

March/April 2020

The St. Barnabas' Reporter



Everything You Always Wanted to Know...

The Rev. Canon Carol Cole Flanagan
Interim Rector

Many, many thanks to those of you who have been able to respond to recent requests for gifts to the Rector's Discretionary Fund. There have been increasing requests of late, and the Vestry has renewed a resolution from 2019 that the loose plate offering, except for some special holidays, go to the fund.

We assume that everyone knows what this fund is and what it's for, which is not a fair assumption I suspect, so what follows is "everything you ever wanted to know about a discretionary fund and were afraid to ask!"

The canons say it is "to be applied to such pious and charitable uses as the Rector or Priest-in-Charge shall determine. When a Parish is without a Rector or Priest-in-Charge, the vestry shall designate a member of the Parish to fulfill this function," sometimes known as an almoner. (III.9.6(b6))

First and foremost, this is a fund of the Parish. It does not belong to the Rector or Priest-in-Charge. Ours is titled, "St. Barnabas' Episcopal Church Rector's Discretionary Fund." If one makes a gift to the fund by check it is made out to St. Barnabas' and credited to the giving statement you receive with your record of pledge payments. It is tax deductible.

The sources of income, in addition to the loose plate offering, include budgeted amounts set by the vestry, gifts in thanksgiving for a new job, new baby, or clean bill of health, and for special events such as baptisms, weddings, and burials.

Most often it is used for emergency assistance for those in need. That need may be rent to prevent eviction, utilities, a car payment - because without the car an individual will lose a job - food, insurance, grocery gift cards, or medical expenses. On occasion it may be used for charitable organizations, books or school supplies for a student, or to supplement the costs of MAT Camp (formerly MAD Camp) or the Shrine Mont Parish Retreat.

As a fund of the Parish, it is subject to audit. Given the confidential nature of the transactions, arrangements are made for someone to review it on a confidential basis.

If you have any questions, feel free to ask me, or John Westerlund, the Treasurer, or Assistant Treasurer, PJ Kennedy.

And please know how grateful I am to those of you who contribute to the fund!

Grace and peace,
Carol+

SPECIAL POINTS OF INTEREST

- *Godly Play & Children's Chapel - Liturgical Space*
- *It's Okay for Kids to Be Bored*
- *A Review of DC's Museum of the Bible*
- *I Had a Dream One Night...*
- *You Are Forgiven: St. Luke's, Mountain Brook, AL Buys Medical Debt*
- *Hypothermia Meals Thank You!*
- *Children's & Youth Stewardship Projects*

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**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. Canon Carol Cole
Flanagan, *Interim Rector*

Ms. Mariel York
Dir. of Christian Education

Vacant

Interim Minister of Music

Ms. Catherine Dubas
Parish Administrator

Ms. Maria Bottlick
Bookkeeper

Vacant, *Sexton*

Vestry & Parish Officers

Maria Macfarlane
Senior Warden

Grace Robbins
Junior Warden

John Westerlund
Treasurer

PJ Kennedy
Assistant Treasurer

Ann Sayles
Register

Behn Ayala
Jonathan Barber
Sheena Friend
Art Hamerschlag

Sharon Jones
Alan Phillips
Dawn Schaefer

Catherine Dubas
Newsletter Editor

Schedule of Services

Sunday

8:00 a.m. Holy Eucharist

9:15 a.m. Adult Choir

10:15 a.m. Holy Eucharist

*Nursery available
at 9:00 a.m.*

Wednesday Morning

10:00 a.m. Worship

*Holy Eucharist and Healing
on the first Wednesday
of each month*

Vestry Highlights—January & February 2020

January 2020

- Vestry meetings have been moved to the third Wednesday of the month. Adult Choir rehearsals will move to Thursdays.
- The reorganization of the Godly Play program was discussed. During Lent, the children and youth will join the adults in the services, sitting in the first rows together as a group.
- The Parochial Report for 2019 will be reviewed and approved at the February meeting.
- John Otwell, our Sexton is ill and is not able to work at the church on a regular basis. Plans are underway with other options to ensure that the church is kept in good condition. Vestry approved a \$1,000 addition to the Junior Warden's budget to cover the cleaning costs.
- The request from Good Shepherd Evangelical Church in Washington to utilize our Memorial Garden is being reviewed by the Building and Grounds Committee.
- Work on the 2019 audit is ongoing. The deadline for submission to the Diocese is August 31.
- The Finance Committee proposed the following motions:
 - Treasurer and Assistant Treasurer be authorized to manage the non-Trustees of the Funds accounts that are with T. Rowe Price.
 - The 2020 budget to include a new position and salary for Children's Christian Education for Godly Play Educator.
 - Convert the Nursery Assistant position and the Godly Play Educator from independent contractors to church employees.

The Motions were approved.

- The members of the Transition Committee will be approved at the February meeting. The Transition Committee will provide welcome activities for the incoming Rector and goodbye activities for the outgoing Interim Rector.
- The J2A group will have a pilgrimage to Oregon this coming summer. The Riddle family will organize and chaperone the trip.
- The J2A teachers are planning a 30 Hour Famine for the B'Tweens, Rite 13, and J2A students and their friends during Lent.

February 2020

- Several parents and others joined the meeting and discussed the reorganization of the Godly Play program.
- The Register and Treasurer were excused from the meeting as the Vestry went into Executive Session.

(continued p. 4)

St. Barnabas' Mission:

Serving our community, the world, and each other through the love of Jesus Christ.

