

February 2020

The St. Barnabas' Reporter



The Rev. Canon Carol Cole Flanagan
Interim Rector

Once Upon a Time

We all seem to know that 2020 is an election year. We're reminded daily by the media!

You may be *surprised* to know that the Episcopal Church is an official partner of Census 2020. Yep, it is also a Census year! The Episcopal Church can help make the count as accurate as possible. Why is it sufficiently important for the church to join forces?

Because 132 federal programs plus private businesses, state, and local initiatives depend on Census data for effective distribution of resources, while congressional seats are apportioned according to the Census count.

Research shows that someone is more likely to take the census if they hear about it from someone they trust. We can help shape the future of our community by learning about why the census is important and how to encourage others to take it too.

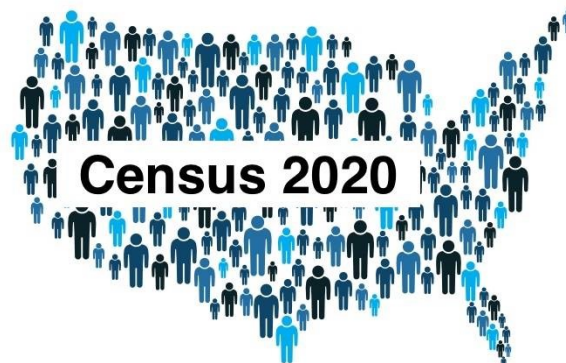
The Episcopal Church has a census engagement "toolkit" that provides pointers for getting the word out and partnering with our local Complete Count Committees.

By April 1, 2020, every home will receive an invitation to participate in the 2020 Census. Once the invitation arrives, you should respond for your home in one of three ways: online, by phone, or by mail.

Getting souls to the polls isn't just about casting our own vote, but about working together so we all can vote and vote faithfully. We can empower every voice in our congregations in this work.

For more information, go to <https://episcopalchurch.org/OGR/civic-engagement>.

Grace and peace,
Carol+



SPECIAL POINTS OF INTEREST

- *Do You Know Me? and Meet Your Vestry*
- *Coming to the U.S.*
- *Hypothermia Shelter Support*
- *Godly Play Training*
- *Preparing the Manger*
- *"I Have a Dream"*
- *Thank You - Staff*
- *An Episcopal Vision for Creation Care*
- *With Grateful Thanks*
- *Epiphany Narrative*
- *Choose Love*
- *John 3:16*

INSIDE THIS ISSUE:

| | |
|------------------------|----|
| ACCA | 6 |
| Adult Forum | 3 |
| Beginnings | 2 |
| Sunday School | 3 |
| In the Presence of God | 8 |
| Thanks and More Thanks | 10 |
| Vestry Highlights | 2 |
| WOSB | 8 |

**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. Canon Carol Cole
Flanagan, *Interim Rector*

Ms. Mariel York
Dir. of Christian Education
Vacant

Interim Minister of Music

Ms. Catherine Dubas
Parish Administrator

Ms. Maria Bottlick
Bookkeeper

Mr. John Otwell, *Sexton*

Vestry & Parish Officers

Maria Macfarlane
Senior Warden

Grace Robbins
Junior Warden

John Westerlund
Treasurer

PJ Kennedy
Assistant Treasurer

Ann Sayles
Register

Behn Ayala
Jonathan Barber
Sheena Friend

Art Hamerschlag
Sharon Jones

Alan Phillips
Dawn Schaefer

—
Catherine Dubas
Newsletter Editor

Schedule of Services

Sunday

8:00 a.m. Holy Eucharist
9:15 a.m. Adult Choir
10:15 a.m. Holy Eucharist
*Nursery available
at 9:00 a.m.*

Wednesday Morning

10:00 a.m. Worship
*Holy Eucharist and Healing
on the first Wednesday
of each month*

Vestry Highlights—December 2019

- The Rector Search Committee is continuing to vet the remaining three candidates. The Committee expects that a new Rector will be called after Easter.
- A Korean church has asked that we consider allowing their use of our Memorial Garden for burials. Building and Grounds will discuss.
- The finances of the church are in good shape. The Vestry approved a motion to establish coverages for Long and Short Term Disability coverage for all qualified staff.
- The Vestry Retreat has been scheduled for Saturday, January 25th from 9:00 a.m. to 12:00 noon.
- The following Vestry Officers were elected:
Senior Warden: Maria Macfarlane
Junior Warden: Grace Robbins
- The following positions were appointed:
Treasurer: John Westerlund
Assistant Treasurer: PJ Kennedy
Register: Ann Sayles
- The Vestry expressed its appreciation and thanks to the outgoing members who have completed their terms: James Carroll, Richard Crutchley, and Jack Miller.

Ann Sayles, Register

Beginnings Book Group

The *Beginnings* book group will meet on Monday, February 3rd at the Starks' home from 7:00-9:00 p.m. We will be discussing "Have a Little Faith" by Mitch Albom. He is the author of "Tuesdays with Morrie."

"Have a Little Faith" is the true story of Albom being asked to do his Rabbi's eulogy by the Rabbi. It is also the story of Albom meeting an African-American Christian preacher who is trying to keep a falling-down church together. The two stories intertwine in Albom's life and have an impact on his personal faith. This is a short but powerful story well told.

We welcome newcomers and visitors any time! If you have any questions, please contact the Parish Office.

- Kathleen Stark

St. Barnabas' Mission:

Serving our community, the world, and each other through the love of Jesus Christ.

Adult Forum Epiphany Series

Journeying Together in a Time of Transition: St. Barnabas' In-Reach and Outreach Ministries

by Jocelyn Leatherwood

In past discussions, St. Barnabas' parishioners emphasized the importance of the parish's in-reach and outreach work—for example, the Children's Choir, Godly Play, Caritas, Hypothermia Shelter, FACETS, and ASYP. With the call of a new rector anticipated in 2020, a review of this work is timely.

For four Sundays in Epiphany (Jan 26 – Feb 16), Jeff Schaefer will lead us in a discussion of what we want and how best to carry out the church's work. Please attend and share your thoughts. We'll delve into what ministries are priorities and how these ministries can be best organized and sustained. Like the church itself, the Epiphany Adult Forum series is a work in progress to answer Christ's call.

For our last Sunday before Lent (Feb 23), Jennifer Henry will lead us in an exploration of Praying for Others. Please join us to hear from some who practice this form of prayer, share your experience, and explore your questions.

Sunday School - February 2020

by Mariel York, Director of Christian Education

Below are highlights of our lessons for the remainder of Epiphany:

The Fourth Sunday after the Epiphany (Feb. 2) – *Presentation of Jesus in the Temple*
Note: There will be a meeting of the Youth Committee and Sunday School teachers in the B'Tweens classroom immediately following the 10:15 a.m. service.

