, the J2A group raised \$211 from the t-shirt sale. Thanks to those that bought one to wear and/or made a donation to this effort. Keep an eye out for the t-shirt sale in late summer. They will be available for purchase in September, in time for the Parish Retreat at Shrine Mont.



## St. Barnabas' Altar Guild News

by Molly Newling

Some of you may not have heard that I have taken over leadership of the Altar Guild from Grace Robbins. I have some very big shoes to fill, including those of past Chair Barbara Miller, who continues to be a constant support. I express my heartfelt thanks to all the Altar Guild members who serve weekly to make our worship beautiful and sacred. Everyone contributes and makes a difference.

And speaking of people, we will be losing some key members of our team. We always welcome new members, and summer is an especially good time to join us. The quiet weeks of the post-Pentecost season are just right for the easy-going, one-on-one training that we provide to newcomers. Our group is open to both men and women. If you would like more information please see me on Sunday, or contact me through the Parish Office (703-941-2922 or email [stbarnabaschurch@outlook.com](mailto:stbarnabaschurch@outlook.com)).

## CAPITAL RESOURCES AND USER GROUPS

By now you are likely aware that a growing number of groups have been invited to use St. Barnabas' for their activities. But did you know there are eleven groups currently using the building on a regular basis? These groups extend our ministry into the community, and so we are delighted to have them! Here they are, listed from longest-standing to newest among us, including their comments:

**Alcoholics Anonymous** has been meeting at St. Barnabas' for 47 years. They are grateful for support from the Church, the nice facility including use of the kitchen, and the handicap access ramp, as well as their close relationship with "the Pastor."

**Al Anon** is an anonymous group for families and friends of alcoholics. They have been meeting weekly at St. Barnabas for 40 years.

**RSM Exams** The Associated Board of the Royal Schools of Music (ABRSM, or RSM for short) provides graded music exams, assessments, and diplomas; parishioner Nancy MacLachlan is one of the examiners. Nancy is appreciative of the easy access to St. Barnabas' and the ease of set-up for exams, and has been conducting exams here for 13 years now.

Approximately four years ago Janet George asked to use the St. Barnabas' Library for her high school alumni association. The **George Washington HS Alumni Association** has been here since, one of the largest and longest-standing high school alumni associations in the country. They appreciate the beautiful building, which is always neat and clean.

**Ryders' Rounders** holds weekly dance classes most Thursdays from 7:00-9:30 p.m., and offer basic classes at Hope Lutheran (just up Ravensworth Road) on Sunday evenings. Ken writes, "We held a New Year's *First Nighter* (introduction to ballroom dance) at St. B's several years ago, and would be willing to hold another one to see if some parishioners would like to learn more about our 'social contact sport.'" They are especially appreciative of the beautiful wood floor of the Richardson Room, and the outdoor lighting that makes it easy to access the Richardson Room from the side parking lot. They usually have a flier posted in the Richardson Room, and welcome guests to classes any time.

**Vietnamese Language for Youth**, who held their first event here in February 2016, uses the Richardson Room three times a year: a Thanksgiving party, Vietnamese Têt (New Year's) celebration, and Graduation. They appreciate the comfortable and supportive atmosphere at St. B. The students are happy to have any opportunities to perform traditional Vietnamese dance in their beautiful áo dài (long tunic over long trousers); their potlucks are always a feast! (*see photos*)

**Yoga With Friends** began meeting in the Richardson Room on Tuesday evenings two years ago. Their name signifies that this isn't just a yoga *class*, but a yoga community. All are welcome! Parishioner Jocelyn Leatherwood is the leader and has this to say about her practice:

I'd practiced yoga for several years before completing yoga teacher training in February 2017. As a member of the congregation, I wanted to share my love of yoga with my St. Barnabas' family, so I asked to start a weekly class. I also liked the idea of opening our doors to the wider community for a non-worship event. Attendance in yoga class may not result in someone attending church, but I think it gives people a glimpse of who we are as a community.

The Richardson Room makes as an excellent yoga "studio". Several class members have remarked on how beautiful the room is. With so many demands on the room, I am very appreciative of being able to reserve the space on a weekly basis.

*continued next page*

“Yoga” can mean a lot of different things to different people. Yoga with Friends is a vinyasa yoga class. The word “vinyasa” can be translated as “arranging something in a special way.” Traditionally, in vinyasa yoga classes, we link breath to flow from one pose to the next. My style of teaching is a bit slower and gentler than a traditional vinyasa class to provide a class that’s both modifiable and sustainable for people of different ages.

In June of 2017, **Oeness Mission Church** began worship services on Sunday afternoons. Pastor Doo Young Jang says that they feel “Thankfulness and joy to worship the living God every time we come to church.” In particular, they are “keeping in prayer for our next generation because young peoples don’t like to come to church and listen to God.” Oeness Mission has an active presence on campuses throughout the Metro area, and also offer a community counseling service through the Asian American Help Center located on Evergreen Lane in Annandale. *(see photos)*

**Kairos DC Christian Church** is our newest relationship at St. Barnabas’. They primarily use St. Barnabas for their weekly Youth Group meetings, but also have held a prayer retreat and vigil here. Their Parish Administrator writes, “A lot of people have stated that they find this place lovely, cozy, and welcoming and they could feel the Holy Spirit’s presence when they come in. You can definitely feel that this church is special. We are very grateful that God opened the doors to St. Barnabas’ for us to have our events there. We are forever grateful to Catherine who is extremely loving, friendly, and great to work with. We also thank Canon Flanagan for trusting us and welcoming us with open arms.” *(see photos)*

Rounding out the list are weekly **Tai Chi** practices for the class Molly Newling takes at Audrey Moore Rec. Center; and **Reikki Friends**, who began meeting here this past Spring.

Below and right: Kairos DC - Youth Group; Vigil; Pastor Jorge (guitar)



Below: Oeness Mission Campus Teams



Below left: Oeness Mission congregation;  
Below right: Vietnamese Language for Youth Graduation





**ST. BARNABAS'  
EPISCOPAL CHURCH**

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**Change Service Requested**

**Summer Sessions for Children**

**July 14, 2019 and August 11, 2019  
10:15 - 11:15 a.m.**

**Session One  
Labyrinth Walk & Crafts**

**Session Two  
Meditation & Crafts (Peace Patio)**

*In case of rain we will meet indoors.*