Adult Forum Lenten Series: "Signs of Life, Why Church Matters"

by Jocelyn Leatherwood

Signs of Life, Why Church Matters is a program developed by the Virginia Theological Seminary together with the Society of Saint John the Evangelist, a monastic order of the Episcopal Church. For the first five Sundays of Lent, the Adult Forum will explore the central signs/symbols of Christian worship: light, water, food, shelter, and community. Each session will delve into the meaning and truth of that symbol in our lives.

The Church invites all to observe a holy Lent by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. Please make this series "Signs of Life, Why the Church Matters" a part of your observances. If you are unable to attend the Sunday Adult Forum sessions at 9:15 a.m. in the Richardson Room, you can undertake the Lenten program on your own using the materials found on the <https://www.signsoflife.org/> website. Included in the materials is a calendar of Lenten Daily practices designed to enhance your exploration of what light, water, bread, food, shelter and community mean in your personal exploration of your Christian faith.

There will be no Adult Forum on April 5 (Palm Sunday) or April 12 (Easter Day). The Forum resumes on April 19 (sessions TBD).

Beginnings Book Group

The St. Barnabas' book group, *Beginnings*, will meet on Monday, March 2 at 7 pm at the home of Kathleen and Larry Stark. Questions? Contact Kathleen or Larry, or call the Parish Office at 703 941-2922.

Our book is Just Mercy – A Story of Justice and Redemption, written by Bryan Stevenson. The book was a New York Times Bestseller.

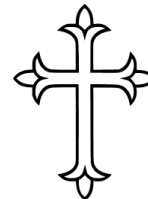
Please remember that any Amazon purchase which is linked through our parish website will benefit the parish without costing you a cent! The link is provided on St. Barnabas' home page (www.st-barnabaschurch.org). The next *Beginnings* meeting is scheduled for April 6.

Next Date for Baptisms: The Great Vigil of Easter

The next date for Baptisms will be the Great Vigil of Easter on Saturday, April 11, 2020. If you or someone you know is interested in Holy Baptism please contact Canon Flanagan or the Parish Office.



In Memoriam



Michael Anthony Pannier

son of Marie Pannier
January 19, 2020
Roswell, GA

~

Timothy Cole
brother of Carol Cole
Flanagan

February 13, 2020
Washington, CT

~

*Rest eternal grant to them, O Lord; and let light perpetual shine upon them. May their souls, and the souls of all the departed, through the mercy of God, rest in peace.
Amen.*

Vestry Highlights *(continued from p. 2)*

- The Parochial Report for 2019 was distributed, discussed, and approved.
- It was agreed that our capital funds can be used for the maintenance of the parking lot.
- The Transition Committee members were approved: Grace Robbins, Chair; Carolyn Lilienthal, liaison with the Search Committee; Gil Baldwin; Cricket Camp; Dick Crutchley; Robin Erskine; Keith Peyton; Ann Sayles; Marcel Lisi; and Michael Dugger, liaison with the Search Committee.
- A template for a committee charter was distributed and discussed. All committees will use this template. It was suggested that the Vestry review the work of all of the committees annually in order to be kept informed. The draft of the template was approved.
- The Vestry will review information from the Planned Giving committee at the March vestry meeting.
- Since John Otwell, our Sexton, has moved to Richmond, the Building & Grounds Committee will be interviewing for his replacement. The Sexton position will be a year-to-year contract.
- The Building & Grounds Committee are reviewing the Burial Policy for the Memorial Garden. As of now, St. Barnabas' members and their friends are eligible. In light of the request from Good Shepherd Evangelical Church of Washington, our Burial Policy is being reviewed.
- The report from the Rector's Discretionary Fund audit will be submitted at the March meeting.
- The sign-up sheet for the Pancake Supper on Shrove Tuesday, 2/25, was distributed.
- The Investment of Funds will be reviewed and reorganized. Some items may be merged with similar items or deleted altogether.
- A motion was approved to allocate all plate giving, except for Holy Week, Easter, and Christmas services, to the Rector's Discretionary Fund.

Godly Play & Children's Chapel – Liturgical Space



Sunday School News

by Mariel York, DCE

We are grateful to Theresa Merchant for accepting the newly established role of Special Events Coordinator at St. Barnabas' Church. It was the consensus of the vestry to create this role in preparation for the call of the next rector. Responsibilities include events for seasonal celebrations (Advent, Epiphany, etc.), Vacation Bible School, the Installation of Teachers in September, the Teacher Recognition at the end of the program year, the St. Barnabas' Day Celebration, and children's programming for our annual Parish Retreat at Shrine Mont. Over the past fifteen years, Theresa has been responsible for an ever-evolving role that included Godly Play, Special Events, and Children's Chapel—a tall order. We are very appreciative of her ministry and look forward to her sharing her gifts and talents in this new role.

In other news, the Godly Play room has been combined with Children's Chapel in Room 1. We read in *Sacred Space for Godly Play*:

The Godly Play room, like the church, is a liturgical space. Liturgical spaces are designed to help us come close to God and prepare us for God to come close to us. While the Godly Play room is designed for children (the shelves are low; the surfaces are smooth and safe), it is beautiful. Every item in the room contributes to a sense of reverence. The appearance of the room, as well as our actions and words within the room, signals our intentions and sets the expectations of those who enter."

(www.godlyplayfoundation.org)

We believe that setting aside this room as dedicated sacred space will help children to better experience and develop a sense of joy and participation in worship in their space, and will help prepare them for worship in "the big church." We invite all parishioners to visit the classroom. (See photo on the facing page.)