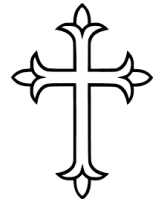
The Fifth Sunday after the Epiphany (Feb. 9) – *Jesus Gathers His Disciples*. Students read the poem "Footprints in the Sand" and discuss how they follow Jesus. Students complete a worksheet to determine their Environmental Footprint.

The Sixth Sunday after the Epiphany (Feb. 16) – All classes will gather to prepare breakfast bags in support of the hypothermia shelter. Adults are encouraged to assist in preparing these breakfast bags. We thank Cindy McLaughlin for coordinating this event. [Details on the hypothermia shelter are found on p. X.] *I'll have to fill in the page number after the Reporter is all laid out.*

The Last Sunday after the Epiphany (Feb. 23) – *No Sunday School and no Children's Chapel as there is a Children's Choir call at 9:30 a.m. and children will be singing during the 10:15 a.m. service.*

As a reminder, we hope to see everyone on Shrove Tuesday, February 25th at 6:00 p.m. for the Pancake Supper & Farewell to Alleluias (hosted by the Vestry), and on Ash Wednesday, February 26th at 10:00 a.m. or 7:30 p.m. for Holy Eucharist with Imposition of Ashes.

Received



Maria Elena Bottlick
Bishop's Visitation
December 15, 2019

Welcoming



Charlotte Rose Greer
Born December 6, 2019
Daughter of
Erin & Tim Greer, and
Granddaughter of
Diana and Tim Greer, Sr.

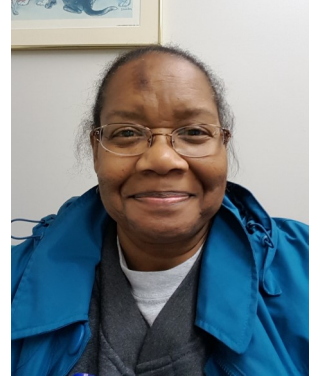
Rest in Peace



Ginger
Beloved pet of
Carol Cole Flanagan
died Wednesday,
January 22, 2020

Do You Know Me?

Below are photos of each of the members of the vestry. Can you match their photos to the information on page 5? Do you know whose photo is missing?



Correction

Please correct your parish directory mailing address for Rotha & Bob Frye. Their correct mailing address is:
3801 Powell Lane #605 ▪ Falls Church, VA 22041.

The most up-to-date information is available on Realm, our parish database.

New Coffee Hour Hosts, Ushers, and Greeters Welcome

Teams of dedicated volunteers take responsibility for making coffee and providing snacks for Coffee Hour after services. Others (and sometimes the same!) volunteers to serve as ushers (both services) and greeters (10:15 a.m.). New Coffee Hour hosts are welcome for both services; ushers for 8:00 a.m. and greeters for 10:15 a.m. are desperately needed! *Please note: Our parish is a Nut Free Zone. Please contact the Parish Office for any questions.*

For more information or to volunteer, please contact Dottie Rogerson (8 a.m. Coffee Hour), Camille Mittelholtz (10:15 a.m. Coffee Hour), or the Parish Office (ushers & greeters).

Meet Your Vestry

Maria Macfarlane, Senior Warden – I was born and brought up here in Fairfax. My husband, Bob, was rector of another St. Barnabas, in Glen Ellyn, Illinois where we lived for 20 years and raised our daughter, Mary. I worked in Early Childhood education all my working life. When Bob retired, we moved to Fairfax where we finally found St. Barnabas', where we knew we could grow and be nurtured with a strong outreach and a welcome shown to all people.

Grace Robbins, Junior Warden – I've been going to St. Barnabas' since 2001. My parents followed me here shortly afterward so I wouldn't be an "orphan." ☺ I will always be grateful for the love and support shown by our St. Barnabas' church family. I've previously served as Senior Warden, and currently serve on the altar guild and as a B'Tweens Sunday School teacher.

Behn Ayala – I am a cradle Episcopalian, and joined St. Barnabas' with my parents (Jack and Barbara Miller) many years back. I am active in the choir, Altar Guild, and the Christian Education Committee. I am a retired government contracts attorney who currently provides living assistance services to the elderly. I look forward to serving on the vestry and contributing my time and talent wherever my St. Barnabas' family and the Lord lead me.

Jonathan Barber – This is Jonathan's second year on the vestry. He retired from government after 30 years' service, and then worked another six years as a government contractor. Jonathan is married to Anne Radway (coming up on 16 years). He studies German and Italian, participates in a Personal History Writing Group with Anne, and has been a member of the choir for over 10 years. Jonathan's friends particularly enjoy his fine sense of humor.

Sheena Friend – I'm Sheena Friend, also known as Darcy's mom. We began attending St. Barnabas' when Darcy was 6 months old (about a year and half). Since joining I've helped with FACETS, Rebuilding Together, and the Crop Walk, and am looking forward to how else I can help as part of the Vestry.

Art Hamerschlag – Arthur S. ("Art") Hamerschlag has been a member of St. Barnabas' since 1976. He has two prior terms on the Vestry, and was a member of the previous Rector Search Committee. Art retired from federal service after 36 years with the Department of Veterans Affairs. After his federal career, Art worked with LMI Government Consulting and the MITRE Corporation. He is now fully retired, and, along with his wife Linda, is enjoying their three daughters, sons-in-law, and six grandchildren.

Sharon Jones – Sharon is retired federal worker with 32 years of service. She is a past vestry member, current choir member, and serves on the Minister of Music Search Committee. Sharon is a former member of the race relations committee for the Diocese of Virginia, and is a professionally trained cellist. You can hear Sharon play in church at Christmas, for an occasional offertory, and on various other occasions.

Alan Phillips – I have been worshipping at St. Barnabas' for a long time and have had the pleasure of watching my three daughters grow into their young adulthood here. I am a PK (preachers Kid)—my late father devoted his life to priesthood. I look forward to our growth and fellowship together.

Dawn Schaefer – Dawn and her husband, Jeff, have lived in North Springfield since 2008, and have two children: Noah (8), and Adam (4.5). They were drawn to St. Barnabas' and its welcoming and active community in 2011, and are excited to become more involved in our parish now that the boys are a little older. Dawn works as a special education coordinator for Fairfax County Public Schools and enjoys being a Cub Scout den leader and room parent.

