

The St. Barnabas' Reporter



Sharing Bread, Recognizing Christ

The Rev. John Bolin Shellito
Rector

Dear St. Barnabas' Church Family,

In prior years, I sometimes felt like I needed a reminder that our liturgies during Lent are a shared practice, an embodied congregational remembrance that prepares the way for our celebration of Easter joy and new life. I felt that this was especially true this past Maundy Thursday and Good Friday.

This past Lent also felt like a very apt emblem of our pathway in this season. It is a pathway that has been arduous at times this winter and spring. And this year, rather than needing a reminder of our mortality or a sobering mirror for our spiritual lives, the liturgies of Lent—our liturgies of lament—felt like reminders of Christ's presence with us in any experience of grief or limitation. In other words, Christ is right there with us in those places where we can't fix everything on our own. God is right there with us in the times when we are aware that God's mysterious victory over sin and death is still being completed.

On Sunday mornings here at St. Barnabas', we are wearing masks when indoors in order to protect the vulnerable, as well as healthcare workers and all those not yet able to be vaccinated. We are offering livestreaming for those who would prefer to worship from home. We are being especially careful about improved ventilation when weather allows, and we are increasing air filtration when we are gathered together as a congregation indoors—because there are areas of our country and world where various variants are spreading, and we want to help protect our nurses and doctors, as well as the other essential systems of care all across our country. It's good for us to be spending time together, and we can choose to be careful about how we approach that.

In the midst of everything, I do still believe that our familiar liturgies can help us to recognize a redeeming presence that is still breaking forth. When Jesus said, "Do this in remembrance of me" at the last supper, he was telling us, his disciples, that there is a work of remembering that is a crucial part of the liturgy. In other words, our actions can call Christ to our minds, and our actions can also bring us to the attention of the mind of Christ. This Easter, Christ is alive among us and we can deliberately pray for an understanding of Christ's presence in our midst. When Christ said, "Do this," he was describing an action—specifically the action of breaking and sharing bread. It's not just the

(continued next page)

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**St. Barnabas'
Episcopal Church**

4801 Ravensworth Road
Annandale, VA 22003
703-941-2922

Parish Staff

The Rev. John Bolin Shellito
Rector

David Palmer
Music Minister

Catherine Dubas
Parish Administrator

Maria Bottlick
Bookkeeper

James Harris, *Sexton*
Delilah Stearns, *Nursery*

Vestry & Parish Officers

Ellen Riddle
Senior Warden

Larry Stark
Junior Warden

John Westerlund
Treasurer

PJ Kennedy
Assistant Treasurer

Ann Sayles
Register

Behn Ayala

Sam Batten

Sheena Friend

Beth Harper

Shirley Newman

Norma Ricketts

Dawn Schaefer

—
Catherine Dubas
Newsletter Editor

***Sunday
Worship Schedule***

8 a.m. Holy Eucharist

10:15 a.m. Holy Eucharist
with Choir

Sharing Bread, Recognizing Christ *(continued from p. 1)*

physical bread that can be for us the substance of the body of Christ. The body of Christ is also recognized in the sharing of bread, even and especially in those times when we are feeling hungry or afraid or weak. And when we ask for Christ's courage in our midst, that is when we have an opportunity to recognize the Messiah's miraculous strength in our midst: a strength that does not come from us or our own willpower, but instead is a gift from above.

May the grace and peace of Christ be with you this Easter and beyond!

Blessings,
John+

Vestry Highlights - April 20, 2022

- Len LeRoy presented his report on the Cuban Mission. The Vestry approved some previously dedicated funding for the program.
- Beth Harper was appointed Delegate and Helen Moser was appointed Alternate Delegate to the Diocesan Convention, thanks be to God. These appointments are for 2 years.
- Building & Grounds Committee is supportive of a vegetable garden on church property. The garden will be an experience for both St. Barnabas' youth and ASYP youth, with help from Randy Jones and others.
- The 2022 Shrine Mont Parish Retreat is scheduled for 9/30, 10/1 and 10/2.
- Additional volunteers are needed for our FACETS ministry and our usher ministry.
- Both parish children and youth and visiting children and youth participated in an Easter Egg Hunt and other Easter Sunday activities. These activities were a wonderful neighborhood outreach program.
- Plans for our summer services are being finalized. Tentatively, we hope we can have the Memorial Weekend and St. Barnabas' Day services outdoors.
- The *Sacred Ground* sessions will begin on Tuesday, June 7, and will run for 11 Tuesdays. Dawn Schaefer and Beth Harper are the facilitators.
- Our finances are in good shape, with income and expenses being about even.