Certified teachers will continue the Godly Play lessons with their emphasis on the "I Wonder" stories. Those trained include Katie and John Westerlund, Joan Blair, and me. We welcome Amy Grupp to the Godly Play program as she is enrolled in the upcoming training.

Parishioners interested in teaching or substituting may be enrolled in upcoming Godly Play training sessions being held in Alexandria this spring. Training comprises three Saturday sessions, which, when complete, qualifies you for certification. Scholarship money is available to cover the cost of the training. You can view an entire lesson on the Godly Play Foundation's website at <https://www.youtube.com/channel/UCTFi5xLBbZ6OmANYKiDI03Q>.

Classes will be held at St. Stephen's and St. Agnes School, 400 Fontaine St., Alexandria:

<u>Sacred Stories</u>	Saturday March 14, 2020 8:30 AM to 5:30 PM
<u>Parables</u>	Saturday April 18, 2020 8:30 AM to 5:30 PM
<u>Liturgical Action</u>	Saturday May 9, 2020 8:30 AM to 5:30 PM

Please contact Mariel York for enrollment details at stbarnabasdce@outlook.com.

Lastly, we will welcome all Sunday School classes into church for the services during Lent. We read in Anne Kitch's What We Do In Church, *"The wonderful sights, sounds, and smells of the Anglican liturgy can engage the imagination of young children and draw them into enthusiastic worship. But it can be a bit confusing as well. From learning about the participants in the entry processional, to colors of the season, to learning church terminology and identifying the amazing things their senses tell them about the Eucharist is a treasure trove of reverence"*.

During Lent the children are invited to sit in the front pews with their Sunday School teachers to be given guidance in locating the hymns, following along with the service, and learning to participate fully along with the entire congregation. Parents are invited to sit in the front pews with their children and the Sunday School teachers. The students will be using the books What We Can Learn About Lent and What We Do In Church during their Sunday School lessons. We hope you will welcome our young people into the service with their giggles and restlessness and all the joy they bring.

ACCA News – Annandale Christian Community for Action

Rebuilding Together – Please plan to join the St. Barnabas’ team and other ACCA volunteers on April 25 for the Rebuilding Together Workday, starting at 8:30 a.m. We will make repairs for a lower-income homeowner or a nonprofit group home. In addition to volunteer support, St. Barnabas funds part of the cost of sponsoring a house. ACCA churches will be sponsoring two houses. ACCA has rehabilitated 125 homes over the past thirty years through *Rebuilding Together* (formerly *Christmas in April*). We will learn about our assigned houses in early March. Many homeowners are faced with choosing between necessary home repairs or paying for medicines, food or utilities. We can make a difference. Volunteers at all skill levels will be needed to help with repairs, safety improvements and yard work. If you would like to help, please contact Ken Mittelholtz or Frank Spink, or see the sign-up list in the Richardson Room.

Food pantry- In 2019, members of St. Barnabas donated over 1000 pounds of food. If you would like to donate nonperishable food, household paper products, or diapers, you can leave items in the basket in the narthex. Fairfax County and clergy refer people who need food to ACCA. A volunteer assembles the needed food and other items from the pantry and delivers the items. St. Barnabas’ members also donate food to the Annandale Food Site operated by Annandale United Methodist church. A box for food site donations is also in the narthex.

Furniture -St. Barnabas’ next turn to volunteer at the ACCA furniture ministry is March 28 at 8 a.m. Volunteers meet at the furniture warehouse on the grounds of Annandale United Methodist Church, 6935 Columbia Pike, Annandale.

Family Emergency – In December, ACCA provided rental assistance to a number of households, including several veterans, senior citizens or heads of household whose work hours were reduced or who were looking for work. ACCA also helped pay utility bills and paid for a school physical so a child could attend school.

Child Development - ACCA’s Child Development continued to provide quality care for infants, toddlers, preschool and after-school care for older children. Staff are working to fill open pre-school spaces.

CROP Hunger Walk – The 2019 Annandale CROP Hunger Walk collected a total of \$22,232.42. The Annandale Walk was on the recently issued “Cream of the CROP” list of the top 100 CROP hunger walks nationally-ACCA ranked number 84. In December, ACCA received its local allocation check for \$4240.61 from Church World Service. This is the local allocation from the Annandale CROP Hunger Walk. Thank you to all who supported the Annandale CROP Hunger Walk and to the Women of St. Barnabas for support of hygiene kits for Church World Service.

Challenge Campaign – Thank you to all who made donations to ACCA’s Challenge Campaign. ACCA expects that its fund-raising goal will be met, based upon the funds counted as of ACCA’s February 4 meeting.

For more information on ACCA, please contact Camille or Ken Mittelholtz.

Reporter Deadline ▪ Office Hours

The deadline for the May/June 2020 combined issue of *The St. Barnabas Reporter* is Wednesday, April 15th. Please submit announcements and/or photos (Easter altar? Choir? Mardi Gras Party?) to the Parish Office at stbarnabaschurch@outlook.com. Hard copies of announcements and photos are welcome, as well.

Parish Office hours are 9:00 a.m. to 4:30 p.m. The Office will be closed Monday, April 13, 2020, the Monday in Easter Week. Thank you for your understanding.