Ann Sayles, Register – I have been a member of St. Barnabas' since 1981 (ish) and a resident of North Springfield since 1964. In addition to being a stay-at-home mom, raising two children for approximately 17 years, my career includes over 25 years as an H.R. Director in the non-profit arena. I have been an elected member of the Vestry and am now the appointed Register (Clerk).

ACCA News – Annandale Christian Community for Action

ACCA Child Development Center - Virginia Governor Ralph Northam chose the ACCA Child Development Center to propose an historic investment in early childhood education on December 10. Governor Northam announced a proposal for a total of \$94.8 million in new funding for the Commonwealth's early childhood education system. His proposals will enhance access for at risk 3- and 4-year-olds, establish uniform accountability standards, and ensure that educators have the training and support they need. The ACCA CDC preschool children and their dedicated teachers sang a wonderful song to open the program. Isabel Ballivian, Executive Director of the CDC, has encouraged improved support for early childhood education.



Rebuilding Together – St. Barnabas' will participate with other ACCA volunteers in making repairs for a lower-income homeowner or a nonprofit group home on April 25, the National Rebuilding Day. We will learn about our assigned house in early March. Volunteers at all skill levels will be needed to help with repairs, safety improvements, and yard work. If you would like to help, please contact Ken Mittelholtz or Frank Spink.

Outerwear Drive – Thanks to all who donated winter outerwear for the ACCA drive in December and January. We collected about 13 bags of new or used jackets, hooded sweatshirts, sweatpants, gloves, scarves and warm hats. The clothing was distributed to day laborers, homeless men and women at the Baileys Community Shelter and a day shelter, and children at the ACCA CDC.

CROP Hunger Walk – Thank you to all who supported the Annandale CROP Hunger Walk by donating, walking, or volunteering. St. Barnabas' walkers raised a total of \$4,600 in cash, check, and online donations to benefit Church World Service. Thanks also to everyone who donated items for the CWS hygiene kits for disaster victims and displaced people. The Women of St. Barnabas' provided funds for supplies as well as processing and mailing the kits. Members of St. Barnabas' and John Calvin Presbyterian donated supplies for about 28 kits.

Challenge Campaign – Thank you to members who made individual donations, and to Canon Flanagan and the Women of St. Barnabas' for donations to ACCA's Challenge Campaign. The campaign is ACCA's major fund-raising activity, and ran from October 2019 through January.

Furniture – St. Barnabas' next turn to volunteer at the ACCA furniture ministry is March 28 at 8 a.m. Volunteers meet at the furniture warehouse on the grounds of Annandale United Methodist Church, 6935 Columbia Pike, Annandale.

For more information on ACCA, please contact Camille or Ken Mittelholtz.

Reporter Deadline ▪ Office Hours

The deadline for the March/April 2020 combined issue of *The St. Barnabas Reporter* is Saturday, February 15th. (Thinking of Holy Week yet, anyone?) Please submit announcements and/or photos to Catherine in the Parish Office at stbarnabaschurch@outlook.com. Hard copies of announcements and photos are welcome, as well.

Parish Office hours are 9:00 a.m. to 4:30 p.m. The Office will be closed Monday, February 17, 2020 for the President's Day holiday. Thank you for your understanding.

Coming to the U.S.

by Carol Cole Flanagan and Maria Bottlick

There was an article reporting on the Anglican Bishop of El Salvador, whose son is scheduled to be deported from the United States. I forwarded it to Maria Bottlick, who is from El Salvador. Here is her reply, which incarnates a problem most of us only know at a distance and in vague outline. Maria wrote:

That's so sad. The poor man probably does not have proof of the threats or a way to get the proof. I was very lucky that the proof of threats against my life came directly from the FBI. They provided all the documents needed, and not only that, they provided the bullet-proof car and armed bodyguard that transported me directly to the airport on a one-way ticket to DC, paid for by a US agency. They arranged my permit to work, too, and monitored the paperwork with Immigration. They also helped me with my sister in California. I only had to pick up the phone, call the El Salvador desk at the State Department, and the help arrived.

An FBI agent even went to get me at the airport when I arrived in DC. He took me for a very nice dinner and provided \$150 in cash for expenses. I had left with \$20 in my hands and the clothes I had on... no suitcase or belongings. He found a safe home for me in Front Royal at a farm owned by one of the Americans we had protected back home. Fortunately, it wasn't necessary; I stayed with a relative in Alexandria. If not for that, I would be a corpse resting in my tomb by now. I guess God wanted me around for a bit longer.

The Salvadoran National Guard ransacked our home...my grandmother and our longtime Nanny were arrested and tortured to get information about where my mom was hiding. They got the information, released the two people, and my mom was arrested the night I arrived in the USA. She was put in prison for six years. If not for this agent who cautioned the El Salvador government that there would be no aid to the country, and confirmed that they had my mom in custody, we would not have heard from her ever again.

There were no gangs when I left in 1982. The problems then were the guerrillas (leftists) and the death squads (rightists). Both bad news! It was the death squads that were trying to kill us.

Sadly, that is the story of many, many people.

I'll pray for him for a miracle and a way to stay here.

Thanks for sharing the report. I've known many people who did not make it out alive to tell their stories. I am the lucky one, who was given a second chance in life and I am eternally grateful to this country and the people who helped me stay.

Maria

I asked Maria if we could share this in the Reporter since these issues are often easier to understand when there is a story and a person you know. She agreed and added the following:

I just told you a condensed version of my sad story. There is more... lots more.

I had a good life back home. My father was a famous specialist in asthma and allergies, there was even a symposium named after him while he was still alive. People would come from all over Central America to be treated by him. He prepared his own vaccines and was well respected.

(continued p. 11)

Women of St. Barnabas' (WOSB) News

The Women of St. Barnabas' are looking forward to more fun activities in 2020. The profit for our Fall 2019 Bazaar totaled \$4,908.75, with \$100 donated to the Youth Mission Trip in thanks for their help in the Hot Dog and Soda Sales. \$500 was donated to the ACCA Challenge Grant.

The annual New Year's Brunch on January 11th was a great success, with lots of tasty dishes and a great mix of new and old friends.

The next monthly business meeting will be Tuesday, February 4th at 10:00 a.m. We will start planning our next event, the Mardi Gras Party with New Orleans style band which will be held Saturday, February 22nd starting at 6:30 p.m. Set-up for Mardi Gras will be Friday, February 21st beginning at 10:00 a.m.

The Mardi Gras Party has been managed by a small group of women who have been able to come to weekly morning meetings. At this point we would love to have more fellowship with new and old friends who can help by providing jambalaya ingredients and kitchen cleaning during the event. A sign-up sheet will be posted in the Richardson Room.