Ann Wentworth Sayles, Register

A "Note" from David Palmer

by David Palmer, Music Minister

Greetings, St. Barnabasians! I'm enjoying getting to know you, discerning your faces and voices behind masks, and I hope that you find the restoration of choral singing and other musical activities to be a sign of the recovery of one part of your pre-pandemic life – a musical resurrection! At the same time, I know that you're grateful for the faithful musicians who sustained your community for over two years. I'm thinking particularly of the band, and I want to bring them back periodically for Sunday morning worship. There are other things that I'd like to explore, but it might be too early to announce anything. One thing you can look for in the coming months is a music survey. This is a chance for me to learn more about your musical preferences, what connects with you, what excites you. In particular, I'll be interested to hear what your favorite hymns and worship songs are.

You've been through a lot—we've been through a lot—and what the future holds is uncertain, but I see a determination at St. Barnabas' to keep this faith community alive. Will we have another surge in COVID cases? Possibly. But you have already manifested the resilience and adaptability that our times seem to require. The youth, who are amazingly adaptable, have been working on a song by Natalie Sleeth, *Hymn of Promise*, whose second verse goes like this:

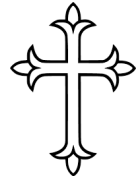
*There's a song in every silence,
seeking word and melody;
there's a dawn in every darkness
bringing hope to you and me.
From the past will come the future;
what it holds, a mystery,
unrevealed until its season,
something God alone can see.*

While I have a special appreciation for silences (more on this some other time), I like Ms. Sleeth's metaphor of "a song," your song, our song, seeking to be expressed. Out of a two-year choral silence at St. Barnabas' have burst songs of resurrection.

Christ is arisen!

St. Barnabas' Mission:
Serving our community, the world, and each other
through the love of Jesus Christ.

In Memoriam



**Charles Barnes
Hewitt**

April 2, 2022
North Chesterfield,
Virginia

~

**Steven Herbert
(Steve) Helferd**

April 5, 2022
Washington, D.C.

*Rest eternal grant to
them, O Lord; and
let light perpetual
shine upon them.
May their souls, and
the souls of all the
departed, through
the mercy of God,
rest in peace.
Amen.*

Book of Common Prayer
p. 502



May

5/1 John Bolin Shellito
 5/3 Hugh Agnew
 5/4 Larry Stark
 5/4 Blair MacKenzie
 5/9 Adam Schaefer
 5/12 Barbara Miller
 5/12 Paradise Paul
 5/13 Malia Conteh
 5/14 Katie Westerlund
 5/15 Betty Jo Fortune
 5/18 Mark Patterson
 5/20 Kathleen Stark
 5/20 Jun McKeever
 5/21 Sean Moore
 5/22 Paulina Kanu
 5/23 Margot Donnelly

June

6/5 Andy Riddle
 6/6 Joshua Dugger
 6/6 Garrett Patterson
 6/9 Katherine Greer
 6/9 Todd McKeever
 6/9 Jeff Schaefer
 6/12 Kendall Schottler
 6/15 Jessica Riddle
 6/16 Diana Greer
 6/19 Peyton Mokaves
 6/27 Luke Lilienthal

The Women of St. Barnabas' (WOSB)

by Gertrude Jones

The Women of St. Barnabas (WOSB) will hold our first meeting in 2022 on Tuesday, May 3 at 10:00 a.m. in the Richardson Room. Nancy Maclachlan will be our new Secretary, and is replacing me (Gertrude Jones); I have held the position since 2003. Please join us and help us make plans for the coming months.