► March 2020 - St. Barnabas' Episcopal Church Activities ◀

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 1 Lent	2	3	4	5	6	7
8 am Holy Eucharist 9:15 am Christian Education for All Ages & Adult Choir 10:15 am Holy Eucharist After service: Children's Choir-EW 1-3:30 pm Oneness Mission 4-6 pm FACETS Team 1	10 am AI Anon – RR 3:45-6 pm ASYP –RR 7 pm Brook Hills - RR 7 pm Beginnings	10 am WOSB – RR (No ASYP) 7 pm Endowment – L 7-8 pm Yoga with Friends - RR	10 am Holy Eucharist & Healing - L 10:45 am Tai Chi - RR 3:45 pm ASYP – RR 8:30 pm AA – RR	10 am Barnabees – RR 3:45-6 pm ASYP –RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir – EW		8:00 am – Men's Breakfast Juke Box Diner, Annandale 9:30 am RSM Exams – RR 10:30 am Altar Guild-EW 2-6 pm Workshop – RR
2 Lent Daylight Saving Time 8	9	10	11	12	13	14
8 am Holy Eucharist 9:15 am Christian Education for all Ages & Adult Choir 10:15 am Holy Eucharist After service: Children's Choir – EW; Vestry Officers - RO 1-3:30 Oneness Mission	10 am AI Anon – RR 3:45-6 pm ASYP –RR 7 pm Finance – L	9:30 am Planned Giving -L 3:45-6 pm ASYP –RR 7-8 pm Yoga with Friends - RR	10 am Morning Prayer - L 10:45 am Tai Chi - RR 3:45-6 pm ASYP –RR 7 pm Building & Grounds-L 8:30 pm AA – RR	10 am Barnabees – RR 3:45-6 pm ASYP –RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir – EW	7:30 pm Reiki Friends – RR	
3 Lent	15	16	17	18	19	20
8 am Holy Eucharist 9:15 am Christian Education for all Ages & Adult Choir 10:15 am Holy Eucharist After Service: Children's Choir - EW 1-3:30 Oneness Mission	10 am AI Anon – RR 3:45-6 pm ASYP –RR 7 pm Adult Ed – L	9:30 am Spiritual Dir - L 3:45-6 pm ASYP –RR 7 pm Yoga with Friends - RR	10 am Morning Prayer - L 10:45 am Tai Chi - RR 3:45-6 pm ASYP –RR 7 pm Vestry – EW 8:30 pm AA – RR	10 am Barnabees – RR 3:45-6 pm ASYP –RR 7:30 pm Adult Choir – EW	30-Hour Famine Fri.	eve until 6 pm Sat.
4 Lent	22	23	24	25	26	27
8 am Holy Eucharist 9:15 am Christian Education for all Ages & Adult Choir 10:15 am Holy Eucharist After Service: Children's Choir - EW 1-3:30 Oneness Mission	10 am AI Anon – RR 3:45-6 pm ASYP –RR	10 am Workshop-RR 3:45-6 pm ASYP –RR 7 pm Yoga with Friends - RR	10 am Morning Prayer – L 10:45 am Tai Chi - RR 3:45-6 pm ASYP –RR 8:30 pm AA – RR	10 am Barnabees – RR 3:45-6 pm ASYP –RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir – EW		8 am ACCA Furniture Ministry - AUMC
5 Lent	29	30	31			
8 am Holy Eucharist 9:15 am Christian Education for all Ages & Adult Choir 10:15 am Holy Eucharist After Service: Children's Choir - EW 1-3:30 Oneness Mission	10 am AI Anon – RR 3:45-6 pm ASYP –RR	10 am Workshop-RR 3:45-6 pm ASYP –RR				
Hypothermia Shelter 3 nights: March 29, 30, and 31						

Legend: L - Library; RR - Richardson Room; EW - Education Wing; ASYP - Annandale Safe Youth Project; RO - Rector's Office; CL - Choir Loft; K - Kitchen
AUMC - Annandale United Methodist Church

As of 2/15/2020

► **March 2020 Schedule of Participants – St. Barnabas' Episcopal Church ◀**

If you cannot serve as assigned, please find a replacement and notify the Altar Guild Chair / Team Captain / Parish Office. Thank you.

Church Office: 703-941-2922 email: StBarnabaschurch@outlook.com

DATE	ACOLYTES	LECTORS	READINGS	CHALICISTS	USHERS	COFFEE HOUR HOSTS	OPENERS / GREETERS / VESTRY-CLOSERS
March 1 Lent 1 8:00 am 10:15 am	M Macfarlane C McLaughlin A Kennedy Joshua Dugger	J Henry C McLaughlin G Sinclair S Newman	Genesis 2:15-17; 3:1-7 Romans 5:12-19 Matthew 4:1-11 Psalm 32	M Macfarlane M Patterson A Sayles	Dottie Rogerson Robin Erskine Jim Aikin	M Macfarlane & M Donnelly George Sinclair & Shirley Newman	Vestry: S Friend Opener: M Patterson Greeter: S Erskine Greeter: R Erskine
March 8 Lent 2 8:00 am 10:15 am	J Henry M Dugger J Tamanaha Jackson Miller	M Macfarlane J Matadial K Stark M Dugger	Genesis 12:1-4a Romans 4:1-5, 13-17 John 3:1-17 Psalm 121	C McLaughlin G Sinclair S Newman	Dottie Rogerson Cy Tamanaha Art Hamerschlag	Cricket & Charles Camp Robin & Sue Erskine	Vestry: D Schaefer Opener: M Macfarlane Greeter: C Badger Greeter: P Badger
March 15 Lent 3 8:00 am 10:15 am	M Dugger M Dugger J Kennedy S Glaeser	C McLaughlin J Henry E Ing B Harper	Exodus 17:1-7 Romans 5:1-11 John 4:5-42 Psalm 95	M Macfarlane M Dugger E Riddle	Charles Camp Ken Mittelholz Larry Stark	L Mellon & D Rogerson Diana & Tim Greer Dick Crutchley	Vestry: M Macfarlane Opener: M Newling Greeter: C Badger Greeter: P Badger
March 22 Lent 4 8:00 am 10:15 am	C McLaughlin Jacob Dugger Jay Carroll B Glaeser	J Matadial M Macfarlane L Harris M Patterson	1 Samuel 16:1-13 Ephesians 5:8-14 John 9:1-41 Psalm 23	C McLaughlin A Sayles M Patterson	Dottie Rogerson Tim Greer Robin Erskine	Betty Jo Fortune Janet George & Molly Newling	Vestry: A Phillips Opener: M Patterson Greeter: R Erskine Greeter: S Erskine
March 29 Lent 5 8:00 am 10:15 am	M Dugger X Tamanaha Johanna Carroll Laura Westerlund	J Henry C McLaughlin H Agnew A Sayles	Ezekiel 37:1-14 Romans 8:6-11 John 11:1-45 Psalm 130	M Macfarlane S Newman G Sinclair	Dottie Rogerson Cy Tamanaha Jim Aikin	D Batten & M Yeaman Connie & Bob Gribbin	Vestry: A Hamerschlag Opener: M Newling Greeter: K Steidel Greeter: P McKoy