Our March business meeting will be held on Tuesday, March 3rd at 10:00 a.m. The Barnabees craft group will resume in March; time To Be Decided.

Bonnie Baldwin, Treasurer



Please consider joining the cadre of volunteers who purchase and arrange the altar flowers, and make arrangements for Children's Chapel, Coffee Hour, and the two front bathrooms. It's fun and easy and a great way to express your creativity.

Please contact Dana Wiseman for questions or to let him know of your interest.

In the Presence of God

We pray for God's strength and healing ... Bernard Blair, Emma Blevins, Jean Anne Braddon, Margot Donnelly, Frank Donnelly, Jacob Dugger, Rotha Frye, Lee Gibbs, Roger Hefferan, Sharon Jones, Carolyn Kercheval, Tom Lyles, Bob Macfarlane, Cindy McLaughlin, Marion Meany, Barbara Metz, Rusty Moore, Jane Moya, Marie Pannier, Aliyah Phillips, Beth Phillips, Barbara Rigden, Ann Sayles, Frank Spink, Kathleen Stark, Dana Wiseman, Ann Woodle, and Mary Yeaman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Susan E. Goff, The Rt. Rev. Jennifer Brooke-Davidson, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. David Colin Jones, The Rt. Rev. Ted Gulick, The Rt. Rev. Peter James Lee, The Rt. Rev. F. Clayton Matthews, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan, and her family; for Cindy McLaughlin (in discernment); for our vestry, wardens, and staff; for the work of the Rector Search and Minister of Music Search Committees, and for the work and ministry of St. John the Baptist Episcopal Church, Palma Soriano, Cuba.

Hypothermia Shelter Support

by Cindy McLaughlin

The Hypothermia Prevention Program was created a little over a decade ago as a collaborative effort by Fairfax County, nonprofits, and faith communities. It runs from December through March, and, depending on the weather, through April. Last winter (December 2018 - March 2019), the Hypothermia program hosted almost 1,200 people—let me say that again—1 2 0 0 people who were experiencing homelessness in this COUNTY alone. The Shelter provided them with a warm safe place to sleep and a healthy meal.

Many of these people do work, but don't make enough to support themselves. Rent, food, insurance...the things that most of us take for granted...are different for them. For many of these folks the evening meal that you provide them as they are arriving may well be the only meal they get for that day.

This winter, the nonprofits along with 44 faith communities—more than 2,000 volunteers and 49 shelter locations—will provide safe places to sleep indoors. The County provides them sleeping bags or blankets and mats to sleep on. Good folks such as yourselves provide hot meals.

To volunteer during the evening hours, you must be at least 16 years of age.

A source of pride at St. Barnabas' is the thoughtfulness and efforts of our children and youth for the shelter guests. Last year, they did fundraisers and put together over 200 bags with fruit, snack bars and such, as well as a personal note written by the kids themselves. These bags were like Gold to our guests. They look forward to them each night as they come in. Thank you to the kids, Katie Westerlund, and all the parents for supporting this effort.

Before I volunteered to have St. Barnabas' host the shelter the year before last, I guess I never really gave it a lot of thought. I mean I do care about people that have less, and I've been buying breakfast for a couple of people at Dunkin Donuts for a couple years. But once I walked away and went back to my office next door, work kind of pushed them out of my mind.

Two years ago Canon Flanagan brought up our possibly hosting the shelter from Sunday evening through Saturday night. Almost without thinking I threw my hand up and said I was in. I quickly got a little overwhelmed worrying about what the state of the building would be in the morning following our shelter guests. We worked things out after the first couple mornings and it went pretty well.

(continued next page)

Godly Play Training—Spring 2020

by Mariel York

Interested in learning more about Godly Play and what it takes to be a substitute teacher? Please contact Mariel York, DCE if you are interested in attending one or all of the sessions listed below. There is a scholarship to cover the cost of the training classes. Completing all three sessions qualifies you for certification.

View an entire lesson on the Godly Play Foundation's website at <https://www.youtube.com/watch?v=wwfVf13GhYA&feature=youtu.be>.

Classes will be held at St. Stephen's and St. Agnes School, 400 Fontaine St., Alexandria

| | |
|--------------------------|--|
| <u>Sacred Stories</u> | Saturday March 14, 2020 8:30 AM to 5:30 PM |
| <u>Parables</u> | Saturday April 18, 2020 8:30 AM to 5:30 PM |
| <u>Liturgical Action</u> | Saturday May 9, 2020 8:30 AM to 5:30 PM |



Hypothermia Shelter Support *(continued from p. 9)*

I grew to look forward to standing at the exterior doors of the Richardson Room each evening and greeting each guest with a welcome and a handshake or a hug. (Trust me that's a big one for me!) Once the everyone was there, they eagerly lined up for food. Some helped set up tables and chairs and take them down again and put them away following the meal.

Last year, we were told that the program had grown, and St. Barnabas' was no longer large enough to be a host church. Instead, we were able to help by preparing and serving meals at St. Patrick's in Falls Church. St. Patrick's has a large enough facility, but their shrinking congregation is not able to provide seven nights of hot meals. It was a win-win.

I was there each night, and recognized many of the guests from the year before. Many of them remembered me and it was like "old home week." None of this could have taken place without your help. You showed up and prepared meals and the helped serve. Several of you sat and ate with the guests and got to know them a little, also letting them get to know you a little bit. It was a fun week.

I hope that this year you will again be generous with your time and culinary efforts. We will again be preparing the meals from Monday through Friday and serving at St. Patrick's, who will host the shelter from February 16 - 23. There will be a SignUp Genius (online sign-up form) to volunteer to help provide meals. Alternatively, you can speak with me or James Carroll, who will be happy to sign you up and answer any questions.

We also have agreed to serve as an overflow location for three nights, from March 29-31, 2020. As an overflow facility we will provide housing only and not meals.

We are looking forward to participating in this vital ministry again this year, and thank you in advance for your support.

Thanks and More Thanks...

- For James Carroll who helped with furniture delivery, unpacking, and placement!
- For Cricket Camp Cricket who organized the materials, Stephen Ackert who led the music, and the members of the Adult Christian Education Committee who led the Forum presentation honoring Martin Luther King, Jr.
- For Deborah Batten, James Carroll and their ASYP team for picking up the baton from Rotha Frye and providing a great Christmas celebration for the ASYP students.
- For Jeremy Sullivan and Cindy McLaughlin for the beautiful Advent wreath.
- For the Altar Guild, Acolytes, Lectors, Chalice Bearers, Ushers and Greeters, and the Adult and Children's Choirs for their many ministries throughout the nativity season.
- For those who help to plan, budget, oversee, and manage our resources, especially John Westerlund, Treasurer; PJ Kennedy, Assistant Treasurer; the Finance Committee; and Maria Bottlick, our Bookkeeper.
- For all who help with the Reporter: for Shirley Newman who proof reads it; and for Wayne Bottlick, George Sinclair, Phyllis McKoy, and Elizabeth Moya who assemble it for mailing. (Please forgive any omissions!)
- For Theresa Merchant and the teachers and young people who provided the Epiphany Narrative this year.
- For all who donated calendars, cards, and mementos of the season to save our landfills and share with those who will enjoy them.