We hope to schedule our June meeting as we have in the past. It is an evening Soup & Salad Supper at 6 p.m. with an interesting speaker. We have the evening meeting so that those who cannot attend day time meetings can come for fellowship and to learn about our activities. We will announce our speaker before the meeting. Every woman in the parish is a member of the WOSB.

We have continued to fund our charities on a limited scale. We recently made a donation to ERD for Ukraine relief.

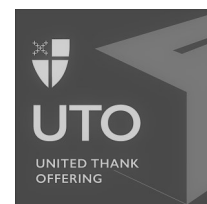
The Barnabees, the craft arm of the WOSB, plans to meet in the fall if we are able to host our Christmas Bazaar this year (typically held in November).

United Thank Offering

Dear Women of St. Barnabas',

Thank you for your generous response of over \$2000.00 for our recent UTO campaign! St. Barnabas' has been a contributor to UTO for many years, during Sara Denby's tenure as Chairperson and my attempt to fill her shoes in 2005. I am in awe and appreciation of the always amazing response. Know that all of you are blessed for sharing your blessings to expand the circle of thankful people.

Yours in Thanksgiving,
 Cricket



Birthdays

We include a list of birthdays in each issue of the Reporter. Please make sure your information in Realm (our parish database) is up-to-date.

If you have not yet logged into your Realm account, please consider doing so: Call or email the Parish Office for an "invitation" which will allow you to establish your login credentials. Or, contact the Parish Office directly to have your information updated.



Sacred Ground: A Film-Based Dialogue Series on Race and Faith

Eleven sessions beginning June 7 and ending August 16, 2022

Tuesday Evenings 7:00 – 8:30 p.m. via Zoom

Facilitators: Beth Harper and Dawn Schaefer

We invite you to join other St. Barnabas' parishioners in a series of transformational conversations about race and faith. Over the course of eleven weeks, our *Sacred Ground* Dialogue Circle (essentially a study group) will engage with videos, written materials, and each other to consider the history of racism in the United States and how it affects all of us today. Beth Harper and Dawn Schaefer will serve as facilitators for our circle.

Sacred Ground is part of The Episcopal Church's *Becoming Beloved Community* initiative, a long-term commitment to racial healing, reconciliation, and justice in our personal lives, our ministries, and our society. It invites participants to walk back through history to peel away the layers that brought us to where we are today, and to do so in a personal way, reflecting on family histories and stories, as well as important narratives that shape the collective American story.

Sacred Ground explores Indigenous, Black, Latino, and Asian American histories as they intersect with European American histories. It emphasizes personal story-sharing and deepening relationships as we explore how all people, regardless of their race, are hurt by the legacy of racism. Finally, *Sacred Ground* holds the vision of beloved community as a guiding star – where all people are honored and protected and nurtured as beloved children of God, where we weep at one another's pain and seek one another's flourishing.

Members of the Dialogue Circle are asked to watch a series of videos and complete readings before each session. The videos and readings will serve as a springboard for our discussions.

St. Barnabas' first *Sacred Ground* Circle was held in the summer of 2021. Nine parishioners participated in this rewarding conversation. You'll hear from some of them during May at the 8:00 and 10:15 a.m. Sunday services.

Our 2022 circle will meet on eleven Tuesdays, June 7 – August 16, from 7:00 to 8:30 p.m. via Zoom. 2021 participants will be invited back for a joint session on August 16.

If you'd like to know more, please join us for a Zoom information session on Tuesday, May 24, at 7 p.m. Watch for the link in the Thursday email as we get closer to the date.

You can also find more information at <https://www.episcopalchurch.org/sacred-ground/about/>. Feel free to contact Beth, Dawn, or the Parish Office if you have any questions.

Parish Workday

Please plan to join the Parish Workday on Saturday, May 14. Come when you can between 9 a.m. and noon. We will work on the gardens and do outdoor clean-up.

The rain date is Sunday, May 15 after the 10:15 a.m. service.



Garden Work Day

Annandale Christian Community for Action (ACCA) News & Opportunities

ACCA celebrates its volunteers year-round, but especially during Volunteer Appreciation Week, which began April 18. Thanks to St. Barnabas members and friends who volunteer for ACCA furniture, Food Pantry, CROP Walk and Rebuilding Together.