Counter Schedule

DATE	TEAM
Mar 1	1
Mar 8	2
Mar 15	3
Mar 22	4
Mar 29	5

Altar Guild Schedule

DATE	CAPTAIN	TEAM
Feb 29-Mar 6	Yeaman	Anderson, S Jones
Mar 7-13	Yeaman	Newling, Bottlick
Mar 14-20	Leatherwood	McKoy, Lilienthal
Mar 21-27	Robbins	Anderson, G Jones
Mar 28-Apr 3	Newling	Leatherwood, Yeaman

► April 2020 - St. Barnabas' Episcopal Church Activities ◀

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			10 am Holy Eucharist & Healing - L 10:45-11:45 Tai Chi - RR 3:45-6 pm ASYP - RR 8:30-10 pm AA - RR	10 am Barnabees - RR 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir - EW		8 am Men's Breakfast - Juke Box Diner
Palm Sunday 5 8 am Holy Eucharist 9:30 am Children's Choir - CL 10:15 am Holy Eucharist After service: Children's Choir - EW; Vestry Officers - RO 1-3:30 pm Oneness Mission 4-6 pm FACETS Team 2	6 10 am AI Anon - RR (No ASYP until Apr 14) 7 pm Finance - L 7 pm Beginnings	7 10 am WOSB - RR 7-8 pm Yoga with Friends - RR	8 10 am Morning Prayer - L 10:45-11:45 Tai Chi - RR 7 pm Building & Grounds-L 8:30 pm AA - RR	9 Maudy Thursday (No Barnabees) 7:30 pm Holy Eucharist Prayer Vigil until Fri. Noon	10 Good Friday 12 noon Proper Liturgy 7 pm Reiki Friends -RR 7:30 pm Proper Liturgy	11 Holy Saturday 7:30 pm The Great Vigil of Easter
Easter Day 12 8 am Holy Eucharist 9 am Children's Choir - CL 10:15 am Holy Eucharist 1-3:30 pm Oneness Mission	13 <i>Parish Office Closed</i> 10 am AI Anon - RR 5-8 pm Hunt Course - L	14 9:30-11 am Planned Giving - L 3:45-6 pm ASYP - RR 7-8 pm Yoga with Friends - RR	15 <i>Reporter Deadline</i> 10 am Morning Prayer - L 10:45-11:45 Tai Chi - RR 3:45-6 pm ASYP - RR 7 pm Vestry - EW 8:30 pm AA - RR	16 10 am Barnabees - RR 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir - EW	17 9-12 pm Hunt Course-L Rite 13 & J2A trip to PA Sight & Sound Theatre; return Sunday	18
2 Easter 19 8 am Holy Eucharist 9:15 am Christian Education for All Ages & Adult Choir 10:15 am Holy Eucharist & Children's Chapel After service/Children's Choir - EW 1-3:30 pm Oneness Mission	20 10 am AI Anon - RR 3:45-6 pm ASYP - RR 5-8 pm Hunt Course-L	21 10-12 pm Writers' Passage - RR 3:45-6 pm ASYP - RR 7-8 pm Yoga with Friends - RR	22 10 am Morning Prayer - L 10:45-11:45 Tai Chi - RR 3:45-6 pm ASYP - RR 8:30-10 pm AA - RR	23 10 am Barnabees - RR 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir - EW	24 8 am ACCA Rebuilding Together 9-12 pm Hunt Course - L	25
3 Easter 26 8 am Holy Eucharist 9:15 am Christian Education for All Ages & Adult Choir 10:15 am Holy Eucharist & Children's Chapel After service/Children's Choir - EW 1-3:30 pm Oneness Mission	27 10 am AI Anon - RR 3:45-6 pm ASYP - RR 5-8 pm Hunt Course-L 7-9 pm Springfield Dist AA - RR	28 3:45-6 pm ASYP - RR 7 pm Endowment - L 7-8 pm Yoga with Friends - RR	29 10 am Morning Prayer - L 10:45-11:45 Tai Chi - RR 3:45-6 pm ASYP - RR 8:30-10 pm AA - RR	30 10 am Barnabees - RR 3:45-6 pm ASYP - RR 7 pm Ryders' Rounders - RR 7:30 pm Adult Choir - EW		

Legend: L - Library; RR -Richardson Room; EW - Education Wing; ASYP - Annandale Safe Youth Project; CL - Choir Loft; RO - Rector's Office; K - Kitchen