'Preparing the Manger'

by Kathleen Stark



When I started "Preparing the Manger" I wanted to do something for the Advent season and Fairfax Art League pre-Christmas gallery exhibit. It came to me that Mary had little time to prepare a place to lay her baby. Knowing from personal experience how the nesting instinct kicks in just before a baby is due, I am sure Mary tried her best to make a clean, safe place for her child.

Being in the midst of labor would not deter her, nor would the pleas from Joseph to "lie down for goodness sake!" "Not until I get a bed ready," I could hear her reply as she worked frantically between pains. The angels were, of course, watching over her. They were not about to let anything happen to this special child or his mother. It was all planned and ordained by God that all should go well. I used heavy handmade paper soaked in water and molded to give depth and texture to the figure of Mary. I then let the paint fall into the creases to add more depth, interest and shape to her body. The holy glow indicates God's presence in that lowly cave. My thanks to our Interim Rector, Carol, and the members of

St. Barnabas' for allowing me to hang my painting in the narthex.

Kathleen's newest work, "Jesus Falls For The Third Time" (acrylic on canvas) will be shown in the "Contemporary Artists Interpret Stations of the Cross" group exhibition at St. Michael's Episcopal Church, 1132 N. Ivanhoe Street, Arlington, VA 22205. The show runs from February 19 through April 2, 2020. To view the exhibit during office hours contact Maureen (mdoallas@aol.com). There will be a Reception for the Artists (Kathleen is one among 18) on Sunday, March 1, 2020 from 4:00 - 6:00 p.m. in the St. Michael's Parish Hall.

Coming to the U.S. *(continued from p. 7)*

My mother was an interior decorator and owned a drape factory. Drapes are a luxury item in El Salvador, so of course her clientele were rich people. We were a family of 7 and lived on the outskirts of the San Salvador volcano, in a huge beautiful home with a 360 degree view of the volcano, the city, and the ocean; we had four live-in maids: the cook, the cleaning lady, the one that washed and ironed the clothing, and a nanny, as well as a driver and a gardener. I went to school and graduated from the best Jesuit university in town. I worked for one of the Big 8 CPA firms in the world at the time; was engaged to be married; came from a good family with position in society; I had to give it all up in exchange for my life. I lost it all....my country, my home, my job, my fiancé, my pets, my family, my friends, and my peace of mind. Why? Because my family protected Americans in our home.

After arriving in the U. S. I walked the streets of Washington DC and Virginia for four months in a cruel winter, going from door to door asking for a job. Unemployment for Americans was at 11%, so there was little chance for me to find a job when I did not speak enough English.

Friends of my family provided clothes and a jacket, but I saw my beautiful high heeled shoes—the ones I was wearing the day I left my country—ruined by the walking. They were the only pair of shoes I had! El Salvador is a tropical country at sea level... which means it is like Summer all year round, with nice warm weather and beautiful black, smooth (baby powder like) sand beaches. The change of seasons in Washington was hard on me. I did not understand how if the sun was out... it could be soooooo cold. Sunrays meant heat for me, well... not here, from what I experienced!

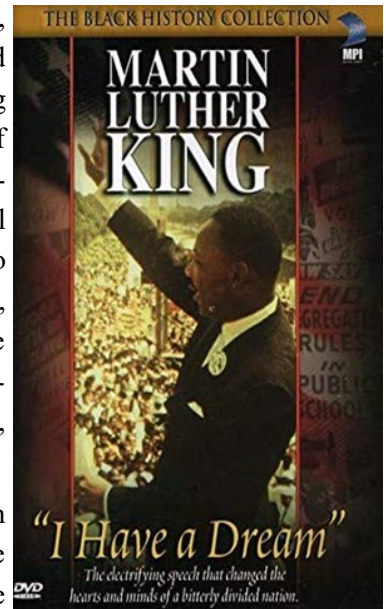
(continued p. 17)

“I Have A Dream”

by Mariel York

“I Have a Dream” is a 17-minute public speech by Martin Luther King, Jr. delivered on August 28, 1963, in which he called for racial equality and an end to discrimination. The speech, from the steps of the Lincoln Memorial during the March on Washington for Jobs and Freedom, was a defining moment of the American Civil Rights Movement. Delivered to over 200,000 civil rights supporters, the speech was ranked the top American speech of the 20th century by a 1999 poll of scholars of public address. According to U.S. Representative John Lewis, who also spoke that day as the President of the Student Nonviolent Coordinating Committee, “Dr. King had the power, the ability, and the capacity to transform those steps on the Lincoln Memorial into a monumental area that will forever be recognized. By speaking the way, he did, he educated, he inspired, he informed not just the people there, but people throughout America and unborn generations.”

Speech Title and Performance: Believe it or not, the “I Have a Dream” speech was originally titled “Normalcy, Never Again.” and the first drafts never included the phrase “I have a dream”. He had first delivered a speech incorporating some of the same sections in Detroit in June 1963, when he marched on Woodward Avenue with Walter Reuther and the Reverend C. L. Franklin.



The popular title “I Have a Dream” came from the speech's greatly improvised content and delivery. Near the end of the speech, famous African American gospel singer Mahalia Jackson shouted to Dr. King from the crowd, “Tell them about the dream, Martin.” Dr. King stopped delivering his prepared speech and started “preaching”, punctuating his points with “I have a dream.”

<http://www.supersummary.com/i-have-a-dream-speech/summary/>

Thank You!

The St. Barnabas’ staff thank you for your generosity and kindnesses during the Christmas season, and wish everyone a blessed 2020. (L to R: Mariel, Delilah, Stephen, Canon Flanagan, Maria, John, and Catherine)



An Episcopal Vision for Creation Care

by Mariel York

We read on the website of our National Church office (<https://episcopalchurch.org/creation-care/episcopal-vision>), “The Jesus Movement is the ongoing community of people whose lives are centered on Jesus of Nazareth. We follow him into loving, liberating, life-giving relationship with God, with each other and with Creation. As a whole church, we have promised to place the care of God's Creation at the heart of our common life. Together, we have taken up church-wide action in order to safeguard the integrity of Creation and to sustain and renew the life of the Earth.”