Thanks to Ken Mittelholtz and Frank Spink for leading repairs to one of the ACCA Rebuilding Together project houses. May weekly announcements will include a full list of volunteers. Our assigned house was in Annandale and included indoor and outdoor repairs and yardwork.

The ACCA Food Pantry provided food and hygiene products for 87 households and 251 individuals during March. The pantry received nearly 3,000 pounds of donations from Fairfax County's Stuff-the-Bus Campaign in March. The pantry can use new volunteers to deliver food or to bag deliveries or stock the pantry. The Annandale Post Office will hold a "Stamp Out Hunger" drive on May 14 that will collect food for the ACCA Pantry. Food and hygiene product donations can be left in the basket in the narthex at any time.

The ACCA Furniture Ministry gave furniture to 10 households in March and 8 households in February. One family that received furniture had suffered domestic violence and had recently moved from a shelter to permanent housing. Thanks to Ken and Camille Mittelholtz and Scott Cannon for volunteering. Our next turn to help with the furniture program will be in the fall.

The Shepherd Center-ACCA Transportation Program gave rides to medical appointments for 67 people in March. This program needs volunteer drivers.

The Family Emergency Assistance Program helped 26 households in March, giving over \$27,000 in assistance. Among people ACCA assisted was a man who was seriously behind in his share of rent payments because he had misunderstood the pandemic rent moratorium and rental assistance programs. He lives in Pathway Homes subsidized housing (a program that helps people with mental illness).

The ACCA Child Development Center is near full enrollment. The Center is developing a program to help families support young children in their development. The CDC director recently provided testimony on cutting costs of pre-school childcare for working families to the U.S. Senate Committee on Health, Education, Labor and Pensions.

For more information on ACCA and volunteer opportunities, please contact Camille or Ken Mittelholtz or the Parish Office: stbarnabaschurch@outlook.com or 703-941-2922.

Reporter Deadline, Office Hours, and Holiday Schedule

The deadline for the July/August 2022 issue of *The St. Barnabas' Reporter* is Wednesday, June 15th. Please submit announcements and/or photos to the Parish Office at stbarnabaschurch@outlook.com. Hard copies of announcements and/or photos are welcome, as well.

Office hours: Monday through Thursday from 9:00 a.m. to 4:00 p.m.; Friday the Parish Administrator works from home. The office will be closed on Monday, May 30th for the Memorial Day holiday. Please call John+ on his cell phone or on the emergency pastoral care number if any urgent concerns arise when the office is closed.

St. Barnabas' Spring Worship and Beyond

The Rector and the Regathering Committee met recently to discuss possible changes to our worship practices as we move into warmer weather and as COVID-19 recedes, at least for a time.

The practices we decided on are:

- All individuals attending church must wear a KN95 or equivalent mask at all times.
- Congregational singing began on Palm Sunday, and will continue as long as Fairfax County is in the CDC low/"green" zone
- We removed the ribbons marking off every other pew. Family groups and individuals are asked to space themselves as much as possible and take advantage of the front pews where air flow is best.
- Coffee Hour will be held outside. Until further notice, only coffee, tea and juice will be served.
- The offertory plates will be passed by the ushers.
- Church School will continue In-person and the Adult Forum will continue in a hybrid form.
- The 10:15 service will continue to be livestreamed on YouTube.

We will not yet have the common cup at communion but will receive in one form only. Intinction ("dipping") is not considered safe enough to adopt. Doors and windows will be opened if weather conditions permit, and we will continue to run the air filters.

We are planning some outdoor services for later in the Spring and Summer, including May 29 and St Barnabas' Day on June 12.

We continue to encourage all members of the parish and visitors to be vaccinated and boosted as they are able.

In making these decisions, we considered the fact that our youngest parishioners are not yet able to be vaccinated. We also considered that: Fairfax County residents are 76% fully vaccinated and our CDC community infection level is low.

We will continue to keep a watch on the local case load and adjust accordingly. Please watch weekly communications from the office for updates.

Regathering Committee, Molly Newling, Chair

Men's Group

The Men's Group meets for a Men's Breakfast on the first Saturday of each month. Upcoming dates are May 7 and June 4. We meet at the Juke Box Diner, 7039 Columbia Pike, Annandale.