As of 2/15/2020

► April 2020 Schedule of Participants – St. Barnabas' Episcopal Church ◀

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April 5 8:00 am Palm Sunday 10:15 am	TBD	M Macfarlane J Matadial E Riddle A Riddle	Isaiah 50:4-9a Philippians 2:5-11 Matthew 26:14-27:66 Psalm 31:9-16	C McLaughlin E Riddle M Dugger	Charles Camp A Hamerschlag R Erskine	M Macfarlane & M Donnelly Maria Bottlick	Vestry: J Barber Opener: M Macfarlane Greeter: S Erskine Greeter: R Erskine
April 9 Maundy Thursday 7:30 pm	TBD	A Sayles E Riddle	Exodus 12:1-4, 11-14 1 Corinthians 11:23-26 John 13:1-17, 31b-35 Psalm 116:1, 10-17	E Riddle A Sayles	K Mittelholtz	No Coffee Hour	Opener & Closer: K Mittelholtz
April 10 12 noon Good Friday 7:30 pm	TBD	M Macfarlane H Agnew B Harper	Isaiah 52:13-53:12 Hebrews 10:16-25 John 18:1-19:42 Psalm 22	N/A	N/A	No Coffee Hour	7:30 pm Opener & Closer: TBA
April 11 Easter Vigil 7:30 pm	TBD	A Riddle E Riddle	Romans 6:3-11 Psalm 114 Matthew 28:1-10	A Sayles E Riddle	Cy Tamanaha K Mittelholtz	No Coffee Hour	Vestry: TBA Opener: M Newling
April 12 8:00 am Easter 10:15 am	TBD	C McLaughlin J Henry M Dugger K Stark	Acts 10:34-43 Colossians 3:1-4 Matthew 28:1-10 Psalm 118:1-2, 14-24	M Macfarlane M Patterson M Dugger	Charles Camp L Stark T Greer	No Coffee Hour	Vestry: S Jones Opener: M Patterson Greeter: Connie Badger Greeter: Pete Badger
April 19 8:00 am 2 Easter 10:15 am	TBD	J Matadial M Macfarlane S Newman G Sinclair	Acts 2:14a, 22-32 1 Peter 1:3-9 John 20:19-31 Psalm 16	C McLaughlin G Sinclair S Newman	D Rogerson Cy Tamanaha Art Hamerschlag	L Mellon & D Rogerson K Steidel & L Harris	Vestry: G Robbins Opener: M Newling Greeter: P McKoy Greeter: TBA Flower Guild: DWiseman Flower Del: Badgers
April 26 8:00 am 3 Easter 10:15 am	TBD	J Henry C McLaughlin K Stark M Dugger	Acts 2:14a, 36-41 1 Peter 1:17-23 Luke 24:13-35 Psalm 116:1-3, 10-17	M Macfarlane E Riddle A Sayles	D Rogerson R Erskine J Alkin	BJ Fortune Nancy & Keith Peyton	Vestry: B Ayala Opener: M Macfarlane Greeter: R Erskine Greeter: S Erskine Flower Guild: Fiona/Nancy/M Flower Del: H Agnew

Counter Schedule

DATE	TEAM
Apr 5	6 Jones, Barber, Schaeffer
Apr 12	1 Patterson, Ayala, Westerlund
Apr 19	2 Newling, Lienthal, TBD
Apr 26	3 Hamerschlag, Mittelholtz, Stark

Altar Guild Schedule

DATE	CAPTAIN	TEAM
Apr 4-10	See Special Schedule	
Apr 11-17	Yeaman	Newling, McKoy
Apr 18-24	Leatherwood	Badger, S. Jones
Apr 25-May 1	Miller	Ayala, Robbins

It's Okay for Kids to be Bored by Melissa Edgington (a pastor's wife)

I know that many of us worry that our children will be bored during church. We fear that if they are bored they won't want to go, and if they don't want to go, then that doesn't bode well for their future. For this reason we have created all kinds of awesome children's church programs designed to keep them busy and interested. I think those things are great if they're available to you.

But, I say it's okay for kids to be bored at church.

Kids also need the opportunity to learn how to be a part of the regular worship service. They need to be sitting with their parents, watching us as we worship. They need to begin building an understanding of how to be part of the service, how to function in a church environment that is not kids-only.

If we give kids the opportunity, they will learn to appreciate the beauty of worship that isn't created exclusively with them in mind. They'll begin to see what it is to be a church family.

Not everything at church has to be a big show or a major production. Let's stop living in fear of our kids having a single moment of boredom. Take them to church. Let them sit. See how the truths they hear work their way into tiny hearts. And watch God work through the preaching of His word.

<https://yourmomhasablog.com/2015/07/09/its-okay-for-kids-to-be-bored-during-church/K>

Women of St. Barnabas' (WOSB) News

Our 2019 Christmas Bazaar was a success. At our January meeting, treasurer Bonnie Baldwin reported we made \$4,908 from our bazaar, and she gave us a list of all our donations which we made during 2019. We gave a total of \$8,394, with \$6,767 going to outreach and \$1,630 to inreach.

During the meeting we voted to give money to the Church World Service for Hygiene Kits explained to us by Camille Mittelholtz. We also gave to the Rector's Discretionary Fund and to ACCA.

We collect food for both ACCA and the Heritage Food Site. We discussed whether we should give just to one of them. They serve different communities both of which need the food. We decided to keep both and ask for more help in delivering food to the Heritage Site. Janet George reported she had sent in \$130 to the Miles of Pennies program.