Below are goals and a vision for *Care of Creation*, developed by the Presiding Bishop's Office and leaders of the Advisory Council on *Stewardship of Creation* and in alignment with actions by the 79th General Convention.

Loving - Goal #1 - Create and sustain a network of Episcopalians dedicated to the care and protection of the whole Creation, especially by providing grants and cultivating circles for Story Sharing among practitioners in local and regional ministries.

- Introduce a new staff position with special attention to Care of Creation
- Continue the Care of Creation Grants program
- Facilitate development of networks of practitioners, by state and/or affinity
- Link with StorySharing work like the *Beloved Community StorySharing Project, Called to Transformation*, and *Climate Reality* to prepare to share stories of our love for God and Creation

Liberating - Goal #2 - Stand in solidarity with the most vulnerable victims of the impact of climate change (particularly women, poor people, and people of color) as part of seeking the liberation and flourishing of all God's people.

- Develop 2-3 eco-justice sites where the church invests significant energy and resources
- Oppose environmental racism, sexism, classism
- Support advocacy and governmental engagement via the Office of Governmental Relations, the Episcopal Public Policy Network, and participation in the United Nations Framework Convention on Climate Change, Conference of Parties
- Advocate to protect vulnerable people/lands/species, especially in the Arctic National Wildlife Refuge
- Inhibit exploitative extraction practices

Life-Giving - Goal #3 - Set climate mitigation benchmarks as individuals and as a church, in order to live more simply, humbly, and gently on the Earth.

- Develop, curate and distribute formation resources to support Episcopalians who wish to commit to simple, humble, gentle living on the Earth
- Support use of the carbon tracker.
- Promote conscious food decisions and local, sustainable agriculture
- Support use of the carbon tax and carbon offsets
- Ask diocesan officials to track energy use as part of the parochial report, and promote energy and water efficiency across the church
- Adopt the Paris Accord at state, regional, and local levels
- Work toward regenerative agriculture, biodiversity conservation, and habitat restoration
- Help communities to transition to clean energy economies and encourage stewardship of creation with church-owned lands

(continued next page)

An Episcopal Vision for Creation Care *(continued from p. 13)*

Promote ocean health and phase out use of bottled water in church-related facilities

Incentivize renewable energy and track fossil fuel divestment/reinvestment

LOVING

We will share stories of concern for the Earth and connect others who care.

LIBERATING

We will stand with those most vulnerable to environmental degradation and climate change.

LIFE-GIVING

We will change our habits and choices to live more simply, humbly and gently on the Earth.

With Grateful Thanks



Giving
Hope
Today

Thankyou to the generous St.Barnabas' members who filled 25 Salvation Army Stockings for needy children in our area. T he program started in 1979 in Lynchburg, Virginia with requests from The Angel Tree in various locations and malls and spread all across the country. In our area of Fairfax County, with requests from the County and the Angel Tree, over 1500 stockings are filled yearly. Thankyou again. - Margot Donnelly

Next Date for Baptisms: The Great Vigil of Easter

The next date for Baptisms will be the Great Vigil of Easter on Saturday, April 11, 2020. If you or someone you know is interested in Holy Baptism please contact Canon Flanagan or the Parish Office.



It's Time to Take a Breath



Are grey winter skies getting you down? Summer plans too far away? February is a great time to take a breath. Yoga offers us a chance to pause, enjoy the moment (even the grey one), and recharge our batteries. Join us on Tuesdays from 7:00-8:00 PM in the Richardson Room for a slow flow Vinyasa yoga class. Cost: \$10/class. Your first class is free! For more information or for class cancellations, see the Yoga with Friends website: <https://www.findyouryogablog.com/yoga-with-friends>.

Epiphany Narrative

by Mariel York

The Godly Play and B'Tweens students presented an Epiphany Narrative to the parish during the 10:15 a.m. Service on January 5, 2020. The narrative was done in the Godly Play format with Theresa Merchant reading the story to the students. The B'Tweens students carried the figurines to the altar while Stephen Ackert led the choir in singing hymns that accompanied the narrative. Thank you to Stephen for arranging the hymns. Thank you to Grace Robins and Gertrude Jones for the donation of the Nativity figurines for the program.



Above: Theresa Merchant with Godly Play students

Below L to R: Dana Wiseman and the Advent altar; Crèche in the hallway; Epiphany Narrative Crèche



The Choose Love Movement

by Mariel York

I recently learned about the Choose Love Movement and thought that it would be an appropriate article for the February 2020 issue of The Reporter. February is the month of love---Valentine's Day---but Jesse Lewis and his mother know that everyday is a day of love, nurturing, and healing. Thank you. Mariel York, DCE



“On December 14, 2012, six-year-old Jesse Lewis, was shot and killed at Sandy Hook Elementary School alongside 19 classmates and six educators in one of the worst mass shootings in US history. It was discovered that he used his final moments to save nine of his classmates. When the shooter stopped to reload, in a true act of courage and love, Jesse yelled to his classmates to run to safety.

Jesse left a message on their kitchen chalkboard, “Nurturing Helinn Love” (Nurturing, Healing Love). When his mother, Scarlett Lewis, learned that these words are included in the definition of “compassion” across all cultures, she realized that love, connection and belonging are universal wants and needs that connect all of humanity. These 3 words led to the creation of our Formula for Choosing Love, which can be used by anyone, at anytime, anywhere in the world, to manage their response to any situation.

The Choose Love Movement™ sparks an emotional connection that opens the hearts and minds of students as well as educators and other school staff, to fuel connection and stoke personal growth. The Choose Love Enrichment Program™ teaches critical social and emotional learning skills that improve school culture and cultivate an environment that is welcoming, supportive, compassionate, and safe.

The program has proven to be so successful in engaging students and schools that there are extension programs to teach and help reinforce these character values at home and throughout communities: Champions Choose Love, Choose Love At Home, and Choose Love for Community Leaders and Businesses.”