All men of the parish and their guests are welcome to attend. For more information please contact the Parish Office.



Choosing a Bishop for the Diocese of Virginia

We give thanks for the work of the Diocese of Virginia's Search Committee and pray for the election of our next Diocesan Bishop. The candidates who have been presented for election are:

- The Rev. Joseph Hensley, Rector, St. George's, Fredericksburg, VA
- The Rev. Canon Alan James, Interim Canon Missioner, Diocese of Western Michigan
- The Very Rev. Gideon Pollach, Rector, St. John's Church, Cold Spring Harbor, NY
- The Rev. Canon Mark Stevenson, Canon to the Presiding Bishop for Ministry within The Episcopal Church

You can find additional information about each nominee at <https://www.virginiabishopsearch.org/meet-the-nominees/>.

Meet and Greet events with the Bishop nominees will be held in May, as follows:

- Friday, May 20, 6:00-8:00 p.m., at All Saints Church, 8787 Rifer Rd, Richmond.
- Saturday, May 21, 9:30-11:30 a.m., at St. Margaret's School, 444 Water Ln, Tappahannock.
- Saturday, May 21, 5:00-7:00 p.m., at St. John's Church, 6715 Georgetown Pike, McLean.
- Sunday, May 22, 4:00-6:00 p.m., at Christ Church, 140 W. Boscawen St, Winchester.
- Monday, May 23, 7:00-9:00 p.m., at St. Paul's Memorial Church, 1701 University Ave, Charlottesville.
- Tuesday, May 24, 7:00-9:00 p.m., at Trinity Church, 825 College Ave, Fredericksburg.

The Mountains Are Calling! Shrine Mont Offerings

March 30, 2022 *Whew! What a winter. We just completed our first ever fly fishing program here at Shrine Mont with our new partners Orkney Springs Outfitters, and just when you thought Spring was here to stay, snow squalls and lows in the teens came back to Orkney. Don't fear, we are only a month away from the warmth of late April and our opening weekend. We can't wait to see our parish retreats, family reunions, and many others wandering around our campus.*

There are lots of opportunities for fun in the mountains this season. Please see below for a list. Full details are found on their website, www.shrinemonth.com/event-calendar. And don't forget to save the date for our own **Annual Parish Retreat, September 30-October 2, 2022.**

Digital Photography Workshop May 5-8 ▪ Volunteer Work Weekend May 6-8 ▪ Fly Fishing Weekend May 20-22 ▪ Women's Retreat and Arranging for the Joy of It (two different camps) June 3-5 ▪ Painting Creation June 10-12 ▪ Wisdom in the Woods-A Men's Retreat June 9-11 ▪ Wine Weekend Getaway June 17-19 ▪ Summer Yoga June 24-26 ▪ Summer Camp for Grown Ups July 9-12 ▪ Summer Day Camp for Youth July 18-22 ▪ Writing Workshop July 22-24 ▪ Celebrate Orkney Springs Weekend July 29-31 ▪ Pickleball Weekend August 12-14 ▪ Arranging for the Joy of It Sept. 9-11 ▪ Tee with the Bishop Golf Tournament Sept. 11-12 ▪ Fall Yoga Sept. 16-18 ▪ Meditation Retreat Sept. 23-25 ▪ Oktoberfest Sept. 23-25 ▪ Summer Camp for Grownups-Fall Edition Oct. 2-5 ▪ Yoga Weekend Oct. 14-16 ▪ John Philip Newell School of Earth and Soul Oct. 19-21 ▪ Fall Camp Oct. 24-27

President's Weekend Ski Trip—Canaan Valley



Photos left to right: Keith Peyton visiting around the fire pit. Ken & Camille Mittelholtz and Elsa Cannon, near the top of the lift. Ken Mittelholtz, Taylor Cannon, and Scott Cannon at the ice skating rink. Ken & Camille at the rink.