The rest of our January meeting was devoted to preparing for Mardi Gras. This is another of our fund raisers which is enjoyed and supported by St. Barnabas' parishioners and friends.

- Gertrude Jones

Please consider joining the cadre of volunteers who purchase and arrange the altar flowers, and make arrangements for Children's Chapel, Coffee Hour, and the two front bathrooms. It's fun and easy and a great way to express your creativity.

Please contact Dana Wiseman for questions or to let him know of your interest.



Thanks and More Thanks...

- For Simone Dugger, Mark Patterson, the Rite 13 students who coordinated the laser tag event, and for the parents who provided transportation and chaperoned,
- For Katie Westerlund and Dawn Schaefer who purchased breakfast bag items for the hypothermia shelter guests and supervised the children as they packed the bags and added personal notes to each bag,
- For all who delivered meals to St. Patrick's Episcopal Church for the hypothermia shelter,
- For Mary Bruce who gave an autographed copy of the book "Open Wide the Freedom Gates" by Dorothy Height for the parish library,
- For Dawn Schaefer for accepting the role as lead teacher for the B'Tweens class,
- For the Search Committee: PJ Kennedy (Chair), Carolyn Lilienthal, Librada Estrada, Michael Dugger, Molly Newling, Rotha Frye, and Hugh Agnew, who gave two plus years of their lives in the quest for the one God is calling to lead St. Barnabas',
- For the Women of St. Barnabas' for their many efforts, most recently for the Mardi Gras celebration in anticipation of Lent,
- For the Vestry, for their labors in producing another terrific Pancake Supper in celebration of Shrove Tuesday,
- For the Altar Guild for their many labors, especially for Lent and Easter,
- For all those who staff and provide for our wonderful Coffee Hour!

In the Presence of God

We pray for God's strength and healing ... Bernard Blair, Emma Blevins, Jean Anne Braddon, Margot Donnelly, Frank Donnelly, Jacob Dugger, Rotha Frye, Lee Gibbs, Roger Hefferan, Sharon Jones, Carolyn Kercheval, Tom Lyles, Bob Macfarlane, Cindy McLaughlin, Marion Meany, Barbara Metz, Rusty Moore, Jane Moya, Marie Pannier, Aliyah Phillips, Beth Phillips, Barbara Rigden, Ann Sayles, Frank Spink, Kathleen Stark, Dana Wiseman, Ann Woodle, and Mary Yeaman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, The Most Rev. Michael Bruce Curry; and our Diocesan Bishops, The Rt. Rev. Susan E. Goff, The Rt. Rev. Jennifer Brooke-Davidson, The Rt. Rev. Shannon S. Johnston, The Rt. Rev. David Colin Jones, The Rt. Rev. Ted Gulick, The Rt. Rev. Peter James Lee, The Rt. Rev. F. Clayton Matthews, and their families.

For our Interim Rector, The Rev. Canon Carol Cole Flanagan, and her family; for Cindy McLaughlin (in discernment); for our vestry, wardens, and staff; for the work of the Rector Search and Minister of Music Search Committees, and for the work and ministry of St. John the Baptist Episcopal Church, Palma Soriano, Cuba.

It's Time to Take a Breath

Are grey winter skies getting you down? Summer plans too far away? Join us to take a breath. Yoga offers us a chance to pause, enjoy the moment, and recharge our batteries. Join us on Tuesdays from 7:00-8:00 PM in the Richardson Room for a slow flow Vinyasa yoga class. Cost: \$10/class. Your first class is free! For more information or for class cancellations, see the Yoga with Friends website: <https://www.findyouryogablog.com/yoga-with-friends>.

A Review of DC's Museum of the Bible

by the Rite 13 students and Simone Dugger

On January 24, 2020, Rite 13 took a field trip to the Museum of the Bible. We took the metro, a super easy option as the museum is steps away from the Federal Center SW Metro Station. Hours of operation are 10AM-5PM daily. We were there for approximately 3.5 hours. We could have used a bit more time!

Per Jay and Lulu: It's not just another boring museum. It was fun and interesting. If you want to bring your kids, there is an amazing kids section with games. The virtual tour of the Holy Land was cool (an additional \$10). It's like being right there! We liked the town of Nazareth. It looked like the water was wet; it was pretty trippy!

In the stories of the Bible section there are different types of art styles—you walk, you hear, you feel and see... It's more of a sensory experience. We liked watching the videos of the guy with different vehicles (a young Indiana Jones-type guy explores different areas: drives a jeep in the dessert, a Maserati in Italy, etc . . .) and talks about how the Bible was developed and passed on through history. And a final Jay and Lulu observation - the gift shop was overpriced.

So yes, Rite 13 had a great time. One final recommendation is to buy your tickets in advance online as they are cheaper. We highly recommend the museum and wouldn't mind visiting again!



I Had a Dream One Night...

I had a dream that Queen Elizabeth came to visit St. Barnabas' and we all had to learn to curtsey properly. It was something of a nightmare, as her visit came during Lent and I was agonizing over whether to have flowers on the altar or not.

Who am I?



You Are Forgiven: St. Luke's in Mountain Brook Buys \$8.1 Million In Medical Debt Across Central Alabama

“Over the Mountain Journal” - January 6, 2020, by Sam Prickett

Over the holidays, roughly 6,500 Alabama households received a notice in the mail that their medical debts had been purchased and forgiven by the Episcopal Diocese of Alabama.

Those letters were the culmination of a fundraising campaign undertaken by Saint Luke's Episcopal Church in Mountain Brook, which commemorated its 70th anniversary by eliminating \$8.1 million in medical debts throughout the Birmingham metro area and its surrounding counties.