To learn more <https://www.jesselewischooselove.org/>

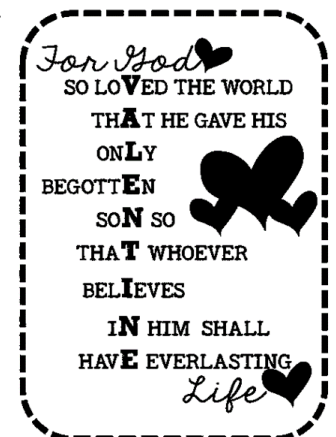
Courage + Gratitude + Forgiveness + Compassion in Action = Choosing Love

John 3:16 and Valentine's Day

by Mariel York

John 3:16 is one of the most widely quoted verses from the Bible. “The number of times that love is mentioned in the Bible depends on the version of the Bible. In the King James Version, love is mentioned 310 times, 131 times in the Old Testament and 179 times in the New Testament. In the New American Standard Version, love is mentioned 348 times — 133 times in the Old Testament and 215 times in the New Testament. In the New International Version, it is mentioned 551 times — 319 times in the Old Testament and 232 times in the New Testament. There are 538 instances of the word "love" in the New Revised Standard Version, 317 in the Old Testament and 221 in the New Testament.”

Ref: <https://www.reference.com/art-literature/many-times-love-mentioned-bible-f8eb228f4fe0a4> (above) and Pinterest (right)



Coming to the U.S. *(continued from p. 11)*

I started having suicidal thoughts; I hated what had happened to me.... I did not want to live in this world any longer. If I heard an ambulance, a police car or fire engine sirens, I would become very frightened. I would try to hide somewhere and ended up sitting on the sidewalk crying for hours, trying to calm myself enough to go home. I began to have migraines and could not get up from bed and realized I had caffeine withdrawal. I had worked doing audits at companies that grew the best coffee in the world and got to drink the coffee all day long. This coffee was not available in local markets, but was meant only for export to other countries.

Finally, after a long search, a CPA firm in DC called me and asked if I would take a test for a bookkeeper's position within the firm. That hurt because I was already an auditor. It is like asking a physician to consider a position as a nurse's aide. But I was humble enough and desperate enough to accept the challenge. At any rate, it was better than babysitting, polishing the brass and silver for the neighbor, or tutoring Hispanic students in Accounting, as I had been doing. I asked if I could use my dictionary and they said ok.... I took the test and the next day I was offered the job. After three years I was asked to answer the same test again. I asked why? They told me that they had lost the answer sheet to the test they gave to everyone and I was the only person in the history of the firm that had gotten everything right! It only took them three years to tell me how good I was!

But I still suffered from a lot of discrimination. People would not become friends with me because I had an accent and mispronounced words or changed the order of words in a sentence. They could not take the time to try to understand what I was saying. Even the receptionist would transfer calls to me from people with accents, because she had no patience with them and I could handle them better and understand what they said. I had protected Americans in my own country at great sacrifice, and yet I was called a "wet back." I was still a stranger and did not belong to the society. A jealous coworker told me my eyes were brown because I was full of...

Living in a country where you are always a stranger is hard. One has to find the goodness in one's heart to forgive. I started from zero again in a strange and different society that seemed to be completely unaware of the evils of the world. I've been through bombings, shootings, riots, and the burning of buildings and buses. I ran for my life without stopping at traffic lights to get home before the military curfew. I heard people screaming in the building nearby, being tortured, and I was unable to help them. I've seen people hanging from trees, strangled, shot to death, people cut in half on the sidewalks when going to work the next day. I've been afraid, but I am proud to say that I am a survivor and I hope still sane.

There is a historian who is hoping to write my story. I have mixed feelings about it. There are things that still hurt and I have not given her a green light to proceed. For the longest time it was very difficult to tell my story. Now my granddaughter has interviewed me to write a report for an assignment in school about her "most interesting" ancestor. Although my story is one of hardship and heartache, it is also a tale of resurrection, of how one can rise from the ashes again and again.

I went back to El Salvador 24 years after I first left, and I have gone back several times since then. It is still dangerous. I made Wayne [Maria's husband] pose for pictures with soldiers armed to the teeth in every corner of the city. His souvenir was a t-shirt from El Salvador that reads, "I survived my visit to El Salvador." I am leaving February 18th to go back home, and hope to return March 5th. Crutch [Maria's boss] asked if I was not afraid to be killed... to which I answered I could be killed here! Just make sure they send my ashes back to what is now my home and put me in the Memorial Garden at St. Barnabas' Church where I belong.

Maria

► February 2020 - St. Barnabas' Episcopal Church Activities ◀

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|---|--|---|---|--|
| | | | | | | 1 |
| | | | | | | 8 am - Men's Breakfast Juke Box Diner Annandale |
| 4 Epiphany 8:00 am Holy Eucharist 9:15 am Christian Formation for all Ages & Adult Choir-CL 10:15 am Holy Eucharist & Children's Chapel <i>After Service:</i> Children's Choir- EW; Youth Comm + Teachers -B' Tweens Rm. 1-3:30 Oneness Mission 4-6 pm FACETS Team 2 | 2 10 am AI Anon - RR 3:45 pm ASYP - RR 7 pm Beginnings | 3 10 am WOSB - RR 3:45-6 pm ASYP - RR 7 pm Yoga - EW | 4 10 am Holy Eucharist & Healing - L 10:45 am Tai Chi-RR 3:45 pm ASYP - RR 7:30-9 pm Adult Choir - EW 8:30-10 pm AA - RR | 5 3:45-6 pm ASYP - RR 7 pm Adult Education Comm - L 7-9 pm Ryders' Rounders - RR | 6 3:45-6 pm ASYP - RR 7 pm Building & Grounds - L 7-9 pm Ryders' Rounders - RR | 7 Reporter Deadline March/April issue |
| 5 Epiphany 8:00 am Holy Eucharist 9:15 am Christian Formation for all Ages & Adult Choir-CL 10:15 am Holy Eucharist & Children's Chapel <i>After Service:</i> Vestry Officers - RO; Children's Choir - EW 1-3:30 Oneness Mission 3:45 pm Viet Language for Youth - RR; K | 9 10 am AI Anon - RR 3:45-6 pm ASYP - RR 7 pm Finance - L | 10 3:45-6 pm ASYP - RR 6:30 pm Endowment Board - L 7-8 pm Yoga - RR | 11 10 am Morning Prayer - L 10:45 am Tai Chi-RR 3:45-6 pm ASYP - RR 7:30-9 pm Adult Choir - EW 8:30-10 pm AA - RR | 12 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR | 13 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR | 14 Ski Trip to Canaan 7 pm Reiki Friends - RR |
| 6 Epiphany 8:00 am Holy Eucharist 9:15 am Adult Choir - CL Christian Formation for All Ages Breakfast Bags - EW 10:15 am Holy Eucharist & Children's Chapel <i>After Service:</i> Children's Choir- EW 1-3:30 Oneness Mission | 16 Parish Office Closed 10 am AI Anon - RR No ASYP | 17 Support hypothermia shelter with evening meals at St. Patrick's Episcopal, Falls Church 3:45-6 pm ASYP - RR 7-8 pm Yoga - RR 7-8:30 pm Vestry - EW | 18 10 am Morning Prayer - L 10:45 am Tai Chi-RR 3:45-6 pm ASYP - RR 6 pm GWAA - L 7:30-9 pm Adult Choir - EW 8:30-10 pm AA - RR | 19 3:45-6 pm ASYP - RR 7-9 pm Ryders' Rounders - RR | 20 10 am Mardi Gras Party setup 3:45-6 pm ASYP - RR 7-9 pm Ryders' Rounders - RR | 21 6-9 pm Mardi Gras Party- RR |
| Last Epiphany 8:00 am Holy Eucharist 9:15 am Adult Forum - RR 9:30am Children's Choir Call-CL 10:15 am Holy Eucharist <i>No Sunday School</i> <i>No Children's Chapel</i> 1-3:30 Oneness Mission | 23 10 am AI Anon - RR 3:45-6 pm ASYP - RR 7 pm Springfield Dist. AA - RR | 24 10 am Writers' Passage Workshop-RR 3:45-6 pm ASYP - EW 6 pm Shrove Tuesday Pancake Supper & Farewell to Alleluias- RR | 25 10 am HE w/ Imposition of Ashes 10:45 am Tai Chi-RR 3:45-6 pm ASYP - RR 7:30 pm HE w/ Imposition of Ashes 8:30-10 pm AA - RR | 26 11-1 pm Shepherd's Center Luncheon 3:45-6 pm ASYP - RR 7-9 pm Ryders' Rounders - RR | 27 10 am Mardi Gras Party setup 3:45-6 pm ASYP - RR 7-9 pm Ryders' Rounders - RR | 28 Reporter Deadline March/April issue |
| | | | | | | 29 |
| | | | | | | 8 am - Men's Breakfast Juke Box Diner Annandale |