Photos courtesy of the Mittelholtz and Peyton families

Easter at St. Barnabas'

by Dawn Schaefer

More than 35 children from St. Barnabas' and the community participated in an Easter Egg Hunt, crafts, snacks, and/or bible stories on Easter morning. Many thanks to Theresa Merchant, Haley Bolin Shellito, Amy Grupp, Delilah Stearns, Mark Patterson, and Kathy Schaefer for making the event a success, to Lita Mellon for her contributions, and to all the parents who helped supervise the fun! It truly takes a village.



Photos courtesy of Dawn Schaefer and Ellen Riddle

Thanks and More Thanks...

- For the Youth Committee and all those who helped to make our Easter Egg Hunt and other Easter activities a success.
- For the Vestry, for hanging in there and adapting.
- For the entire Regathering Committee. Who knew we would be doing this for three years?
- For the Music Minister Search Committee and Leigh Kennedy's leadership as Chair.
- For the artistry of our excellent Choirs, and David Palmer, Music Minister extraordinaire.
- For the Christian Education Coordinator Search Committee and Ann Sayles' leadership as Chair.
- For all those helping St. Barnabas' to celebrate its incredible diversity, including with a second Sacred Ground circle this summer.
- For the many Outreach ministries of St. Barnabas'.
- For Catherine Dubas, our amazing Parish Administrator .
- For all those who have been helping out at Parish Work Days and with our Building and Grounds.
- For James Harris, our excellent Sexton.
- For Delilah Stearns, our gifted Nursery Coordinator.
- For Randolph Jones, our inspiring Tutor Coordinator for St. Barnabas' and ASYP.
- For the ASYP students and leaders who did a Spring Cleaning of the Peace Patio.

In the Presence of God

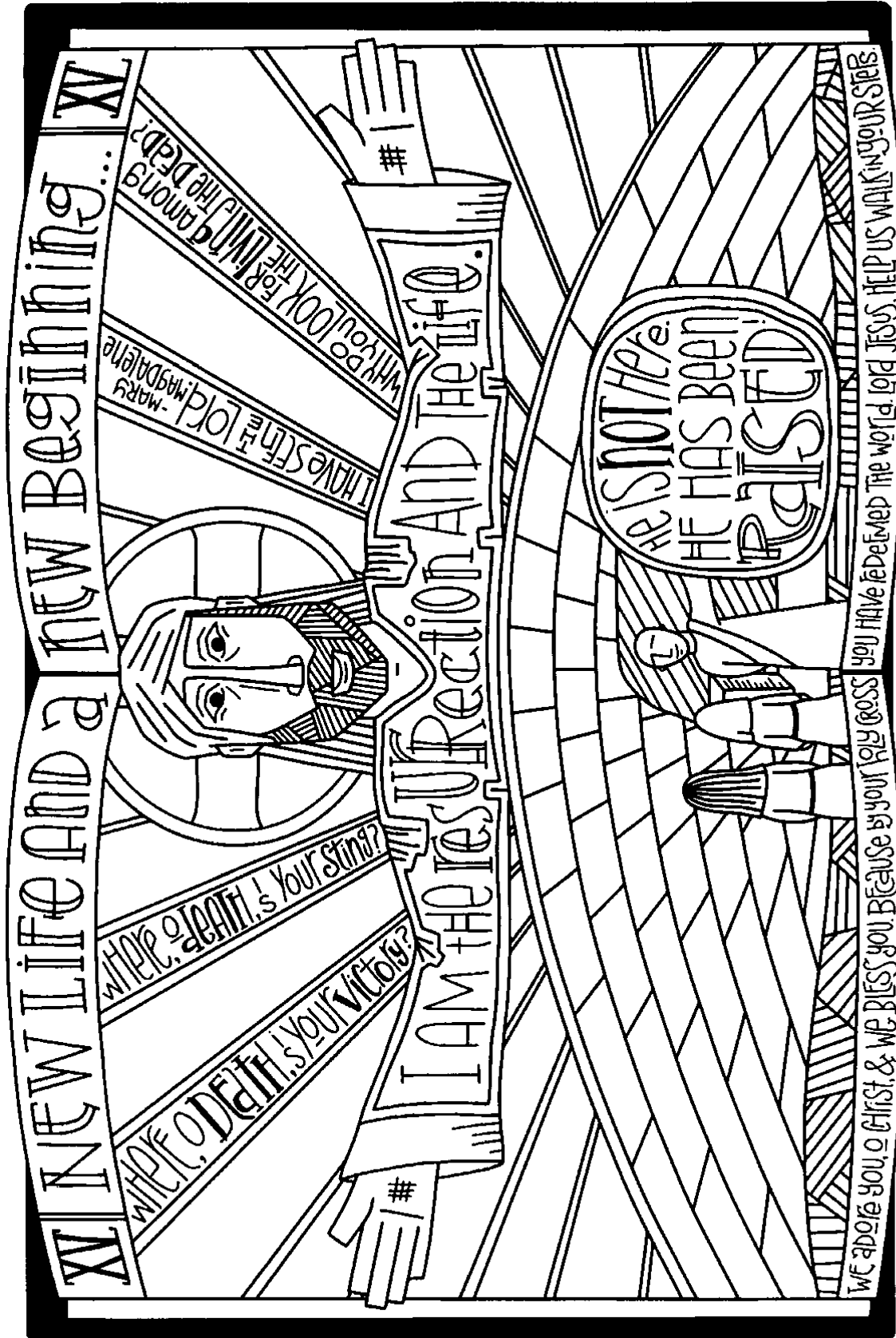
We pray for God's strength and healing for ... Jonathan Barber, Bernard Blair, Emma Blevins, Jean Anne Braddon, Charles Camp, Cricket Camp, Margot Donnelly, Rotha Frye, Preston George, Lee Gibbs, James Harris, Roger Hefferan, Sharon Jones, Alusine Kanu, Carolyn Lilienthal, Joy Lyles, Tom Lyles, Cindy McLaughlin, Helen Mosher, Beth Phillips, Anne Radway, Grace Rampersaud, Norma Ricketts, Barbara Rigden, Mary Riggs, Ann Sayles, Frank Spink, David Steidel, Karen Steidel, Mareea Wilson, Dana Wiseman, Ann Woodle, and Addison Yeaman.