More than 137 million Americans struggled with medical debt in 2019, according to a CNBC report. Those costs, usually unexpected, are reportedly the top reason people take money out of their retirement accounts or file for bankruptcy.... Many hospitals across the country sell their past-due bills to debt collection agencies for pennies on the dollar. Those agencies often take a much more aggressive approach to pursuing payment.

But collection agencies aren't the only entities that can purchase medical debt. For its fundraiser, Saint Luke's partnered with RIP Medical Debt, a nonprofit organization founded by two former debt collection executives that works with donors to purchase and forgive medical debt “from the neediest cases up,” according to its website.

The Rev. Cameron Nations, an associate rector at Saint Luke's and organizer of fundraiser, said he found out about the organization through Emmanuel Memorial Episcopal Church in Champaign, Illinois, which last year partnered with RIP Medical Debt to forgive \$4 million in medical debts.... “We had been talking about wanting to do something special to celebrate Saint Luke's 70th birthday, which was this past year,” he said. That the church's namesake, Luke the Evangelist, is historically believed to have been a physician only made the fundraiser seem more appropriate....

The Episcopal Diocese of Alabama quickly got on board, donating just more than \$10,000 to kick off fundraising efforts. The church then raised \$68,000 more, mostly from parishioners, though others in the community pitched in as well, Nations said. Because hospitals sell off unpaid bills at discounted rates, the church and RIP Medical Debt were able to buy \$8.1 million in debt for just \$78,000....

“Originally, we didn't know what the response would be from folks, and we were hesitant at first to set a goal because we didn't know what would make sense,” Nations said. “We didn't want to set a goal that was unrealistic As we raised more money, we reached back out to RIP and said, ‘What are some other counties that are nearby?’ In the end, we were able to target 14 counties across central Alabama, from Jefferson all the way up to Morgan, over to Talladega and back down.”

In some counties, particularly Bibb and Talladega, “the need was just so great” that Saint Luke's could not afford to address it. But Nations said that a major priority of the fundraiser is to illustrate to other churches that they can make similar efforts.

“We've been trying to encourage other congregations to get involved, and certainly other Episcopal churches in the diocese,” Nations said. “I think that's probably what our next step will be, reaching out to Saint John's in Montgomery, the Church of the Nativity in Huntsville, or Christ Episcopal Church in Tuscaloosa and saying, ‘If y'all are interested in looking for some way to make an impact in your part of the state, here's how you can do it.’”

Such fundraisers, Nations said, gives churches an opportunity to ameliorate a major issue in their communities without taking political sides.... “But it's also helped to raise awareness of just how much of a catalyst medical debt in general can be for keeping someone trapped in poverty. It can really be a domino that falls and leads to a lot of other problems: hunger, homelessness, housing insecurity. We're hoping that in some way, this debt forgiveness can be one step to help get these families back in a good place.”

Children's & Youth Stewardship Projects Benefit Hypothermia Shelter

The Children and Youth of St. Barnabas' did an outstanding job of supporting the Hypothermia Shelter hosted at St. Patrick's, Falls Church. They shopped for items for breakfast bags and on Sunday, February 16th packed over 300 bags - a bag for each client for each morning. Each bag included two breakfast bars, a bottle of water, a piece of fresh fruit, and a decorated, hand-written note of encouragement. Last, the bags were delivered to St. Patrick's ready to go.

In addition, the Rite 13 class prepared Macaroni & Cheese and Green Salad for Wednesday night. Our students shopped for ingredients and spent a whole evening cooking and assembling the meal. 45 people can eat a lot of Macaroni & Cheese, they found out!

We are very proud of our students—for their compassion, their generosity, and their creativity that added an element of fun. Thank you, St. Barnabas' Children and Youth, and the teachers and parents who supported them throughout these projects.



Clockwise from top left:

- Costco shopping
- Hand-written notes
- Rite 13 chefs
- Packing the bags—many hands make light work!



Thank You for All the Hypothermia Shelter Meals!

A hearty thank you to everyone for the great support of February's hypothermia shelter program. As you may recall, the hypothermia program has grown so large that the Richardson Room is now too small for us to host here. For the second year now we partnered with St. Patrick's, Falls Church, providing the meal support that they need in order to serve as a host church.

St. Barnabas' parishioners provided meals for approximately 45 hypothermia guests for five nights, Monday through Friday, including pizza, taco salads, macaroni & cheese, fried chicken, and rice casseroles. Thank you to each and every one of you for providing cooked meals, setting up, serving, and cleaning up. It was a wonderful week of ministry, and the people we served were most grateful. - Cindy McLaughlin and James Carroll



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Holy Week and Easter Service Schedule



PALM SUNDAY, APRIL 5

- 8:00 a.m. Holy Eucharist with Blessing of Palms
- 10:15 a.m. Holy Eucharist with Blessing of Palms and Children's Choir

WEDNESDAY IN HOLY WEEK, APRIL 8

- 10:00 a.m. Morning Prayer

MAUNDY THURSDAY, APRIL 9

- 7:30 p.m. Holy Eucharist
- Prayer Vigil until noon on Friday

GOOD FRIDAY, APRIL 10

- 12:00 p.m. Proper Liturgy of Good Friday
- 7:30 p.m. Proper Liturgy of Good Friday with Choir

HOLY SATURDAY, APRIL 11

- 7:30 p.m. The Great Vigil of Easter

EASTER SUNDAY, APRIL 12

- 8:00 a.m. Festival Holy Eucharist with Adult Choir
- 10:15 a.m. Festival Holy Eucharist with Adult & Children's Choirs