Legend: L - Library; RR -Richardson Room; EW - Education Wing; ASYP - Annandale Safe Youth Project; CL - Choir Loft; RO - Rector's Office; K - Kitchen As of 1/15/20

► February 2020 Schedule of Participants – St. Barnabas' Episcopal Church ◀

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: stbarnabaschurch@outlook.com

| DATE | ACOLYTES | LECTORS | READINGS | CHALICISTS | USHERS | COFFEE HOUR HOSTS | OPENERS / GREETERS / VESTRY-CLOSERS |
|---|------------|---|--|---|--|--|---|
| February 2 4 Epiphany 8:00 am 10:15 am | TBA TBA | C Camp M Macfarlane A Riddle E Riddle | Malachi 3:1-4 Hebrews 1:14-18 Luke 2:22-40 Psalm 24:7-10 | M Macfarlane M Dugger E Riddle | Charles Camp A Hamerschlag T Greer | BJ Fortune J Carroll & L Estrada | Vestry: J Barber Opener: M Macfarlane Greeter: Phyllis McKoy Flower Guild: D Wiseman Flower Del: E Riddle |
| February 9 5 Epiphany 8:00 am 10:15 am | TBA TBA | C McLaughlin J Henry M Dugger K Stark | Isaiah 58:1-9a 1 Corinthians 2:1-12 Matthew 5:13-20 Psalm 112:1-9 | C McLaughlin A Sayles M Patterson | D Rogerson C Tamanaha J Aiken | Cricket & Charles Camp F Spink & K Mittelholtz | Vestry: S Jones Opener: M Patterson Greeter: C Badger Greeter: P Badger Flower Guild: T Merchant Flower Del: M Dugger |
| February 16 6 Epiphany 8:00 am 10:15 am | TBA TBA | J Matadial C Camp B Harper E Ing | Sirach 15:15-20 1 Corinthians 3:1-9 Matthew 5:21-37 Psalm 119:1-8 | M Macfarlane S Newman G Sinclair | Charles Camp R Erskine A Hamerschlag | L Mellon & D Rogerson Jessica & Andy Riddle | Vestry: G Robbins Opener: M Newling Greeter: S Erskine Greeter: R Erskine Flower Guild: F Agnew, N MacLachlan Flower Del: B Fortune |
| February 23 Last Epiphany 8:00 am 10:15 am | TBA TBA | M Macfarlane C McLaughlin M Patterson L Harris | Exodus 24:12-18 2 Peter 1:16-21 Matthew 17:1-9 Psalm 99 | C McLaughlin E Riddle M Dugger | D Rogerson L Stark T Greer | D Batten & M Yeaman Ken & Camille Mittelholtz | Vestry: B Ayala Opener: M Macfarlane Greeter: K Steidel Greeter: Flower Guild: A Radway Flower Del: D Wiseman |
| February 26 Ash Wednesday 10:00 am 7:30 pm | TBA TBA | M Macfarlane B Rigen A Sayles H Agnew | Joel 2:1-2, 12-17 or Isaiah 58:1-12 2 Corinthians 5:20b-6:10 Matthew 6:1-6, 16-21 Psalm 103:8-14 | G Sinclair A Sayles E Riddle | D Rogerson K Mittelholtz | None | Opener: K Mittelholtz |

Counter Schedule

| DATE | TEAM |
|---------------|------|
| Feb 2 | 3 |
| Feb 9 | 4 |
| Feb 16 | 5 |
| Feb 23 | 6 |

Altar Guild Schedule

| DATE | CAPTAIN | TEAM |
|---------------------|---------------|------------------------|
| Feb 1-7 | J Leatherwood | P McKoy, C Badger |
| Feb 8-14 | C Lienthal | M Bottlick, G Jones |
| Feb 15-21 | Newling | S Friend, G Robbins |
| Feb 22-28 | B Miller | B Ayala, J Leatherwood |
| Feb 29-Mar 6 | M Yeaman | K Anderson, S Jones |

As of 1/15/2020



**ST. BARNABAS'
EPISCOPAL CHURCH**

4801 Ravensworth Road
Annandale, VA 22003

Phone: 703-941-2922

E-mail:

stbarnabaschurch@outlook.com

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www.st-barnabaschurch.org

Marking the Beginning of Lent

Shrove Tuesday

Tuesday, February 25, 2020 ▪ 6:00 p.m.

On February 25 there will be a Pancake Supper hosted by the Vestry of St. Barnabas' in the Richardson Room. There will be Pancakes and fellowship. Bring family and friends.

All are welcome! The Supper will be followed by "Farewell to Allelulias" service in which we mark the beginning of Lent.

Ash Wednesday

Wednesday, February 26, 2020

Holy Eucharist with Imposition of Ashes ▪ 10:00 a.m. and 7:30 p.m.