For the Church ... the Archbishop of Canterbury, Justin Welby; our Presiding Bishop, the Most Rev. Michael Bruce Curry; and our Diocesan Bishops, the Rt. Rev. Susan Ellyn Goff, the Rt. Rev. Jennifer Brooke-Davidson, the Rt. Rev. Porter Taylor, the Rt. Rev. Ted Gulick, and the Rt. Rev. David Colin Jones and their families. For our Rector, the Rev. John Bolin Shellito, and his family; for Cindy McLaughlin (in discernment); for our vestry, wardens, and staff; and for the work and ministry of St. John the Baptist Episcopal Church, Palma Soriano, Cuba.

Update Your Preferences

Please help us keep our database up to date by notifying the Parish Office if your contact information changes. Likewise, if you would like to unsubscribe from this newsletter or weekly emails please let us know: 703-941-2922 or stbarnabaschurch@outlook.com.

KIDS COLORING PAGE



STATION XV: NEW LIFE, & A NEW BEGINNING...

The Resurrection of Jesus: Mark 16:1-6



**ST. BARNABAS'
EPISCOPAL CHURCH**

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Annandale, VA 22003

Phone: 703-941-2922

E-mail:

stbarnabaschurch@outlook.com

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We're on the Web!

www.st-barnabaschurch.org

Upcoming Special Services

Ascension Day (*transferred*) ▪ May 29, 2022

Memorial Day Weekend

10:15 a.m. service outdoors (weather permitting); masks optional outside

8:00 a.m. service indoors, masks required

The Day of Pentecost ▪ June 5, 2022

8:00 a.m. and 10:15 a.m. services in the Nave; masks required

9:00 a.m. St. Barnabas' Sunday and Trinity Sunday

Holy Eucharist and Holy Baptism ▪ June 12, 2022

9:00 a.m. combined service outdoors (weather permitting); masks optional outside

Please note: the combined 9:00 a.m. service will be the only one this day.

***All 10:15 a.m. services are intended to be livestreamed via YouTube**

<https://www.youtube.com/channel/UCaPMxZtlb5sJikn7AEaVkpww>